



NUMUWAETU NAWAHANA

"Telling the Indian People's News" Pyramid Lake Paiute Tribal Newspaper

Volume X, Issue 4

www.plpt.nsn.us

December 2011-4th Quarter

PYRAMID LAKE ECONOMIC DEVELOPMENT PLAN WINS EXCELLENCE IN PLANNING AWARD

The Tribe is pleased to announce that the *Pyramid Lake Economic Development Plan* has been awarded the Outstanding Plan Award by the Nevada Chapter of the American Planning Association at the 2011 DoBoer Awards for Excellence in Planning.



"The Pyramid Lake Paiute Tribe is pleased to accept this prestigious award as it represents the tireless work of many individuals who have worked over the years on this project," said Tribal Chairman Wayne Burke. "Over the past 21 years the Tribe had tried 7 times to adopt a plan for economic development but was unsuccessful because of a lack of a community embraced vision for economic development on the reservation. The *Pyramid Lake Economic*

Development Plan is a great example of embracing a community vision in order to create the foundation to improve the quality of life for the members of the Tribe today and in the future."

The *Pyramid Lake Economic Development Plan* was written by Tribal Planner Scott H. Carey and was adopted unanimously by the Tribal Council in March 2011. The

purpose of the plan is to create long term profit-making opportunities and optimum employment opportunities for the Tribe and its Members, and to establish a high quality recreation area at Pyramid Lake. Each element of the plan consists of generalized goals, policies and action steps that the Tribal Government can use to create jobs and growth on the reservation. The plan also outlines the

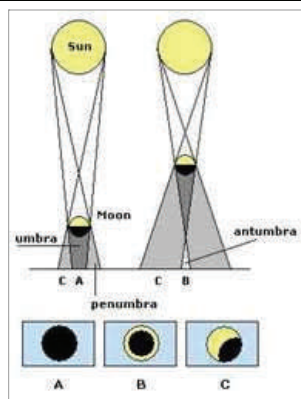
use of the Pyramid Lake Paiute Economic Development Fund created by Public Law 101-618 to achieve the goals of the plan.

"I would like to thank US Senator Harry Reid and his staff for their support and I am grateful to all of the other Federal agencies who have helped the Tribe adopt this plan," said Tribal Chairman Wayne Burke. "The Tribe looks forward to being able to utilize its economic development fund to create long term jobs and growth on the reservation."

The award for Outstanding Plan was presented to the Tribe at the 2011 Nevada Chapter State Conference held in Sparks, NV. The Nevada Chapter of the American Planning Association's DeBoer Awards are named after Saco Reink DeBoer, author of the Boulder City plan and one of the master city planners of the twentieth century. The awards honor excellence in planning projects and individual initiative. Winners represent the best efforts of the planning community to affect the Silver State in a positive way.

SYMBIOSIS EVENTS PRESENTS PYRAMID ECLIPSE MAY 17-21, 2012 AT PYRAMID LAKE

Symbiosis Events is proud to present Pyramid Eclipse, a music, art and conscious lifestyle event at Pyramid Lake on May 17-21, 2012. This five-day festival will host cutting edge musical acts, educational and wellness workshops, speakers, eye popping art and decor, and theatrical performances in an ecologically-minded and community-based atmosphere.



www.idialstars.com

annular eclipse, in which the edge of the sun remains visible as a fiery ring around the moon, this celestial spectacle will linger overhead for more than four minutes.

Amidst an eclectic program of cultural, planetary, and celestial proportions, this event focuses on creating an intentional space to celebrate

this spectacular astronomical occasion and its capacity to inspire global healing and awakening. For more information about the event, please go to www.pyramideclipse.com.

The culmination point of this event will be a total solar eclipse that is scheduled to align over Pyramid Lake at approximately 5:30pm on May 20th, 2012. Known as an

PYRAMID LAKE PAIUTE TRIBE UNOFFICIAL ELECTION RESULTS

Members of the Pyramid Lake Paiute Tribe turned out on Monday, December 26th to cast their votes for members of the Tribal Council.

Four Tribal Council Member seats were on the ballot during this election. **Genevieve John, Irwin Mix, Janet Davis and Sherry Ely-Mendes** were all elected to the Tribal Council.

In accordance with the Bylaws and Constitution of the Tribe, Tribal Council

Members serve two year terms. The results of the election are unofficial until the Tribal Council of the Pyramid Lake Paiute Tribe meets on January 6, 2012 to approve the election results.

For more information about the election and the Pyramid Lake Paiute Tribe please visit www.plpt.nsn.us or call 775-574-1000.



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GOVERNOR SANDOVAL VISITS PYRAMID LAKE

On November 7th Nevada, Governor Brian Sandoval conducted a brief visit of Pyramid Lake and met with the Tribe. It is believed that Governor Sandoval is the first sitting Nevada Governor in many years to visit Pyramid Lake and meet with the Tribe in an official capacity.

The visit provided a great opportunity for the Tribe to meet the Governor and his staff and to inform them about the Tribe and Pyramid Lake.



Governor Sandoval met with Tribal leaders and community members at the Pyramid Lake Fisheries Administration Building in Sutcliffe for several hours. During the visit the Governor; met the staff of the Tribe's Police and Ranger Departments, talked with elders from the community, toured Pyramid Lake Fishery buildings, posed for pictures and discussed Tribal-State issues.

At the meeting Governor Sandoval presented Tribal Chairman Wayne Burke with a Governor's Certificate of Recognition for the Tribe winning the Outstanding Plan Award for the Pyramid Lake Economic Development Plan. Governor Sandoval stated during the meeting that he would like to work closer with the all of Tribe's in Nevada and pledged his support to facilitate better communication between the State and the Tribe. The Tribe hopes that this meeting can be the beginning of more substantial discussions and future meetings with Governor Sandoval and his office.



TRANSPORTATION PLANNING NEWS

Wadsworth Bypass Road

Work continues on the Pyramid Lake Paiute Tribe's number one priority roads project, Wadsworth Bypass Road in the form of design plans. We have received the 60% plan review back from BIA Transportation and our consultant, Summit Engineering, is working with Nevada Department of Transportation on NDOT's 60% comments regarding the Wadsworth Bypass Road. This plan will soon be taken to the council for their review and approval. The alignment for the location of the road has not changed from the approved 30% plan. The new alignment will begin at a new intersection approximately 1,000 feet east of the I-80 Smokeshop. From this new intersection the new road will run north, proceeding



just west of the new pump house for the water well and up the hill, continuing slightly west of the transfer station and connecting to the existing State Route 447 at the big curve near the S bar S road. Our consultant is working with the Nevada Department of Transportation to design the road to NDOT standards. This will allow the new bypass road to be designated State Highway 447 when agreement is reached between NDOT, BIA and the Tribe. NDOT is working to obtain funding to construct this new section of road. If NDOT is successful in finding full funding for the construction costs, then the Tribe would not have to use Tribal roads construction funds for this project. NDOT has stated that they will only maintain the

new bypass alignment or the existing State Route 447 which currently runs through Wadsworth but not both sections.



Transfer of rights of way documents will have to be signed between NDOT, Pyramid Lake Paiute Tribe (PLPT) and Bureau of Indian Affairs (BIA). The planning documents are scheduled to be completed before the end

of year 2012 and construction of the road will be scheduled when full funding is obtained. For more information you may contact Johnnie M. Garcia, PLPT Transportation Planner, at the Tribal Administration Building phone 775.574.1000 extension 106 or email jgarcia@plpt.nsn.us.

Related story Page 2

FROM THE DESK OF THE TRIBAL SECRETARY

Christmas Eve: The Tribe sponsored its annual Christmas Eve program at the Nixon Gym on Saturday, December 24th which was well-attended. As with all tribal events, this event could not have taken place without the help of many individuals: James “JP” Plympton for emceeing our event; Mervin Wright, Jr., for filling in for Chairman Burke and welcoming everyone on behalf of the Tribe; to



Santa Alan Mandell who brought much joy to many excited children and for patiently posing for pictures with the children; Jackie Cawelti for organizing the children’s singing group; and to Ralph Burns for providing the prayer.

To Tribal Maintenance: Wendell Henry and crew for getting all of the Christmas decorations out of storage and helping set up the gym.

To the PLHS Leadership Class & Mr. Blinn, Ms. Romo for helping us to get started on the gym decorating.

To the many Elves that helped wrap gifts, prepare candy bags and decorate the gym for both the Christmas Eve Program and Numaga Seniors Christmas Party: Tribal Staff – Arena Tapija, Joanne Shaw, Fannie Ely, Beverly Harry, Olin Anderson, Randa Mitchell, Jolene Henry, Pam Wright, Scott Carey; Numaga Center Elders & Staff – Rosalie Dunn, Loretta Bonta, Amelia Scott, Judy Tomas, Johnny Dunn, Steven Wadsworth.

To the Angie and the Desert Wishes non-profit group in Fernley for donating toys for our event; also to Michael Nobori for all of the great Simpsons toys; and to Irwin Mix for the hand-held game consoles which I’m sure are being greatly enjoyed by the children.

To Don Pelt & the Nixon Volunteer Fire Department for coordinating with the Desert Wishes group to secure toy donations and helping distribute the candy bags and gifts. With their help we were able to distribute toys to the Child Care, Social Services and Victim Services programs to distribute to their participants as well.

To the Pyramid Lake Veterans & Warriors Organization & Sacred Visions Pow-wow Committee for sponsoring the dinner and serving everyone.

To my family: Cheryl Hicks, Deborah Smith, Felina Henry, William Barlese, Evan Smith and Matthew Smith for their time with all of the shopping and setting up at the gym and also cleaning up after the event. Your help is invaluable and I appreciate your patience and understanding during this time of the year.

Despite the long hours and hard work, I have received several positive comments and hope this event will continue for many years to come; it is such a joy and reward to see the children’s excitement for Christmas.

Election Dinner: The second tribal event delegated to the Tribal Secretary is the Election Dinner. I would like to express my appreciation to all of the individuals who helped cook for this event: Vernelda Frazier, Jolene Henry, Randa Mitchell, Beverly Harry, Cloria Barnes, Sandra A. Garcia, Sherry Ely-Mendes, Genevieve John, Leona Collins, Gina Wadsworth, Rita Davis-Blackowl, Judie Davis, Sheri Hunter, Kenneth Miller, Jill Mix and Deborah Smith.

A Special Thank-You to the following individuals: To Harriet Brady for the pies, bread and hams; to both Harriet Brady and Leona Collins for all their time and help in the kitchen to prep food and to clean up afterwards; to Lorin “Iggy” Dunn for helping set up the gym for both the Christmas and Election events; and to Lori Black for helping me load and unload the car at various times, and for keeping things running at the office while I was out getting everything ready.

It is difficult for one person to do both events while trying to maintain the office workload; I truly appreciate everyone’s help and hope I didn’t forget anyone. If I did, please know that it was unintentional.

Thank you.



TRANSPORTATION PLANNING NEWS (con’t from page 2)

Pelican Point Road

We have received the 30% plan review back from BIA Transportation regarding the Pelican Point Road and will soon take this plan to the council for their review and approval. The design consultants for this project have been forwarded the BIA comments and will proceed to incorporate the comments for the plans. The proposed alignment of the new road has changed from the existing dirt road location to a location south of the current intersection with state highway 446. This new intersection is proposed for safety reasons to improve sight distance for vehicles rapidly approaching from the north on the paved highway. These plans include improved access road and improved parking areas for the boat docks and beach areas. This design project is an ARRA funded project and the plans have to be completed before



September 30, 2012. We will have a more complete cost estimate when the plans are completed which we will be able to use when projecting the construction schedule.

For more project information you may contact: Johnnie M. Garcia, PLPT Transportation Planner, at the Tribal Administration Building. Phone No. 775.574.1000 extension 106 or email jgarcia@plpt.nsn.us

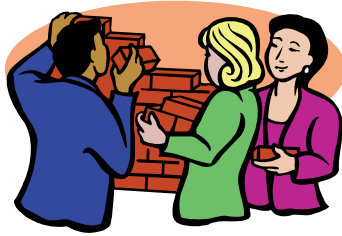


ENVIRO-WETLANDS

My name is Tanda Roberts and I am a Pyramid Lake Paiute Tribal member. I am the Environmental Specialist for the Tribe’s Wetland Program. The Wetland Program’s primary goal is to protect and restore wetland resources for economic, cultural, environmental and human health benefits. Our program is intended to ensure that the reservation’s wetlands and its resources are well cared for. The Wetland Program Plan is designed to address three main core elements. These elements include monitoring and assessing, regulatory, and restoration and protection. Our department’s continued collaboration of all PLPT Environmental Department programs and other outside agencies, that have the same objectives and goals, helps to guarantee that the reservation’s water quality meets or exceeds standards. If you have questions, concerns, or just want to say ‘hi’ please feel free to contact me at 574-0101 ext. 19.

THE WADSWORTH COMMUNITY CENTER

This building project was conceived in 2006 and it was to provide a community building for youth and community activities in the Wadsworth area. Originally the project was to encompass approximately 10,000 sq. ft. and include a large central area/gym, restrooms/locker rooms, office/meeting rooms and kitchen. This project would instill pride in the community with a sense of bringing the people together. The structure could also provide a gathering place in a time of emergency. The needs of the community drove this idea, we have seen and heard that the kids have no place to go and have nothing to do.



The Wadsworth Community Center Planning Committee was formed to assist Tribal staff in planning and reviewing construction documents for phase I which had to be phased down to a 3,000 square foot building because of cost constraints due to the \$495,000 Housing and Urban Development (HUD) special grant that was awarded to the Tribe in 2006. This

structure is planned be built on the north side of Eighth Street near the Jackson Street intersection. The architect's current schedule for completion of construction for this building is July of 2012.

Phase II of the project will include the gymnasium, restrooms/locker rooms, fitness center, diabetes office, parks & recreation office, and other functional rooms.

Phase III was identified as and after-school tutoring/computer lab. PLPT contract and grants currently are in the process to apply for the Indian Community Development Block Grant (ICBDG) for this phase.

Other communities have built facilities/gyms that function to reduce the health risks of the Native American community and provide a center for community functions. Costs for these facilities range from approximately 1.1 million dollars to 2.78 million dollars. We have our current

architect's estimated cost for a 17,000 sq. ft. facility at 4.5 million dollars.

This center will for the benefit of the entire population of the Pyramid Lake Paiute Tribe and surrounding areas.

We need to ask for community support to have a chance to build this facility. This will take a lot of cooperation between the council and the people. We will need up to 4.5 million dollars to build a quality facility. Part of this money can come from grants and the rest could possible come from Tribal settlement funds i.e., Vidler or a portion (7.89%) of the 57 million interest due from the TROA agreement. Each grant found will reduce the percentage needed to build the health center/gym. We as people need to ask ourselves; are we willing to provide ourselves and our youth with the facilities that we all know that we need.

Johnnie M. Garcia, Chairman,
Wadsworth Community Center
Planning Committee

TRIBAL ENROLLMENT SERVICES

The Office of Tribal Enrollment is open Monday through Friday during normal work hours closing for lunch between 12:00 and 12:30pm. Please call ahead of time to ensure that staff is available to process your requests.

Enrollment Services forms now available online at the Pyramid Lake Paiute Tribe website:

- Card Replacement Request Form
- Document Request Form
- Enrolled Member Address Update Form
- Name Change Request Form

Please be sure to sign and date the form before mailing or faxing to the Enrollment Office.

New Enrollment Software The Progeny enrollment software has been installed and is currently in use in the Enrollment office. The new software was purchased as a cost saving measure for the Tribe. The Progeny software will save \$2,100.00 a year in software maintenance fees compared to the previous enrollment software. The only down time between software systems in the Enrollment office was kept to the two days for training in November.



New Members: We welcome the following new members of the Tribe from September, 2011 to present:

- **September, 2011** –Joseph Turtle Miller and Kendrick Dwight Miller

- **October, 2011** – Amaea Rae Jackson and Phillip Gerald Davis Jr.
- **November 2011** – Rhonda Rae Allen, Sisika Tihtisay Hitchcock, John James Kelly Jr., Trista Nanalaya-Rose Kelly, Ellee Belle Pacheco and Jamieann Pacheco.

All of these applicants have met the requirements for eligibility under Ordinance III (*First Revision*) and are direct lineal descendants of a Base Enrollee.

Address Updates: All enrolled members are encouraged to keep their mailing addresses current with the Enrollment Office. Forms for change of address are also available on the Pyramid Lake Paiute Tribe website under the Enrollment Services section. Sorry addresses cannot be updated by a phone call. *Parents please remember to also update the addresses of your children too.*

Membership Statistics: As of this writing, we have 2,905 enrolled members of the Tribe, less 370 deceased. The total living membership is 2,535 as of this date. This number is subject to change monthly. Names of the deceased are kept on the roll for decendancy purposes.

If there are any questions or concerns regarding membership issues, please call Enrollment Officer, Joanne Shaw at the Enrollment Office at 775.574.1000, Ext. 115, or email: plenrollment@plpt.nsn.us.

*The Pyramid Lake
Veterans & Warriors
Organization*

Would like to send our thank you's and well wishes for the New Year to everyone and especially would like Thank all those who have volunteered and helped with our projects this past year and look forward to another great year for our group.

The key to our success rests in people like you, who embody the spirit of greatness by saying, "Yes I can, and so can you!" Thanks for your inspiring dedication and tremendous example to and for our community.

The Pyramid Lake Veterans



STATE OF NEVADA

Department of Conservation & Natural Resources

DIVISION OF ENVIRONMENTAL PROTECTION

Brian Sandoval, Governor

Leo M. Drozdoff, P.E., Director

Colleen Cripps, Ph.D., Administrator

Notice of Public Workshops

December 12, 2011

The Bureau of Water Quality Planning of the Nevada Division of Environmental Protection (NDEP) is proposing to review the water quality standards for the Truckee River contained in Nevada Administrative Code 445A.184 through 445A.190. The current standards were last updated in 1993 and a new review is deemed appropriate. In the past 18+ years, there have been significant changes in the river management, supporting science, and the Pyramid Lake Paiute Tribe has added water quality standards to their waters which warrant the review. Additionally, the Cities of Reno and Sparks, Truckee Meadows Water Reclamation Facility, Washoe County, Truckee Meadows Water Authority are pursuing a 3rd party review of the existing nutrient TMDL (Total Maximum Daily Loads) which defines the allowable nutrient loads to the Truckee River. NDEP promotes the review of water quality standards prior to the development or review of any TMDL, as appropriate.

A workshop will be held at the following location at the date and time indicated:

January 12, 2012
3:00 – 5:00 PM
Nevada Department of Wildlife
Conference Room
1100 Valley Road
Reno, Nevada 89512

The purpose of the workshop is to solicit initial public comments on the proposed review. The workshop will consist of a brief presentation of the review process, and expected future documents and public meetings, followed by a question and answer period. No items will be voted on and no actions will be taken. Written comments on the proposed revision may be submitted to NDEP until February 3, 2012. Additional workshops will occur to present any proposed revisions, and to solicit comments on specific recommendations.

Persons with disabilities requiring special accommodations or assistance at the workshop should notify the Bureau of Water Quality Planning, at (775) 687-9444, at least 5 days prior to the meeting date. Persons unable to attend these workshops, but desiring information on the regulation changes, please contact:

Randy Pahl [(775) 687-9453] or John Heggenes [(775) 687-9449]
Bureau of Water Quality Planning
rpahl@ndep.nv.gov or jheggene@ndep.nv.gov

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TRIBE SEEKS INPUT ON CHANGES TO PYRAMID LAKE REGULATIONS

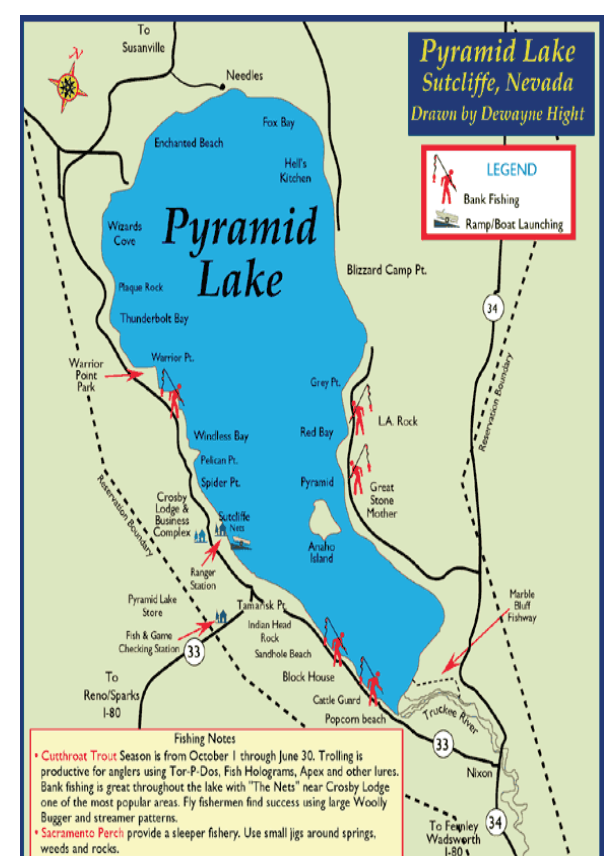
The Pyramid Lake Paiute Tribe is seeking public input on proposed changes to the Pyramid Lake Regulations. For the past several months the Tribe has been working with interested parties to make changes to the regulations in order to improve the recreational experience at Pyramid Lake.

The proposed changes make modifications to the existing permit fee structure; implement discounts on permits; and make other changes to improve the recreational experience at Pyramid Lake. The Tribe is seeking comment on the proposed changes to the Pyramid Lake Regulations from December 19, 2011 to February 2, 2012.

To request a copy of the proposed regulations changes, please call the Pyramid Lake Tribal Office at 775-574-1000. Comments on the proposed changes can be submitted by mail to the "Pyramid Lake Paiute Tribe Attention Tribal Secretary PO Box 256 Nixon, NV 89424" or submitted by e-mail to scarey@plpt.nsn.us.

Comments received from the public during this period about the proposed changes will be reviewed and considered by the Tribe. To review the proposed changes or for more information about fishing and other recreational activities at Pyramid Lake, please visit www.pyramidlake.us or call 1-888-225-2668.

Primary Contact: Scott H. Carey,
Tribal Planner, Pyramid Lake Paiute Tribe
Phone: (775) 574-1000 ext. 116





SUMUNUMU SUBSTANCE ABUSE PROGRAM



Pyramid Lake Health Clinic

Winter 2011

Volume 2, Issue 2

Gathering of Native Americans (GONA) December 6-9, 2011

(GONA) was a 4 day training which addressed the issues of Substance Abuse, Suicide, Bullying, Violence.

Goals of this training were:

- ◆ Participant developed a community wellness plan for their community or program.
- ◆ Allowed participants the opportunity to network with other programs.
- ◆ Participants practiced self care for self and for others.

Youth ~ Community members ~ Churches/Clergy ~ Domestic Violence programs ~ Elder programs ~ Tribal Staff ~ Urban tribal programs

Each day participants focused on different parts of life and how this effects each person in growth.

- * **Day One:** Belonging
- * **Day Two:** Mastery— “Gaining Mastery & healing from what holds us back”
- * **Day Three:** Interdependence “Working together interdependently for positive chance
- * **Day Four:** Generosity “Giving Back to Self and Community”

During this training participants were divided into groups.
4 day participants total=131

The Sponsors:

Pyramid Lake Paiute Tribe
Sumunumu SAP
PLTHC/Behavioral Health



OSP Nevada Office
of Suicide Prevention

Native American Center of Excellence



Supporting Programs:
Pyramid Numaga Program



Maria Triviso,
Trainer
Happy Birthday!!



Banners developed by different groups



Singing Holiday songs in Paiute



Photos By Diana Mitchell, Prevention Advocate

Sumunumu Staff

Open Position, Director * Kathy Wright, Counselor * Diana Mitchell, Prevention Advocate
705 Hwy 447 | PO Box 227 | Nixon, NV 89424 | Tel: 775-574-1018 | Fax: 775-574-1028 | E-mail: dmitchell@plpt.nsn.us

LITTLE WARRIORS LEARNING CENTER

FROM THE DIRECTOR: We would like to THANK ALL of you for your support with the following Little Warriors Learning Center 2011 Christmas Party/Presents for the Kids fund raising activities. We were able to make sure that all or kids at both centers were able to receive gifts for Christmas.

2011 Parents Night Out: Staff volunteered their time and we had 32 children this year between both centers, participate in this annual event. The charge to attend the evening of fun was \$10 for the first child, \$5 for additional sibling. The children enjoyed macaroni and cheese with hotdogs, fruit cocktail and a veggies for dinner, they played games, there were stories and songs, arts and crafts, cookie decorating, and a Christmas movie.

Mexican Plate: On December 8th, 2011 we had an Enchilada Sale - we sold approx. 45 plates plus some home baked cookies and sodas. We also received tips/donations from some who just wanted to help. 100% of the proceeds were used to purchase presents for the Little Warriors Learning Center Children. Thanks to Jeri for the enchiladas, Carla for the bean, and Lilly for the rice. Thanks to Dana Thomas for the sodas, too!!

Fusion Youth With A Mission Special Children's Christmas Party: Our LWLC Children were invited to attend a *Special*

Holiday Party with the "Fusion-Youth with a Mission," group is from Sacramento California. Pastor Bill and his youth group also provide presents to Native children on a reservation in South Dakota. The event was on Saturday December 17th, 2011 10 am-12 noon at the Nixon Gym. They also left more gifts at the LWLC Center for the children who could not attend this event. Thank You Pastor Bill!!!

LWLC Raffle: As our final Christmas Present Fundraiser the Little Warrior Staff sold raffle tickets for more than 30 items that were raffled on December 16th, 2010. Thank You to All the Staff who donated items, Councilwoman Leona Collins, Community Members Miranda and Flora Green, Sonya Davis, Mindy Shaw, Ben Aleck and Ralph Burns at the PL Museum, Fernley Wal-Mart Stores, Angel's Tire and Service, La Fiesta, and Everyone else who donated to this event!!

LWLC Welcomes Santa: Santa visited the Children of our Centers on December 22nd, 2011. He flew in into the Nixon Center at 9-9:45 am, and then he visited at the Wadsworth Center at 10:15-11:00am. Thanks you Arcy Blackowl Christy for being Santa's helper at both Centers. Special Thanks to Jeff "the Santa" Christensen for the second year in a row!!

LWLC will be closed its doors for the

Christmas Break on December 23rd @ 1pm: Chairman Burke has decided to allow all Tribal Departments to leave work at noon on December 23rd, 2011. The LWLC closed at 1pm to allow our Staff to begin their Christmas break, too!!! Thanks, Chairman Burke!!

EXTRA SPECIAL THANKS

- * Ralph Dunn for his assistance and gifts.
 - * Gus Mix and Family for the toys they donated to LWLC.
- The Wrapping Elves:
- * Volunteers: PLPT Council Member Leona Collins, PLPT Council Member Judith Davis, Halona Plaza, Rita Davis-Blackowl, and Arcy Blackowl-Chrity. LWLC Staff: Cheryl Ewing, Jeri Rambeau, Carla Eben, Lilly Sandoval, Toni Marietta, Dina Christensen, Courtney Woo.
 - * Josh John, Sharon Stasiowski, for their donations
 - * Carol Smith Tribal Secretary for donating toys and wrapping paper.



L-R: Rita Davis Blackowl, Judith Davis, Kindergarten/Older LWLC Children, Lilly Sandoval, Jeri Rambeau & (inset) Arcy "The Elf" Blackowl Christy & Jeff "Santa" Christensen wi/ the Bitsilly Boys.

SUMUNUMU SUBSTANCE ABUSE PROGRAM (CON'T FROM PAGE 6)

MABESAKU NANUGUNO'O
 "TIME OF DANCING WITH HEALING" - PAIUTE
SOCIAL POW WOW
 ALL DRUMS & DANCERS WELCOME

Door Prizes!! Come and Join us !!

Dance Specials
 • Fancy
 • Couples
 • Round dances

Host Drum: Five Feathers
 Master of Ceremonies: "Grizz" Hilpert
 Arena Director: Elmer Atlookan

Head Man Dancer: PLHS
 Head Lady Dancer: PLHS
 Pyramid Lake Veteran & Warrior Organization

DECEMBER 10, 2011
 TIME: 10 AM - 4 PM
 LOCATION: NIXON GYMNASIUM

Alcohol Drug Free Event

MORE INFORMATION CONTACT:
 DELLA JOHN: 775-574-1000
 JOE MAZZUCOTELLI OR DIANA MITCHELL SUMUNUMU: 775-574-1018
 IMA SCOTT, CHAIRMAN PLPT SUICIDE PREVENTION COALITION 775-575-9444

SPONSORED BY:
 PYRAMID LAKE PAIUTE TRIBE SUICIDE PREVENTION COALITION, METH-SUICIDE PREVENTION INITIATIVE (MSPI) GRANT, SUMUNUMU SAP, PYRAMID LAKE PAIUTE TRIBE.



Pyramid Lake High School Native Studies Group



Potato Dance



Vernon Rogers



IHBN Skateboard winner Natalie Leyva

- Winners:**
- Farthest traveler: Louis Lincoln, Susanville CA
 - Nike gift Card: Loni Romo
 - Potato Dance: Youth & Adult
 - IHBN Skateboard: Natalie Leyva
 - Spot Dance
 - Hand Drum Singers

- Highlights of event:**
- Honoring of Veterans Pearl Harbor
 - Recognizing PLHS Fundraisers
 - Free Vendor Tables
 - Sacred Visions Raffle


- Special Thanks:**
- PLHS
 - PL Maintenance Dept.

Save The Date
Summer of 2012

Gathering of
Native Americans
Training

<p>Pyramid Lake Tribal Health Clinic PO Box 227, 705 HWY 446, Nixon, NV 89424 (775) 574-1018 Admin Fax (775) 574-1114 Hours 8-4:30 p.m.</p>	<p>Medical Records Fax (775)574-1028 Contract Health Service Fax (775)574-1074 Services Available: Medical, Dental, Mental Health, Substance Abuse, Optical, Podiatry & Audiology (qtrly) Dental Hygienist and Chiropractor</p>	<p>Benefits Coordinator can assist you with applying for alternate resources that you may be eligible for. Note** CHS Services can be denied if you do not apply for an alternate resource.</p>
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<p>Reno/Sparks Tribal Health Clinic 1715 Keunzli St., Reno, NV 89510 (775) 329-5162 Medical, Pediatrician, Physical Therapy, Mental Health, Optometry, and Ophthalmologist, General Surgeon (PIMC),</p>	<p>Fallon Tribal Health Clinic 1001 Rio Vista Drive, Fallon, NV 89406 (775) 423-3634 Medical, Chiropractic Service, Womens Health (Colposcopy)</p>	<p>Walker River Tribal Health Clinic 1025 Hospital Road, Schurz, NV 89427 (775) 773-2005 Medical, Chiropractic Service and X-ray Services</p>
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<p> Indian Health Service The Federal Health Program for American Indians and Alaska Natives Schurz Service Unit 1025 Hospital Road, Schurz, NV 89427 (775)773-2345 1(800) 843-5790 Fax (775)773-2425 (ADMIN) Contract Care 1(800)772-7228 Cynthia Kness, CHS Contact for Nixon Dawna Brown, CHS Contact for Schurz Occasionally covers for Nixon Area</p>	<p>Preferred Hospital to be utilized by I.H.S. Patients: Saint Mary's Regional Medical Center 235 W. 6th Street, Reno, Nevada (775) 770-3000 Medical Records: (775) 770-3031 Fax (775)770-3679 Imaging Scheduling: (775)770-3187 Fax (775) 770-3371 Center for Health: Fax (775) 770-6660 Film Room : (775) 770-3396</p>	<p>Northern Nevada Medical Center 2375 E. Prater Way, Sparks, NV 89434 (775) 331-7000 Vista Medical Terrace 2345 E. Prater Way, Sparks, NV 89434 Physician Offices; Northern NV Imaging X-Ray; Diagnostic Breast Care Center-Mammography and DEXA Services; Wound Care Center</p>
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<p>Renown Regional Medical Center 1155 Mill Street, Reno, NV 89502 (775) 982.4100 Medical Records (775) 982-5661 Fax (775) 982-5669 South Meadows Medical Center 10101 Double R Blvd., Reno, NV 89521 (775) 982-7000 Medical Records (775) 982-7084 Renown Health X-Ray & Imaging (775) 982-8100 10 convenient locations Film Room (775)982-4966 Renown Health Urgent Care 5 convenient locations (775) 982-5000</p>	<p>Saint Mary's Regional Medical Center Imaging Services 235 W. Sixth Street, Reno, NV 89503 Open 24 hours a day, 7 days a week Outpatient Imaging Center 645 N. Arlington, Suite 250, Reno, NV 89503 Open Monday - Friday, 7:00 a.m. to 5:00 p.m. Imaging at Galena 18653 Wedge Parkway, Reno, NV 89511 Open Monday - Friday, 8:00 a.m. to 5:00 p.m. To schedule an appointment at any of these locations, please call (775) 770-3187. VA Sierra Nevada Health Care System 1000 Locust Street, Reno, NV 89502 (775)786-7200 VA Lahontan Valley Outpatient Clinic 345 West A Street, Fallon, NV 89406 (775)426-6161 Fax (775) 426-6171</p>	<p>Emergency Visits or Hospitalizations</p> <ul style="list-style-type: none"> • Make sure you present your Identification and Insurance information and/or referral form (if you were referred by the clinic) to the Emergency Room Admission Clerks • Notify PLTHC, I.H.S.-Schurz Service Unit or any Tribal Health facility within 72 hours of receiving Emergency Care or Hospitalization to a non-I.H.S. Facility. <p>For Elders or Disabled you have 30 days. Remember...</p> <ul style="list-style-type: none"> • Notification does not assure authorization of payment. However, if you do not notify Contract Health Care within 72 hours your bill will not be paid. • Doctors and other health care professionals (nurse, clerks, etc.) cannot authorize payment of services received outside of an I.H.S. or tribal facility. • Only the Contract Health services (CHS) Electronic Signature Official can authorize payment.
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****ATTENTION** College or Vocational Training Students**

⇒ Any College Student or persons attending Training out of state or elsewhere that does not fall within our Contract Health Service Delivery Area (CHSDA) will need to contact the Pyramid Lake Tribal Health Clinic and request a Student Application form that will need to be completed by the Registrar's Office or Official at your particular School or Training facility.

⇒ The original will be placed in the patient chart and a copy will be forwarded to the Contract Health Service Office at the Schurz Service Unit.

⇒ If Emergency Care or Hospitalization is needed you will report the visit the same as if you were still in our area.

⇒ Notification needs to be made to Pyramid Lake Tribal Health Clinic (775)574-1018, Indian Health Service-Schurz Service Unit (775)773-2345 or any Tribal Facility in Nevada within 72 hours of the visit and 30 days for elders.

⇒ *Remember: Notification does not assure authorization of payment. However, if you do not notify Contract Health Service within the 72 hour period your bill will not be paid.*

Patient Responsibility for Contract Health Services

- ◆ Update your information upon every visit (name changes, telephone numbers, addresses, employment and insurance information.)
- ◆ Apply for alternate resources that you may be eligible for (Private insurance, Medicare, NV Medicaid, etc.)
- ◆ Make regular appointments and keep your physicians or nurses apprised of any further care needed by an outside physician or specialist so that a referral will be written.
- ◆ Notify the Contract Health Service and obtain approval for CHS for each and every appointment.
- ◆ **Reporting Emergency Visits or Hospitalizations to Contract Health Services**
- ◆ It is your responsibility to obtain PRIOR APPROVAL for non-emergency treatment by a non-I.H.S. Facility (Cardiologist, ENT, Ortho, etc.).
- ◆ **Notify PLTHC, I.H.S. or any Tribal Health facility within 72 hours of receiving Emergency Care or Hospitalization to a non-I.H.S. Facility.**
- ◆ **For Elders or Disabled you have 30 days.**

Attention Potential Medicare Eligible Patients nearing your 65th Birthday!!!

When you're first eligible for Medicare, you have a 7-month **Initial Enrollment Period** to sign up for Part A and/or Part B.

Madge Tobey, Benefits Representative is here at the Pyramid Lake Tribal Health Clinic to assist you when researching and applying for benefits that you may be eligible for. Please call to make an appointment at (775)574-1018 to discuss your options.

Medicare Benefits

Part A Hospital Coverage	Part C Medical Advantage Plans
Part B Medical Insurance	Part D Prescription Drug Plans

Notification does not assure authorization of payment. However, if you do not notify Contract Health Care within 72 hours your bill will not be paid.

Remember... Doctors and other health care professionals (nurse, clerks, etc.) cannot authorize payment of services received outside of an I.H.S. or tribal facility. Only the Contract Health services (CHS) Electronic Signature Official can authorize payment.

WELCOME ABOARD

The Pyramid Lake Tribal Health Clinic is pleased to announce that we have filled the following positions.

Gordon Holahan, MD has joined us as Physician/Medical Director effective Oct. 11, 2011; Noreen Borino has joined our team as Medical Practitioner effective Oct. 24, 2011; Jeffrey Davis has been hired as Medical Practitioner effective Oct. 31, 2011. Also we have recently added Chiropractic Services by Adrian Emm, DC on Friday's and some Monday's as scheduled.

We're excited to add Dr. Holahan, Noreen, Jeffrey and Dr. Emm to our team. Each individual brings us years of increasingly responsible experience in the medical field.

***** Attention Veterans of the Armed Services *****

Madge Tobey, Benefits Representative will be scheduling a date in January to meet with all eligible Veterans to utilize and apply for benefits through the Veterans Administration. Look for postings of times and locations. For more information contact Pyramid Lake Tribal Health Clinic (775)574-1018.

We're excited to welcome them and hope that you will be, too !

PYRAMID LAKE JR/SR HIGH SCHOOL—ELDER RECOGNITIONS

Charlotte Harry Recognized

Charlotte Harry was honored by Pyramid Lake Jr./Sr. High School on September 14th 2011 as an elder of the Pyramid Lake Paiute Tribe. Students and people from the community all watched as Lena Wright, Nickwich Wright, Amus Wright, Tom Yellowcloud, Pacer Tobey and Shandon Stump all danced in their own traditional dancing style in honoring Charlotte.

A biography was given by Austin Gluyas, a student of the NU MU MO' HE DU class (meaning leadership). "Charlotte Harry is



a member of the Pyramid Lake Paiute Tribe and is a fifth generation descendant of Captain Dave Numana. Charlotte enjoys the ranch style of living, raising her children up here and watching her grand children and great-grand children grow up around this same environment. She has worked with students since 1975, first as a Headstart director for five years. Her latest positions included working with the Pyramid Lake Fisheries as a Dunn Hatchery Supervisor for 15 and a half years.



Gladys Hicks

On Wednesday, October 12th, Pyramid Lake Jr. /Sr. High School honored an elder of the Pyramid Lake Paiute Tribe: Gladys Hicks. Lena Wright and Ethan Hunter danced in their own pow-wow style while Shandon Stump danced the Eagle dance, a special honoring dance that was passed down to him by Gordon Frazier. The honoring was held outside in the amphitheatre where her biography was given. Today, Gladys enjoys doing buckskin work and beading. When they are born, Gladys tries to make each new family baby, a quilt or moccasins. Gladys likes to cook and enjoys family celebrations.

Gladys has thirteen grandchildren and three great-grandchildren, whom she loves very much and enjoys visiting.

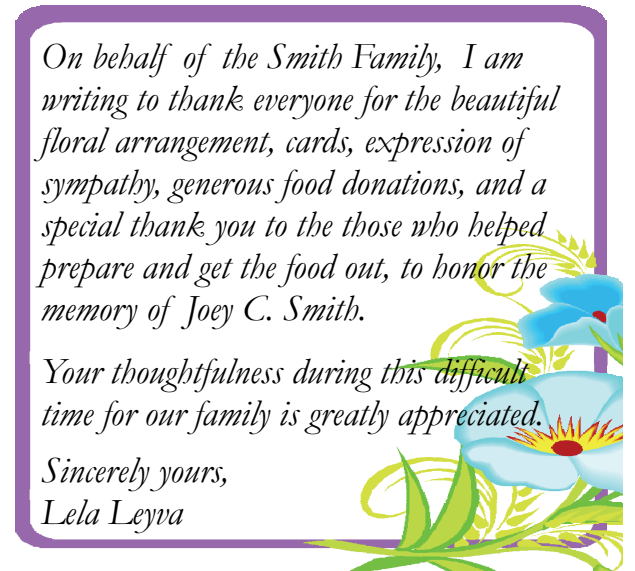
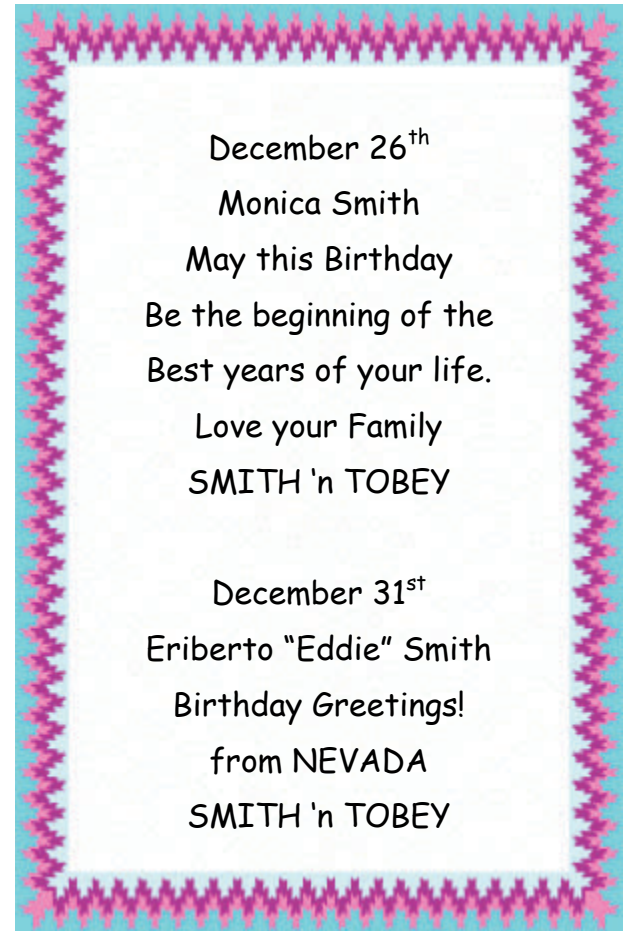
Gladys enjoys going to the Numaga Senior Center, where she serves as secretary for the Senior Advisory Committee. Currently they are planning their annual October Senior Fun Day.

Gladys' message to students today is that each and every one of you are important, the creator lets us experience this life. You must take the time to value yourself, the world around you, the people, and the things you say and consider the action you take. Create good memories for all those you meet. Make it a point to learn something new every day.

Albert Phoenix

On December 7th the Pyramid Lake Jr./Sr. High School honored an elder of the Pyramid Lake Paiute Tribe; Albert Phoenix. Albert is known for teaching his grandchildren about our native, traditional ways. Albert has served for the U.S. Marines and has earned many awards in his 20 year service which includes The Purple Heart, The Presidential Citation, The Presidential Unit Citation, The Meritorious Unit Citation, and The Naval Unit Citation for Korea and Vietnam.

After a bio was given, Amos Wright, Lena Wright and Mariah New Moon danced in their own traditional category while Shandon Stump performed the Eagle Dance; a dance passed down to him. The Native Studies class also performed a couple of Traditional Paiute dances. Albert phoenix was then given a gift from the Nu Mu Mo He Do (Leadership) class before round dancing with the leadership/native studies class along with the rest of the school.



PARENT INVOLVEMENT – THE KEY TO SUCCESS By Sherry Ely Mendes

The first months of school can be a hectic and anxious time for parents. It may feel even more intimidating if your child has never attended child care before entering the formal K-12 education system.



Unfortunately, many Native American families have a history of negative experiences with the public school system. Putting your best foot forward and getting involved in your child's education can create a positive experience for you and your child. Once you have opened the door, you will find that there are many different ways that you can become involved.

Research indicates that parent involvement can result in many positive outcomes in children. According to the Michigan Department of Education (2001), here are some great reasons to get involved in your child's education:



- Higher grades, test scores, and graduation rates,
- Better school attendance,
- Increased motivation and better self-esteem,
- Lower rate of suspension,

- Decreased rate of drug and alcohol use, and
- Fewer instances of violent behavior.

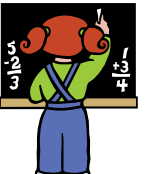
What a great payback for just a small amount of time each day. Below are some simple ways to get involved and show your child that his or her education is important to you.

Parent Involvement Tips

- Do homework with your child in the evening. It will give you the opportunity to be the teacher and help your child develop good study skills.
- Read at home with your child. Just 15 minutes of reading at home can increase your child's reading skills at school which increases school success.
- Role model the joy of reading! Get out those magazines, novels, newspapers etc. and enjoy some quiet reading time!
- Provide a routine time and a quiet place to read and/or do homework. Sticking to a routine helps everyone stay on track.
- Model the value of learning, self-discipline, and hard work. Have



discussions about these subjects so your child can ask questions about what this means to you.



- Set goals for your child and help him or her to reach them. Be realistic and encourage special talents.
- Develop a relationship and stay in touch with your child's teacher.
- Volunteer in the classroom when possible or offer other assistance such as newsletter writing, sharing projects, doing cut outs, reading to the children, offering to teach your cultural skills, being a storyteller, etc.



It is the basis of many Tribal beliefs that our children are our future and that the entire family or Tribe is involved in raising our children. Being an involved parent at the school level and at home will strengthen this bond and make a brighter future for all.

Reference:

Michigan Department of Education (2001). *What Research Says About Parent Involvement in Children's Education*. Retrieved from http://www.michigan.gov/documents/Final_Parent_Involvement_Fact_Sheet_14732_7.pdf

PYRAMID LAKE 3RD ANNUAL "WALK IN MEMORY – WALK FOR HOPE" - 2011

The Pyramid Lake Suicide Prevention Coalition held its 3rd Annual "Walk In Memory – Walk for Hope" on September 11, 2011. This Walk is held annually the same day and time all over Nevada in each city/town that chooses to participate. Each year more towns join the Walk.

The goal of the event is to increase awareness of the devastating effects suicide has on our reservation and to remember those who have been lost to suicide.

The event is sponsored by the PL Suicide Prevention Coalition, Tribal Health Clinic,



Nevada Coalition for Suicide Prevention and the Pyramid Lake Paiute Tribe. Partners

include Indian Health Service, the Office of Suicide Prevention (OSP) for the State of Nevada, and PL Veterans & Warriors Organization "Numu Tookwasu".

This year our Walk began at our Cultural Center arbor where our Veterans brought in the flags,



Ralph Burns gave the Opening Prayer in our Paiute Language; Guest Speaker was Barbara Franks from Alaska. Our Vice-Chairman Mervin Wright read a proclamation and Mike Jack, sang the Healing Songs for those in attendance. Our tribal health director, Cynthia Osceguera delivered the carnations to our people as Mike continued with song. Those in attendance received their t-shirts (purple this year), bag and free hats from Ida-n-Willie's Road House of Wadsworth.



The group began the Walk from the cultural center to Truckee River where Mike sang the songs of prayer to send to the Creator as the carnation flowers were released into the water. This time is always very healing for those in attendance and many tears are often shed as we remember our loved ones. Photos of the group were taken as well by many

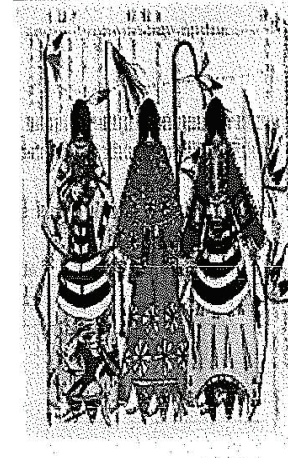
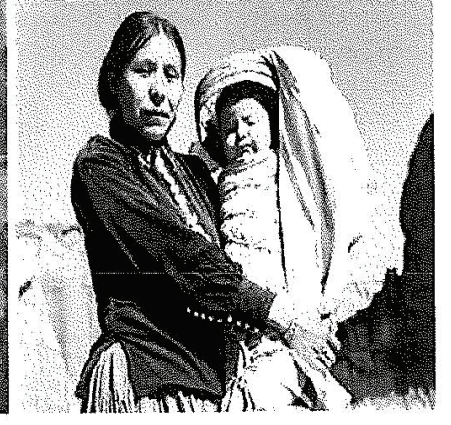
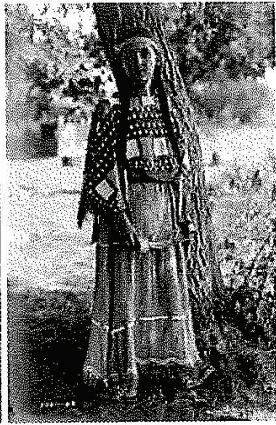


participants. The group continued to the Tribal Chambers for a luncheon provided by Ida-n-Willies Road House.



A special "Thank You" goes out to Barbara Franks who came all the way from Alaska to share her experience of the loss of her son to suicide and also for her encouraging words. She received a gift of beaded salt-n-pepper shakers in lieu of an honorarium.





Women's Support and Wellness Group

Beginning Tuesday October 25, 2011

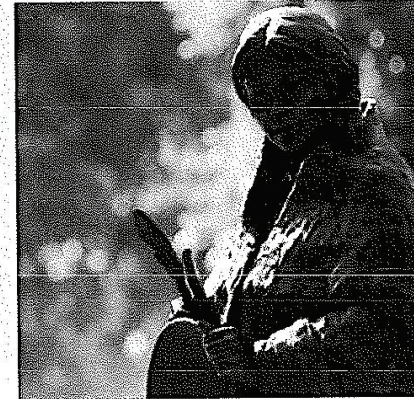
2:00pm - 3:30pm

Facilitated by MaryAnn Potter, LMFT

Weekly Topic to include:

- *Grief and loss*
- *Healthy Relationships*
- *Stress Management*
- *Building Self-esteem and Self-worth*

Located at 101 Big Bend Road, Wadsworth



Letters to the Editor

The Pyramid Lake Paiute Tribal Newspaper welcomes your "Letters to the Editor."

- ◆ Letters must be 200 words or less. Letters are subject to editing for conformance to the 200 word limit, as well as for libel and taste.
- ◆ Letters must carry a full, legible and signed name of its author. The newspaper staff does not withhold names of letter authors. Pseudonyms are not allowed.
- ◆ Each author is allowed one published letter per newspaper issue.
- ◆ To be published, all letters must have a permanent address and/or a daytime telephone number for verification. **This information will not be published.**
- ◆ Letters addressed to specific parties other than the Pyramid Lake Paiute Tribal newspaper, to readers, letters from other publications, form letters that do not contain original writing content by the signatory or personal complaints outside the public domain are not published.
- ◆ Letters are published in the order which they are received. Promptness of publication depends on the volume of letters received and space availability.

MAIL LETTERS TO:

Letter to the Editor
 PYRAMID LAKE PAIUTE TRIBE
 P O Box 256
 Nixon, NV 89424

2012 Newspaper Submittal for Paper **1st Quarter (Jan-Mar) DEADLINE: March 26—Monday @ 12 p.m.**

Please complete **this form** and submit with your article.

BE SURE TO:

- Include your name, phone # and address.
- Personals may submit a hard copy of article. Hand written Personals ONLY must be printed legibly.
- **Submitted articles must be saved on CD** in Adobe Acrobat, Publisher, Word or WordPerfect format. (Media will be returned).
- **Articles can be submitted via e-mail to newspaper@plpt.nsn.us.** A hard copy of article must also be submitted by deadline.
- Pictures should be submitted in black & white. (Dark backgrounds do not scan well).
- Digital pictures must be taken with a high resolution for a good quality picture.
- REMEMBER: Pictures represent the quality of the picture submitted.
- Submit all information to the Tribal Manager's Office by deadline

DATE: _____ NEWSPAPER MONTH: _____
 NAME: _____
 PHONE: _____ DEPARTMENT: _____
 TITLE OF ARTICLE: _____
 ITEMS TO BE RETURNED: YES or NO
 IF YES, ADDRESS: _____

ADVERTISING RATES

Advertising space will be provided to any business, organization or individual at the following rates:

\$100/full page \$75/half page \$50/quarter page \$25/eighth page \$10/business card

All advertisements must be camera ready and cannot be returned. Each advertisement must be paid in full by the deadline date for publishing.

DEADLINES FOR THE YEAR 2012 (Tentative Dates, subject to change): Monday @ 12:00 pm

January -March (1st Qtr) **Due: March 26th** April-June **Due: June 25th**

This schedule will allow us to get the newspaper prepared, edited, and printed and ready for bulk mailing the first week of each month. The Tribal Manager's office collects your articles and will forward them to the Editor.

Thank you for contributing your articles for our Newspaper this past year. Please continue to contribute to our Newspaper and let the people know about your program or department's activities and accomplishments. Please submit on diskette in Microsoft Word, WordPerfect or Publisher format along with a hard copy of article.

CONTACT: PYRAMID LAKE PAIUTE TRIBE—NEWSPAPER ADVERTISEMENT
 P O Box 256, Nixon, NV 89424-0256 PH: (775) 574-1000; FX: (775) 574-1008

CHANGE OF ADDRESS

Name: _____
 Old Mailing: _____
 New Mailing: _____
 I confirm that this is my current address:
 Print Name: _____ Signature: _____ Date: _____



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