Press Release

For Immediate Release: 02/11/2020 Contact: Tribal Secretary, Brenda Henry

Phone: (775) 574-1000



Removal of Vice-Chairman Alan Mandell

The Pyramid Lake Tribal Council has voted to remove Vice-Chairman Mandell from office, effective immediately.

Nixon, NV – The Pyramid Lake Paiute Tribal Council voted to remove Vice-Chairman Alan Mandell from his position on February 7th, 2020, for failing to uphold his oath of office. Sherry Ely-Mendes is now officially appointed as Vice-Chairwoman for the remainder of the term, which comes up for re-election this December 2020. Cassandra Darrough has been appointed to Ely-Mendes' vacated councilmember position until the end of term in December 2020. Mr. Mandell is no longer responsible for Tribal Council duties, but continues his contracted work at the Pyramid Lake Tribal Health Clinic.

For any details regarding the above, please contact the Tribal Secretary, Brenda Henry, for information.

-###-

About the Pyramid Lake Paiute Tribe: Pyramid Lake Paiute Tribe's members are direct descendants of the Northern Paiute people who have occupied the vast area of the Great Basin for thousands of years. The Tribe maintains a 477,000 acres reservation 35 miles northeast of Reno NV. The reservation fully contains Pyramid Lake, a 175 sq. mile desert terminal lake primarily receiving water from the Truckee River.

Pyramid Lake Paiute Tribal Council
Post Office Box 256
Nixon, Nevada 89424
Telephone: (775) 574-1084
Fax (775) 574-1084

2020 PYRAMID LAKE PAIUTE TRIBAL COUNCIL

ANTHONY SAMPSON SR.
TRIBAL CHAIRMAN
TERM: JANUARY 2019 – DECEMBER 2020
JANET DAVIS

COUNCILMEMBER
TERM: JANUARY 2020 – DECEMBER 2021

CASSANDRA DARROUGH
COUNCILMEMBER
TERM: FEBRUARY 2020 – DECEMBER 2020

WILLIAM N. MILLER COUNCILMEMBER TERM: JANUARY 2019 – DECEMBER 2020

MICHELE SMITH COUNCILMEMBER TERM: FEBRUARY 2019 – DECEMBER 2020 SHERRY ELY-MENDES
VICE CHAIRWOMAN
TERM: FEBRUARY 2020 – DECEMBER 2020

JUDITH M. DAVIS

COUNCILMEMBER
TERM: JANUARY 2019- DECEMBER 2020
CAROLYN HARRY

COUNCILMEMBER TERM: JANUARY 2020 – DECEMBER 2021

IRWIN MIX COUNCILMEMBER TERM: JANUARY 2020 – DECEMBER 2021

GEORGINA WADSWORTH COUNCILMEMBER TERM: JANUARY 2020 – DECEMBER 2021 Have news to submit? Announcements?

Please submit to newspaper@plpt.nsn.us

To be added on the mailing list, please call 775-574-1000 ext 1102

TRIBAL COUNCIL APPROVED FEBRUARY 7, 2020 REGULAR COUNCIL MEETING





The Pyramid Lake Paiute Tribe has an announcement hotline. The phone number is **775-574-2424**. This will be updated in the mornings before 6:30 a.m. when necessary. This hotline number will be used for weather updates, road conditions, Administration status updates, and natural disaster announcements.

Please share with neighbors and friends that may not have social media.



ATTENTION: Parents/Guardians of next year's kindergartners!



It's time to begin the registration process for incoming Kindergarten students in 2020-2021!

Most of our kindergartners will start school on August 17, 2020. Please begin the registration process now so we can plan and be ready for your child to start school with enough teachers, desks, supplies, and classrooms.

Who is eligible for kindergarten? Children who will be at least 5 years old on or before September 30, 2020 may start kindergarten.

When do I register my student? Beginning on January 6, 2020

How do I register my student? There are two steps to register your child.

- The first step is to visit www.washoeschools.net/page/10776 and complete the online registration form. Follow the prompts on this page to find the school your child is zoned to attend.
- The second step is to visit your child's school with an original birth certificate, immunization records, and proof of address. Your student is not registered and enrolled until both steps have been completed.

For more information, please call your zoned elementary school.

www.washoeschools.net



#WeAreWCSD



Food Distribution Program on Indian Reservations
Food and Nutrition Division



PYRAMID LAKE PAIUTE TRIBE

Supplemental Food Resources Calendar for 2020

Commodity Foods Nixon Gym 8:30 -1:30 pm	Tribal Food Pantry Nixon Gym 10:30-11:30 am	Mobile Pantry Wads. Comm. Bldg. 8:00-9:00 Nixon Gym 10:00-10:30
January 6, 2020	January 21, 2020	January 28, 2020
February 3, 2020	February 18, 2020	February 25, 2020
March 9, 2020	March 17, 2020	March 24, 2020
April 6, 2020	April 21, 2020	April 28, 2020
May 4, 2020	May 19, 2020	May 26, 2020
June 1, 2020	June 16, 2020	June 23, 2020
July 6, 2020	July 21, 2020	July 28, 2020
August 3, 2020	August 18, 2020	August 25, 2020
September 14, 2020	September 15, 2020	September 22, 2020
October 5, 2020	October 20, 2020	October 27, 2020
November 2, 2020	November 17, 2020	November 24, 2020
December 7, 2020	December 15, 2020	December 22, 2020

Applications will be available on site. Bring your own bags.





Pyramid Lake Paiute Tribe

Box 256, Nixon, NV 89424, Phone (775) 574-1000 FAX (775) 574-1008

PUBLIC COMMENT

The Pyramid Lake Paiute Tribe is posting for Public Comment:

AQUATIC INVASIVE SPECIES ORDINANCE DRAFT 2020

If you would like to receive a copy of the Aquatic Invasive Species Ordinance, contact the Tribal Secretary's Office at 775-574-1000

> Submit your comments to: Pyramid Lake Paiute Tribe ATTN: Tribal Secretary PO Box 256 Nixon, NV 89424

Comments will be accepted through March 5, 2020 @ 4:30 p.m.

Pyramid Lake Paiute Tribe

JBLIC COMMENT

The Pyramid Lake Paiute Tribe is posting for Public Comment:

PYRAMID LAKE PAIUTE TRIBE Business License and Permitting Title III Chapter 17X

If you would like to receive a copy of the PLPT Business License and Permitting, Title III, Chapter 17X, contact the Tribal Secretary's Office at 775-574-1000

> Submit your comments to: Pvramid Lake Paiute Tribe ATTN: Tribal Secretary PO Box 256 Nixon, NV 89424

Comments will be accepted through March 11, 2020 @ 4:30 p.m.



· MENDIVE MIDDLE SCHOOL · 2020-2021

Incoming 6th Grade Parent Night

What: Mendive is hosting an incoming 6th grade Parent Night. Parents/Students will receive information on following:

- Elective Course Options
- Teaming
- Uniforms

After the presentation Students/Parents will have the opportunity to request their elective class for next year.

When: Thursday Feb. 27th @ 6-7:30pm Where: Mendive Gymnasium Who: All incoming 6th graders from: Lena Juniper, Moss, Deidrichsen, Whitehead, Natchez

2020-2021 REGISTRATION for Natchez Elementary School Closes April 24, 2020





ALL students Pre-K-5th grade

("NEW" OF "RETURNING" STUDENTS MUST REGISTER ONLINE) "NEW" students we need: Student's ORIGINAL Birth Certificate. Immunizations, Proof of residency

Registration is NOW OPEN You may come or call during the school day for help or you may plan on attending one of the dates below for help during evening hours at Natchez:

- ♦ Tuesday, February 18th 4 p.m.—7 p.m.
- ♦ Tuesday, March 3rd 4 p.m. —7 p.m.
- ♦ Tuesday, April 21st 4 p.m. —7 p.m.

REMINDER ALL Students MUST be REGISTERED

by April 24, 2020

For more information or to make an appointment call 351-1902 or email Buddiette at bsalway@washoeschools.net





Pyramid Lake Fisheries

603 SUTCLIFFE DR - Reno, NV 89510 (775) 476-0500 FAX (775) 476-0558

Closing Date: March 5, 2020 at 4:30 pm

Page 2

Keep accurate records, such as fish mortality, food fed, sample weights and other hatchery data.

JOB ANNOUNCEMENT

Date Posted: February 10, 2020

POSITION: LOCATION 2 - Fish Culturist (Temporary, NTE 60 days) Pyramid Lake Fisheries 603 Sutcliffe Drive Sutcliffe, NV 89510

SALARY:

Fish Hatchery Supervisor \$12.00 per hour/40 hours per week

DEFINITION

Responsible for the care, feeding and planting of eggs, fry and fish. Performs general facility maintenance and monitors equipment and Facility operation.

DUTIES AND RESPONSIBILITIES

Assist in the operation of the Sutcliffe Spawn Channel to collect fish in the taking of eggs for Hatchery and transferring fish to the lake.

Cares for eggs and the fry throughout the incubation period by treating, removing dead eggs, daily inspection and cleaning as directed. Prepare fish food in accordance with written and/or verbal instructions. Feed specified

Cleans and treats fish rearing tanks, pools and facilities to maintain a healthy hatchery environment, verbally reports any problem areas.

Must operate vehicles

Must perform all duties in a safe efficient manner.

Performs other related duties as assigned.

Must possess a current valid Nevada Driver's License.

Ability to understand written and oral instructions

Must possess the ability to learn technical phrases of fish culture operations which can be

Must have the physical ability to perform routine maintenance, work under adverse weather conditions and in cold, wet locations and lift heavy loads.

Must be able to complete tasks without close supervision, may be assigned to weekend or Holiday work in the continuous operation of the fish rearing facility.

REQUIRED EXPERIENCE AND TRAINING

High School Diploma or G.E.D.

Ability to work simple mathematical problems necessary

Knowledge of mechanical and biological systems helpful.

TO APPLY: Applications to filed at the Pyramid Lake fisheries Administrative Office located at 603 Sutcliffe Drive, Sutcliffe, NV. For more information please contact the Pyramid Lake Fisheries at (775) 476-0500.

DRUG AND ALCOHOL TESTING POLICY: All offers of employment will be contingent upon successfully passing a drug/alcohol urine screening. A positive drug screening (meaning any presence above the threshold levels) will disqualify applicant for employment for a period of months. The cost of the pre-employment drug/alcohol screening (25.14) will be the responsibility of the prospective employee.

Preference in filling occancies is given to qualified Indian candidates in accordance with the Indian Preference Act (Title 25, U.S. Code, Section 47 and 473). However, the Pyramid Lake Fisheries is an Equal Opportunity Employer and all qualified applicatus with considered in accordance with the provisions of Section 703 (I) of the Title VII of the Cwil Rights Act of 1964. Amended in 1991.

THE PYRAMID LAKE FISHERIES RESTORATION PROJECT



Follow us on Instagram @pyramid lake





aekwondo Class 11am - 1PM Date: Saturday, February 8, 2020

*This is once a month class





Location: Nixon Gym

Elder Fall Prevention Newsletter

Pyramid Lake Tribal Health Clinic 775-574-1018

March 2020

Arm Curl Exercise Improve Your Strength

Targeted Muscles: Upper arm muscles.

What You Need: Hand-held weights or household

items (soup cans, water bottles).

- 1. Stand with your feet shoulder-width apart.
- Hold weights straight down at your sides, palms facing forward. Breathe in slowly.
- Breathe out as you slowly bend your elbows and lift weights toward chest. Keep elbows at you sides.
- 4. Hold the position for 1 second.
- 5. Breathe in as you slowly lower your arms.
- 6. Repeat 10-15 times.
- 7. Rest; then repeat 10-15 more times.
- 8. As you progress, use a heavier weight and alternate arms until you can lift the weight comfortably with both arms.

Remember

- Check with your doctor if you have any concerns.
- Exercising may be uncomfortable but should never hurt, listen to your body, do not over do.





SAFETY

- Muscle soreness lasting a few days and slight fatigue are normal.
- Do not jerk or thrust weights, use smooth, steady movements.
- You may want to start alternating arms and work your way up to using both arms at the same time.
- Breathe out as you lift, breathe in as you relax.
- Don't hold your breath, breathe in through your nose and out through your mouth.

\$20.00 Gift Cards for Elders that attend
2 Chair Exercise Classes

Wednesday – March 18th & 25th

Wadsworth Brown Building—9:30 am

Nixon Numaga Center—10:30 am

Obituaries



In Loving Memory **Alida JoAnn Nevers**



JoAnn was born on December 17th, 1936 to Florence Brazonavich and John Nevers Sr. and passed away Monday February 17th, 2020 at Carson Tahoe Hospital.

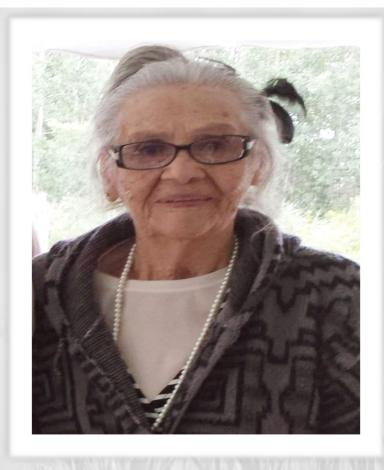
Services will be held on Saturday February 29th at the Carson Colony Gym at 11:00 a.m.

Viewing will be from 10:00 a.m. to 11:00 a.m.

Burial will be at Stewart Cemetery after the services.

Dinner will follow at Carson Colony Gym.

Food donations are welcome.



GRACE I. FRAZIER

AKWESASNE – Grace I. Frazier, 96, mother of Akwesasne resident, Carol Lazore, passed away Wednesday evening, February 19, 2020 at the Alice Center in Malone.

Grace, a member of the Paiute Tribe, was born April 10, 1923 was born in Bridgeport, California on the Paiute Territory, the daughter of the late James and Cordelia (Tom) Perry. After the unexpected death of her mother, she was raised by her aunt, Molly Perry. She attended Stewart Indian School in Carson City, Nevada.

Grace cleaned homes for Tony Evans and worked for the US Fish and Wildlife Service at their fish hatchery in Pyramid Lake, Nevada. She also was a cook for at time at a Dude Ranch in Sutcliff, Nevada. Grace was a skilled craftswoman, especially with buckskins. She was well-known for her moccasins and gloves made of buckskin and took exceptional pride in her beadwork on the moccasins and gloves along with the jewelry she made. She also was very skilled in making Paiute styled cradle boards. She proudly sold her goods throughout her territory. She moved to Akwesasne in 2014 to be with her daughter and son-in-law. She was a member of the St. Regis Mohawk Senior Citizens and the Akwesasne Death Benefits Group.

Grace is survived by her children, Carol and Glenn Lazore of Akwesasne; Levi Frazier, Jr. of Nixon, Nevada; and Mary Ann Frazier of Wadsworth, Nevada; her grandchildren, John and Michaelee Lazore, Kathy and Roxanne Frazier, and Gordon Wadsworth, II; and 10 great grandchildren. She was predeceased by her husband, Levi Frazier in August 1973; two sons, John Leroy Frazier and Douglas Eugene Frazier in infancy; a grandson, Adam Lazore in 1994; her sister, Lena Perry Sturgeon; and her brother, John Perry.

There will be no local calling hours or funeral services. Her cremated remains will be buried in her home territory of Bridgeport, California. Arrangements are with the Donaldson Funeral Home, Massena, where memories and condolences may be shared online at www.donaldsonfh.com.

Daughters of Tradition I Pyramid Lake Victim Services Program 101 Big Bend Road, Wadsworth 775-575-9444

Calendar Schedule for February to May 2020 - Hours: 10:00 a.m. to 11:30 a.m.

Purpose

A prevention education program that provides pre-teen girls the traditional knowledge to become healthy teens. Girls will learn about Numu cultural traditions, making best choices for themselves, talking circles, activities, snacks, and learning to support one another.

Everyone is welcome.



Helping One Another Together

February	March	April	May
Respect for young men1 Showing respect for brothers and other relatives	Respect for Family7 How you see yourself makes a difference	Respect for Culture 4 Show respect for cultural traditions	Respect for Traditions 2 Culture is Tradition
8 Relationships & Dating: setting boundaries	Fetal Alcohol Syndrome Part I	Cultural traditions in the family	9 Respect for Spiritual Traditions
15 Understanding feelings	Fetal Alcoholism Syndrome Part II	Cultural traditions in the community	Sacred Places, objects, experiences (Pyramid Lake War Memorial)
Understanding Young Native American Men	28 Construct a Family Tree	Culture is prevention	The unseen world
29 Respect for Family			Participating in spiritual traditions: Teach your child to pray.

This program is provided by the OVC FY 2018 Tribal Victim Services Set-Aside Program (2018-V4-GX-0119) to provide primary and secondary services who are children and provide outreach to our teen population.

"Culture is prevention."





. DUNN MEMORIAL

All Indian Men's Basketball Tournament



ENTRY FEE: \$300.00

DEADLINE: 3/20/20

AWARDS:

Championship - 4th Place; Travis Tapija Single Game High Scorer; Most Single Game 3 Pointers; All Stars; Earl Dunn Memorial Award; Most Valuable Player

FOR MORE INFO CONTACT ANGEY DUNN @ 775-574-0178 (EVENING) OR ANITA DUNN @ 775-771-2683

2020 Numaga Senior Advisory Board Raille



PRIZES INCLUDE: 55-inch Samsung TV, \$50 Cash Prizes, Quilt and Various Other Prizes

\$1.00 A TICKET

Drawing will be held on **Tuesday March 17**th, at the Wadsworth Community Building at the St Patrick's Day Food Sale and BINGO

~Winners need not be present to win!!~

Good Luck!!!



Pyramid Lake Tribal Health Clinic: Diabetes Program 2020



Diabetes Education Monthly News

MARCH

Developing Alternative Solutions

Alternative solution = 1 or more ways of achieving a desired end or goal.

Example:

"I have been trying to eat breakfast in the mornings, but I don't feel like eating."

First, we must ask ourselves what the true problem is.

Is the problem that we physically feel ill and don't want to eat, did we eat too much late into the night and are still full from the previous snack or meal.

If we see that we are

not hungry for breakfast because we ate a meal at 11:30 P.M. earlier that night, then we may not be hungry.

Now that we know that the problem is not with "BREAKFAST", we can then focus on the real problem = That is, being too full for breakfast from the previous snack or meal.

With the problem identified, we can now make Three (3) separate alternative solutions to see how we would want fix the

problem.

- I will wake up 30 minute earlier to create a sense of hunger.
- I will eat smaller portion sizes at my last meal of the day.
- I will use carbohydrate counting to control my food intake.

Once the list of 3 is created, pick the 1 choice that you think will work to solve the problem. Practice the alternative solution daily for 1 month and then re-evaluate

the previous problem.



Volume 2, Issue 3

March 1, 2020

American Association of Diabetes Educators (AADE)

diabeteseducator.org

AADE 7 Self-care Behaviors

- **Healthy** Eating
- **GHealthy** Coping
- **Monitoring**
- **©Medication**
- OProblem Solving
- **Being** Active
- **©Risk Reductions**

Pyramid Lake Tribal Health Clinic: Diabetes Program 2020

Please call Medical Scheduling to make a Diabetes Education Appointment.

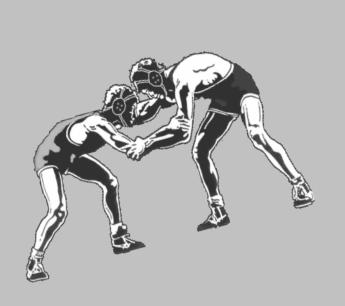
Mondays- Wednesdays Available 775-574-1018



Barrier or Excuse?



38	Find a problem you are having,
	and create 3 different
	solutions for the problem, and
	then choose 1 to practice for
	the next month.
Example #1:	
#1:	Problem= Not enough exercise
Create	1. I will sign-up for Fitness for
	10 at the PLTHC front desk.
solutions	
	2. I will go check out Senior
	physical activity class at
	Numaga Senior Center.
40	3. I will go outside and walk
	10 minutes at a time.
PICK	1 & TRY IT FOR 1 MONTH





Awesome weekend at the State Wrestling Championships!

Aaron Chavez was state runner up in his first year of wrestling, Michael Garcia took 3rd place and the Pyramid Laker team took 9th place out of 20 2A and 1A teams and 3rd place in the 1A!! Joey Chavez and Jackson Colburn also made us proud! What a great year with these awesome Lakers!







NATIVE AMERICAN FISH AND WILDLIFE SOCIETY •SOUTHWEST REGION•

Now Accepting Applications for the:

22nd Annual Natural Resources Youth Practicum

Location: Rio Mora National Wildlife Refuge Waltrous, New Mexico



Dates: June 15-19, 2020



Do you want to know what Natural Resource Management is about?

Come join us as we provide a "hands-on" learning experience in the field of natural resource management with combined classroom and field sessions that enables you to become knowledgeable in all aspects of natural resource management & conservation.

The NAFWS Natural Resource Youth Practicum is open to all incoming 10th through 12th graders (No cost to Participating Students)

For Further Information Contact:

Norman Jojola - (505) 753-1451 or (505) 927-3494 (cell) norman.jojola@bia.gov

or

Lawrence Abeita - (505) 563-3723 | lawrence.abeita@bia.gov

PYRAMID LAKE WORKSHOPS: BUY, BUILD OR REPAIR A HOME Two Options

March 23, 2020 MONDAY 12 p.m. - 2 p.m.

12 p.m. - 2 p.m. Numaga Senior Center, 705 Highway 446, Nixon OR

> March 23, 2020 MONDAY 5 - 7 p.m.

Tribal Housing Authority, 204 Capital Hill, Nixon

All are invited to meet USDA RD Home Loan Officials Checklist of documents to bring listed on back of flyer

504 Repair Loan or Grant Requirements:

- Maximum loan is \$20,000
- Maximum grant is \$7,500 for seniors 62 and over only
- Loans and grants can be combined for up to \$27,500
- . Loans can be repaid over 20 years
- Loan interest rate is fixed at 1%
- Grants have a lifetime limit of \$7,500
- If applicants can repay part, but not all of the costs, applicants may be offered a loan and grant combination

502 Home Purchase requirements:

- 30 year term for Manufactured Homes
- 33 or 38 year term available to very low income applicants
- 100% financing of the appraised value
- \$0 down payment requirement
- Fixed interest rate
- Monthly payments modified by payment assistance
- · Primary residence
- Income and credit requirements must be met

USDA Committee C

Required Documents

- o Photo ID
- Housing Income statements
- o Bank Statements 2 months
- o Proof of Ownership (504 only)
- o List of repairs needed

There may be further documents required once application is processed.

Contact for additional information: WWW.RD.USDA.GOV/NV; Las Vegas office 702-407-1400 x6007 or x6008 or Carson City office 775-887-1222 x4787

N eva da State Office 1390 S. Curry St. Carson City, NV 89703 '5) 887-1222 | www.rd.usda.gov/nv

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N evada State Office 1390 S. Curry St. Carson City, N V 89703

USDA is an equal opportunity provider, employer, and len



Learn how to install your child's car seat or booster seat. Find out if it's time for a change.









FREE Car Seat Inspection

Hosted by Safe Kids Washoe County and Pyramid Lake Paiute Tribe Transportation Safety Program

Certified technicians will help to ensure your car seat is installed properly

Saturday, February 29th, 2020 Time: 10:00 AM – 1:00 PM Location: Wadsworth Head Start Center

380 Pyramid St. Wadsworth, NV 89442

- No appointments necessary but if you would like to schedule an appointment for the event call: 775-982-7988
 - Please bring your car seat installed, car seat manual, and child riding in the car seat; otherwise please provide the height and weight of the child.







PUBLIC NOTICE



Pyramid Lake Housing Authority

BOARD OF COMMISSIONERS MEETING

TUESDAY * FEBRUARY 25, 2020

5:00 PM * PLHA Conference Room



The museum has been working on 3 displays – Cultural Survival, Basket Weaving, and Indian Rodeos and Pow-Wows. Thanks goes out to those who have made contributions of photos and ideas to implement in the displays.

The museum received the new order of 2020 Calendars and are on sale for \$9.00 each. The new Sequoia products arrived and are ready for sale. There are a variety of hand-made soaps, lotions, mists, scrubs, and lip balms. Come and see what natural fragrance you like the best. There are testers available. New books and CD's continue to be ordered.

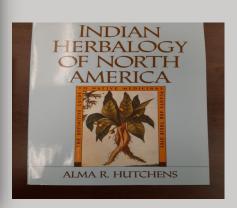
Another Basket Weaving gathering was held on February 15-16th and was a big success! The gathering was held at the New Wadsworth Community Center and was a full house with local weavers and those traveling a distance to get here. The project was to work on splitting willow or to start on a burden basket. It is wonderful to see everyone in action and working hard on their projects.

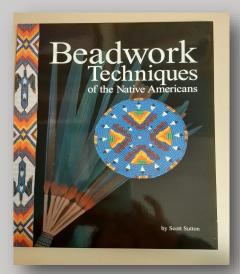
As events are planned, we will keep the community informed. Thank you for your support and encouragement!

Billie Jean Guerrero, Museum Director











Items available for sale at the Pyramid Lake Museum and Visitor's Center













Great Basin Native Basketweavers Association Weave-In Event, February 2020

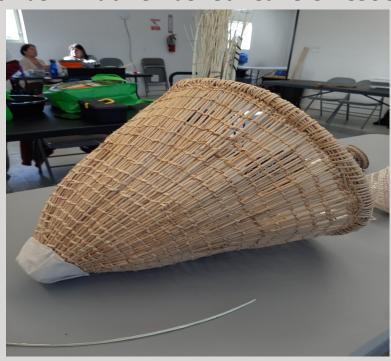
Our goal is to revive, enhance, and promote the traditional art of basketmaking handed down throughout the Great Basin Region. The Great Basin area stretches from the South area of Death Valley, California, up to the middle of Oregon, from the Sierra Mountains clear across to the Great Salt Lake. All tribes within the Great Basin region including the Washoe, Shoshone, Northern and Southern Paiute, Goshute, Ute, Bannock, Mohave, and Chemehuevi Tribes. A need to strengthen and retain our traditional art of baskets is a must, and we gather here today to call ourselves the Great Basin Native Basketweavers Association, with the intent and purpose of keeping the baskets alive for another thousand years.





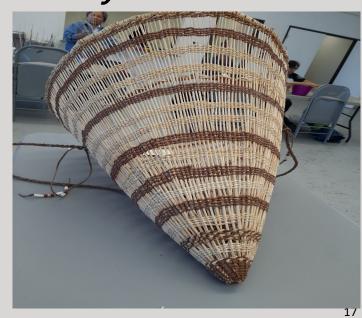


Great Basin Native Basketweavers Association



Weave-In Event, February 2020





Congratulations *Alec T. Carr*, Northern 3A All League Team - Honorable mention on the Defensive Line 2019 28 solo tackles, 11 asst tackles, 1 sack; State Champion for 3A Fernley High School football 2019-2020; State qualifier for FHS Wrestling 2020 in the 285# weight class in his second year of ever wrestling. FHS Ranked 5th overall in the championships as a team with 60 points. Student Athlete with 3.85 GPA and goals to attend a university to become a forensic scientist.





The most amazing thing that has happened this year - it's your victory. You are the best! You have the fire in your heart and the determination to get the job done as well as a heart of gold to help those around you. You will forever be the epitome of a champion to me!

With love and happiness, Cristian, Soleil, Grandma Gina, family, friends and your number one Fan, Mom!



Active Parenting

Dates Scheduled:

March 6, 2020 ~ March 13, 2020

Final class: March 20, 2020

Time: 6:00 pm - 8:30 pm

Location:

Sumunumu Resource Center 460 W. Main Street Suite 101 & 102 Fernley Nevada 89408

Please note participants must attend all 3 classes to receive certificate of completion

Registration Deadline: Thursday March 5th** 4:00 pm**

More information Please call: 775-980-6507

Free Painting Classes are available Thursday, from 530 -7 pm!

Beading classes are available Friday Mornings from 10:00 am to 12:00 pm.

For more information, please call Sumunumu Resource Center at 775-980-6507



Pyramid Lake Housing Authority



"Ummuh puduh nobeeh... pooneeshee....oh'noh neemeeh noh tukah-geeh"

"Come check out the new homes, then come and eat with us...

- Lunch will be provided!
- Take a tour of the new homes!
- Win door prizes!
- · Public is welcome!

Help us celebrate the completion of the 4-19 Housing Project

Friday, March 6, 2020 **Ceremony Starts at 11am**

WHERE

111 Kammu Drive-Wadsworth

Lunch will follow at the **Wadsworth Community Center**







Please join us for an Open House to celebrate the (near) completion of the 4-19 Housing Project. The event will begin at 11am on Friday, March 6th and will conclude with

lunch at the Wadsworth Community Center. Tours of the new units in Wadsworth will be provided.

If you have any questions, please feel free to contact the Housing Authority.

Pyramid Lake Fire Rescue EMS

~104 State Route 447, Nixon, Nevada 89424~

ANNOUNCEMENT

For Fire, Medical, Police:

EMERGENCY DIAL 911

Main Station Office Line:

DIAL 775-574-8999

Email Address:

PLFR/EMS@plpt.nsn.us

Facebook Address:

www.facebook.com/PLFREMS/