

International Women's Day

March 08, 2021

**“Celebrate women's achievement.
Raise awareness against bias.
Take action for equality.”**



IN REMEMBRANCE PYRAMID LAKE PAIUTE TRIBE & FAMILY COVID-19 PANDEMIC

A year has passed since the COVID-19 Pandemic started. Our Tribe declared a state of emergency on march 16, 2020, for our Pyramid Lake Reservation. The unknown made these times a challenge. Families came together, nothing was as important as family. We coped, we survived the best we could. We had people pass in our community due to COVID-19. we had people in the hospital fighting to survive COVID-19 we had people quarantined at home, all challenging times. We need to take the time to reflect on the past year.

Be thankful for all of our frontline workers who continue to work through the pandemic to service our people, whether at the clinic, the Numaga Center, the Administrative Staff, maintenance staff, our stores, the police, the emergency personnel, those that serviced in some capacity to keep some sort of normalcy and continue on with business. We appreciate you. Our community members who dropped off supplies and food, lent a hand to those that needed it. All of this is appreciated, it is truly what community is about. Compassion for one another.

Please take the time today to be grateful for where we are today and how we will continue on in the next year. To say a prayer for the loved ones we lost during this time. We are getting through this together, as one.

Chairwoman Davis

March 17, 2021



Attention Pyramid Lake Spousal Card Holders

THE CARD MACHINE WAS FIXED AND CARDS WERE MAILED OUT
MARCH 9, 2021.

IF YOU WOULD LIKE TO REQUEST A SPOUSAL CARD YOU WILL NEED THE FOLLOWING:

A TRIBAL SPOUSAL CARD APPLICATION, A COPY OF YOUR MARRIAGE CERTIFICATE, COPY OF IDENTIFICATION FOR YOUR SPOUSE AND A COPY OF YOUR TRIBAL IDENTIFICATION CARD.

YOU WILL NEED TO SUBMIT ALL DOCUMENTS TO THE TAX DEPARTMENT.

ANY QUESTIONS CONTACT THE PYRAMID LAKE TAX DEPARTMENT AT (775) 574-1000



~Pyramid Lake Tax Department News ~

Tax Department 2021 Schedule as of February 15, 2021:

Monday Through Thursday: 8:00 a.m. to 4:30 p.m.

Friday Only: 8:00 a.m. to 12 Noon

The Tax Department will be closed to the Public. A Drop-Off Box will be placed outside the front door for Tax Related Paperwork, vehicle exempt forms, and income tax filing. Make sure a name and telephone number are included so we can call if we have questions. **Please do not wait until the last day to get your vehicle exempt forms; DMV sends out a notice a month ahead of time.**

We will **MAIL** completed exempt forms back to you. We are unable to email or fax the forms as DMV will not except them.

The Public can call into the Tax Department at (775) 574-1000 ext. 1127, 1123, and 1121 . If there is no answer, please leave your name and number, and we will get back to you as soon as we can.

You can also email the Tax Department Staff at:

taxassistant@plpt.nsn.us, taxspecialist@plpt.nsn.us, or vfrazier@plpt.nsn.us

Pyramid Lake Paiute Tribal Transit

Pyramid Lake Paiute Tribal
Transit

PO Box 256

Nixon, NV 89424

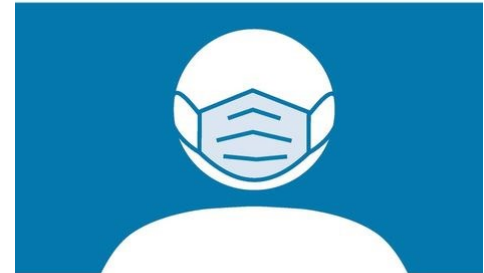
775-574-2410 ext.

1405 & 1406

Follow them on Facebook at
"PL Paiute Tribal Transit"



Face masks required.



TSA requires proper wearing of face masks, per federal law. Face masks are to be worn at all times. Failure to comply will result in denial of boarding or removal, and may result in penalties.



Stay Healthy. Stay Secure.
[tsa.gov/coronavirus](https://www.tsa.gov/coronavirus)

New Covid-19 Guidelines:

- ◇ Face Coverings must be worn at all times to help stop the spread of COVID-19
- ◇ If you feel sick, you are encouraged to stay home
- ◇ You may NOT ride if you have a temp of 100.4° F or higher
- ◇ All riders must maintain 6 feet of social distancing, with the exception of same households.

Rules and Regulations

Passengers must adhere to bus rules:

- * No eating, drinking or smoking while aboard the bus
 - * No weapons
 - * No vehicle batteries
 - * No items or containers that are caustic or flammable
 - * No large bundles that obstruct the aisle, that cannot be secured, or that may inconvenience other passengers
1. PLPTT is not responsible for any lost or damaged items
 2. Proper clothing (shirts, shoes) must be worn at all times
 3. Drivers have the right to refuse service.
 4. PLPTT is not responsible for missed buses.
 5. Use earphones to listen to your radio/audio device

Project Goals:

- ⇒ To comply with all federal guidelines regarding COVID-19 and it entirely
- ⇒ Provide Community Members with access to administration areas, housing, and other Tribal services on the Reservation
- ⇒ Provide mobility and access to employment, education, job training, and health care opportunities both on and off of the Reservation
- ⇒ Implement a public transit service to provide mobility and transportation options.
- ⇒ Form a partnership of all Tribal Transportation programs off the Reservation as appropriate.
- ⇒ Provide Transit Service that supports the Pyramid Lake Paiute Tribe Economic Development Plan.
- ⇒ Implement a public transit service that is safe, effective and efficient in delivering service.

~ Schedule available on next
page ~



Fee Schedule:

- ◆ Adults \$1.00
- ◆ Elders (60 years and up) / Students with School ID / Children ages 6-17 \$0.50.
- ◆ Monthly Pass (Unlimited)
- ◆ Adults \$45.00
- ◆ Elders (60 years and up) / Students with School ID / Children ages 6-17 \$22.50

Fees for Monthly Passes are paid to the Finance Department at the Tribal Building. Please take the receipt to the Transit Office to receive the pass. Contact the Transit Office for further details at (775)574-2410.

BUS SCHEDULE

Time	Reno	Local
5:15 AM	Nixon Gym	
5:45 AM	Wadsworth Community Center	
6:10 AM		Fernley Wal-Mart
6:15 AM	RTC Centennial Plaza - Sparks	
6:20 AM		
7:00 AM	Wadsworth Community Center	
7:05 AM	I80 Smoke Shop	
7:15 AM		Fernley Wal-Mart
7:30 AM		Wadsworth Community Center
7:45 AM	RSIC Admin	Nixon Store
7:50 AM		Tribal Office
8:00 AM	ITCN State Street	Nixon Gym
8:25 AM		Sutcliffe (New Housing)
8:26 AM		Sutcliffe (Dewey St)
8:45 AM	Wadsworth Community Center	
9:00 AM	Fernley Wal-Mart	
9:30 AM	Wadsworth Community Center	
10:00 AM	Wadsworth Community Center	
10:05 AM	I80 Smoke Shop	
10:15 AM		Fernley Wal-Mart
10:20 AM		Raley's/Urgent Care
10:30 AM		Fernley JOIN Office
10:45 AM	Sparks Legends	Fernley Wal-Mart
11:00 AM	RTC Centennial Plaza - Sparks	Wadsworth Community Center
11:10 AM	RSIC Admin	
11:15 AM	Renown 2nd St	Nixon Store
11:40 AM		Sutcliffe (New Housing)
11:41 AM		Sutcliffe (Dewey St)
11:55 AM	Wadsworth Community Center	
12:10 PM	Tribal Office	
1:00 PM	Nixon Gym	
1:30 PM	Wadsworth Community Center	
1:35 PM	I80 Smoke Shop	
2:00 PM		Fernley Wal-Mart
2:15 PM	RSIC Admin	Fernley JOIN Office
2:20 PM	Renown 2nd St	
2:30 PM		Wadsworth Community Center
2:40 PM	ITCN State Street	
2:45 PM		Fernley Wal-Mart
3:00 PM	Sparks Legends	
3:30 PM	Wadsworth Community Center	
4:00 PM	Wadsworth Community Center	Nixon Gym
4:05 PM	I80 Smoke Shop	
4:20 PM		
4:21 PM		Sutcliffe (New Housing)
4:41 PM		Sutcliffe (Dewey St)
4:45 PM	Sparks Legends	Tribal Office
4:47 PM		Nixon Gym
5:00 PM		
5:10 PM	ITCN State Street	Wadsworth Community Center
5:20 PM	Renown 2nd St	
5:25 PM		Fernley Wal-Mart
5:30 PM	RSIC Admin	Raley's/Urgent Care
5:35 PM		Fernley Nugget/ Black Bear Diner
5:50 PM		
6:00 PM	Wadsworth Community Center	
6:10 PM	Fernley JOIN Office	
6:20 PM	Wadsworth Community Center	
6:45 PM	Tribal Office	

How Can I Become a Paid Caregiver??

We can refer these caregivers to an agency that will sign them up to become paid caregivers; they'll need to go through process of TB testing, background check, etc. Agencies they can call are below:

All Valley Home Health	1325 Airmotive Way Ste 262 Reno, NV 89502	Phone# 775-828-6420	Fax# 775-828-6413
American Home Companion	3708 Lakeside Dr Ste 200 Reno, NV 89509 (OFFICES ALSO IN CARSON AND ELKO)	Phone# 775-826-8090	Fax# 775-826-9008
Consumer Direct Services	1005 Terminal Way Ste 294 Reno, NV 89502	Phone# 775-786-4999 877-786-4999	Fax# 775-786-0717 877-786-4998
Freedom Home Health	3680 Grant Drive Suite L Reno, NV 89509	Phone# 775-348-0827	Fax# 775-284-0829
Your Choice Home HC	350 Harbour Cove Dr #102 Sparks, NV 89434	Phone# 775-636-6269	Fax# 775-359-3520

Quite a few of our patients are caregivers to our elders & family members. We hope this information can be of use.

Also, when visiting the Pyramid lake Health Clinic, please present your insurance card on your visit. So we may enter it in our system.

If you need any assistance or have questions, feel free to call your Health Benefits Representatives.

Sincerely,

Deidra Quimayousie & Joby Kness

Health Benefits Representatives
Pyramid Lake Tribal Health Clinic
Ph# 775-574-1018 ext 1213 & 1203
Fax# 775-980-6727

The Pyramid Lake Paiute Tribal Transportation Planning Department is looking for comments on the Tribal Transportation Improvement Program (TTIP). Please provide comments in writing by April 3, 2021.

A copy of the TTIP can be obtained from the Transportation Department by contacting Tribal Transportation Planning at (775) 574-1000, ext. 1106 or 1107. You can also email jgarcia@plpt.nsn.us

Please send comments in writing by April 3, 2021 to:

Transportation Planner

PO Box 256

Nixon, NV 89424

In Memoriam

In Loving Memory



Tamasina Maymie Wilson

10/25/1962 - 02/20/2021

Private Viewing & Service | Sunday, March 07, 2021 | 12pm - 1pm
Walton's Funeral Home | 1745 Sullivan Lane, Sparks, NV

Public Viewing | Sunday, March 07, 2021 | 1pm - 4pm
Walton's Funeral Home | 1745 Sullivan Lane, Sparks, NV

COVID - 19 Restrictions Apply
Mandatory Masks | Follow all social distancing guidelines

FUNERAL SERVICES FOR EILEEN FRANCES DALE



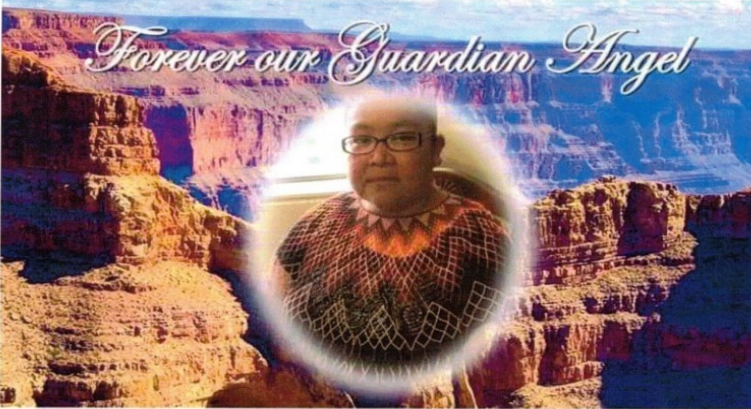
BORN AUGUST 5, 1969
PASSED MARCH 1, 2021

TUESDAY MARCH 9, 2021
ROSS, BURKE, AND KNOBEL
2155 KIETZKE LANE RENO, NV 89502

1-3PM VISITATION 3PM SERVICES

**PLEASE FOLLOW ALL COVID-19 RESTRICTIONS
AND SPACING REQUIREMENTS**

Forever our Guardian Angel



DeWanda Lynn Jackson-Tapija

Sunrise: March 4, 1976

Sunset: March 17, 2021

Saturday, March 27, 2021

Church Service from 11:00 a.m. - 1:00 p.m.

Family Viewing from 1:00 p.m. - 5:00 p.m.

Traditional Wake from 7:00 p.m. - 6:00 a.m.

DeWanda Tapija Residence

1418 Milkweed Springs

Peach Springs, Arizona

Sunday, March 28, 2021

Peach Springs Cemetery

PYRAMID LAKE TRIBAL HEALTH CLINIC

MARCH NEWSLETTER 2021

MAR 2021 NL#6 JM



#'S TO REMEMBER



PL Health Clinic: 775-574-1018

PL Covid-19 Testing Line: 775-574-2602

Sumunumu Resource Center: 775-980-6507



Get your FLU SHOT if you have not already!



Time to Spring ahead again!

Sunday, March 14, 2021

Turn your clocks ahead 1 hour



PLTHC is preparing for its AAAHC accreditation 3 year review!

We are the ONLY Accredited Nevada Tribal Health Clinic!

AAAHC accreditation means that the organization participates in on-going self evaluation, peer review and education to continuously improve its care and services.

Health care workers, working hard for all of us!

Good Luck PLTHC TEAM!



**March is National Kidney Disease
Awareness Month**



Please remember to call and schedule your



Medical appointments!



AADE 7 Self-care Behavior Changing Strategies Tips

Summer is not here yet, but now is a good time to start drinking more fluid, especially if you don't drink a lot of fluid during the day already. Try to drink more water as a fluid option, as other drinks could have carbs and can raise your blood sugars.

Guidelines for how much fluid to drink

= So how much fluid does the average, healthy adult living in a temperate climate need? The U.S. National Academies of Sciences, Engineering, and Medicine determined that an adequate daily fluid intake is:

- About 15.5 cups (3.7 liters) of fluids a day for men**
- About 11.5 cups (2.7 liters) of fluids a day for women**

These recommendations cover fluids from water, other beverages and food. About 20% of daily fluid intake usually comes from food and the rest from drinks.

Drink more! - TRY TO MAKE IT WATER!



PYRAMID LAKE TRIBAL HEALTH CLINIC

After getting the 2nd COVID-19 Vaccine



What do I do after I get the 2nd dose of COVID-19 Vaccine?

1. Continue to wear your mask!
2. Wash your hands!



3. Continue to social distance, stay at least 6 feet from people.

Social distance, please



Please take precautions whenever you are: In public, gathering with unvaccinated people from more than 1 other house hold, visiting with an unvaccinated person who is at increased risk of severe illness or death from COVID-19 or who lives with a person at increased risk.

- You should still avoid medium or large sized gatherings.
- You should still delay domestic and international travel. If you do travel, you'll still need to follow CDC requirements and recommendations.
- You should still watch out for symptoms of COVID-19, especially if you've been around someone who is sick. If you have symptoms of COVID-19, you should get tested and stay home and away from others.
- You will still need to follow guidelines at your workplace.

www.cdc.gov/coronavirus

PYRAMID LAKE TRIBAL HEALTH CLINIC

After getting the 2nd COVID-19 Vaccine



It is very likely to experience more symptoms following this 2nd dose of vaccine, than you did from the 1st vaccine dose, and that is expected.



So, what has changed if you have been FULLY vaccinated:

1. You can gather indoors with FULLY vaccinated people without wearing a face mask.
 2. You can gather indoors with unvaccinated people from 1 other household (example= visiting with relatives who all live together without masks, unless any of those people or anyone they live with has an increased risk for severe illness from COVID-19).
 3. If you've been around someone who has COVID-19, you do not need to stay away from others or get tested unless you have symptoms.
- However, if you live in a group setting (group home) and are around someone who has COVID-19, you should still stay away from others for 14 days and get tested, even if you don't have symptoms.

We know that COVID-19 vaccines are effective at preventing COVID-19 disease, especially severe illness and death. WE are still learning how effective the vaccines are against variants of the virus that causes COVID-19. Early data show the vaccines may work against some variants but could be less effective against others.

We know that other prevention steps help stop the spread of COVID-19, and these steps are still important.

Please continue to protect yourself and others from COVID-19!



Pyramid Lake Tribal Health Clinic
2021



Diabetes Education News

Risk Reduction Edition

Kidney Disease and Diabetes

Kidney disease means = the kidneys can't filter blood and make urine like they should. Early kidney disease may have no signs or symptoms. You may not feel any different until the disease has advanced but at the same time, damage is still being done to the kidneys.

Blood tests to check kidney filtration rate and urine tests to check for protein in your urine are the only ways to find out if you have kidney disease at an early stage.

It is important to be tested for kidney disease if you have diabetes so it can be detected early and treated to slow

progression of the damage. High levels of blood sugar make the kidneys work harder to do the "normal" job of filtering, which over time can damage the kidneys so that they start to leak small amounts of protein (albumin) into the urine.

Detecting albumin in the urine = kidneys are damaged = but with identification = treatment can be started!

Not everyone with diabetes will develop kidney disease.

Factors that can influence kidney disease development:

1. Genetics.
2. High blood sugar.

3. High blood pressure.
- So, what should you do if you have diabetes?

Many of the risk factors for kidney disease are treatable.

Please try these self-care behavior changing strategies to better help your diabetes and the prevention/management of kidney disease.

1. Control your blood pressure.
2. Manage your weight.
3. Work closely with your health care team to monitor kidneys.
4. Take medication when prescribed.



Special Edition #5

March 1, 2021

American Association of Diabetes Educators (AADE)

diabeteseducator.org

AADE 7 Self-care Behaviors

- ☺ Healthy Eating
- ☺ Healthy Coping
- ☺ Monitoring
- ☺ Medication
- ☺ Problem Solving
- ☺ Being Active
- ☺ Risk Reductions

Pyramid Lake Tribal Health Clinic: Diabetes Program
2021

Please call Medical Scheduling to make a
Diabetes Education Appointment

Mondays– Wednesdays Available 775-574-1018





Diabetes Education News

Continued = Risk Reductions

Guidelines to practice for healthy living!



Blood Pressure = 120/80 mm Hg
goal



Weight loss = 1-2 pounds per
week safely = still eating and
drinking while controlling blood
sugar = try for blood sugar no
greater than 180 mg/dL after
meals.



Work with your Health Care Team
= schedule appointments and show
up to them on time.



Take your Medications when
prescribed = use your labels.

How Mu:

I would like to take this time to introduce myself. My name is Debra Barlese. My Paiute name is Pehabe a name given to me by my Grandpa Louie Barlese. I am the Environmental Assistant for the Natural Resources Department. I think that it is amazing that I used to work in health care for the health of our people; I now work assisting in the health and care of our tribal lands. I am excited to be working for the Natural Resources Department as I get to see all the amazing and wonderful projects that each program under the Natural Resource Department has going on. I will also be working under PUD and taking your payments for water and garbage and assisting other staff as needed.

“Indigenous”. I truly love this word. To me it means, as NuMu people loving, caring and respecting our land and water, our mother earth. To quote Autumn Harry, “We must honor the original caretakers of this land” and we do this by taking care of our mother by keeping the land clean and our precious water clear. Our lands includes the Truckee River, and of course our great Kooyoee pa nu na du Pyramid Lake.

Now, in this day and age it also means “Recycling”. One of my new job duties will include operating a sustainable recycling program for the Tribe. The goal is to make the program more efficient and self-sustaining. The recycling program will once again be starting up in mid-March. So, you, my people, can start putting all of your recycling products in the various recycle bins located around the three communities. Right now the recycling bins are located:

~ Pyramid Lake Marina Sutcliffe, NV

~ I-80 Smokeshop Wadsworth, NV

~ Natural Resources Building Nixon, NV

~ smaller bins are located in the Administrative building and the Fisheries Building.

Down the road I will be doing electronic recycling for the communities. I will be asking for your old computers, old keyboards, broken electronic TV's, etc. Anything electronic. I know that each department has old computers and keyboards stored in different corners of the offices just waiting to be recycled. Please be on the lookout for flyers. So start looking in your garages etc. for your old electronics.

In coordination, Donna Noel, Natural Resources Director and I will also be working with the Lake Maintenance staff performing “**Leave no Trace**” activities for the Pyramid Lake beaches. As in years past, there will be a planned clean up event for the Tribe. Our department will be putting out receptacles on the beaches, and doing public outreach.

Please remember we are all caretakers and stewards of this land and we do this by teaching our children, and showing respect and love for our mother earth by doing our part in keeping her clean. Please do your part and start recycling. If you should have any questions, you may contact me at the Natural Resources building or by calling me at 574-1050 extension 16. Thank you. With much respect.

Debra J. Barlese,

Administrative Assistant

Natural Resources Department

It's



Time!!

Natchez Elementary School School Year 2021-2022

REGISTER NOW!!

ALL CURRENT Students:

PK – 5th Grade **MUST** complete
ONLINE REGISTRATION @
<https://washoenv.infinitecampus.org/campus/portal/parents/washoe.jsp>

Need Assistance?

**NO Computer? NO Internet
Access? Forgot
Username/Password for Infinite
Campus**

**For more information or to
make an appointment call
351-1902 or email Buddiette
at**

bsalway@washoeschools.net

New Kindergarten Students NEED:

- Online Registration @ <https://www.washoeschools.net/Page/10776>
- ORIGINAL Birth Certificate
- Immunization Records
- Proof of Residency

Evening Hour Assistance:

- February 18th 3pm-6pm
- March 2nd 3 pm – 6 pm

REGISTRATION TO BE COMPLETED BY

March 31, 2021



IS NORTH STAR A GOOD FIT FOR YOU?

When deciding on whether to enroll in an online school or a traditional school, students and families should consider which format is the best fit for them. In order to thrive in an online learning environment, students should have certain traits and habits. The following are examples of the qualities that successful online students possess.



1.) Ability to work independently and actively participate. In order to be successful in an online program, students must be able to keep up with all their work without the benefit of constant reminders from their teachers. People who need regular reminders and immediate feedback in order to get things done may not do well in an online school environment. Additionally, students will need to take an active part in their learning by taking great notes, completing all portions of the assignments, and taking part in their weekly core class Live Lessons. The more online students participate in class, the more they absorb the material to get the most out of the experience.

2.) Self-motivated and strong time-management skills. Students who are successful in online programs are willing to advocate for themselves, are motivated and proactive. Students also need to be able to prioritize and track their own progress in their classes by utilizing the built-in planner (students can view by day, week, or month).

3.) Ability to self-reflect. In order to be successful, it's important for students to think about the feedback they receive and incorporate it into their work. Feedback is given by teachers within the Connexus system and given on short answer assessments, portfolios, and other assignments. • Reviewing work and reflecting on learning progress helps students to take ownership of their own learning.

4.) Being a thorough and comprehensive reader. Students will be learning a great deal of the Connexus content by “reading to learn”. Being able to comprehend the material is very important to the success of the student.

- Reading readiness can be determined by reviewing the students' most recent standardized assessment scores.

5.) Commitment. Some students mistakenly think they won't have to dedicate as much time to their studies as they would when attending a brick-and-mortar school. However, the reality is that students in online schools often invest more time into

their studies than their on-campus counterparts.

6.) Setting a daily schedule and knowing when to take breaks. Most students work best with a schedule, but it needn't be the same one every day. Online students can spend long hours in front of their computer working on their schoolwork daily. In order to stay refreshed, it's important for them to create a daily schedule that allows them to take regular breaks away from the screen.

- Having a set schedule is one of the ways that students can keep a sense of normalcy during this unprecedented time. Additionally, breaking up the day makes the workload feel more doable.

7.) Taking advantage of available supports. We strongly encourage all students to utilize the following supports at North Star Online School: Content area whole group weekly live lessons, drop-in office hours via Zoom, Teams, or Live Lesson, one-to-one live lessons with content teachers for additional support (by appointment), use of embedded graphic organizers and notetakers, completion of all tasks within the curriculum (not all tasks will be graded), check-ins with school success coach and/ or grade level advisor, and counseling support.

8.) Willingness to ask questions. In an online environment, a teacher can't tell when a student is struggling in the same way they can in a brick-and-mortar classroom. Students need to be willing to ask questions as they arise and feel confident in doing so.

- Can the student ask for help, contact the teacher, and describe the specific difficulty they are experiencing in order to receive the needed help and assistance?

9.) Family Support. In traditional schools, teachers take students through their daily routines, support the learning, and monitor work completion. In an online school, this responsibility falls to the parent/guardian as “Learning Coach”. It is the job of the Learning Coach to monitor and support students on a daily basis.

- Estimated time commitment for Learning Coach: - Grades K-6, three to six hours daily - Grades 7-8, two to four hours daily - Grades 9-12, four to six hours weekly



North Star Online School Frequently Asked Questions

Below are some of the questions we are asked most often about receiving an online education at North Star. Due to an expected high volume of inquiries, we ask that you first check our website for answers to your questions. If you do not find what you are looking for, please call the office at 775-353-6900. The website address is: <https://www.washoeschools.net/northstar>.

Online Learning:

What does it take to be a successful online student? Typically, successful students are self-motivated, organized, and have reading skills at grade level. The ability to self-advocate for learning is also an important trait.

Is North Star really tuition-free? North Star is a public school in the Washoe County School District and full-time students attend school tuition free. The curriculum is free, along with online textbooks and required materials that are sent from the curriculum vendor. North Star is unable to provide hard copy textbooks. If you need support with technology or internet, please call North Star for assistance @ 775-353-6900

What is the difference between North Star Online School and our zoned schools distance learning? At the zone school, distance learning included daily interactions and direct instruction from the teacher. At North Star Online School students may work independently daily (with parent / guardian support) and take part in a live lesson at least once per week in their core classes.

When and how do students access their classes? The schedule flexibility is one of the main benefits of getting an online education. Students can log into their classes when it works best for them, whether that be early in the day, late at night, after practice, before, or whenever it fits in their schedule. Students access their classes by using their individual login on the site that houses our curriculum. They can access their classes from anywhere as long as they have a computer and highspeed internet.

How many hours a day does a typical online student spend on their schoolwork? The amount of time a student spends working on their schoolwork each day is ultimately determined by the learning style and speed of the student, but as a general guideline an online student should expect to spend 4-6 hours per day on their schooling. Family members supporting the student are expected to spend between 2 and 6 hours daily working alongside the students on their daily instructions.

How do I get help from my teacher when I need it? Students can reach their teacher by webmail, phone, or email to schedule a support session, or ask questions .

What if my child has an IEP, 504 plan, receives EL services or is qualified for GT? Accommodations and specialized support will be provided for students who qualify for under Section 504, IDEA, receives EL, or GT supports.

Enrollment:

How do I submit my enrollment Packet? Please submit your enrollment packet by May 28, 2021 via fax at 775-689-2537, US mail, or drop off at North Star Online School. If the North Star office is closed, please use the mail slot in our door. The night drop box located to the right of our door belongs to another department and we may not receive your forms.

Why can't I email my enrollment packet? Due to FERPA data concerns, we cannot process emailed applications. Enrollment packets must be turned in by the **May 28th** deadline using one of the listed methods.

How will I know my enrollment has been received? You will receive an email from North Star once your enrollment has been processed. Please allow four weeks from date you turned in your enrollment packet before contacting the school for verification.

Does my student need a variance? If you live in Washoe County you do not need a variance to attend North Star Online School. Due to changes by Nevada Department of Education for distance learning, North Star does not take out of district variances.

Do I notify my current school that I am leaving for 21-22 school year? Yes, you will need to notify your current school that you will be attending North Star Online School for the 21- 22 school year and withdraw from your current school.

Why can't we withdraw from North Star and change schools before the semester is up? One of the main reasons for this requirement is that our curriculum is not aligned with zoned schools. Changing in the middle of a semester is usually not productive for a student .

Why do I have to complete WCSD online registration? North Star is a WCSD school and we do all our record keeping and registration in Infinite Campus. Online Registration is a requirement of WCSD and ensures that we have the most current information for your student.

What if I don't have my Infinite Campus log-in to do Online Registration? Please contact your student s' current school to reset your password or to help you set up an account. There are also full instructions at [https:// www.washoeschools.net / Page/ 10776](https://www.washoeschools.net/Page/10776) . It is very important you do not set up a second account .

What to expect after turning in my enrollment packet? Once you turn in your enrollment packet, your student will be processed and enrolled at North Star. The process to enroll a student takes many steps and includes ordering a household account from our vendor. Please refer to the "What to expect next" page, included in this enrollment packet, for a full explanation of what comes next.

What if I turned in an enrollment packet and then changed my mind? It is vital you notify the registrar, in writing, immediately and no later than July 15, 2021 at sstrange@washoeschools.net that you want to drop your enrollment at North Star and specify what school you plan to attend. You must enroll at the specified school immediately. *(Please note that once the school year has started you are expected to stay at North Star for the semester.)* Enrollment packets sent to this email will not be processed.

[Concurrent Enrollment, Social Interaction and Sports:](#)

How do North Star students get social interaction and participate in sports and activities at zone schools? North Star students are eligible to participate in sports at their zoned school, however, students will need their own transportation as this is not provided by North Star. North Star has a variety of school sponsored clubs to participate in, advised by North Star teachers. Students have other opportunities to interact with peers during Live Lessons where the students and teachers learn together in an online classroom. Students may visit campus, work in our labs, join in for fieldtrips, and other class opportunities. Covid-19 regulations permitting.

Am I able to take classes at my zone school? Yes, concurrent enrollment is a decision of the zone school and must be coordinated with North Star Counselors.

[Miscellaneous Questions:](#)

Do colleges and universities accept credits from an online school? All colleges and universities will accept online credits from accredited institutions. North Star Online School is fully accredited with rigorous courses supported by licensed WCSD teachers.

When are students required to go to campus? All state and district standardized testing will take place on the North Star campus so they can be proctored by a licensed individual. Additionally, struggling students may be required to come on to campus for additional support sessions.

What school calendar does North Star follow? North Star follows the Washoe County School District balanced calendar.

What if I move out of Washoe County School District before the semester ends? You will need to enroll in your new district and notify North Star immediately

Can I start my classes over summer when I get my log in? Classes will start August 9, 2021, the official first day of school. Classes will not be open before then.

***Follow Pyramid Lake Fisheries on Facebook!
An Alert from Pyramid Lake Fisheries Director, Dan Mosley:***



Be on the alert for Moss Balls in Betta Buddy products sold for aquarium use. They were found to carry Zebra Mussels, which we do not want in our river, lake or any other water body. The Nevada State Dept of Wildlife reported they are actively going to Petco, Aquarium & pet stores to remove these moss balls off the shelves because they are infected with Zebra Mussels. The brand “Betta Buddy Marimo Ball” is being distributed throughout the US. Other state agencies are trying to remove these off the shelves too!

Moss Balls are used in aquariums to remove nitrates, etc., and are commonly sold at pet stores. People commonly will dump their aquarium or fish bowls, bait fish into waterbodies, not realizing they could be introducing invasive species, which could become very costly to eradicate.



A Betta Buddy Marimo Ball, which were being sold at Petco, and are currently being pulled from shelves.



A zebra mussel within a Marimo Ball. “...Zebra mussels negatively impact ecosystems. They filter out algae that native species need for food and they attach to—and incapacitate—native mussels. Power plants must also spend millions of dollars removing zebra mussels from clogged water intakes.”

Wildlife officials urged consumers and pet stores to safely dispose of the items so the mussels are not released into storm drains or flushed into waterways.

- Newsweek , “Invasive Zebra Mussels Found in Pet Store Moss Balls Could Cause 'Serious Damage'”

BY JASON MURDOCK

Press Release



For Immediate Release: March 29, 2021
Contact: Natural Resources Department –
Aquatic Invasive Species Program
Phone: (775) 574-0101 ext. 22

OPENING APRIL 2021 – THE PYRAMID LAKE WATERCRAFT INSPECTION AND DECONTAMINATION STATION

The Pyramid Lake Paiute Tribe is Opening the Inspection Station to Protect Tribal Waters from Aquatic Invasive Species

Sutcliffe, NV – The Pyramid Lake Paiute Tribe will be opening the Watercraft Inspection and Decontamination (WID) Station in Sutcliffe, NV, located at the junction of Sutcliffe Drive and State Route 445 in April 2021. The WID Station has been established to prevent the spread of aquatic invasive species to Pyramid Lake. It is **mandatory** for all watercraft to stop when the Inspection Station is open. Look for the Open and Closed signs along Pyramid Highway near the Creel Station, and north of Nixon along State Route 446.

Aquatic invasive species (AIS) are non-native species that threaten the ecology, recreation, and economy of infested waters. AIS can survive and be transported in a single droplet of water, in or on plants and mud, and can survive out of water for up to 30 days in winter and 7 days during the summer. Whenever moving from one body of water to another, ensure that your watercraft and all equipment are Cleaned, Drained, and Dried (CDD). If a Pyramid Lake Certified Inspector finds any water, mud, plants, or other conditions that may harbor aquatic invasive species, the boat will require a professional decontamination or must follow proper Clean, Drain, and Dry Procedures prior to launching at Pyramid Lake.

The average time for an inspection is 15 – 20 minutes depending on watercraft complexity; however, if conditions are found that could harbor aquatic invasive species, the time required to inspect and decontaminate the watercraft and equipment will be substantially longer. To expedite the inspection process, please arrive Clean, Drained, and Dry so you can get out on the water without delay!

For more details on aquatic invasive species and CDD Procedures, please visit the Pyramid Lake Fisheries website at www.pyramidlakefisheries.org/departments/aquaticinvasives.html where you can also find additional resource links.

-###-

About the Pyramid Lake Paiute Tribe: Pyramid Lake Paiute Tribe's members are direct descendants of the Northern Paiute people who have occupied the vast area of the Great Basin for thousands of years. The Tribe maintains a 477,000 acres reservation 35 miles northeast of Reno NV. The reservation fully contains Pyramid Lake, a 175 sq. mile desert terminal lake primarily receiving water from the Truckee River.

Pyramid Lake Tribal Food Distribution 2021

Food Bank:

3rd Tuesday/Month

~~January 19th~~

~~February 16th~~

~~March 15th~~

April 20th

May 18th

June 15th

July 20th

August 17th

September 21st

October 19th

November 16th

December 21st

Time:

12pm – 2pm

Food Bank Location:

Nixon Gym Parking Lot
301 Hwy State Route 447

Mobile Harvest:

4th Tuesday/Month

~~January 26th~~

~~February 23rd~~

~~March 23rd~~

April 27th

May 25th

June 22nd

July 27th

August 24th

September 28th

October 26th

November 23rd

December 28th

Wadsworth Site

Time: 8:30am – 9am

Nixon Site

Time: 10am – 10:30am

For more Information, Contact:
PL Social Services (775) 574-1047 or Email: Caseworker@plpt.nsn.us



HAPPY EASTER!

Pyramid Lake Paiute Tribe

P.O Box 256, Nixon, NV 89424, Phone (775) 574-1000 FAX (775) 574-1008

ANNOUNCEMENT

The Pyramid Lake Paiute Tribe is currently recruiting
for two (2) vacancies on the

PYRAMID LAKE HOUSING BOARD OF COMMISSIONERS (4-year term)

If you are interested in serving on the PL Housing
Board of Commissioners, please complete a
Committee/Board Participation Application Form and
return to:

**PYRAMID LAKE PAIUTE TRIBE
ATTN: Tribal Secretary
P.O. Box 256
Nixon, NV 89424**

**Must be an enrolled member of the
Pyramid Lake Paiute Tribe**

Applications available at the Tribal Admin Office

CLOSING DATE: Monday, April 5, 2021 @ 4:30 PM

**PYRAMID LAKE PAIUTE TRIBE
COMMITTEE/BOARD PARTICIPATION
APPLICATION FORM**

NAME:
MAILING ADDRESS:
CITY/STATE/ZIP:
TELEPHONE:

COMMITTEE SELECTION:

INTERESTS/CONTRIBUTIONS:

EXPERIENCE/QUALIFICATIONS:

SIGNATURE:	DATE:
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On Saturday, February 27th, 2021, the Pyramid Lake Tribal Health Clinic put on a first come, first serve COVID—19 vaccination event.

According to an article in the Nevada Independent, “Nevada Tribes Roll Through Vaccine Process, Hopeful for the Future,” written by Jazmin Orozco Rodriquez, *‘The Pyramid Lake Paiute Tribe is one of many tribes around the state and country moving quickly through the vaccine rollout process, opening appointments and eligibility to the general tribal population 18 and over. There are more than 2,000 enrolled members of the tribe in Northern Nevada.’*

For tribal members, reaching the final stages of the vaccine rollout provides a greater sense of safety and hope among the disproportionately hit population.

...As of Thursday (March 11, 2021) , the Pyramid Lake Paiute Tribe had administered 733 doses of the Moderna vaccine.’

- Check out more of Jazmin’s works through ‘[The Nevada Independent](https://www.nevadaindependent.com)’ at the [nevadaindependent.com](https://www.nevadaindependent.com), [@TheNVIndy](https://twitter.com/TheNVIndy), or follow her on Twitter [@jazminlorozco](https://twitter.com/jazminlorozco)

For COVID-19 Information from the Pyramid Lake Paiute Tribal Health Clinic, check out “Pyramid Lake Paiute Tribe” on Facebook for weekly updates.



Photos taken from Chairwoman Davis—follow her on Facebook at [Janet Davis, PLPT Chairwoman](https://www.facebook.com/JanetDavisPLPT).



IN REMEMBRANCE

PYRAMID LAKE PAIUTE TRIBE & FAMILY

COVID-19 PANDEMIC

It's been a year since the 2020 COVID-19 Pandemic started. During this time, we had so many changes to our lives and so many unknowns to cope with. One of these changes was to hold funerals to honor and pay tribute to our loved ones who passed away during this time.

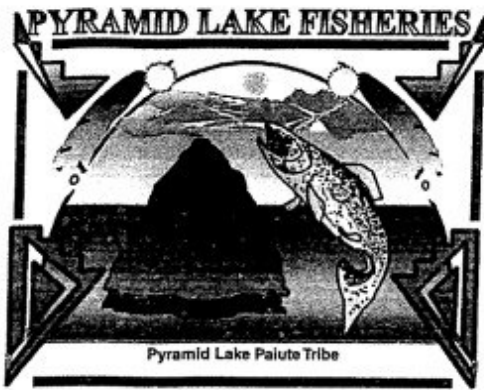
The Pyramid Lake Tribal Health Clinic will be hosting a "Remembrance Wall" to all who passed away in our Communities. There will be a banner on the south side of the solar panels and we invite you to send us a picture or post a picture of your loved one.

You can send a picture via email or mail, please include their name, birthdate, death date, if you like include a poem. Pictures will not be returned. We will laminate and post on the fence "Remembrance Wall". Deadline to submit is March 29th—3:00p.m. After April 1st, you are welcome to post on the fence yourself.

Date: April 1 through April 30, 2021
Place: Pyramid Lake Tribal Health Clinic
Email: lgleyva@plpt.nsn.us
Mail: PLTHC, PO Box 227, Nixon, NV 89424 Attn: Lela

Any questions, please feel free to call Lela at PLTHC 775-574-1018 x 1209 or email to lgleyva@plpt.nsn.us

Posted: March 17, 2021



PYRAMID LAKE FISHERIES

603 SUTCLIFFE DR - Reno, NV 89510
(775) 476-0500 FAX (775) 476-0558

JOB ANNOUNCEMENT

Posting Date: March 12, 2021

**Check out pyramidlakehumanresources.org
for application and full description of position!**

POSITION:

Fisheries Biologist II

LOCATION:

Pyramid Lake Fisheries
603 Sutcliffe Drive
Sutcliffe, NV 89510

SUPERVISOR:

PLF Executive Director

SALARY:

\$22.39-\$23.55 per hour; Steps 1 - 3

DEFINITION:

Coordinates the scientific management and study of endemic fish populations and the aquatic environment of Pyramid Lake, the Lower Truckee River, and fish hatcheries. Manages a field crew to conduct fish health, creel surveys, lake/hatchery water quality monitoring, and a water quality/fish health laboratory.

DUTIES AND RESPONSIBILITIES:

The incumbent is responsible to the Pyramid Lake Fisheries Director for all scientific and ecological functions that contribute to the operation of the Pyramid Lake Fisheries, and supervision of staff to meet the mission and goals of the program.

Duties include:

Perform professional biological monitoring and research in connection with the management, enhancement, and protection of fish populations and their habitats within the Lower Truckee River and Pyramid Lake ecosystems.

Design and implement effective fishery management and monitoring strategies. Conduct fish surveys on Pyramid Lake and the Lower Truckee River to produce information required to effectively manage the fishery.



Annual Stewart Father’s Day Pow Wow Canceled Due to COVID-19
June event too soon to bring thousands together for cultural event

Carson City, Nev. – Despite successful COVID-19 vaccination rollouts, notable reduction in active cases and the allowable capacity for large gatherings increased, the Nevada Indian Commission will cancel the 2021 Stewart Father’s Day Pow Wow.

“Even though our medical experts and the scientists indicate that the current health crisis seems to be lessening, out of an abundance of caution, specifically for the safety of our elders, we again will cancel our annual pow wow,” said Stacey Montooth, executive director of the Nevada Indian Commission. “We arrived at this consensus decision with input from our elders, commissioners, committee members and our staff.”

members and our staff.”

Since Father’s Day 2003, thousands of people have attended the pow wow at the former Stewart Indian School, which erupts with righteous energy provided by hundreds of colorfully dressed dancers, an unwavering pulse of drum groups, the healing of spiritual singers, along with arts, crafts, and food vendors. The three-day event brings over 3,000 spectators to the campus.

However, American Indians have experienced disproportionate rates of infection and mortality during the COVID-19 pandemic. According to the APM Research Lab funded by Dorsey & Whitney Foundation, nationwide one in every 475 Native Americans has died from COVID since March 2020.

To date, Nevada has administered nearly 3 million tests since last March, and currently most of the Tribal health clinics are offering vaccinations for all community members regardless of age or underlying health conditions, as exposure to the virus is especially severe for Native Americans.

“During these still anxious months, we cannot risk the well-being of our dancers, singers, any participant or spectator,” Montooth said. “However, with strong resolve, the Nevada Indian Commission looks forward to orchestrating the biggest, best pow wow at our campus in 2022.”

In addition, as the health crisis subsides, Montooth wants to remind the public that visitors are welcome at the Stewart Indian School Cultural Center & Museum in Carson City. With state-recommended health and safety guides in place, the museum will continue to provide first-hand accounts of the Native American alumni and students, and how the federal policy of forced assimilation still reverberates in Native communities today. In addition to the permanent exhibition, “Our Home, Our Relations,” the Cultural Center & Museum features the Wa-Pai-Shone Gallery, displaying art of the Great Basin Native Artists; the Storytelling Room for storytelling and craft making; a research room where relatives can research their family members who attended Stewart; and classroom space for educational activities, lectures, and public programs. Further, visitors still can experience the Stewart campus by cellphone audio tour. This walking tour allows guests to view the spectacular physical site and to learn from alumni about their experience at the boarding school. These authentic accounts are also available on-line at: stewartindianschool.com/walking-trail/.

For more information about the Stewart Father’s Day Pow Wow, the Nevada Indian Commission or the Stewart Indian Cultural Center & Museum, please contact Stacey Montooth, Executive Director, at 775-687-8333 or e-mail at smontooth@nic.nv.gov.



March 19, 2021 -

- URGENT AND IMPORTANT MESSAGE FOR ALL MEMBERS OF THE PYRAMID LAKE PAIUTE TRIBE -

The Tribal Council has recently been made aware some of our children may be swimming in the ponds at the CEMEX Mining Area. Nobody, including Tribal Members or their families, are allowed access to the CEMEX mining area without prior permission of the Tribe and CEMEX.

PLEASE TELL YOUR CHILDREN THE CEMEX PONDS ARE DANGEROUS AND THEY SHOULD NOT PLAY IN OR AROUND THEM.

The ponds at the CEMEX site are part of an active mining lease on the Reservation and are very hazardous. It is not safe for anyone to access the mining area, and specifically to enter the ponds or the areas around the ponds. The walls and slopes around the ponds have no yet been returned to a safe condition by CEMEX, and your children or anyone else who accesses the site is taking an enormous risk of serious injury or death by trespassing into the area.

If you have any questions or concerns, please contact the Tribal Administration at 775-574-1000.



PYRAMID LAKE PAIUTE TRIBE

www.plpthumanresources.org

MARCH 23, 2021

CURRENT POSITIONS WITH OUR ORGANIZATION	
CL: 603 – TRIBAL EXECUTIVE OFFICER \$2,632.00 - -\$2,764.80 Bi-weekly; Full-time; Exempt; Grade:15	CL: 217 - MUSEUM ATTENDANT \$11.82 - \$12.42 /hr.; Full Time/32 hours; Non-Exempt; Grade 9
CL:528- CONTRACTS AND GRANTS ADMINISTRATOR \$1,696.80-\$1,782.40; Full-Time; Exempt	CL:351 – ACCOUNTS PAYABLE TECHNICIAN (PAYROLL) \$16.63 - \$17.47/hr.; Full Time Non – Exempt; Grade15
CL: 148 – CONSERVATION TECH. \$11.81 - \$12.41/hr.: Regular; Full Time Non-Exempt; Grade: 11	CL:502 - COLLECTIONS ASSISTANT \$17.45 – \$18.34/ hr.; Full Time/30 hours, Non- Exempt; Grade 17
CL: 539 – FINANCIAL MANAGER \$46,321.60-48,672.00 Per Annum; Full-time Exempt; Grade 22	CL: 353 - CHILD CARE MANAGER \$40,019.20 - \$42,036.80 Regular, Full-Time Exempt, Grade 19
CL: 402 - SUBSTANCE ABUSE COUNSELOR III \$27.07 – \$28.44 hr. Full-time Non-Exempt; Grade 26	CL: 535 - PUD DIRECTOR \$51,064.00 - \$53,643.20 per Annum; Regular Full-time, Exempt, Grade 24
CL: 505 – TERO MANAGER \$38,105.60 - \$40,040.00, Per Annum; Full-time Exempt; Grade 18	CL: 337 - ADMINISTRATIVE ASSISTANT \$13.68–\$14.37 /hr.; Part-Time, 25 Hours Non-Exempt; Grade 12
CL: 503 - COURT ADMINISTRATOR \$38,105.60- \$40,040.00 Per Annum; Full-time Exempt; Grade 18	CL: 369 - TRIBAL RANGER \$17.45 – \$18.34 /hr.; Full-Time Non-exempt, Grade 17
CL: 112 - CHILD CARE PROVIDER (ON – CALL) \$12.41 - \$13.04 /hr.; On-Call, Non-Exempt	CL: 443 - POLICE OFFICER \$20.20 - \$21.23 /hr.; Full-time Non-Exempt; Grade 20
CL: 116- VAN DRIVER/ KITCHEN AIDE \$10.72-11.26/hr.; Part Time; Non- Exempt	CL: 227 - COURT ASSISTANT \$11.26 - \$11.83 /hr. Full Time Non-Exempt, Grade 8
AEMT (ADVANCED EMT) \$14.36 - \$15.09 /hr.; On-Call, Non-Exempt	CL: 306 - PROBATION OFFICER \$17.45-18.34 /hr., Full-time Non- Exempt; Grade 17
CL: 362 - PARAMEDIC \$15.83 - \$16.64 /hr.; On-Call; Non-Exempt	CL: 115 - TRANSIT OPERATOR (ON-CALL) \$13.68- \$14.37 /hr.; Regular; Full-Time Non-Exempt, Grade 12

Preference in filling vacancies is given to qualified Indian candidates in accordance with the Indian Preference Act (Title 25, U.S. Code, Section 472 and 473). However, the Pyramid Lake Paiute Tribe is an Equal Opportunity Employer and all qualified applicants will be considered in accordance with the provisions of Section 703(f) of Title VII of the Civil Rights Act of 1964, amended in 1991.



PYRAMID LAKE PAIUTE TRIBE

www.plpthumanresources.org

MARCH 23, 2021

CURRENT POSITIONS WITH OUR ORGANIZATION

TO APPLY: Applications may be obtained from the Human Resources Office at the Tribal Administrative Building in Nixon, Nevada; by writing to the Pyramid Lake Paiute Tribe at PO Box 256, Nixon, NV 89424; or by calling the Human Resources Office at (775) 574-1000, Extension 1132.
www.plpthumanresources.org



Preference in filling vacancies is given to qualified Indian candidates in accordance with the Indian Preference Act (Title 25, U.S. Code, Section 472 and 473). However, the Pyramid Lake Paiute Tribe is an Equal Opportunity Employer and all qualified applicants will be considered in accordance with the provisions of Section 703(I) of Title VII of the Civil Rights Act of 1964, amended in 1991.