



# Numa News

February 2021

Pyramid Lake Community Members,

I would like to ask our community members to be aware of suspicious cars in your neighborhoods. I have asked for more police presence at our bus stops at Natchez and in our communities. Please report suspicious vehicles and make note of the license plate numbers.

The number to our Pyramid Lake Police Department Dispatch is 775-574-0444.

Know where your kids are at all times. *Please* do not let them walk by themselves, even for a short distance. Please watch out for other kids in your neighborhoods as well. Talk to them about accepting rides from people they do not know.

***PLEASE BE SAFE OUT THERE! BE OUR EYES AND EARS IN OUR OWN COMMUNITIES!***

Thank you.

Janet Davis, Chairwoman

Pyramid Lake Paiute Tribe

## TAX DEPARTMENT 2021 SCHEDULE

The Tax Department's Schedule as of February 15, 2021

Monday through Thursday: 8:00 AM to 4:30 PM

Friday only: 8:00 AM to 12 NOON

The Tax Office will be closed to the Public. A Drop-Off Box will be placed outside the front door for Tax related paperwork, vehicle exempt forms and Income Tax Filing. Make sure a name and telephone number are included so we can call if we have questions. Please do not wait until the last day to get your vehicle exempt forms, DMV sends out a month ahead of time. We will MAIL exempt forms. We are unable to email or fax the forms as DMV will not accept.

The Public can call in to the department: (775) 574-1000 ext. 1127, 1123 and 1121 if we don't answer, leave your name & number and we will get back to you as soon as we can.

You can email the Tax Department staff at:

[taxassistant@plpt.nsn.us](mailto:taxassistant@plpt.nsn.us) [taxspecialist@plpt.nsn.us](mailto:taxspecialist@plpt.nsn.us) [vfrazier@plpt.nsn.us](mailto:vfrazier@plpt.nsn.us)

***New hours for the  
Wadsworth Transfer  
Station are Tuesday -  
Saturday, 8:30 am to  
4:00 pm.***



15 pound LCT caught and released from shore on February 18, 2021 by Jim Harvey.



## Eligibility for Distributions from the Minor's Trust for the 1<sup>st</sup> 2021 Quarter

If you are age 18 by March 31, 2021, then you are eligible to receive your payment from the Minors' Trust. Please do not submit early to expect an earlier distribution before your birthday – *all* Minors' applications will be held and submitted upon the indicated Quarterly Deadline. This application must include an updated address with our Enrollment Officer, Joanne Shaw, a clear scanned copy of your Photo ID and a deposit slip from your bank with ACH wire transfer number and account number. The routing number *must* match the one on a check or direct bank form (you may download a form from the PLPT website or acquire one from your bank as well) – **do not** submit a generic deposit ticket; this can cause delays with your deposit. Please include CLEAR and LEGIBLE contact information in case you need to be reached! If there are any questions from the Pyramid Lake Paiute Tribe staff that are processing your paperwork, PLEASE leave a distinguishable email address and make sure that your voicemail box is set up in the event that we have to leave a message in order to get a hold of you. The tax information brackets on top of the second page MUST be completed, or this will cause a delay in your payment. If delayed, your application won't be processed in time and you will have to wait until the next quarter to receive your funds. The 1st Quarter deadline for year 2021 will be March 31, 2021, and any late applications will be sent then.

Once your application is processed, you can expect a **2-3 month** wait until your funds are distributed – the Tribe is responsible for verifying your information and submitting your forms. Because Minors' funds are in a trust, please understand that this quarterly process is because funds are calculated by the length of time it has gathered interest sitting in that trust; it is NOT distributed like the Adults'.

Minors will have up to six years to complete their forms and claim their economic stimulus payment. The six-year count starts on your 18th birthday.

Reminder that the deadline to submit your forms for this 1st Quarter of 2021 is on the last Wednesday of March 2021. Applications received by 03/31/2021 will be processed and forwarded to the Trust the next business day. Applications received *after* 03/31/2021 will be held until the next quarter submission, which is June 30, 2021. Reminder, it is your responsibility to ensure that your form is received COMPLETE and date-stamped by March 31, 2021. Due to the COVID 19 Pandemic, forms are available ONLINE at <http://plpt.nsn.us/>, or you can request a mailed form by emailing Joanne Shaw, Enrollment Officer, at [enrollment@plpt.nsn.us](mailto:enrollment@plpt.nsn.us), or Michelle Mix, Administrative Assistant, at [adminassistant@plpt.nsn.us](mailto:adminassistant@plpt.nsn.us). If able, please make sure to download the **MINOR'S** DISTRIBUTION FORM from our website at [plpt.nsn.us](http://plpt.nsn.us).

Please disregard if you have already sent in your form.



Pyramid Lake Tribal Health Clinic  
2021



# Diabetes Education News

## Monitoring Edition

### Being a "Diabetes Detective"

Diabetes affects each person in a different way, and the solutions to each problem is not the same.

One person may be asked to monitor their eating pattern, another person may be asked to record how active they are in their day.

As professionals, we may ask patients to monitor these type of behaviors or "activities" so we may better understand how Diabetes affects each person.

When these requests are asked by the provider, the patient should take the

monitoring seriously, so we may make the best plan to help the person with the disease.

Think of diabetes management as a series of experiments that can help you maximize your self- management.

ABC's steps to becoming a "Diabetes Detective":

A). Start with a journal or mobile app = Remember to write down the:

1. Date
2. Time
3. Activity
4. Results

B). Determine events or activities that

affect your blood sugar =

1. Activity level = does physical activity make blood sugar change.
2. Food and drink = do certain foods or drinks really change my blood sugar.
3. Stress level = does stress make my blood sugar change a lot.

C). Experiment with changes in your day to help keep your blood sugar in the suggested healthy range.

TIP = Even small changes can bring BIG RESULTS with practice and patience.



Special Edition #4

February 1, 2021

American Association of Diabetes Educators (AADE)

[diabeteseducator.org](http://diabeteseducator.org)

AADE 7 Self-care Behaviors

☺Healthy Eating

☺Healthy Coping

☺Monitoring

☺Medication

☺Problem Solving

☺Being Active

☺Risk Reductions

Pyramid Lake Tribal Health Clinic: Diabetes Program  
2021

Please call Medical Scheduling to make a  
**Diabetes Education Appointment**

Mondays– Wednesdays Available 775-574-1018



# Diabetes Education News

## Continued = Monitoring

STEP #1 = Use a journal or mobile app

Date: 1/19/21

Time: 6:00pm

Activity: Check blood before/after eating

Results: Before pasta = 116mg/dL 6:23pm

After pasta = 265 mg/dL 7:23pm

STEP #2 = Do these activities really change my blood sugar?

Blood sugar goal = 180 mg/dL after eating

= blood sugar goes high when I eat pasta, it doesn't go that high when I eat breads.

STEP #3 = Experiment with the activity =

Did I eat a lot of pasta = Try to portion

the pasta serving, try to eat other foods

when eating pasta, substitute pasta for

another enjoyable food = bread instead

# PYRAMID LAKE TRIBAL HEALTH CLINIC

## FEBRUARY NEWSLETTER 2021

FEB 2021 NL#5 JM



### #'S TO REMEMBER



PL Health Clinic: 775-574-1018

PL Covid-19 Testing Line: 775-574-2602

Sumunumu Resource Center: 775-980-6507



**Get your FLU SHOT if you have not already!**



**February is Heart Health Month!**



**Please take time to do a self check = how do you feel?**

- 1. Schedule yearly medical appointments.**
- 2. Make an emergency list of your medications.**
- 3. Make sure your health insurance is up to date.**
- 4. Ask yourself if you need additional help or support.**



**REMEMBER!!!**

**Bring your COVID-19 vaccine card when you come to get your 2nd shot please.**

# Happy Valentine's Day

## US COVID-19 Cases Caused by Variants.

Variant = (noun) = a form or version of something that differs in some respect from other forms of the same thing.

= the COVID-19 virus is changing!

### SO, what does that mean?

These variants seem to spread more easily and quickly than other variants = can lead to more cases of COVID-19.

More cases of COVID-19 = more strain on health care workers, leads to more hospitalizations, and potentially more deaths.

### SO, what do we do?

By following Public Health Guidelines like getting the COVID-19 vaccine, social distancing, using face masks (maybe using 2 face masks when really needed), washing your hands, and quarantining when needed = can limit the spread of COVID-19 and help protect everyone.



Social distance, please



# In Memoriam

FOREVER IN OUR HEARTS



## Doug Smith

SUNRISE 4/25/1952

SUNSET 2/2/2021

### Funeral Service

Tuesday | February 9, 2021

11:00am to 11:30am

11:30am to 1:00pm (Viewing)

Ross, Burke & Knobel | 2155 Kietzke Lane | Reno, NV

### Restrictions

COVID-19 Regulations apply  
Masks Mandatory | Sanitize | Social Distance  
50 People max allowed in building

No Burial | No Traditional Dinner

## IN LOVING MEMORY



# MICHAEL QUARTZ

AUGUST 21, 1959 - JANUARY 29, 2021

### FUNERAL SERVICES

Saturday | February 6, 2021 | 12:00 pm - 1:00 pm

Viewing will be held from 1:00 pm - 2:00 pm

Ross, Burke & Knobel | 2155 Kietzke Lane | Reno, NV

### ALL COVID-19 RESTRICTIONS APPLY | MASKS REQUIRED

Services available on Zoom | Zoom Meeting ID: 863 3361 8282

Burial to follow at Hungry Valley Cemetery

## Forever In Our Hearts

SUNRISE:

September 8, 1987

SUNSET:

February 4, 2021



# CHILDS QUERTA

- COVID-19 RESTRICTIONS IN PLACE - MASKS REQUIRED & SOCIAL DISTANCING -

#### - NEVADA FUNERAL SERVICES -

Friday, February 12, 2021

10:00am-11:00am Immediate Family (50 people max)

11:30am-12:30pm Friends (50 people max)

Ross, Burke & Knobel-2155 Kietzke Lane, Reno, NV

#### - ARIZONA FUNERAL SERVICES -

Wednesday, February 17, 2021

10:00am-12:00pm Immediate Family (walk through)

Sutton Funeral Home-1701 Sycamore Avenue, Kingman, AZ

#### - GRAVESIDE CHURCH SERVICES -

Wednesday, February 17, 2021

Limestone Cemetery

Peach Springs, AZ

Flower arrangements can be ordered by 2/15 & delivered on 2/17 to Sutton Funeral Home by one of these locations:

Mandarin Orchid House (928)753-6355 or The Tilted Tulip (928)757-3747

## In Loving Memory of

# Nicholas Tony Lovett

APRIL 18<sup>TH</sup>, 1984 - JANUARY 25<sup>TH</sup>, 2021

### VIEWING

WEDNESDAY, FEBRUARY 10<sup>TH</sup>  
3PM-7PM

ROSS BURKE & KNOBEL MORTUARIES  
2155 KIETZKE LANE RENO, NV

### FUNERAL SERVICE

THURSDAY, FEBRUARY 11<sup>TH</sup>  
11AM

NIXON COMMUNITY CEMETERY  
CHURCH STREET NIXON, NV

\*COVID-19 RESTRICTIONS APPLY



# News from the Pyramid Lake Transportation Department—



**Nixon, NV**—The Transportation Planning Department continues to serve the Pyramid Lake Paiute Tribe through its work on various road projects and pedestrian safety initiatives.

This month, we have been actively working with the Transit Department to collectively analyze the engineering plans for the development of the Transit Facility which will be located in Nixon, Nevada near the Nixon Store. This facility will house the entire Transit Program, including a training room, a break room for drivers, office space and rider lobby for riders to wait for buses to arrive. Included in the facility development is also a bus bay where buses will be stored out of the elements. We are very excited that this project is getting off the ground on schedule despite the challenges that 2020 presented.

Also, in the works is the development of initial plans to create a Bike Path along the west side of Pyramid Lake along the old railroad bed. This project is again in the engineering plan development stage and is currently moving along with comments we have received from the community. The project will present tribal members an opportunity to get out with the family by either walking or biking with a great view of the lake and places to stop for a snack or just enjoy the view.

The Transportation Planning Department has also saved enough monies to tackle the planning phase of the Administration Building parking lot in Nixon, a long-needed improvement to the facility. With the majority of the planning stages completed we look forward to moving into the construction phase when funds come available.

The Multi Use Walking Path project is at the construction phase at this time and we are eagerly awaiting the go ahead from BIA for the path to be officially on the Tribal Roads Inventory to kick off the construction phase. This is a Transportation Safety project that has been in the works for some time due to some technical issues with right of way and of course the slow down of progress with the COVID 19 pandemic. The path will be a paved path from 8<sup>th</sup> street to 5<sup>th</sup> street with new cross walks on SR447 in front of Natchez School, on 8<sup>th</sup> street and on 5<sup>th</sup> street. The design and concept of the path is to give children and families a safer route to school and community events.

If you have seen NDOT trucks working in your area here is what is happening. The Transportation Planning department is working on an updated version of the Tribal Transportation Project Inventory list as well as an update to the Tribes long range transportation plan. We needed traffic counts from some key areas in each community and have partnered with NDOT to do those counts for free. They are already done and they are working on getting the data analyzed and printed out for our review. Larger traffic counts mean that we may be eligible for more funding for maintenance and grant awards in the future.

With continued growth on our reservation the Transportation Planning Department staff look forward to collaborating with the administrative staff as well as the community on projects to upgrade and make safer our roadways in our communities.

## FUTURE NDOT PROJECTS ON THE RESERVATION

The wheel turns slowly with government funded operations some times but here are a few projects that are coming soon from NDOT near or on the reservation that we have been collaborating on. The Department of Transportation work crew will be replacing some cattle guards near the I-80 Smoke Shop in Early Spring. At least one travel lane will be open at all times to continue through traffic.

**We will post an update when the work is to begin:** The upgrade to the Sutcliffe crosswalks and speed signs on SR445 will begin to happen this spring as prompted by the PLPT Transportation department following requested from community members.

**We will keep you posted when construction begins:** The Nixon Bridge pot holes are finally slated to be fixed also in the spring. This is another safety concern that was brought to light through our safety program at least a year ago.

**Once again we will keep you posted on the construction dates!**





## Pyramid Lake Housing Authority

PO Box 210

Nixon, NV 89424-0210

Ph: (775) 574-1026 • Fax: (775) 574-1044



# NOTICE

**TO:** All Tenants & Homebuyers  
**FROM:** Kathleen Frazier, Executive Director *KF*  
**DATE:** February 2, 2021  
**SUBJECT:** CDC Eviction Moratorium Extension

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The Center for Disease Control and Prevention (CDC) has extended the order to temporarily halt evictions of "covered persons" for nonpayment of rent through **March 31, 2021**.

The CDC Order states that a landlord, property owner, or other person with a legal right to pursue an eviction cannot evict a "covered person" for nonpayment of rent once the "covered person" has submitted a signed declaration form.

**If any PLHA Tenant or Homebuyer is delinquent and struggling financially because of COVID-19, you must submit a Declaration Form to be protected under this Order. Forms can be obtained by contacting the Housing Authority or downloaded from our website.**

This does Order does not waive rent and house payments. Tenants and homebuyers are still required to make monthly payments according to their rental lease, mutual help, or homebuyer agreement. All past-due balances will become immediately due once the CDC Order expires on March 31, 2021. The Housing Authority will notify delinquent tenants and homebuyers who are nearing the eviction stage and haven't submitted a Declaration Form.

Individuals can still be evicted for reasons other than not paying full rent or making a full housing payment. The Order does not prevent evictions for (1) engaging in criminal activity while on the premises; (2) threatening the health or safety of other residents; (3) damaging or posing an immediate and significant risk of damage to property; (4) violating any applicable building code, health ordinance, or similar regulation relating to health and safety; or (5) violating any other contractual obligation of a tenant's lease, other than the timely payment of rent or similar housing-related payment.

<https://www.cdc.gov/coronavirus/2019-ncov/covid-eviction-declaration.html>

# PYRAMID LAKE HOUSING AUTHORITY

## DECLARATION UNDER PENALTY OF PERJURY FOR THE CENTERS FOR DISEASE CONTROL AND PREVENTION'S TEMPORARY HALT IN EVICTIONS TO PREVENT FURTHER SPREAD OF COVID-19

This declaration is for tenants, lessees, or residents of residential properties who are covered by the CDC's order temporarily halting residential evictions (not including foreclosures on home mortgages) to prevent the further spread of COVID-19. Under the CDC's order you must provide a copy of this declaration to your landlord, owner of the residential property where you live, or other person who has a right to have you evicted or removed from where you live. Each adult listed on the lease, rental agreement, or housing contract should complete this declaration. Unless the CDC order is extended, changed, or ended, the order prevents you from being evicted or removed from where you are living through **March 31, 2021**. You are still required to pay rent and follow all the other terms of your lease and rules of the place where you live. You may also still be evicted for reasons other than not paying rent or making a housing payment. This declaration is sworn testimony, meaning that you can be prosecuted, go to jail, or pay a fine if you lie, mislead, or omit important information.

I certify under penalty of perjury, pursuant to 28 U.S.C. § 1746, that the foregoing is true and correct:

- I have used best efforts to obtain all available government assistance for rent or housing;
- I either expect to earn no more than \$99,000 in annual income for Calendar Year 2020 (or no more than \$198,000 if filing a joint tax return), was not required to report any income in 2019 to the U.S. Internal Revenue Service, or received an Economic Impact Payment (stimulus check) pursuant to Section 2201 of the CARES Act;
- I am unable to pay my full rent or make a full housing payment due to substantial loss of household income, loss of compensable hours of work or wages, lay-offs, or extraordinary out-of-pocket medical expenses;
- I am using best efforts to make timely partial payments that are as close to the full payment as the individual's circumstances may permit, taking into account other nondiscretionary expenses;
- If evicted I would likely become homeless, need to move into a homeless shelter, or need to move into a new residence shared by other people who live in close quarters because I have no other available housing options.
- I understand that I must still pay rent or make a housing payment, and comply with other obligations that I may have under my tenancy, lease agreement, or similar contract.
- I further understand that at the end of this temporary halt on evictions on **March 31, 2021**, my housing provider may require payment in full for all payments not made prior to and during the temporary halt and failure to pay may make me subject to eviction pursuant to state and local laws.

I understand that any false or misleading statements or omissions may result in criminal and civil actions for fines, penalties, damages, or imprisonment.

### DECLARANT:

Unit Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

PUBLIC ANNOUNCEMENT

BIA HOUSING IMPROVEMENT PROGRAM

On behalf of the Tribe, the Housing Authority is accepting new applications and updates for the program.

The program is ranked by a Category and point system. Listed below is the point system ranking for each participant.

1. **Income: maximum points 25** (depending on family composition size the points are rated –SAMPLE 1 person point system; \$0.00-3,190-25pts., \$3,190-6,380-20pts., \$6,381-9,570-15pts., \$9,571-12,760-10pts., \$12,761-15,950-5pts., \$15,951-19,140-0pts., \$19,141 & higher-Ineligible).

2. **Age: 1 point per year past 55 years of age-maximum points allowed is 15.**

3. **Disability: Maximum points allowed 10 points for entire household.**

4. **Dependents: 3 points per child-maximum points allowed is 15 points.**

5. **Homeless/Dilapidated: Maximum 5 points.**

6. **Overcrowded: Maximum 5 points.**

7. **Veteran: Maximum 5 points.**

8. **Extra 25 points for documentation for approved financing from any valid lending agency.**

Categories

a. **Category A-Interim home improvements up to \$7,500.**

b. **Category B-Renovation costs up to \$60,000.**

c. **Category C: C-1 Replacement of an existing substandard home, or C-2 have home site & need a home. (Applicants must have a land assignment and utilities available. Note: The cost of the utilities is the responsibility of the applicant, the funds are for the home construction).**

d. **Category D-Down Payment Assistance, not to exceed \$20,000 or 15% of close out costs.**

In order to qualify for the program; The applicant cannot have received services from any Federal Housing Assistance, example; past BIA HIP, 1937 Act Homes, existing HUD home over 20 years OLD, or any USDA programs.

Applications are available at the Housing office; all documents are required for processing the new application as the old one expired.

**APPLICATION DEADLINE DATE: AUGUST 31, 2021, 4:30 pm at PLHA.**

/s/

Kathleen Frazier, Executive Director

02/10/2021

Date

# Pyramid Lake Fisheries ~ 2021 Winter Fishing Report



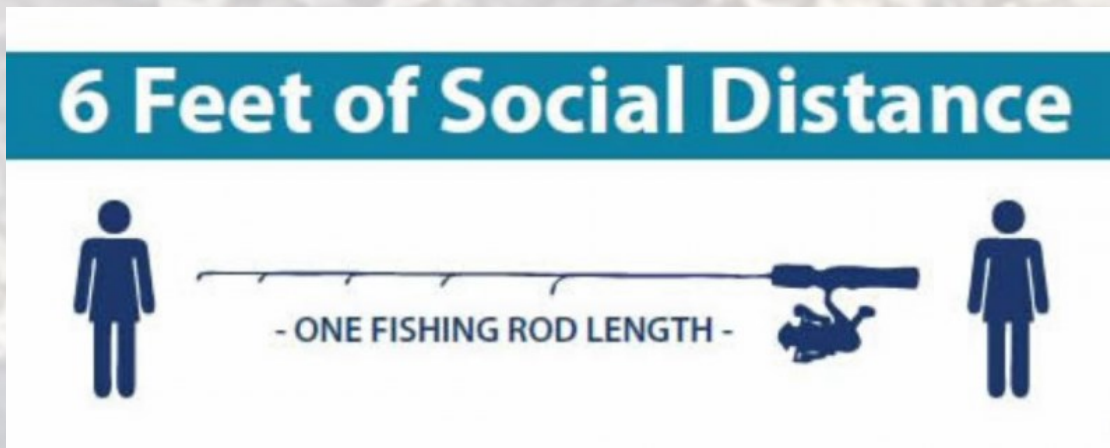
**Ladder Chair fishermen - photo by Dan Mosley**

Pyramid Lake Fishermen today are known for fishing on ladders, or from a custom built 'ladder chair' on a frame welded from galvanized metal. This practice started many years ago, using milk crates to allow fishermen to fish further out into the deeper waters of the lake. Back in the day, fishermen began standing on objects like used milk crates, in their attempt to get higher out of the water, above the waves, and to stay a little bit warmer. Duck decoys were often used as floatation devices to mark the location of the milk crates.

Today, the practice of using ladders or ladder chairs allows fishermen to improve their casting distances, and places fishermen closer to fish on the hunt for their next meal. Remember, larger Cutthroat trout use the drop off areas as 'safe' zones, and will often strike the lure or fly prior to it being retrieved into the shallow shelf areas. So you do not want to fish too close, or on top of drop off areas, and scare those larger fish away.



Ladder fishermen – photos by Dan Mosley



Remember to be safe when fishing in Pyramid Lake.

*Poonedoo,*

Dan Mosley, Director  
Pyramid Lake Fisheries

<https://www.facebook.com/Pyramid-Lake-Fisheries-161889193870935/>

# Request for Bid

1 package set of Structural Firefighting PPE, the package must be compliant with NFPA 1971 or 1976

The package shall include the following items:

- 8 – Quality equal or similar to Globe Structural Turnout Coats with Hand Warming Pockets, Thermal Liner, Moisture Barrier, NFPA Basic 3" L/Y Triple Trim, Hanging Letter Patch to read F.F.'s Name in 3" L/Y, Radio Pocket on Left Chest Size 13PL Mic Strap Above Radio Pocket, Survivor Flashlight Holder Right Chest, Nomex Hand and Wrist Guards, Grey Suede Cuffs and PLPT in 3" L/Y Reflective on back. Color Gold or Similar
- 8- Quality equal or similar to Globe Structural Turnout Pants with 2 thigh pockets Reinforced Knees. Silicone Knee Padding in thermal liner, Thermal Liner, Moisture Barrier, NFPA Basic 3" L/Y Triple Trim. Color Gold or Similar
- 8 – Quality equal or similar to Globe sets of suspenders.
- 8 – Quality equal or similar to Life Liner carbon hoods
- 16 – pairs Quality equal or similar to Fire Craft, of structural firefighting gloves.
- 8 – Quality equal or similar to Globe pairs of leather structural fire boots.
- 8 – Quality equal or similar to ESS pairs of structural goggles
- 8 – Quality equal or similar to MSA Traditional style fire helmets (Black)
- 8 – Leather helmet fronts for above helmets (Black with White background and Black letters, Black Stitching, 4 panels with the silver medal Firefighters scramble on line 3)
- 8 – Helmet flashlights with mounting brackets. For above helmets

All bids must be submitted in a written quote to the:

**Pyramid Lake Fire Rescue/EMS  
P.O. Box 256  
Nixon, NV. 89424**

Or faxed to **775-785-3100**

For any additional questions please contact Donald Pelt Emergency Response Coordinator at 775-574-8999

**Quotes must be submitted prior to Close of Business 02/26/2021 at 5:00 pm PST.**

It's



Time!!

## Natchez Elementary School School Year 2021-2022

**REGISTER NOW!!**

### ALL CURRENT Students:

PK – 5<sup>th</sup> Grade **MUST** complete  
**ONLINE REGISTRATION @**  
<https://washoenv.infinitecampus.org/campus/portal/parents/washoe.jsp>

### Need Assistance?

**NO Computer? NO Internet  
Access? Forgot  
Username/Password for Infinite  
Campus**

**For more information or to  
make an appointment call  
351-1902 or email Buddiette  
at**

**[bsalway@washoeschools.net](mailto:bsalway@washoeschools.net)**

### New Kindergarten Students NEED:

- Online Registration @ <https://www.washoeschools.net/Page/10776>
- ORIGINAL Birth Certificate
- Immunization Records
- Proof of Residency

### Evening Hour Assistance:

- February 18<sup>th</sup> 3pm-6pm
- March 2<sup>nd</sup> 3 pm – 6 pm

### **REGISTRATION TO BE COMPLETED BY**

**March 31, 2021**





**PYRAMID LAKE VICTIM SERVICE PROGRAM**  
**101 Big Bend Ranch Road, Wadsworth, NV 89442**

**Phone: 775-575-9444**

**February 2021**

The Office of Victims of Crime designates the month of February as National Teen Dating Violence Awareness Month. This is a time for heightened awareness as teenagers are often silent victims unless they become informed to learn to make healthy decisions for themselves.

On February 13, 2020, Victim Services Program staff presented to two classrooms of high school-aged students. "A statistic showed a high percentage of Native American youth before the age of 18 have had at least three violent incidents. After "victimization" was explained, the students' facial expressions and body language revealed that many have experience violence outside of school." The Pyramid Lake High School students asked few questions and were reluctant to talk about teen dating violence.

How do we approach talking about teen dating violence with our kids? Teenagers who face unhealthy romantic relationships may become victimized by their abuser. Teenagers who are aware of dating violence can choose healthy and safe choices in life. Let them know you want what is best for them.



Dating Violence is a pattern of abusive behaviors that over time causes harm and/or fear, anxiety and panic attacks.

The abuser uses emotional manipulation and/or physical domination to gain control over the partner.

Violence may lead to sexual assault; getting her pregnant; getting someone drunk to get sex. No means no.

Stalking is willful harassment; behaviors that serve no other purpose but to annoy; to terrorize someone; tracking the victim.

Digital technology (social media) has given abusers ways to control, harass or degrade their victims anywhere, even when they're apart. Harassment is a crime.

Pyramid Lake Victim Services Program envisions a safe secure community where all members are held sacred, where life is lived without fear and all pursue their dreams of a brighter future.

These projects are supported by Grant Nos. 2018-TW-AX-0011 and 2015-WR-AX-0032, awarded by the Office on Violence Against Women; 2018-VF-AX-0022 and 2018-VO-GX-0119, awarded by the Office for Victim of Crime, U.S. Department of Justice. It is also supported by the Subaward No. 9361-20-009 through the FVPSA Award 1901NVFVPS, State of Nevada's Department of Health and Human Services.





# Re-opening

## Monday - MAR. 1ST

### GENERAL RULES FOR PASSENGERS:

- ◆ PASSENGERS MUST WEAR MASKS WHILE RIDING THE BUSES AT ALL TIMES
- ◆ SAFETY DISTANCING OF 6FT WHEN ENTERING, RIDING & EXITING THE BUSES
- ◆ SANITIZING OF HANDS UPON ENTERING & EXITING THE BUSES
- ◆ EATING OR DRINKING IS STRICTLY PROHIBITED DURING TRANSPORTING
- ◆ TEMPERATURES OF 100.4 OR HIGHER SHOULD NOT RIDE THE BUS
- ◆ IF YOU ARE ILL, WE RECOMMEND THAT YOU DO NOT RIDE THE BUS



**FEDERAL TRANSIT ADMINISTRATION & CDC COVID-19 GUIDELINES WILL BE FOLLOWED, INCLUDING THE PYRAMID LAKE TRIBAL TRANSIT COVID-19 SAFETY PLAN & PROCEDURES**



**For questions or concerns, please contact PLPTT office at (775)574-2410**

## Transit Team

Michele Smith  
Transit Manager

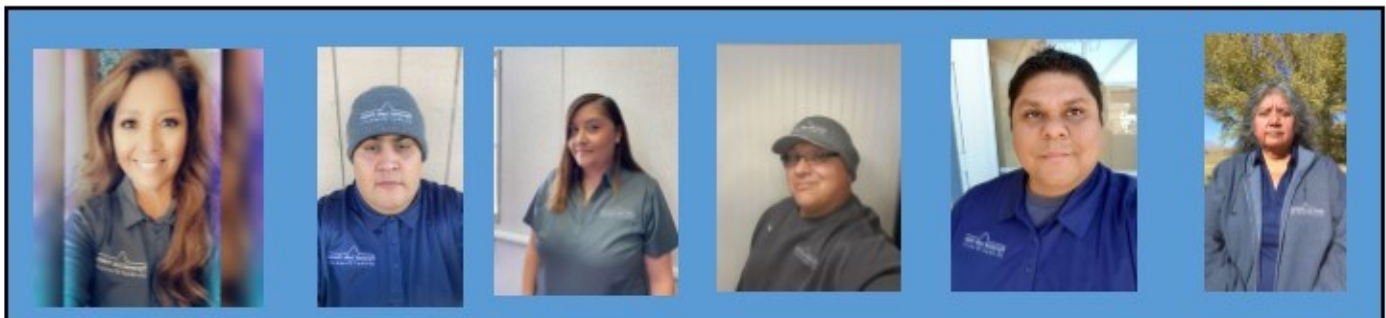
Gordon Hunter  
Transit Spec./Disp.

Dina Christensen  
Transit Operator

Loren Decker  
Transit Operator

Skylar Sampson  
Transit Operator

Sandra Garcia  
Transit Operator





# Pyramid Lake Paiute Tribe

P.O. Box 256, Nixon, NV 89424, 775-574-1000 FAX 775-574-1008

## ANNOUNCEMENT

The Pyramid Lake Paiute Tribe is currently recruiting for one (1) vacancy on the

## CONSOLIDATED HIGHER EDUCATION COMMITTEE

If you are interested in serving on the Consolidated Higher Education Committee, please complete a Committee/Board Participation Application and return to:

**PYRAMID LAKE PAIUTE TRIBE**

**ATTN: Tribal Secretary**

**P.O. Box 256**

**Nixon, NV 89424**

**Must be a community member of Nixon, Wadsworth or Sutcliffe Communities**

Forms available at the Tribal Administrative Office

**CLOSING DATE: Friday, March 5, 2021 @ 4:30 PM**

Nevada Department of Wildlife, February 17, 2021—

"This Wildlife Wednesday we show off a few photos taken of NDOW's Game Division conducting bighorn sheep captures. These photos are just a small preview of the project.

We will post the full video documenting the Game Division's great wildlife conservation work soon!

#nevadawildlife #getoutside"

# 2021 Pyramid Lake Paiute Tribal Drive-Thru Food Distribution

Food Bank	Mobile Pantry
<del>January 16<sup>th</sup></del>	<del>January 22<sup>nd</sup></del>
<del>February 13<sup>th</sup></del>	<del>February 20<sup>th</sup></del>
March 16 <sup>th</sup>	March 23 <sup>rd</sup>
April 20 <sup>th</sup>	April 27 <sup>th</sup>
May 18 <sup>th</sup>	May 25 <sup>th</sup>
June 15 <sup>th</sup>	June 22 <sup>nd</sup>
July 20 <sup>th</sup>	July 27 <sup>th</sup>
August 17 <sup>th</sup>	August 24 <sup>th</sup>
September 21 <sup>st</sup>	September 28 <sup>th</sup>
October 19 <sup>th</sup>	October 26 <sup>th</sup>
November 16 <sup>th</sup>	November 23 <sup>rd</sup>
December 21 <sup>st</sup>	December 28 <sup>th</sup>

**Time:**  
12pm – 2pm

**Food Bank Location:**  
Nixon Gym Parking Lot  
301 Hwy State Route 447

**Wadsworth Site**  
Time: 8am – 9am

**Nixon Site**  
Time: 10am – 10:30am

For more Information, Contact:

PL Social Services (775) 574-1047 or Email: Caseworker@plpt.nsn.us