

NUMUWAETU NAWAHANA

"Telling the Indian People's News" Pyramid Lake Paiute Tribal Newspaper

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Wadsworth Community Center Planning

This building project was conceived in 2006 and it was to provide a community building for youth and community activities in the Wadsworth area. Originally the project was to encompass approximately 10,000 sq. ft. and include a large central area/gym, restrooms/locker rooms, office/meeting rooms and kitchen. This project would instill pride in the community with a sense of bringing the people together. The structure could also provide a gathering place in a time of emergency. The original project size was reduced because funding was not available for the larger size project. The Tribe received a \$495,000 HUD Economic Development Initiative Grant in 2006 for construction of a community center building.

After receiving Tribal council approval, we have hired a project manager and crew. Construction of the new community center began the week of beginning



November 5, 2012 with the crew working clearing & grubbing and hauling fill material to the building pad site. Work continued with the excavation of the footing lines and layout of the under concrete slab plumbing and electrical trenches.

The new building will be approximately 2,974 square feet with a kitchen, large meeting area, smaller conference room and bathrooms. The building is

located at 551 8th street, Wadsworth, Nevada which is near the intersection of 8th Street and State Route 447.

Work continued during the winter months with the crew working in extremely cold temperatures but they persevered and are nearing completion of the project. The building project is expected to be completed by the end of April 2013.

We are continuing to pursue funding for the other buildings projected in the conceptual plan. the Tribe has applied for the ICDBG grant for the learning center/library directly north of the new community center. The planning committee for the gym is still active and meetings will be planned in the near future.

Johnnie Garcia Wadsworth Community Center Planning Committee

Transportation Planning

The Tribal Transportation Planning office was established to provide technical management on road construction from design phase through final acceptance. The Department acts as liaison between the Tribe and other Transportation related agencies to coordinate roads planning and construction activities. The Transportation Planning Office has been in existence from May 2009 and is located at the Tribal Administration Building and funded through BIA transportation department funding.

Transportation Planning Department Projects: Wadsworth Bypass Road Construction, Pelican Point Design, Pyramid Lake Transit Planning (New), and Wadsworth Community Center Parking Lot with Access Road (New).

WADSWORTH BYPASS ROAD

The Wadsworth Bypass Road project is still in progress. This bypass road provides a primary route circumnavigating the town center which would keep non-local traffic out of the school/neighborhood area. The total length of realignment beginning at State Route 427 at the south end proceeding to connect with existing State Route 447 at the north end is 2.68 miles. By relocating this road approximately 4,000 ft. to the west,

WHAT'S INSIDE Advanced Directives Registry; Burning Man; Human Resources, PUD Native Ed Forum-Colorado State: Social Services: 4 Our Lives, Our Voices NCRS Public Notices-Range Camp, RBG Grants, 5 Solar Pumps WR—Irrigation DRAFT Ordinance 6-9 Tax; Assemblyman Ira Hansen 9 Child Abuse Prevention Month; PLHA—HIP; UNR 10 CFS Program Sumunumu 11 GLS Survivors 12 Great Basin Language Conference; Child CareDemo 13 Pyramid Lake Health Clinic-Benefits, Survey, 14-16 Diabetes, JVN Retinal Screening, Student Interns Education; Enrollment 17 Environmental; Personals 18 Sacred Visions Pow-Wow 19

we would achieve an increased level of safety by providing that traffic; especially semi-trucks with trailers would not run through the school zone.

The Tribal Transportation Planning department continues to meet with Nevada Department of Transportation, BIA, and Summit Engineering to proceed with the design portion of this project. Summit Engineering is working to ensure that the plans meet Federal specifications and will be acceptable to NDOT. The project currently stands at the 60% completion of the Plans, Specifications and Estimates (PS&E'S). NDOT has assigned a Project Manager for this project. The Tribal Transportation Planner is working to assure that design work will continue and the project meets contract requirements.

PELICAN POINT PROJECT

The Pelican Point Project, American Recovery and Reinvestment Act (ARRA), will consist of the survey, design, environmental clearance, archaeological clearance, right-of way and final plans for the upgrade of the Pelican Point Road area. This project will also include improved access road and parking areas at Pelican Point. Summit Engineering continues as the contractor for this design project. This project is nearing the 100% completion of the Plans, Specifications and Estimates (PS&E'S). We are expecting to have the project substantially complete by the end of

March 2013. Tribal council has approved the Right-of Way for the road and parking area.

(Continued on page 2)

WR-IRRIGATION

The Department of Water Resources is preparing for the 2013 Irrigation Season which is scheduled to start April 15, 2013. This year is going to be a severe drought season with snowpack well below the average. In order to make it through the season the Department will be taking extra measurements on deliveries in order to insure that all irrigators will be getting their full entitlement.

The Water Resource Board has directed the staff to obtain public comment on a new proposed Irrigation before they take action and make recommendation to the Tribal Council. The preliminary draft ordinance is provided for your review and comment to the Water Resource Board. A new ordinance will not go into effect in the 2014 Water Year.

The DRAFT Irrigation Ordinance (02/2013) has been mailed to individual Irrigators. If you did not received a copy, please contact the office to update your contact information.

The DRAFT Irrigation Ordinance (02/2013) is also published in this publication please refer to pages 6-9 and on the tribal website in the Water Resources department page.

Please send your written comments by April 30th to the:

Department of Water Resource Attn: John Jackson, jwjackson@plpt.nsn.us PO Box 256, Nixon NV 89424

Sherry Rupert appointed to the State's Interagency Council on Veteran's Affairs (ICVA)

The Governor has appointed Sherry Rupert, Executive Director of the State of Nevada Indian Commission, to the State's Interagency Council on Veteran's Affairs (ICVA), so this is an opportunity to include some recommendations on the needs of our native veteran's to the Governor. She wishes to continue the work, Chairman Wayne Burke, was really working hard on to make a difference from our native veterans and is was wondering if there is still an interest in the efforts or if anyone is carrying on where he left off. If so, she would appreciate if you would forward the contact information of anyone else that she should contact in this matter.

What she would like to do is to set up a meeting with all interested parties prior to my next ICVA meeting.

Thank you in advance for your assistance.

Sherry L. Rupert, Executive Director State of Nevada Indian Commission 5366 Snyder Ave., Carson City, NV 89701 Phone: (775) 687-8333 Fax: (775) 687-8330 E-Mail: srupert@nic.nv.gov Website: www.nic.nv.gov

PL Police Department

There's a saying that in order to build a better world you have to first start at home. At the Pyramid Lake Police Department, I believe that in order to build a better reservation community we too had to start at home. The last year and a half has focused on those efforts and we are starting to see the benefits of that work.

When I arrived as the Chief of Police near the end of 2011, I was greeted by a police department that was in need of significant attention in order to be able to serve the community. I had been given information on officers who were sickened from exhaust leaks in their own patrol vehicles, and while new vehicles had been ordered, they were not in operation or properly equipped for effective patrol. New computers were in and were just getting set up, however the records management system is so poor that its searches are incomplete and data retrieval is often impossible. Officers often lose their work mid report and have to start over and office time is still a significant portion of their patrol day.

The department had a wide variety of uniforms and weapons in service and even had numerous variations on vehicle decals, with no consistency. Those issues have been corrected with consistent uniforms, both class A and class B options, officers have modern vehicles with matching decals and insignia. Weapon systems were unified and officers were trained to maintain and instruct on those weapons. By exchanging old weapons and through special BIA requests the department was able to acquire new shotguns and long range rifle systems for every vehicle.



The K9 program, a program that normally tends to be extremely valuable for any police department, had been entirely neglected by the agency and the officers were providing for the department K9s entirely on their own. K9s have now

received physicals and certification, a new K9 was received entirely through community donations in excess of \$9,000 and officers have the proper equipment, feeding and care to develop a strong patrol, drug and explosive dog program.

In order to meet contractual requirements for 24 hours service, officers were working full shifts and then facing on call service every night, sometimes being called out of their homes as many as 3x per night. Officers now have a new schedule and are available 24 hours per day which has significantly reduced the response time to assist citizens and has almost eliminated call out and overtime for general patrol.

There were a number of areas where officers could not communicate and AT&T cell phones were limited and in

many areas useless. Grant funded programs provided Verizon wireless telephones to all officers and improved communications in areas that previously they could not receive service.

Vehicles did not have the most basic police response gear and officers had limited if any access to flares, crime scene processing equipment, digital cameras, radars for speed patrol, drug testing supplies, OSHA required safety gear, CPR or first aid gear. Now all vehicles are equipped with a full augmentation of safety equipment, and processing equipment for almost any type of crime.

Additionally, while the department consisted of mostly newer employees, there are indications that the previous chief attended as many as 19 individual training courses or conferences while his entire staff during the same time period received none. In the state of NV officers are required to obtain annual hours of continuing and post certified courses and law enforcement is constantly changing in order to keep up with new case law and savvier and technologically aware criminals. Training in any police environment is critical to its success in the community.

I will never forget walking into the agency and being greeted by a stretched metal cage that had been built to separate citizens from police under federal regulations, however I felt as if either I was in jail or the police were caged like zoo animals for everyone to stare at. Paperwork hadn't been sorted or filed by administration and cases of documents and notes dating back as late as the mid 1990s were scattered around the office. The evidence room had never been audited and numerous articles were missing and unaccounted for, others were disposed of improperly and did not meet federal evidence guidelines. No one had ever been trained in evidence room management, one of the highest liabilities for police administrators. Clerical staff, in over a dozen years of service, had never received training on records management, public disclosure or the basic functions of police records management. Furniture was not designed for computer use and was not functional, no one knew who had access to the facility and the 1500 square foot facility had nearly a dozen different keys to access the rooms. The electrical panel was overloaded and would shut off with nearly 3 times the appropriate load capacity on many of the circuits. The floors were sloped for drain systems in the old Laundromat and the front desk clerk's chair would role backwards if not blocked.

All of these issues have been corrected during the last year and a major remodel is nearly complete and was conducted entirely by department personnel for a fraction of the cost. Sgt Depoali and I dedicated nearly seven weeks of our time off including our holidays and were assisted throughout our efforts by nearly every member of the agency. We now have a proper, professional and inviting environment and we will soon be having an open house for the public to see our

improvements. Files are properly stored, records have been archived, evidence rooms are audited and properly tracked. The entire electrical system had to be replaced and it now supports administrative operations versus the laundry and convenience store layout it had been designed for.

The Ranger program had also been severely neglected. The trucks had gauge systems that did not work, poor brakes, bad tires, torn interiors and were unsafe to utilize. The ATVs had been acquired under a grant however no one was trained to use them and the trailer to move them was sitting around but not built. The boat was never designed for police work and no one was certified in marine patrol in order to properly operate it or to train others. The ranger station was in disarray, cupboards had doors missing, paperwork was not being tracked well, brand new weapons and equipment were missing and staffing consisted of primarily 90 day volunteers. The department has since been remodeled and provides a professional atmosphere where visitors to the lake and reservation often receive their initial and lasting impressions. All police and rangers are certified in the use of ATVs, vehicles have been upgraded, the Ranger Supervisor completed the Federal Coast Guard training academy and can certify all officers in marine patrol operations and thanks to a new federal grant, a new custom designed patrol boat will soon be in service.

More than 50 significant changes have taken place but many are still to come, we are a work in progress and starting implementation with recent federal awards to improve our records system, our training, our equipment and our community outreach. Our policies were largely copied from other agencies and do not fit our patrol environment and we still have a ways to go in being properly staffed and trained to fulfill the increasing demands of crime and our citizens. The law and order code is severely outdated and incomplete and our technology still lags significantly when compared to our counterparts. Come see our changes and talk to officers about this year of transition and where we hope to go from here. We will continue to progress and bring you better trained, better prepared and a more involved police department as we strive to move from a building a better department into building a better community.

Layne Erdman, Chief of Police Pyramid Lake Police Department | (775) 574-1014 200 S Hollywood, PO Box 324, Nixon, NV 89424

(Transportation—Continued from page 1)

PYRAMID LAKE TRANSIT PROJECT

Community Transportation Association of America (CTAA) assists Native American Tribes to qualify for the Tribal Passenger Transportation Technical Assistance Program to develop planning system start up, facility development transportation coordination, training, and other public transit problem solving activities. The Pyramid Lake Paiute tribe has been approved for technical assistance through Community Transportation Association of America (CTAA) to develop a Tribal Transit system. We are one of three projects selected for participation in the program this past year. This planning project will help the Tribe with submitting an application to start a transit system for the Pyramid Lake Paiute Tribe.

CTAA represented by Mr. Charles Rutkowski has hired a transit planning consultant, LSC Transportation Inc to meet with the tribe and draft a transit plan. We have had

the Mobility Visioning Workshop, November 8, 2012 and the first meeting with the Transit Planning consultant LSC Transportation was on December 4, 2012. LSC Transportation and CTAA have met with the Tribal working group and PLPT Transportation Providers every month and are scheduled to have the plan completed by April 2013. The PLPT transit plan can be viewed at the LSC Transportation Consultants website www.lsccs.com/projects/pyramid_lake/index.htm the continuing posting is in the form of technical memorandums #1, #2, #3 and #4. LSC transportation Inc will continue working with the Tribal Transit advisory group to complete the Tribal Transit Plan.

WADSWORTH COMMUNITY CENTER PARKING AREA AND ACCESS ROAD PROJECT

The Transportation Planning department is working to develop a project to improve the access road and proposed parking area for the new Wadsworth Community Center. This project will begin with a project

to design the parking area and access road. The continued plan is to have a project to pave and drain the access road & parking lot area. We have contracted Summit Engineering of Reno to design the project. Summit Engineering is continuing with the design of the parking lot and access road with the 60% plans already submitted to the tribe for approval.

The drainage area for the community center complex is planned to be west of the new community center building. We ask that this area be kept free from dumping any type of material in the future because it is needed for the retention basin to drain water from the projected building complex.

The Transportation Planning Staff will continue to work to improve the Transportation system of the Pyramid Lake Paiute Tribe.

Johnnie M. Garcia , Transportation Planner

Secretary Of State Ross Miller Announces Five-Year Anniversary of 'Advanced Directives Registry' at LivingWillLockbox.com

Living Wills, DNRs and Other Advance Directives Is Immediately Available to Authorized Health Care Providers for Emergency and End-of-Life Care

(Carson City, NV; March 18, 2013) - The Living Will Lockbox, Nevada's advanced directive electronic filing system, marks its fifth anniversary on March 25, 2013. Since its inception, nearly 6,500 registrants, 50 hospitals and medical groups, and nearly 50 law firms throughout Nevada use the Living Will Lockbox. Secretary of State Ross Miller encourages Nevadans to take advantage of this free service.

The Living Will Lockbox offers free electronic storage for living wills, do-not-resuscitate orders (DNRs), and other advance directives for end-of-life or emergency care in order to make those documents immediately available to health care providers. The Secretary of State's office designed the secure, web-based registry to electronically store advance directive documents with password-restricted access. Advance directive documents typically contain such information as limitations on treatment, type or level of care, and organ or tissue donor instructions.

"Everyone should consider filing an advance directive to ensure that their wishes for treatment and care are known and can be honored," said Secretary Miller. "Such documents are useless if they are not available when it is time for that treatment or care to be provided. Whenever necessary, Nevadans and authorized health care providers will be able to easily access the documents quickly. That means better care for patients, and clear direction for health care providers. The Living Will Lockbox is about providing Nevadans with the assurance that their wishes regarding the course of their medical treatment will be made available."

Nevadans can download the registration forms at www.LivingWillLockbox.com $\,<\!$ http://www.livingwilllockbox.com/> and send the completed forms and documents to be filed with the Living Will Lockbox to the Nevada Secretary of State. Those without internet access can request to receive the registration forms by mail at 702-486-2887. Hospitals, hospices and other

care giving institutions can also download registration forms online and mail or fax their completed forms to the

FOR IMMEDIATE RELEASE | Contact: Catherine Lu | (702) 486-6982 / 334-7953 | clu@sos.nv.gov

Secretary of State's office, which then sends a confirmation letter with log-in information.

Once registered, individuals will receive a wallet-size card with their password for accessing their advance directives. Changes to the documents may be made at any time through a simple procedure similar to the registration process.

The Nevada Living Will Lockbox was established by the 2007 Nevada State Legislature as the Registry of Advance Directives for Health Care under AB158, sponsored by Assemblyman David Bobzien. The legislature provided funding to initiate the program, which is operated at no charge to the taxpayers of Nevada through grants and sponsorships and launched on March 25, 2008.

For further information on how to file advance directives in the Lockbox, visit www.LivingWillLockbox.com http://www.livingwilllockbox.com/, or contact the Secretary of State's office at (775) 684-5708.

2013 Burning Man Event Access

In appreciation for the Pyramid Lake Paiute Tribe's ongoing contributions and in the spirit of our collaborative relationship, Burning Man looks forward to once again welcoming the Pyramid Lake Paiute Tribe to Black Rock City. We are excited to announce that Burning Man will be extending the same event access privileges to reservation residents and tribal employees as last year. Full details will be announced and coordinated through the tribal office later in the spring. The theme of Burning Man 2013 will be Cargo Cult and the event will take place August 26-September 2. For more information please visit www.burningman.com.

Theme: http://www.burningman.com/ art_of_burningman/bm13_theme.html>

Rosalie Fay Barnes Black Rock City, LLC Government Relations & Legal Affairs (o) 415-865-3800 ext.163

Public Utilities District

The Pyramid Lake Paiute Tribe: Public Utilities District would like to thank all of those who took the time and made the effort to work with the PUD Office to address delinquent and outdated accounts. This collaboration has helped the PUD Office greatly reduce the number of outstanding accounts and achieve a compliance rate of approximately 95%. Your participation in achieving such a high rate of compliance allows the Public Utilities District to continue providing quality utility services and reduces the Public Utilities District's cost burden to the Tribe. Your ongoing cooperation and support provides a strong foundation upon which the Public Utilities District can continue to build a high quality program.

Once again, thank you.

If you have any questions please contact the PUD Office and our staff will be happy to help you.

Benjamin John Public Utilities District Manager Pyramid Lake Paiute Tribe

HUMAN RESOURCES

From the Human Resources Department:

Where has the year gone? The Human Resources Department has been busy this year with the recruitment process. For a listing of all jobs available with the Tribe, please check the Job Board in the Tribal Administration Office-there you can find the jobs listing, employment applications, interview tips, and also other jobs available with outside agencies.

Also, a special welcome those new Tribal employees! Welcome aboard!

For any questions, please see Billie Jean Guerrero, Human Resources Manager, or Brian Wadsworth, Human Resources Assistant in the Human Resources Department in the Tribal Administration Building. We can also be reached at (775) 574-1000, ext. 119/120.

Upcoming Events:

The Human Resources Department, in conjunction with the Tax Department, is getting ready for the 2013 Summer Youth Employment Program. The program will employ youths aged 16 to 21 years old, and provide a 6-week work program from June to August 2013 (dates TBA). The goals of the program are to provide job opportunities for young adults to prepare them with practical employability skills in a field of their interest, and expose them to a potential career in Tribal government. WATCH FOR JOB ANNOUNCEMENTS IN MAY!!!!!!

Tips:

Here is an excerpt from an article taken from www.inc.com and it was written by Mr. Jeff Haden.

10 Things Extraordinary People Say Every Day

- Here's what I'm thinking."
- "I was wrong."
- "That was awesome."
- "You're welcome."
- "Can you help me?"
- "I'm sorry."
- "Can you show me?"
- "Let me give you a hand."
- "I love you."

Nothing – sometimes the best thing to say is nothing.

If you would like to read the entire interview, please visit:



http://www.inc.com/jeff-haden/10-things-extraordinary-people-say-every-day.html?nav=pop



Gregory Gardner Athena Lamebull Pamela Wright Christina Thomas Marie Frazier Randa Mitchell Tanda Roberts Johnnie Garcia Shannon Mandell William Keever

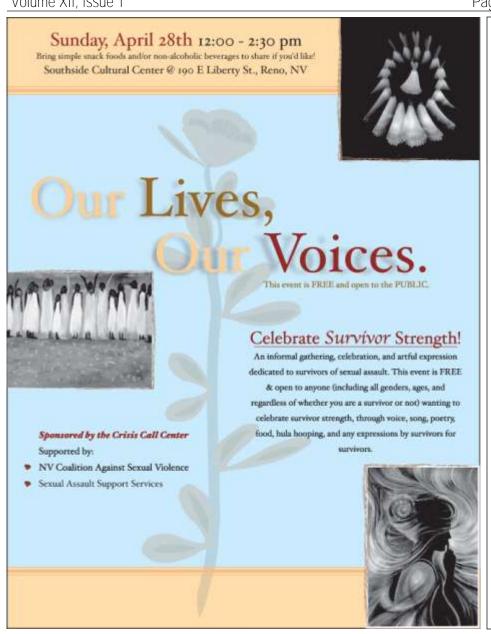
Eugene Paul Darren Stewart Brianna Dunn Khira Shaw Judy Kroshus Linda Dunaway Carla Molino Kacidee Williams

May:

Tyler James
Sumoo Allotey
Steven Wadsworth
David Van Hooser
Ryan Wray
Emmanuel Santiago
-Rivera
Karen Ingraham
Cheyenna Wood

June:

Debbie Barlese Alonzo Ruiz Kathy Frazier Judy Thomas Angey Dunn Justin Zuniga Thomas Skinner Kathleen Wright Alexis Sarabia





Native Education Forum July 9-13, 2013

Attention high school sophomores and juniors!

- Explore Native American/Indigenous issues.
- Develop leadership skills.
- Work with CSU faculty, staff and students.
- Live and work for five days on a university campus.
- Strengthen your college/university application.
- · Improve your academic research skills.
- Earn one college credit.

Who should apply?

You're a candidate for NEF if you're finishing your sophomore or junior year in high school, you have a cumulative grade point average of 2.8 or higher, you're interested in Native American/Indigenous issues, and you're a leader in school, family or community activities.

Your application includes a completed application form, two essay answers, your official high school transcript, and one letter of recommendation from a high school counselor, teacher or community leader.

Deadline: Friday, March 29

We must receive your completed application form and all required documents no later than Friday, March 29. Incomplete applications will not be considered. For an application form and instructions go to admissions.colostate.edu/nef,

The CSU Partnership Award

Native Education Forum participants may be eligible to receive the Partnership Award to attend Colorado State. For details go to admissions.colostate.edu/scholarships.

For more information:

Leslee Lovato
Assistant Director of Admissions
(970) 491-5232
Leslee.Lovato@colostate.edu

admissions.colostate.edu/pef

Social Services News and Information

Northern Nevada Food Bank and Pyramid Lake Social Services provide supplemental food assistance to families on the Pyramid Lake Paiute Indian Reservation each month on the third Tuesday of each month. In addition, the Food Pantry provides fresh vegetables and fruit on the fourth Tuesday of each month.

FOOD BANK April 15, 2013 Sign-ups: 1:30 pm—Nixon gym

FOOD PANTRY April 22, 2013 Wadsworth 9:00 am Bro

Wadsworth 9:00 am Brown Bldg Nixon 10:00 am Nixon Gym

The Social Services provides home delivery to homebound elders in Wadsworth, Nixon, and Sutcliffe. All deliveries are completed after 2:00 pm. The delivery personnel may pass on home delivery if there are unrestrained dogs in the yard and if no one is at home. It is important for clients to notify the Social Services 24-hour in advance if there are changes for delivery.

Food Bank applications are available in the Social Services office and on site.

MEDICAL ALERT AVAILABLE AT PYRAMID LAKE. We've all seen the television commercials

advertising the emergency alert product for the handicapped as well as the elderly who are homebound. The Medical Alert

necklace/pendant, bracelet, and base station provide two-way communication during a home emergency. In addition, the system can be used to answer a telephone call to eliminate the risk injury.

According to http://bayalarmmedical.com, the Medical Alert is portable, lightweight, covers 1000 feet, has a five year battery life, and free coverage for a spouse. The package includes a base station which plugs into a standard telephone landline jack and electrical outlet. Once the account is activated, professionally trained operators will usually respond to a call in under one minute. From there, the client will able to ask the operator to call family or friends, and if necessary 911 emergency services. The operators will have your medical information, prescriptions, and blood type on file.

Bay Alarm Medical is relatively reasonable in monthly or annual subscription cost. Monthly rates begin around \$27.95 or annually at \$19.95 per month. Service availability is available in the Nevada cities and towns, including the Pyramid Lake Indian Reservation. Medical Alert systems require telephone service and electricity.

This valuable emergency device may be ordered online at the above internet address or at 1-888-201-4548.

WEATHERIZATION ASSISTANCE PROGRAM

Reduce Energy Bills, Save Money!



The Community Services Agency (CSA) Weatherization Assistance Programs is an energy efficiency program that helps income eligible households to manage the increasingly high cost of energy.

Weatherization work is performed on your home to help you stay cooler in the summer and warmer in the winter. These services are FREE to eligible households in Washoe County.

WEATHERIZATION WORKS

Not only will your weatherized home be more comfortable year round, you could save significantly on future energy bills.

WHO IS ELIGIBLE?

You may qualify for assistance. Whether you own, rent, live in a single-family home, multi-family housing complex, or a manufactured home, you can apply for assistance.

If you receive Supplemental Security Income and/or Temporary Assistance for Needy Families (TANF), you may automatically eligible. You may also be eligible for assistance if you income falls within the federally established income guidelines shown below. Proof of income and U.S. Citizenship/Legal Residency will be required as part of your application.

Please contact CSA to request a
Weatherization Assistance Program
application packet.
775-786-6023

2013 ELIGIBILITY				
Family SizeAnnua	al Household Income			
1\$16,755	5\$40,515			
2\$22,659	6\$46,455			
3\$28,635	7\$52,395			
4\$34,575	8\$58,335			



NEWS RELEASE

United States Department of Agriculture—Natural Resources Conservation Service 1365 Corporate Blvd. • Reno, NV 89502 | Phone (775) 857-8500 | Web: http://www.nv.nrcs.usda.gov For Immediate Release | Feb. 13, 2013 | Contact: Liz Warner | Office: 775-857-8500 x 105

Nevada ranchers find way to cut costs through more efficient use of water

RENO, Feb. 13 -- Agriculture in Nevada is dominated by the livestock industry because desert and mountain rangelands dominate the state's landscape. Since rangelands do not have the water or the soils to produce crops or other abundant vegetation, ranchers use livestock to harvest some of the vegetation and convert it into a saleable product — meat. However, with meat prices increasing at a slower rate than inflation, ranchers are looking to reduce their rapidly inflating input costs.

Pumping water is one of those input costs that ranchers can control. According to Jim Gatzke, district conservationist for the Natural Resources Conservation Service in Caliente, improving water systems on the range can eliminate fuel costs associated with water hauling and generator-powered pumps as well as increase access to feed.

Water is commonly the limiting factor on Nevada rangelands, and distances between water sources are generally far. Typically, water is found in springs and creeks in the mountains and foothills while the valley bottoms are dry. In addition, water is of insufficient quantity or quality and may not be available when needed. Since the beginning of grazing in Nevada, ranchers have developed wells and diverted springs or creeks to provide water for livestock. In the 21st century, ranchers are replacing, revamping and adding to old water delivery systems.

With the increased costs of fuels, many ranchers are looking to renewable energy to send water to the troughs. "Solar powered pumps are becoming the preferred renewable method because solar energy in the desert is more consistent than the wind," said Gatzke.

Willow Creek Ranch owners Russell and David Fitzwater have installed five energy efficient watering facilities on their private land and public allotments near Eureka in a collaborative effort with the Bureau of Land Management and NRCS. The solar panel pumping plants, new pipeline, and water storage tanks and troughs have provided the Fitzwaters with an efficient



and effective livestock watering system. "Solar energy has eliminated our gas bill, while giving us the ability to have fresh, dependable water every day," said Russell Fitzwater.

Solar pumps consist of a submersible pump designed to use solar energy, a pump controller, and mounted solar panels. Although initial costs are high, the lower maintenance costs of solar pumps make them more economical than windmills or generators. Solar pumps are ideal for low pressure and low flow uses like livestock water systems. Solar pumps are designed based on the water needs of livestock and the energy required to pump the water. If livestock use the range in the winter, the solar pump will be designed based on the solar energy available in the winter, taking into account factors such as short day length and low sun angle.

Finally, USDA offers financial incentives for installing solar pumps that defray or defer the initial cost.

For more information, contact your local USDA Natural Resources Conservation Service office. Offices can be found online www.nrcs.usda.gov/contact.

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Persons requiring special accommodations or materials in an alternative format or language should contact Liz Warner, Public Affairs Officer, (775) 857.8500 x 105. USDA is an equal opportunity provider, employer and lender.

USDA Offers Rural Business Grants for Tribal Enterprises

Applications Due April 19

(CARSON CITY—March 22, 2013) -- The United States Department of Agriculture (USDA) remains focused on carrying out its mission, despite a time of significant budget uncertainty. Today's announcement is one part of the Department's efforts to strengthen the rural economy.

The Nevada State Office of USDA Rural Development will be accepting grant applications until April 19 from tribal enterprises to develop small and emerging private business opportunities in rural areas of the state.

This program provides grants for rural projects that finance the development of small and emerging rural businesses, and help fund distance adult learning for job training and advancement. Small and emerging private businesses are those with fewer than 50 employees with less than \$1 million in projected gross revenues.

USDA Rural Development expects to award approximately \$3.2 million through the Native American RBEG program via a single national competition. There is no Nevada state set-aside for this program. Native American RBEG applications from Nevada compete

with other Native American RBEG applications from around the nation. Last year 25 projects were funded, including two Nevada projects. The Moapa Band of

Paiutes received \$65,000 to purchase a bulldozer for use at the Moapa Paiute Farm in southern Nevada, and the Wells Band Council received \$52,800 to



conduct a feasibility study for a motel in Wells.

For a tribally owned business to be considered private, it must be held through a separate entity such as a tribal corporation. The corporation may be owned by the tribe and distribute profits to the tribe. However, the governing board must be independent from the tribal government and elected or appointed for a specific time period.

Applications for the Native American RBEG are available at http://www.rurdev.usda.gov/nvrbeg.html .

For more information, contact Michelle Kelly in Carson City, at (775) 887-1222 x 118, or David Foster, in Las Vegas, at (702) 262-9046 x 103.

Apply Now for Range Camp

Carson City, Nev., Feb. 25 —
Applications are now being accepted from high school students to attend the 53nd Nevada Youth Range Camp to be held June 16-22 at the U.S. Forest Service's Big Creek Campground in central Nevada. Applications must be submitted by Tuesday, April 30.



Nevada Youth Range Camp is a teenager's best opportunity to learn about Nevada's desert and mountain rangelands and diverse ecosystems, while experiencing them first hand. The Society for Range Management operates the week-long camp for 14-18 year olds from Nevada and eastern California. University of Nevada Cooperative Extension conducts the program with staff from various State and Federal agencies including University of Nevada Cooperative Extension, Natural Resources Conservation Service, Nevada Division of Forestry, Nevada Division of Conservation Districts, Bureau of Land Management, U.S. Forest Service, U.S. Fish and Wildlife Service, and Nevada Department of Wildlife. Financial sponsors include Nevada Wildlife Federation, Nevada Conservation Districts, Nevada Bighorns Unlimited, and Nevada Society for Range Management.

Campers will have the opportunity to learn from range management professionals who are knowledgeable in the ecology and management of the Great Basin's desert and mountain rangelands. Students learn basic surveying and map reading, identification and importance of rangeland plants, evaluation of sagebrush and woodland ecosystems, wildlife surveying techniques, evaluation of stream health, and many other topics related to rangelands. While the camp is educational, it also offers an enjoyable, outdoor experience with activities such as swimming, fishing, hiking, volleyball, horseshoes, campfires and photography.

Interested students must submit an application and letter of recommendation from an adult other than a parent or sibling. The cost to attend Range Camp is \$180, which includes meals and camp activities. Applicants can be sponsored to attend Range Camp by contacting their local conservation district or other organizations. Forms and information can be found on the Nevada Youth Range Camp Web site at http://nevada.rangelands.org/Range%20Camp.html or by contacting Kathryn Dyer (775) 885-6012 or kdyer@blm.gov.

Completed applications with enclosures can be mailed to NV Youth Range Camp, c/o Bureau of Land Management, attn. Kathryn Dyer, 5665 Morgan Mill Road, Carson City, NV 89701; e-mailed to kdyer@blm.gov; or faxed to 775-885-6147 (attn. Kathryn Dyer). If sent by e-mail, letters of recommendation must be on the adult's official letterhead or must be a scanned copy of the adult's letter and signature. Applications must be submitted by Tuesday, April 30. Approved applicants will be notified within two weeks.

Camp is held every June at the US Forest Service Big Creek Campground in central Nevada's Toiyabe Mountain Range. The Toiyabes are one of Nevada's most impressive mountain ranges with several peaks over 10,000 feet in elevation. June is an ideal time to be in the Toiyabes when numerous wildflowers are in bloom and the vegetation is green from the recent snowmelt.

Pyramid Lake Paiute Tribe—Irrigation Ordinance

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ORDINACE NO. XX Pyramid Lake Paiute Tribe—Irrigation Ordinance

Chapter 1: General Provisions

XX-01-010 Title: This Ordinance shall be known as the "Pyramid Lake Paiute Tribe Irrigation Ordinance".

XX-01-020 Purposes: The purposes of this Ordinance are to:

- (a) Set forth operating and governing procedures related to Irrigation Operation and Maintenance (O&M) in identified irrigation areas on the Pyramid Lake Paiute Tribe Reservation.
- (b) Deliver water to irrigated lands in a fair, consistent, and efficient manner that will benefit all the irrigators on the Pyramid Paiute Tribe Reservation.
- XX-01-030 Policy: It shall be the policy of the Pyramid Lake Paiute Tribe that the Administrator will operate maintain and manage the Irrigation Program on the Pyramid Lake Reservation so that the individual irrigators are delivered irrigation water in a fair, consistent, and efficient manner. It shall also be the policy of the Pyramid Lake Paiute Tribe that the operation, maintenance, and management of the Irrigation Program on the Pyramid Lake Reservation be carried out through an efficient program and in a financially responsible, cost effective, and self-sustaining manner.

XX-01-040 Definition of Terms: The following definitions shall apply to this Ordinance:

- (a) "Administrator" is the Department of Water Resources Director.
- (b) "Individual Irrigator" is the owner of the agricultural land assignment or their designee.
- (c) "Pyramid Lake Paiute Reservation" or "Reservation" means all air, land, and water, both surface and underground, located within the exterior boundaries of the Reservation and on any acquired properties outside the exterior boundaries.
- Chapter 2: Establishment of Pyramid Lake Irrigation Program
- XX-02-010 Pyramid Lake Irrigation Program: The Pyramid Lake Irrigation Program is hereby established.
- XX-02-020 Jurisdiction: The Pyramid Lake Irrigation Program shall operate generally within the exterior boundaries of the Pyramid Lake Reservation.

XX-02-030 Authority: The ordinance is established and adopted by the Pyramid Lake Paiute Tribal Council pursuant to Article VI. Section 1 (i) and (j) of the Constitution of the Tribe and Article V. of the By-Laws of the Tribe.

XX-02-040 Authority of the Administrator: To maintain and manage the Pyramid Lake Irrigation Program, the Administrator shall have the power to:

- (a) Levy and collect reasonable fees for irrigation services, including but not limited to irrigated acres, equipment use, late fees, late penalties, and other assessments deemed necessary.
- (b) Provide for hiring and compensation of appropriate management and maintenance personnel.
- (c) Adopt appropriate regulations and policies to implement the requirements of this Ordinance, subject to any Tribal Council approval required under this Ordinance.
- (d) Authorize disbursement of funds for the operation, maintenance, and repair of the irrigation infrastructure.
- (e) Contract with vendors and contractors to assure that the irrigation program operates in a safe, efficient, and reliable manner for the irrigators on the Pyramid Lake Reservation.

XX-02-050 Regulations and Policies: The Irrigation Program shall adopt regulations or policies as needed to implement the provisions contained in this ordinance. Regulations, fee schedules, and policies must be approved by the Tribal Council before becoming effective, unless Tribal Council delegates authority to implement certain regulations or policies without further tribal Council approval. Such regulations shall include, but are not limited to, the following subjects:

- (a) Fee schedules;
- (b) Billing policies;
- (c) Delinquent payment procedures;
- (d) Emergency notification and response procedures; and
- (e) Inspection procedures.

XX-02-060 Amendments: The Administrator shall recommend to the Tribal Council amendments to this Ordinance necessary to promote an efficient, cost-effective, and self-sustaining Irrigation Program.

Pyramid Lake Paiute Tribe—Irrigation Ordinance

(Continued from page 8)

premises, except in case of emergency where life or property are threatened, or in cases of immediate water shortages.

XX-04-070 Unnecessary Waste of Water: The Irrigation Program reserves the right to terminate an individual irrigator's service when the individual irrigator has repeatedly and unduly wasted irrigation water. Such undue waste can be evidenced by the fact that irrigation water is allowed to run into the desert or area that has not been authorized for irrigation, allow the water to "overflow" from ditches or fields by not turning off the water in the allotted amount of time, or other unauthorized use of Tribal irrigation water without specific prior approval of the Administrator. Where these conditions have been observed, the Administrator or representative will issue the individual irrigator a written notice to correct the water waste. If the individual irrigator continues and does not terminate their water waste within the time specified in the notice, the Administrator may cease water delivery. Service shall be resumed only after correction of the condition causing water waste, and payment of any penalties, fines, or any other accounts in arrears to the Irrigation Program. An estimate of the amount of water wasted (Flow rate x time) may be developed and the remaining irrigation water delivered to the individual irrigator may be reduced by this estimation.

XX-04-080 Conservation of Resources: The Administrator shall conduct operation, maintenance, and repair services in a manner that will maximize the conservation of natural, financial, and property resources.

XX-04-090 Construction: All major construction to main delivery systems within the responsible areas of the Irrigation Program must have authorization by the Administrator. Any construction approved must meet the minimum qualifications that improve water delivery in reservation irrigation systems.

XX-04-100 Special Requests: In the event there is a special request regarding scheduling, burning, planting, billing payments, operation and maintenance or negligence, all requests must be made in writing to the Administrator. The Administrator then must review said request(s) and make any necessary correction as needed. It is the individual irrigator's responsibility to inform the proper entities in addition to the Administrator, the Water Resources Technician in matters concerning schedules, planting changes, and O&M concerns. The Environmental Department, Police and Fire Department must be notified for all burning events. If the request involves a dispute, it must be followed according to Chapter 6.

XX-40-110 Ditch/Field Burning: Any burning that involves the main canal will be coordinated by the Administrator and/or Water Resources Technician. If a control burn is required, all areas of potential hazard will be burned under the direction of the Water Resources Technician and/or the Administrator.

- (a) Notification: When any burning on a land assignment occurs, the individual irrigator must obtain a Burn Permit from the Environmental Department and notify proper authorities, such as Fire Department, Police, and Administrator, as it poses a potential hazard. The Tribe will not be held liable for negligence due to unauthorized burning. If burns occur on weekends, prior notification to proper authorities must occur to avoid potential hazards.
- (b) Burning Times: Any burning must take place during the daylight hours so proper authorities can be contacted, preferably between 8AM and 5PM. Burning should preferably not occur with high winds, excessive fuel present, inadequate resources or incapacitated operators. In the event burns occur without proper notification or preferred conditions, the Tribe will not be held liable for damages.

XX-04-120 Assignment Transfer/Changes: The individual irrigator must notify the Administrator in writing of changes in land assignments ownership and billing within 90 days of beginning the irrigation season. The request for changes will be brought before the committee/board for review and acknowledgement, followed by a recommendation to the Tribal Council for the change.

XX-04-130 Irrigation Program Equipment and Property: The Irrigation program equipment and property is the property of the Pyramid Lake Paiute Tribe. Individual must not tamper with or impede the workings of the Irrigation Program property and equipment.

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Chapter 5: Fee Schedules and Billing

XX-05-010 Establish Fee Schedule: The schedule of fees for irrigation services shall be set by the Administrator with the approval from Tribal Council. The fee schedule shall be based on the estimated average annual costs for operation of the Irrigation Program. The irrigation fee will be a basic rate per irrigated acre for services provided by the Irrigation Program. The fee schedule may be adjusted as needed to meet the expenses of the Irrigation Program O&M costs. The fee schedule may include irrigation fees, late charges, penalties, equipment use, and other assessments determined by the Administrator and approved by the Tribal Council. The fee schedule may be amended if flow meters are installed to determine actual usage.

XX-05-020 Public Hearing: The Administrator or representative shall hold a public hearing whenever a new or revised fee schedule is proposed for adoption. At least five days in advance of the hearing, notice of the public hearing with the proposed fee schedule shall be sent to current individual irrigators and posted in a public location. Following the public hearing, the Administrator shall set a fee schedule to be presented for Tribal Council approval, taking into consideration comments received at the hearing.

XX-05-030 Notice to Individual Irrigators: A copy of the new or revised fee schedule adopted by the Tribal Council shall be sent to each customer at least 30 days prior to the date the established schedule takes effect.

XX-05-040 Billing Responsibility: The Pyramid Lake Finance Department shall be responsible for billing individual irrigators for irrigation services.

Chapter 6: Dispute Resolution

XX-06-010 Administrative Procedure: All disputes that arise will be coordinated through the Administrator. If the dispute is not satisfied, it will then be taken to and addressed by the committee/board. If the dispute is still not satisfied, the Tribal Council will then be requested to resolve the dispute.

(a) Damages: If the dispute involves damages, it will be recommended for submission into Tribal Court, if the dispute cannot be resolved by the administration.

Chapter 7: Enforcement

XX-07-010 Remedies Authorized: One or more of the following remedies are available to the Administrator for failure of the individual irrigator to comply within any provisions of this Ordinance or with any duly adopted regulation of the Irrigation Program.

Termination of irrigation service:

- (a) Assessment of penalties based upon regulations established by the Irrigation Program;
- (b) Assessment of late charges based upon regulations established by the Irrigation Program;
- (c) Assessment of damages from the irrigator's non-compliance;
- (d) Seeking damages based on the irrigator's non-compliance in Pyramid Lake Tribal Court; and/or
- (e) Referring violations that may involve criminal conduct to the Pyramid Lake Tribal Police.

In all cases, the billing policy and due process must be followed:

XX-07-020 Remedy Guidelines: The Irrigation Program shall use the following guidelines when considering the appropriate sanctions to be imposed in any given case:

- (a) Whether the sanction is required by this Ordinance or other applicable law, or whether imposition is discretionary;
- (b) The minimum sanction needed to effect compliance;
- (c) The harm to operation of the Irrigation Program and to the Tribe if the sanction is not imposed;
- (d) The individual irrigator's past record of compliance or non-compliance, or good faith efforts to achieve compliance;
- (e) The harm to other persons or property if the sanction is not imposed; (Continued on page 9)

Pyramid Lake Paiute Tribe—Irrigation Ordinance

(Continued from page 6)

Chapter 3: Administrative Duties

XX-03-010 Tribal Council: The Tribal Council provides policy requirements and enforcement support to ensure that said policies are enforced accordingly. The Tribe is responsible to ensure the irrigation system is providing sufficient water to the land assignees for irrigation purposes. The operation, maintenance and management must be executed in an efficient, cost-effective, and sustaining manner that does not adversely impact farm operation, in-stream flow requirements, river and lake habitat and economic progress.

XX-03-020 Tribal Chairman: It is the duty of the Tribal Chairman to follow and enforce said ordinances and policies as set forth and adopted by the Tribal Council. Under any circumstances that requires special administrative decision regarding irrigation operation and/or this policy, it must be consistent with Chapter 4.

XX-03-030 Administrator: The administrator will be responsible as supervisor to the Water Resources Technician and to administer daily activities. The Administrator is responsible for confirming irrigated acreage and assesses the charges to be applied. The Administrator will be responsible to provide an irrigation system roster and acreage of land assignments for individual land assignees and report any changes to the Committee/Board and Water Resources Technician. The roster will include accurate GPS mapping of all irrigated assignments, which are updated on a regular basis, to maintain a record of the yearly irrigation requirements. Under any circumstance that requires a special decision regarding this policy must be consistent to Chapter 4.

XX-03-040 Committee/Board: The Tribal Council shall appoint a five (5) member Committee consisting of members of the Tribe. The committee/board will be responsible to oversee the administrative function and management of the program. It will provide direction and recommendations for Tribal Council approvals. It will provide direction and/or recommendations for administering and managing the Irrigation Program. It will review any changes in acreage of land assignment(s). It will record and/or monitor any improvements to the land assignments. All enforcement and dispute action must be reviewed by the committee/board who will meet on a monthly basis. The Committee shall have no management or supervisory authority over the Department of Water Resources staff.

XX-03-050 Water Resources Technician: The Water Resources Technician will be responsible to manage the daily operation and maintenance of the irrigation system on the reservation. Will plan and provide a rotation schedule to effectively deliver water to individual farmers. Will assure rotation schedules are followed accordingly by the assignees or leasers of land assignments. During the off season the Water Resources Technician will be responsible for inspecting the irrigation system and make necessary repairs and maintenance to the main ditches. Before beginning the irrigation season a comprehensive inspection will be conducted to provide efficient irrigation flows.

XX-03-060 Individual Irrigator: Individual irrigator will be responsible to irrigate their land assignments in an efficient and cost effective manner according to the rotation schedule established by the Administrator, and/or Water Resources Technician. Individual irrigators will be responsible to the operation and maintenance of their ditches from the main ditch to their fields to assure proper and efficient delivery of irrigation water (clear of debris, weeds, repairs, etc.). Individual irrigators must confirm acreage under assessment charges applied (hay production and pasture fields). Any dispute that arises will be followed according to Chapter 6.

Chapter 4: Management Function

XX-04-010 Irrigation Services: The services provided by the Irrigation Program include the delivery of irrigation water to irrigators' ditches, system maintenance, and ancillary services. Tribal Council may provide additional services upon recommendations to the Administrator. The Irrigation Program is responsible for providing efficient, cost effective irrigation water for a fee to those farmers that are connected to the irrigation system within the exterior boundary of the Pyramid Lake Reservation. The Irrigation Program's responsibility for maintenance shall only extend to the end of the common delivery ditches, but does not

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include individual irrigators' private ditches than convey the irrigation water to the individual fields. When an irrigator needs help maintaining their private ditches, a fee will be assessed for the equipment, consumables, and operators time. The Irrigation Program shall not be responsible for, nor maintain nor repair, any private irrigation ditches, except by specific agreement establishing fair rates of compensation to the Irrigation Program. The Irrigation Program shall not be liable for any loss or damage beyond its control resulting from any defect in, or damage to, irrigators' ditches or land assignment.

XX-04-020 Assessment Fees: Assessment fees are established at a reasonable rate per acre, according to the O&M Costs. Acreage currently under operation, utilizing waters from the irrigation system, will be applied an assessment charge. Any changes in size of the acreage under operation must be tabulated on the irrigation roster kept by the Administrator and/or Water Resources Technician. The Administrator will conduct field surveys to maintain an accurate accounting of the irrigated acreage for each individual irrigator. The assessments collected by the Tribe will be applied towards Irrigation O&M funding responsibility. Each individual irrigator is responsible to pay according to acreage of their land assignment or acreage of leased land assignment(s). This policy sets forth the enforcement mechanism that denies the delivery of water until assessment fees are paid or arrangements are set up for payment. In the event that assessment fees are altered (increased, waived, lowered), it must be at the discretion of the administrative duties outline in Chapter 5.

- (a) Delinquent Payments: In the event the payments are delinquent, measures must be taken by the administrator and the individual irrigator to satisfy the assessment requirement. If it is not satisfied according to this policy, water will be denied. If necessary, payments can be accepted until the assessments are paid in full. Disputes will follow procedures described in Chapter 6.
- (b) Equipment Use: The use of equipment from the Irrigation Program will be billed to the individual irrigator. The fees are included in the Billing and Collection Policy as well as the Fee Schedule.
- (c) Irrigation Credit: When in individual irrigator is caught up on irrigation fees and paid into the future season; there is an irrigation credit that carries over to the next year. This credit is shown on the initial billing for the irrigation season.

XX-04-030 Annual Federal Water Master (FWM) Notification: The annual FWM assessment, once submitted to the Tribe will then be submitted to the B.I.A. Western Nevada Agency for payments to the FWM office.

Federal Water Master (FWM) Notification: The Administrator is responsible to notify the FWM of scheduled irrigation start up dates and ending dates. It is also mandatory to notify the FWM of diversions associated with certain diversions (Nixon, Proctor, Olinghouse #1 & #3, Fellnagle) that require special attention relative to monitoring ditch flows. Administrator is responsible to inform the FWM for additional water needed for new seeding or additional field developments. Allocation for the Irrigation Program is up to 110% of the water required every season; therefore irrigators must inform the Administrator of upcoming changes before the irrigation season begins to get the proper water allocated from the FWM.

XX-04-050 Rotation Schedules: The Administrator and/or Water Resources Technician will be responsible for setting up rotation schedules and assuring the rotation schedules are followed and enforced. If there are special conditions, such as new seeding or field development, to follow certain schedules, the Administrator and/or Water Resources Technician will make provisional changes to accommodate special conditions. All land assignments must not exceed the minimum required duty for crop types irrigated.

XX-04-060 Inspections: The Irrigation Program and its agents are authorized to make limited inspections, at reasonable times, of the irrigated parcels and delivery ditches served by the Irrigation Program to the extent necessary to ensure that individual irrigators' are utilizing the water efficiently and not wasting irrigation water. Inspections would also ensure the individual irrigators are not operating in a manner that would likely disrupt or interfere with the irrigation schedule. The Administrator shall provide irrigators with at least 24 hour notice prior to entering and inspecting the

(Continued on page 7)

Pyramid Lake Paiute Tribe—Irrigation Ordinance

(Continued from page 7)

and

(f) The effectiveness of similar sanction in securing compliance in other cases

Chapter 8: Irrigator Grievances

XX-08-010 Time Period: The aggrieved person must file a written grievance with the Administrator within ten (10) working days from the date of the action from which the grievance arises, which may be the date the aggrieved person receives the determination letter or other notification of a determination by the Irrigation Program, or else the person's right to grieve the matter is forfeited.

XX-08-020 Contents of Grievance: The written grievance must be addressed to the Administrator and set forth the specific grounds for the grievance. The person shall submit all documentary evidence the person wants the Administrator to take into consideration.

XX-08-030 Administrator Decision: The Administrator shall issue a written decision on the grievance within ten (10) working days after receipt of the grievance. The written decision shall set forth a statement of facts leading up to the grievance and grounds for the decision on the grievance.

XX-08-040 Administrative Appeal: If the person is not satisfied with the Administrator's decision on the grievance, he may submit a written request for an administrative appeal to the committee/board. The written request for an administrative appeal to the committee/board must be

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submitted within ten (10) calendar days from the date the person receives or should have received notice of the Administrator's decision.

XX-08-050 Committee/Board Hearing: The person may request an administrative hearing in his/her request for an administrative appeal. If the person requests a hearing, the committee/board shall schedule the hearing within twenty (20) calendar days of the date of receiving the administrative appeal request. The committee/board shall send the person written notice of the time and location of the hearing. At the hearing, the person may present evidence, inspect the evidence of the Administrator and be represented by legal counsel.

XX-08-060 Finality of Decision: The decision of the committee/board shall be final.

Chapter 9: Miscellaneous Provisions

XX-09-010 Sovereign Immunity: The Irrigation Program, as a governmental entity of the Pyramid Lake Paiute Tribe, is immune from suit. Nothing contained herein is intended to waive the Pyramid Lake Paiute Tribe's or the Irrigation Program's sovereign immunity from suit.

XX-09-020 Severability: The invalidity of any section, clause, sentence, or provision of this ordinance shall not affect the validity of any part of this Ordinance which can be given effect without such invalid part (s).

////END

DRAFT—ORDINACE NO. XX
Pyramid Lake Paiute Tribe—Irrigation Ordinance
February, 2013

Tax Department

Tax Department staff has been busy preparing 2012 Income Tax returns for Tribal and community members as part of VITA (Volunteer Income Tax Assistance). All staff members were certified through the IRS to prepare income tax returns. The guidelines under the VITA program have gotten stricter on certification testing and scaling back the scope of a VITA Site. We are not to do; prior year taxes, business returns, amend returns from another party, farm or questionable returns.

The last day to file your 2012 Income Tax Return is Monday, April 15, 2013. Please don't wait for the last day to file your return as the staff will not guarantee it will be complete that day.

Tax Tip - Tribal Donations

If your group receives a donation from the Tribe request that it is made out to the organization not an individual of the group. At the end of the year, the Tribe will issue a Misc. 1099 form for that donation and it will be issued to the name on the check. If it is issued to an individual instead of the group, that person will be responsible to claim it on their income tax return as income.

If your group asks for a donation from a Tribal program run on Grant funding; the donation should be awarded as a contract from the program not listed as a donation. Grant programs can't give donations but can issue a contract to a group if it fits under the scope of the Grant; drug alcohol prevention, youth activities, cultural or education, events.

Tax Commission - News

Judith Davis was appointed to the Pyramid Lake Tax Commission by the Tribal Council on February 1, 2013. She replaced DaNelle Smith, whose term was up, we would like to say thank you to DaNelle for her dedicated service. Fannie Ely, Chairperson has resigned her position from the Commission; we would like to express our gratitude for her 8 years of service

on the Tax Commission, with her serving as Chairperson for most of those years. We will miss her input to the commission and department. But we wish her the best of luck in the next phase of her life, we will miss her.

2013 Pyramid Lake Seller Permit

Section: 208.007 of the Pyramid Lake Tax Code states "Application for Permit Required: (1) Every person desiring to engage in or conduct business as a seller within the Reservation must file with the Tax Commission an application for a permit for each place of business." Permit cost is \$25 annually.

If you have not renewed your 2013 Seller Permit, your file will be closed and your business will no longer be considered valid to sell on the reservation. Please, either renew your permit or let us know you no longer need the permit.

Notary Services

All the staff members are Notaries; please remember to bring in photo identification. It is a required document in the Notary Log book, to defer fraud. Remember never to sign the document until you bring it in for Notary. If a pawn ticket is presented for Notary, the person who pawned it must appear in person not the person who wants to recover it.

DMV Tax Exemption form

The Tax Department has updated the DMV vehicle registration data on the computer. If you purchase a car, the first time you request an exempt form you must bring in all the information, VIN, Names, Tribal Address, etc. If you are renewing a vehicle you have registered here in a prior year we have all that information in the data base making the process simpler. Don't wait until the due date to get the form, it may be delayed, if we are out of the office the day you need it, plan ahead for your convenience and ours. The vehicle registration address must match the tribal address listed; DMV is now checking it.

Assemblyman Ira Hansen

Serving the people of Nevada is a great honor and responsibility. My name is Ira Hansen and I represent Assembly District No. 32 that includes the Pyramid Lake Indian Reservation, five counties, and portions of two counties in western Nevada. I was born in Reno; and with my wife, Alexis, we have eight children. I work as a plumbing contractor and enjoy Nevada history, reading, and the great outdoors in which to hunt, fish, and camp.

I was elected to the Assembly in 2010. The Legislature is currently in session for 2013; and during the Legislative Session, I serve on the Assembly Committees on Commerce and Labor; Judiciary; and Natural Resources, Agriculture, and Mining. I am also a member of the Legislative Commission that takes action on behalf of the legislative branch of government when the full Legislature is not in session.

You probably have heard about some of the topics my legislative colleagues and I will be considering during this legislative session. The issue of firearms is in the national news. Many measures are proposed addressing firearms sales, registration, concealed carry permits, and criminal punishments for unlawful use. Issues concerning children are on the agenda such as protecting children from abuse or exploitation to their rehabilitation and education. The desert climate of Nevada makes water usage another important topic. And, of course, with the Legislature meeting every two years, taxes and ways to balance the biennial budget get serious consideration.

I am sure there is a subject being considered by the Legislature that interests each one of you. During the legislative session you may call me at 775-684-8851, or by email at Ira.Hansen@asm.state.nv.us. You may contact me anytime during the year at 775-221-2502. Please contact me with your comments, compliments, or concerns. I am here to provide my service to everyone in my district.

Cindy Southerland, Personal Attache to Assemblyman Ira Hansen, Assembly District 32 401 S. Carson St, Rm 3156, Carson City, NV 89701-4747 Phone: 775/684-8851 | Fax: 775/684-8533

Collaborative Heritage Management: Archaeologists and Tribes Working Together



University of Nevada, Reno

Course: ANTH 448/648: Field School in Archaeology Credits: 6 Semester Hours

Instruction: Dr. Sarah Cowle, Assistant Professor of opology. UNR; email <u>scowing our edu</u> for information

in this five-week field school, students will collaborate with local Native American tribal members and heritage specialists in service learning activities at the Stewart Indian School in Carson City, Nevada. Students will learn methods of archaeological excavation, as well as non-invasive method: aimed at preservation, such as recording oral histories, conducting archaeological surveys, and interpreting Global Positioning System (GPS) and remote sensing data.

The Stewart Indian School dates to 1890 and operated until 1580; it is currently listed on the National Register of Historic Places. Young Native Americans from many parts of the Western United States attended the school, and it holds significance for many descendant communities today. This archaeology and preservation project is conducted in partnership with the Washoe Tribal Historic Preservation Office and the Nevada Indian Commission and its Stewart



Collaborative Historical Archaeology and Preservation at Stewart Indian School, Carson City, Nevada. July 15-August 15, 2013



Learn Fundamentals in Archaeological Field Methods:

Survey, mapping, excavation, recording, field laboratory methods, GPS, total station, remote sensing, oral histories, and more.

Program Cost: Undergraduates: \$1220: Graduate

students: \$1300 Program cost includes tultion, fees, field supplies, and ransportation between UNR and the field school site. Scholarships are available for qualified students who are tribal members; contact Dr. Cowle for more nformation at: scowle@urr.edu Review of applications (and admission of highly qualified applicants) will begin on April 1; applications will be accepted through May 31. The field school is limited to 12 students. The application is available on the UNR Anthropology website. http://www.unr.edu/anthropology/research Submit application materials to Dr. Cowie in the Department of Anthropology, UNR. Electronic

applications may be submitted to scowle@unr.edu

Temporary Heritage Job Openings Sarah E. Cowie and Christopher C. LeBlanc Department of Anthropology, UNR-Reno

We are planning to conduct a field school in collaborative archaeology and preservation at Stewart Indian School in collaboration with interested tribal members. The Stewart Indian School dates to 1890 and operated until 1980; it is currently listed on the National Register of Historic Places. Young Native Americans from many parts of the Western United States attended the school, and it holds significance for many descendant communities today.

This archaeology and preservation project is conducted in partnership with the Washoe Tribal Historic Preservation Office and the Nevada Indian Commission and its Stewart Advisory Committee. The project is funded by a grant from the Army Research Office to create a model for doing archaeology that respects the wishes of tribes and emphasizes tribal sovereignty. The field school will be a five week project in Summer 2013 (July 15 -August 15) where students learn about heritage and how to conduct responsible archaeology that is sensitive to the wishes of Native peoples; this will be a 6 credit college course through the University of Nevada, Reno (UNR).

The following temporary, paid positions are Prospective associated with this project. employees are encouraged to contact Chris LeBlanc (christopherleblanc@unr.edu, cell 520-404 -8798) directly if they have questions about the project or the application procedures. Review of application materials will begin April 1st and will remain open until filled, preferably no later than June 30. To promote collaborative research with Native American Tribes, we highly encourage enrolled tribal members to apply for these positions.

Position: Field Supervisors

Two hourly Field Supervisors will be hired for the five week Collaborative Archaeological Field School at Stewart Indian School (July 15 - August 15, 2013). The Field Supervisor positions, under the supervision of the PI, will supervise students help teach archaeological methods. Occasionally Field Supervisors may be needed to drive vans and small trucks for the project. Tribal members are highly encouraged to apply for these positions. If tribal members are hired for these positions, they also will be able to share tribal perspectives on heritage in archaeological fieldwork. Employees in these positions should demonstrate experience with archaeological survey and excavation of test units, identification of artifacts, and experience with related technologies such as GPS. We hope to hire enthusiastic, collegial, dependable team-players for these Depending on level of previous experience, Field Supervisors will earn \$15-\$18 hourly for up to 200 hours during the field school; this position does not come with additional benefits.

Summary of Deadlines:

April 1 - Review and admission begins

May 31 - Last day to apply

June 15 or earlier- Students will be notified of their acceptance to the field school.

June 29 - \$300 deposit deadline (cashier's check or money order only)

- Full balance of the fee is due; last date to cancel enrollment and receive a refund of the deposit.

Application available on the Tribal Website: www.plpt.nsn.us/education



PYRAMID LAKE HOUSING AUTHORITY Is accepting new and updating applications for the BIA Housing Improvement Program (HIP)

Eligible Applicants may apply for:

- Category A Interim Improvement
- Category B Repairs and Renovations
- Category C Replacement Housing

All applications will be ranked on a point system as follows:

- Annual household income
- Age
- Disabled/Handicapped
- Dependents
- For new construction (Category C) Applicant MUST have a land assignment suitable for housing including available

APPLICATION DEADLINE IS: June 14th 2013

Applications are available at: Pyramid Lake Housing Authority P.O. Box 210 Nixon, NV 89424

For more information contact: Jackie Mix, Development Coordinator Emma Powell, Development Assistant 775-574-1026

02/06/2013

Christina John, Executive Director













- ♥ Every child has the Right to Name and Nation identity.
- ♥ Every child has a Right to Survive in an environment that does not discriminate because of gender or race.
- ♥ Every child has a Right to Nutrition in order to grow up healthy and not be malnourished.
- Every child has a Right to Protection from Neglect, to have their basic needs provided for and to be protected from harm.
- ♥ Every child has the Right to Health and Care in order to grow up healthy and thrive.
- ♥ Every child has a Right to Protection from Abuse whether mental, physical or sexual.

- Every child has a Right to Education to be schooled in order to learn and grow intellectually.
- ♥ Every child has a Right to Expression and not be exploited by others.
- Every child has the Right to <u>Information</u> in order to understand his/her basic rights and position in society.
- ♥ Every child has the Right to <u>Development</u> in order to reach their full potential and to grow in a free way.
- Every child has the Right to Protection from Exploitation such as child labor or forced prostitution.
- Every child has the Right to Recreation such as sports, entertainment and hobbies to explore and develop.
- Source: Basic Child Rights, Smile Foundation



Sumunumu

Pyramid Lake Tribal Health Center | March 2013



Prevention Pow-Wow February 16, 2013

Collaboration of Sumunumu and Garrett Lee Smith Youth Prevention program planned the Prevention Pow wow in Nixon Nevada.

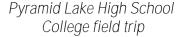
Prevention Healing Community Education Pow wow, February 16, 2013 is to increase community knowledge and understanding of the issues surrounding substance abuse and risk behaviors including suicide through prevention messages in a collaborative effort with the Garrett Lee Smith (GLS) youth suicide prevention program. The Sumunumu seeks to create and strengthen protective factors in youth & community by highlighting cultural awareness. Total number of participants = 358

Highlight of the pow wow were the showcase of the GLS Digital Stories, and variety of speakers who spoke before sharing Digital story.

Master of Ceremonies: Tom Phillips and Arena Director: Elmer Atlookan and all the staff who made this event possible.

The visiting drums, vendor and informational booths. Sacred Visions Pow wow committee provided refreshments from the concession stand.

Special thanks: Meth- Suicide Prevention Initiative, Garrett Lee Smith Suicide Prevention and Sacred Visions Pow wow committee, ITCN domestic Violence Program, Solace Tree, Pyramid Lake Tribal Health Center, PL Victim Services, Pyramid Lake Veterans, Pyramid Lake Museum, Pyramid Lake Head Start program and Local Vendors.



March 22, 2013

Sumunumu Substance Abuse Program provided one day fieldtrip to Paul Mitchell school & Career College of Northern Nevada.

6 Pyramid Lake High School students and 3 chaperones Sumunumu staff Judy Kroshus, Diana Mitchell and PLHS Counselor Shana Thomas. Students were provided with a tour of each of the schools.



Save The Date Gathering of Native Americans Training Summer of 2013









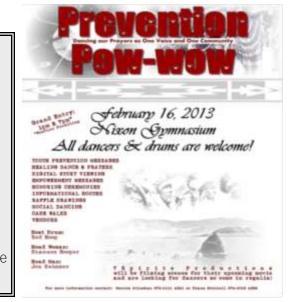












Thank you for all your support!

- Pyramid Lake Health Center
- Meth-Suicide Prevention Initiative
- Pyramid Lake Veterans Association
- Inter Tribal Council of Nevada DV program
 - Sacred Visions Pow wow Committee
 - Pyramid Lake Victim Services
 - Pyramid Lake Museum
- Many Volunteers who helped make this event possible

Connect Training: Developing a Community Response Plan

Feb. 28th- March 1, 2013 ~ RSIC A suicide or other untimely traumatic death can have a

devastating impact on a community. The shock and grief goes well beyond immediate family and friends and can ripple throughout the community affecting friends, coworkers, schools and faith communities.

A team of professionals who know what to do, are trained and prepared to act, and have an action plan in place will promote healing and reduce risk after a suicide in light of the bewilderment and turmoil that often occurs.

This training presents the *Connect* suicide postvention

curriculum, including best practice protocols. The participants will develop a community-wide suicide response plan. And will serve as a template for other Nevada Tribes to adapt for their community.

Sponsored by: Meth-Suicide Prevention Initiative, PL GLS, Nevada Urban Indians, Inc. RSIC, Sumunumu, Washoe tribe of Nevada & California. Follow up meeting scheduled for April 17, 2013 at Natchez Elementary















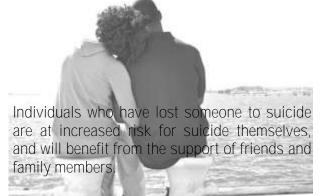
Judy Kroshus, Director Kathy Wright, Counselor

Vacant: Counselor Diana Mitchell, Prevention Advocate 705 Hwy 447 | PO Box 227 Wadsworth, NV 89424 Tel: (775) 574-1018



The GLS Pyramid Lake Project: KWETSO'INA NUMU ~ "PEOPLE OF LIFE"

TALKING TO SURVIVORS OF SUICIDE



When talking to survivors of suicide loss or individuals bereaved by suicide, you can:

- Use the deceased person's name.
- Know that it is okay to use the word suicideacknowledging that the death is a suicide promotes healing and minimizes risk.
- Be gentle and non-judgmental; don't blame anyone.
- Listen with your heart; you don't need to respond or provide an answer.
- Respect the intensity and duration of the emotions.

AFTER A LOSS

Survivors often experience a wide range of grief reactions, including some or all of the following:

- Shock is a common immediate reaction. You may feel numb or disoriented, and may have trouble concentrating.
- Symptoms of depression, including disturbed sleep, loss of appetite, intense sadness, and lack of energy.
- Anger towards the deceased, another family member, a therapist, or yourself.
- Relief, particularly if the suicide followed a long and difficult mental illness.
- Guilt, including thinking, "If only I had...."
- These feelings usually diminish over time, as you develop your ability to cope and begin to heal.
- Some survivors struggle with what to tell other people. Although you should make whatever decision feels right to you, most survivors have found it best to simply acknowledge that their loved one died by suicide.
- You may find that it helps to reach out to family and friends. Because some people may not know what to say, you may need to take the initiative to talk about the suicide, share your feelings, and ask for their help.
- Even though it may seem difficult, maintaining contact with other people is especially important during the stress-filled months after a loved one's suicide.
- Keep in mind that each person grieves in his or her own way. Some people visit the cemetery weekly; others find it too painful to go at all.
- Each person also grieves at his or her own pace; there is no set rhythm or timeline for healing.
- Anniversaries, birthdays, and holidays may be especially difficult, so you might want to think about whether to continue old traditions or create some new

ones. You may also experience unexpected waves of sadness; these are a normal part of the grieving process.

- Children experience many of the feelings of adult grief, and are particularly vulnerable to feeling abandoned and guilty. Reassure them that the death was not their fault. Listen to their questions, and try to offer honest, straightforward, age-appropriate answers.
- Some survivors find comfort in community, religious, or spiritual activities, including talking to a trusted member of the clergy.
- Be kind to yourself. When you feel ready, begin to go on with your life. Eventually

starting to enjoy life again is not a betrayal of your loved one, but rather a sign that you've begun to heal.

COPING STRATEGIES

- Keep in touch. Reach out to loved ones, friends and spiritual leaders for comfort, understanding and healing. Surround yourself with people who are willing to listen when you need to talk, as well as those who'll simply offer a shoulder to lean on when you'd rather be silent.
- Grieve in your own way. Do what's right for you, not necessarily someone else. If you find it too painful to visit your loved one's gravesite or share the details of your loved one's death, wait until you are ready.
- Be prepared for painful reminders. Anniversaries, holidays and other special occasions can be painful reminders of your loved one's suicide. Don't punish yourself for being sad or mournful. Instead, consider changing or suspending family traditions that are too painful to continue.
- Don't rush yourself. Losing someone to suicide is a tremendous blow, and healing must occur at its own pace. Don't be hurried by anyone else's expectations that it's been "long enough".
- Expect setbacks. Some days will be better than others, even years after the suicide and that is OK. Healing doesn't often happen in a straight line.
- Consider a support group for families affected by suicide. Sharing your story with others who are experiencing the same type of grief might help you find a sense of purpose or strength.

SEEKING HELP

If you experience intense or unrelenting anguish or physical problems, ask your doctor or a mental health provider for help. Seeking professional help is especially important if you think you might be depressed or you have recurring thoughts of suicide. Keep in mind that unresolved grief can turn into complicated grief, where painful emotions are so long lasting and severe that you have trouble resuming your own life.

Suicide can best be prevented through treatment and support. You can honor those who have passed by seeking help if you or someone you know is struggling. If you are feeling lost, desperate, or alone, please call:

- ✓ Suicide Prevention Hotline: 1-800-273-8255 or Text "listen" to 839863
- ✓ Pyramid Lake Tribal Health Clinic: 775-574-1018
- ✓ Reno Sparks Indian Health Clinic: 775-329-5162

SUICIDE WARNING SIGNS

There are usually warning signs that you can identify and act upon to prevent a suicide attempt or completion. While no list of warning signs can be complete, suicidal communications usually precede an attempt. Listen and look for these signs, and if you

If you feel you are in crisis, whether or not you are thinking about suicide, please call the Lifeline:

suspect something is wrong, take action.



People have called us for help with substance abuse, economic worries, relationship and family problems, sexual orientation, illness, getting over abuse, depression, mental and physical illness, and even loneliness.

- Talking about suicide.
- A past suicide attempt or gesture.
- Preoccupation with death and dying.
- Traumatic loss of a loved one.
- Chronic feelings of rejection.
- Talking about feeling hopeless or having no reason to live.

- Talking about feeling trapped or in unbearable pain.
- Talking about being a burden to others.
- Increasing the use of alcohol or drugs.
- Acting anxious or agitated; behaving recklessly.
- Sleeping too little or too much.
- Withdrawing or feeling isolated.
- School problems (fights, conflicts with teachers or peers, being bullied)
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

TAKING ACTION

You might be thinking that everyone experiences some of these problems from time to time and yet not everyone becomes suicidal. You are right. That is why it is important to be good observers and find the courage to talk with those whose words or actions suggest that they might be thinking about suicide, and to ask them directly if they are thinking about suicide.



- Talk with the person Share your concerns and ask the question directly: Are you thinking about suicide?
- Ask for help Allowing others to help is a sign of courage, not a personal weakness.
- Keep the person safe Connect them to someone who can help and never leave them alone, but always make sure that YOU are safe. Never promise to keep suicide a secret.
- Follow Through Whatever the situation, a consistent course of action needs to take place.
 Active family participation in getting treatment is helpful. It's a way of saying, "we're all in this together and together we're going to make things better."

LOCAL RESOURCES

For 24/7 crisis intervention assistance you may contact the following:

- Veterans Crisis Line: 1-800-273-8255 (Press 1)
- Suicide Prevention Hotline: 1-800-273-8255
- Or Text "listen" to 839863

For crisis intervention assistance Monday – Friday/8-4:30pm you may contact your local Health Clinic and Behavioral Health Department:

- Pyramid Lake Tribal Health Clinic: 775-574-1018
- Reno Sparks Indian Health Clinic: 775-329-5162

Groups:

- The Solace Tree For group times and more information please call (775) 324-7723.
- The Survivors of Suicide Loss Support Group For meeting times, location, and further information, please contact Janett at 775-784-8085.

SOCIAL MEDIA

Please take the time to visit our social media sites which are designed and dedicated to bringing a message of future, hope, and life to the people of Pyramid Lake and surrounding area Tribes.

Facebook:

https://www.facebook.com/pages/Kwetsoina-Numu/549012458459382 YouTube:

https://www.youtube.com/user/GLSPyramidLake



THE RICH STATE OF THE STATE OF

PYRAMID LAKE HIGH SCHOOL—NIXON, NEVADA

WELCOME! FAMILIES

REGISTRATION: Friday 4:00-6:00 PM and Saturday 8:00-9:00 AM

(\$10.00 per Adult, Children FREE) Workshops—Entertainment—Raffle—Demonstrations Traditional Dinner (Saturday)

FOR MORE INFORMATION CONTACT: Della John (djohn@plpt.nsn.us 775-574-1000, ext 125

Vendors Free With One Item Donation for Raffle

12th Annual Great Basin Languages Conference **REGISTRATION FORM**

SHARING LANGUAGE THROUGH GENERATIONS April 5-7, 2013

Pyramid Lake High School, Nixon, Nevada

First Name	Last Name			
Address	City	ST	Zip	
Phone #	Email			
Tribal Affiliation (Shoshone,	Washoe, Paiute, etc	.)		
Tribal Group You Are Repre	esenting			
CULTURAL SHARING N	IGHT: Please check	here if you	u would like to	

ELDER SCHOLARSHIPS (All requests by April 1, 2013) - applicants must be

65+ years of age. The scholarship will waive the registration fee only. Please check here ____ if you are an elder, age 65 years of age or older in need of a

share your traditional knowledge (song, dance, storytelling, etc.) with conference

participants. Provide description of cultural sharing activity:

describe your current work in the language revitalization field:

scholarship. Priority will be given to elders/fluent speakers who are working with a community language program. INDENTIFYING OUR AUDIENCE. Please check the following title(s) which best

Elder___ Fluent Speaker__ Program Coordinator__ High School/College Student_ Native Language Teacher ___ Program Staff Person ___ Community Language Class Student _



PYRAMID LAKE PAIUTE TRIBE

learning center

Hours of Operations Nixon 7:30 am-5:00 pm (775) 574-1031

Wadsworth -7:00-6:00 (775) 575-2774

Hours are subject to change based on enrollment

> Cheryl Ewing, Child Care Director

A long awaiting job finally is completed

By Paula Wright-Smith

February 25, 2013 - Local elder Paul Lowery waited several years to get the dismantled old house removed and cleaned up on his property at 759 Arrow Street in Nixon. The old house once belonged to his parents Lloyd and Hattie Lowery where they provided a home for several grandchildren. Items left in the yard told a story of who once lived there.

Social Services' Associate Paula Smith met with Mr. Lowery and Johnny Dunn about getting the clean up started. Soon thereafter, the teamwork was coordinated with Tribal Maintenance staff, the Environmental and Public Utilities, and the Water Resources in a joint effort to remove the debris. Not only was the debris a nuisance, but it also harbored vermin that created a health hazard. On January 17, 2013, the tribal entities began to move all the organic material to a burn pile and all else was placed into the dump bin.

Jeff Christensen and Wendell Henry arrived early to get the clean up underway. By 9:00 a.m., the rubble was being burned. After the burn smoldered over the weekend, the tribal maintenance staff attended to the remaining debris and the dump bin was

Paul Lowery extends his gratitude to those who made this job possible.



PL Health Clinic

NOTICE

The Pyramid Lake Tribal Health Clinic will be conducting its Spring Patient Satisfaction Survey April 22nd through the 26th. Your help is requested to complete a Survey; the information assists the Health Clinic to improve the quality of patient care through your answers and comments. You need not be a patient to complete a Survey, just drop by the Clinic and ask for a Survey. PRIZES will be given through a drawing of participants.

For your information here are the results of the Fall Survey.

Your help is requested to help improve your care in our clinic. Please complete the survey below and mail to:

Pyramid Lake Tribal Health Clinic PO Box Nixon, NV 89424

Thank you for your time and consideration in this matter and we hope that you have some great ideas on how to make the Clinic even better.

Pyramid Lake Tribal Health Clinic					
Patient Satisfaction Survey (October 24-November 7, 2012) RESULTS (63 Responders)					
Question	5 Excellent	4 Very Good	3 Good	2 Fair	1 Poor
How satisfied are you with the services provided to you and your family at this Clinic?	20	19	19	7	0
How would you rate the cleanliness of our clinic (treatment rooms, waiting are, restrooms)?	22	27	14	1	1
How satisfied are you with the friendliness of the clinic staff?	26	22	13	3	1
How satisfied are you that patient confidentiality is protected throughout the clinic?	16	22	12	12	2
How would you rate our appointment system for the medical department?	22	21	14	6	1
How would you rate our appointment system for the dental department?	13	14	11	12	10
How would you rate our appointment system for the optometry department?	22	13	14	9	1
How would you rate your ability to come into this clinic as a walk-in?	24	17	20	4	0
How would you rate the providers staff taking enough time with you and telling you what you need to know?	24	20	14	5	1
How comfortable are you in talking with your provider?	26	18	16	3	0
How would you rate the quality of care you received at your last visit?	23	19	14	8	1
How would you rate the staff teaching you about your medication?	23	16	16	5	2
If you were referred for an outside provider, how well did staff deal with the referral?	5	7	3	2	2
Were you given instructions for follow up care? Yes (37) NO (5)					

Pyramid Lake Tribal Health Clinic Patient Satisfaction Survey: SPRING—2013 Please answer question with the following score: 5=Excellent, 4=Very Good, 3=Good, 2= Fair, 1=Poor Score 1-5 How satisfied are you with the services provided to you and your family at this Clinic? How would you rate the cleanliness of our clinic (treatment rooms, waiting are, restrooms)? How satisfied are you with the friendliness of the clinic staff? How satisfied are you that patient confidentiality is protected throughout the clinic? How would you rate our appointment system for the medical department? How would you rate our appointment system for the dental department? How would you rate our appointment system for the optometry department? How would you rate your ability to come into this clinic as a walk-in? How would you rate the providers staff taking enough time with you and telling you what you need to know? How comfortable are you in talking with your provider? How would you rate the quality of care you received at your last visit? How would you rate the staff teaching you about your medication? If you were referred for an outside provider, how well did staff deal with the referral? Were you given instructions for follow up care? Yes or No Comments (attach another sheet if needed):



PYRAMID LAKE
HEALTH CLINIC
775-574-1018
HWY 446 NIXON, NV
Ext.: 213-Madge &
251-Letisha

MY NAME IS LETISHA ROSALES,
HEALTH BENEFIT COORDINATOR.
I STARTED IN JANUARY AND LOVE THE
ENERGY AND HONESTY THE CLINIC HAS.
IF THERE IS ANYTHING I CAN HELP YOU
WITH, PLEASE CONTACT ME.

MADGE TOBEY & LETISHA ROSALES

ARE NOW
MEDICARE CERTIFIED



- CHILD/ ADULT DISABILITY
- LOST /STOLEN SS CARD
- SOCIAL SECURITY BENEFITS
- NOTARY (FREE)
- CARE CHEST- HELP WITH WALKERS, TOILET PANNELS AND WHEEL CHARIS..ETC.
- LIFE LINE-LOW INCOME PHONE SYSTEM
- NV WELFARE-FOOD STAMPS, MEDICAL AND TANF
- MEDICARE PART A. B. C. D.

If turning 65 years of age you must apply 3 months before 65 and/or 3 months after.

PL Health Clinic

JVN Retinal Screening Program

The Joslin Vision Network (JVN) workstation transfer images of your retina (the back of your eye) to a computer where they stored for later



review by an Optometrist/Ophthalmologist. If there are any signs of present or future damages to your eye, an appointment will be made for you to receive a full exam at the Pyramid Lake Eye Clinic and the doctor will discuss treatment options with you.

Facts about the Exam:

- The exam takes about 20 minutes and will be performed by Kevin Thomas
- The exam is painless and does not require dilation so that you may return to your normal activates immediately.
- There is no contact between your eyes and the equipment.
- You can make an appointment by calling the Pyramid Lake Health Clinic.

What it means

The ability to capture the images allows the Phoenix Indian Medical Center to help people prevent future eye problems caused by diabetes. This will help reduce the number of cases of blindness as well as other completions caused by diabetes. An exam is required before diabetes patient can receive free eye glasses.

Please call to scheduled your appointment with Janelle or Tami at (775) 574-1018

Diabetes and Your Feet: Dos and Don'ts of Foot Care

Having diabetes means you're more like to have problems with your feet. That's partly because diabetes can cause nerve damage, or peripheral neuropathy. Nerve damage can cause a loss of feeling in your feet, so that you may not know whether you have sores or other injuries on your feet.

Foot injuries can easily get infected and go unnoticed, leading to more serious infections and skin ulcers. Because diabetes can make infections harder to treat, these ulcers can develop into deep tissue infections. Extreme cases can lead to amputation.

Fortunately, taking care of your feet is easy if you know what to do. It's important to check your feet every day for redness, blisters, swelling, pain, cuts, or sores. If you can't easily examine your feet, use a mirror, or ask a family member or loved one to check them for you.

One of the best things you can do for your feet is to keep your blood sugar levels under control. Ask your doctor to do a full foot exam at least once a



year, and also make an appointment with Dr. Giles Pyramid Lake Health Clinic Podiatrist. Here is a list of specific dos and don'ts for diabetes and foot problems that will help keep your feet as healthy as possible.

Diabetes Foot Care Tips:	Do's and Don'ts
DO	DON'T
Wash your feet every day with mild soap and lukewarm water. Test the water with your elbow or a thermometer (90 to 95 F) to make sure it's not too hot. Carefully pat your feet dry after washing them, making sure to dry between your toes.	Wash your feet in hot water. It could cause a burn.
Use lotion or petroleum jelly on your feet to keep the skin smooth. Use a non-medicated powder on your feet before putting on your socks and shoes to help keep them dry.	Use moisturizer between your toes.
Ask your doctor if it's safe to trim your own nails. Cut your toenails straight across to help prevent ingrown toenails. Then file your toenails so they are not sharp.	Round off the corners of your toenails.
Wear shoes whenever you're on your feet.	Walk around barefoot.
Make sure your shoes fit well and have plenty of room. It's best to shop for shoes at the end of the day, when your feet are usually at their largest.	Wear shoes that feel tight.
Choose shoes that are made of material that breathes, such as leather, canvas, or suede. Choose a shoe with a cushioned sole for absorbing pressure. Select shoes with laces over loafers because they provide better support.	Wear sandals, high heels, flip-flops, or shoes with open or pointed toe
Replace the shoe when signs of wear become apparent, such as heels starting to wear on one side or the inner lining of the shoe is torn. Check the inside of your shoes often for gravel, rough areas, or worn lining.	Keep wearing shoes that have rough areas or torn pieces inside. Toss them and get a new pair.
See your podiatrist to treat any foot problems, including corns and calluses.	Try to treat calluses or corns yourself with over-the-counter treatments
Always wear clean, dry socks.	Wear stretch socks or socks made of nylon.
Choose socks that are well-padded and change them every day.	Wear socks that have an inside seam or an elastic band at the top.
Wear socks to bed if you have cold feet.	Use water bottles, electric blankets, or heating pads on your feet, because they could cause burns.
Wiggle your toes and move your feet around several times a day to keep the blood flowing.	Don't stand in one position for a long time or sit with your legs crossed These positions can block blood flow to your feet.
Stay active. Aim for at least 30 minutes of activity each day. Ask your doctor what type of activity is best for you.	Don't smoke. Smoking can also reduce blood flow to your feet.
Tell your doctor about any foot problems right away.	Don't take your feet for granted. Instead, set aside some time every date to pamper your feet and help keep them healthy.

Diabetes and Your Feet: Shoe Tips

- Have at least two pairs of shoes so you can wear a different pair every other day.
- Change your shoes after 5 hours of wearing them, or sit down and remove them for a while to give your feet a break.
- ▶ Break in new shoes slowly. Try wearing them for about an hour a day for the first few days.

Pyramid Lake Diabetes Wellness Program

Modular # 5 by Gym Telephone # 775-574-0117 Cell# 775-857-7497

Janet Crutcher MPH Diabetes Coordinator Kevin Thomas Diabetes Program Assistant Susan Roaldson RN CDE and Nutrition David Giles DPM – Podiatry Mark Lord – Tai Chi Master

Diabetes Shoe Voucher Program

All patients of the Pyramid Diabetes Wellness Program are required to see the podiatrist one time a year. Additionally, all diabetes patients are eligible to receive a shoe voucher for \$100 when referred by the provider.

The procedure is as follows:

- ▶ Make an appointment to see Dr. Giles, DPM that comes to the Pyramid Lake Tribal Health Clinic 2 times a month.
- ▶ Dr. Giles will forward the Diabetes Wellness Program a referral form with the patients name on it approved for the shoe voucher.
- ▶ The Diabetes Wellness Program will fill out a purchase order request with the preferred store and the patient's name that will receive it for \$100. At this time, the preferred stores includes; The Walking Company, Specialty Footwear and Red Wing Shoe Store.
- ▶ The purchase orders are for up to \$100 and anything over that amount the patient will have to pay out of their own pocket.
- ▶ The selected shoe store will forward the purchase order and the receipt to the Pyramid Lake Diabetes Program. We then forward these items to the Pyramid Lake Tribal Finance Department.

Are you at risk of Type 2 Diabetes?

Diabetes is a condition in which your body cannot make enough insulin to turn the food you eat into energy. In pre-diabetes, a person's blood glucose is higher than normal but not high enough to be called diabetes. It has been shown that with proper treatment, people with pre-diabetes may be able <u>to prevent or delay diabetes</u>.

Risk Factors for Pre-Diabetes and Diabetes (especially Type 2)

- Overweight (especially excess fat around the waist)
- Family History
- ▶ High Blood Pressure
- ► Low HDL (good) cholesterol and high triglycerides
- ► History of gestational diabetes (diabetes during pregnancy)
- ► High risk ethnic groups (Native American, African American, Latinos, Asian American and Pacific Islander

Some Tips for Managing Your Type 2 Diabetes It is important to keep your blood sugar controlled, because when too much sugar stays in your blood for a long time, it can damage your vessels and nerves.

Much of the food we eat is turned into sugar in the blood for our bodies to use as energy. A hormone produced in the pancreas called insulin helps sugar get into the cells in our body. If your body doesn't make enough insulin or if the insulin doesn't work the way it should, blood sugar can't get into your cells and instead stays in your blood raising your blood sugar level.

Three ways to help manage your Type 2 diabetes are:

- Using your medications exactly as your doctor prescribes
- Making smart food choicesmanage your portions
- Being physically active

What does a portion look like?

- ✓ 1 teaspoon oil = The tip of your thumb
- ✓ 1 tablespoon salad dressing = Your whole thumb
- ✓ 2 tablespoons peanut butter = A Ping-Pong hall
- ✓ 1 to 2 ounces nuts = Your cupped hand
- ✓ 1 1/2 ounces cheese = A 9-volt battery
- ✓ 1/2 cup cottage cheese = A tennis ball
- ✓ 1 cup cereal = A baseball
- ✓ 1 small baked potato = A computer mouse
- ✓ 3-ounce serving of meat, fish or poultry = A cassette tape

Did you know.....You only need a little bit of cinnamon—as little as a quarter teaspoon a day--- to reap blood sugar rewards? Just don't overdo it — highly unlikely with a typical diet but loading up via supplements could be toxic. Another cinnamon bonus: When you add it to high-glycemic-index foods, it can help lessen their impact on your blood sugar.

Tai Chi Classes

Tuesdays: Sutcliffe Community Bldg at 6:30 pm Wednesdays: Wadsworth Brown Bldg at 5:30 pm Wednesdays: Nixon Senior Center at 11:00 am Wednesdays: Diabetes Center at 12:00 pm

Tai chi's soft, fluid movements may give observers the impression that not much physical activity is taking place. But just a short period of practice reveals the benefits that can be gained.

It is kinda sneaky. A study suggests that participation in the Chinese martial art Tai Chi may help boost immune function and improve blood sugar control in people with type 2 diabetes. After completing a 12-week Tai Chi exercise program, men and women with the disease had statistically significant reductions in their levels of HBA1C, a measurement of long-term blood glucose control. The participants also showed increases in regulatory T cells, which help to keep the immune response in check, while their levels of killer T cells, which destroy abnormal cells in the body, decreased.

People with type 2 diabetes can experience chronic inflammation, and while exercise has been shown to be beneficial, strenuous exercise may boost inflammation and cause other problems as noted by health professionals.

The Diabetes Wellness Program will sponsor "The Biggest Loser" Contest in May.



Pyramid Lake High School Students Intern at Pyramid Lake Tribal Health Clinic

Through a cooperative agreement between the Pyramid Lake High School and the Pyramid Lake Tribal Health Clinic, students are interning at the Health Clinic, learning about health careers and inner workings of the Health Clinic.

Sonia Garcia, Destiny Calvin, Reyna Olivas, and Dani Bennett spend two hours on Fridays learning and assisting Health Clinic in the areas of Pharmacy, the

Business Office, Nursing, Optometry and the Sumunumu Program.

To begin the internship at the Health Clinic, the students had to complete an employment application, the on-line training for HIPAA (patient privacy) and IHS Information System Security Awareness Training, and a Health Clinic employee orientation.

The Student Interns account for their time by completing a Student Weekly Report that details time worked, skills learned, and duties performed.

The Health Clinic staff is happy to have the student interns and comment positively on their work ethic and interest in learning.



Consolidated Higher Education Program

Attention! Attention! Attention!

Well it is getting close for some of our higher school seniors to walking down that isle and receives their high school diplomas!

But before that, Parents have you been helping your student by making sure they are ready to make the transition from high school into higher education! It's not to later for you to start the process. Here are some things that you as their parents must do!

- 1). Making sure your student is visiting their high school counselor's office... It is the high school counselor's job to be making sure your student is working on scholarship searches, preparing letters and colleges applications.
- 2). Make sure your student has tested for their ACT or their SAT this test is needed for eligibility into College. A **student just can't apply, they have to be eligible to** attend the institute they apply to. The high school guidance counselor should be sending out information as to where these testing sites are in your community.
- 3). "FAFSA" Free Application for Federal Student Aid! What Free Student Aid? Yes! This is a job you as their parent must do! This requires personal tax information and other personal information that is protected by privacy. You and your student must log on to www.FAFSA.ed.gov to begin filling out this application. Our Higher Education Office does not have any hard copy applications this is done all electronically. Important! Our high education policy mandates that all students must apply for FAFSA. Their scholarship applications will not be processed without evidence that they have applied.
- 4). This is the time you should be looking at filling out the PLPT Scholarship Applications. You can obtain an application by surfing the tribal website. Go to www.PLPT.nsn.us click on departments and then on

higher education. Please your student is only able to complete 1(one) Scholarship Application. If you're going to be going full time, which is 12 credits or over during one semester, then you fill out the Consolidated Higher Education scholarship. If you're going to school part-time, then you will fill out the PLPT Tax Enrichment Scholarship. If you're going to go into a vocational trade you're going to fill out the Adult Vocational Training Scholarship... There is no need in filling out all the scholarship applications.

- 5). When sending in your scholarship application, you need to attach all required documentation, there is a check list on each application as to what documentation your student needs to attach to their scholarship application. If you turn in an application not complete, chances are your application will not be processed. It is your responsibility in making sure you turn in a complete scholarship application...
- 6). DEADLINES... DEADLINES, we have a deadline date of JUNE 30th, for all 2013 Fall Scholarship Applications. PLEASE DO NOT SEND YOUR APPLICATION IN ON THE DEADLINE DATE. IF YOU TURN IN AN APPLICATION AND IT IS MISSING DOCUMENTATION, IT IS NOT COMPLETE AND IT WILL NOT BE PROCESSED... AND YOU WILL NOT RECEIVE FUNDING... IT IS YOUR RESPONSIBILITY IN TURNING IN A COMPLETE SCHOLARSHIP APPLICATION.

Please help your students make this transition successful. It will mean a lot to your student when you are involved during their last year of high school.

Attention... Attention... Attention...

Calling out to all returning PLPT Consolidated Higher Education Students!

Spring Break should be just around the corner and you should be already or have already stopped by your guidance counselor to go over your college degree plan!

If you haven't visited your guidance, do not wait until it's time to graduate and find out that you do not have the required credits to graduate. Stop and see them or call them and make an appointment to see them. This will help you plan on the next classes you need to take that are in line with your degree. Any classes that are not associated with your degree plan are a waste of precious time and resources.

Reminder! Reminder! Reminder!

All Scholarship Applications need to be submitted NO LATER than June 30th 2013 for the 2013/2014 Academic School Year. Applications turned in that are not fully complete will not be processed. Please do not wait for June 30th to get your applications in! Last year many applications were not submitted and processed because they were not complete and the deadline date expired. Students, it is your responsibility in making sure your scholarship applications are complete.

This also includes your OFFICIAL SCHOOL TRANSCRIPT! Again many are not turning them in... This also hinders your scholarship application process...

Spring Break is not just a time for relaxation; it is time to start enrolling for your Fall Classes... All College Catalogs are on line as well as information as to when you need to start class registrations... Don't wait to the last minute trying to register for classes you do not need for your degree plan. Stay focused on the prize! That College Diploma in your hand!

If you have any questions please call our Consolidated Higher Education office at (775) 574-0300 Monday through Friday 8AM-4:30pm.

Thank you, Anthony Sampson

Enrollment

The Office of Tribal Enrollment is open Monday through Friday 8:00am to 4:30pm. It is recommended to call beforehand to ensure that the office is open.

Application Processing

All applications must be submitted with the following: The original birth certificate, the social security card or a copy of the social security card. The Enrollment Committee meets on the third Tuesday of every month to review all new applications submitted.

All applications approved by the Enrollment Committee will be presented at the first Tribal Council meeting of the following month. Membership approval letters and cards for the new members will be issued the week following Tribal Council approval.

Dual enrollment is prohibited by the Pyramid Lake Paiute Tribe.

Types of Membership Offered Regular Membership:

The Pyramid Lake Paiute Tribes regular membership is based on *direct decendancy*. Direct decendancy means there can be *no break in the line of progression* on the person's family tree, there must be a direct tie to the Base Roll.

Adoptive Membership:

Requires a ¼ blood quantum or more of Pyramid

Lake Paiute blood and must receive the endorsement of the Tribal Council by an affirmative 2/3 vote of its members.

Honorary Membership:

A person not meeting the requirements Regular or Adoptive membership may be eligible for Honorary Membership by resolution of the Tribal Council.

Adoptive or Honorary membership shall not entitle any such person to Tribal privileges, resources, property, voting power, or the right to hold a political office in the Tribe.

Address Updates: All enrolled members are encouraged to keep their mailing addresses current with the Enrollment Office. Enrolled Member Address Update Forms are available for download on the Tribal website or by calling the Enrollment office.

Tribal ID Cards/Roll Numbers: All tribal members are urged to keep their membership card with them at all times and to know their roll number. It is also recommended that a list of your children's roll number be kept. Roll numbers cannot be verified over the phone.

Enrollment Services forms available online:

- ▶ Card Replacement Request Form
- Document Request Form
- ▶ Enrolled Member Address Update Form
- ▶ Name Change Request Form

Please be sure to sign and date the form before

mailing to the Enrollment Office.

We welcome the following new members of the Tribe

New Members October:

Shaila Cobarruvias Pete, Chance Davis Pease, Gretchen Katara Perez, Jose Gabriel Velazquez Jr.

New Members November:

Devin Michael McKinney, Sophia Marie McKinney

New Members December:

Jesse Leonardo Garcia, Michael Burns Martin, Bailee Reece smith, DJ Aaron Williams

New Members January:

Dayshawn Lamar Graves, Taliyah Nyree Graves, Keiayla Dyshauni Lee, Leyton Lightening Horse Lee, Nydis Louis Guy Patrick, Jaklah Justice Medina, Kirkland William Mix, Amari Isabelle Rodriguez, Jacob Eguene Wiggins

New Members February:

Chase Wade Cawelti, Jeremy Wakinyan Hoksila Souza, Dominick Bryan Frazier, Andres Alex Zendejas, Tyson Carter Jim

New Members March:

Efrem Edward Ayala, Jesus Javier Ayala, Marie Lezele Ayala, Niya Oh-Wa-Quenah Blackowl, Stephanie Janel Chavez, Christopher Cortes, Zaelynn Onalle Wasson.

Environmental Department

From the Director

Greetings to the Pyramid Lake tribal community, Spring has sprung and the Environmental Department is excited to be participating in the Anaho Island Centennial (yes, that's 100 years) celebrate on May 4th! We will have a small fair, activities for the family, and opportunities to learn a lot about the American White Pelican and other

birds. We are also c e l e b r a t i n g International Migratory Bird Day, so we hope you will make it out to the Marina for fun and to learn about some amazing birds!



Water Quality Program Changes

We are very sad to announce that Fannie Ely, our Water Quality Manager has accepted another job, though we wish her well and all the best to her new endeavors. The current job posting expires on April 3rd if you know if anyone interested.

Wetlands Program Update: Increasing Wetland Biodiversity and Program Planning

Wetlands are ecologically and culturally important to Pyramid Lake Paiute Tribe. The protection of these precious resources is important for flood control, water pollution filtration, carbon sequestration, wildlife habitat, and the preservation of cultural identity. Negative impacts have stressed local ecosystems and have resulted in the loss of suitable habitat, declines in native vegetation, and increases in invasive plant infestations. The PLPT Wetland Program was designed to help continue toward the goal of protecting and restoring wetland resources within the reservation boundaries. The main objective of this year's work plan is to build the capacity of PLPT Wetland Program by refining elements that contribute to effective wetland protection and restoration efforts, and to design restoration plans and strategies to improve wetland An increase in understanding and program capacity helps with local environmental problem solving and watershed planning efforts that will ensure the protection of watershed and aquatic ecosystems.

A demonstration project has been chosen to help pursue the goals and objectives of the program, and is designed to support voluntary restoration and protection activities. This project will increase wetland biodiversity by controlling invasive weeds and transplanting vegetation from more biologically diverse areas to isolated wetlands lower in biodiversity.

If you are interested in learning more, feel free to contact 574-0101 ext.25 Respectfully submitted, Tanda Roberts

Sutcliffe Arsenic Treatment Plant Update

I am pleased to announce that our Arsenic Treatment Plant will be up and running by April 8th. The tribe will assume final responsibility by June 1st. KG Walters, our selected construction firm is well on their way with a significant amount of the building constructed and infrastructure in place.

Once the plant is in operation, the residents of

Sutcliffe will notice a big difference in the clarity of the water as the Iron (red, reddish brown) and Manganese (black, dark brown) will be removed and no longer cause any color issues. And most importantly, Arsenic will be



removed and the water will meet standards set by the USEPA Safe Drinking Water Act!

Light bulbs - A bright idea!

A couple of months ago, you may have participated in an Energy Efficiency project that the Environmental Department hosted with a grant of funds from the US Department of Energy. One of the scopes of work were to replace light bulbs (incandescent) with CFL's (compact fluorescent). Now, an average CFL lightbulb should last someone about 4-6 years, compared to a incandescent, you are already saving money! But what do you do, once the CLF goes out? Its well known that CFL's contain a small amount of mercury vapor gas, this is true of most all fluorescents, and disposal of these lightbulbs should not occur in your regular garbage bin. So the big question is, where can I take them? Many of the bulbs were purchases at our local Lowe's store, in Fernley. At the entrance, if you go to the Returns desk, on the left hand side is a Recycling Bin made for CFL lightbulbs. Now that you know where to take them safely, and for FREE, your conscious can rest at ease!

Here are some additional stats on the energy efficiency:

	No. Home		es Bulbs	
	_	Served	Re	<u>eplaced</u>
		259		4823
	Ener	gy Saved _k	oer life	e of bulb
		CFL	Inca	<u>ndescent</u>
Bulb Lifespan	10,0	000 hours	1,2	00 hours
Watt / bulb		14		60
Cost of bulb	\$	3.95	\$	1.25
KWH used over 10,000 hrs		140		600
Cost of Electricity	\$	0.09	\$	0.09
Cost for life of bulb	\$	12.60	\$	54.00
Bulbs need for 10,000 hrs		1		8.33
Bulb expense	\$	3.95	\$	10.38
Total Cost	\$	16.55	\$	
SAVING\$	\$	47.83		
Average bulbs per tribal home Savings per tribal home		18.62		
over life of 10,000 hours	\$	890.59		

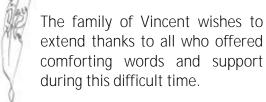
Earth Day - April 22, 2013



More information visit: http://www.earthday.org/http://www.earthday.org/blog/2013/03/15/official-earthday-2013-video

Vincent B. Lowery "Big V"

July 12, 1982 – Feb. 28, 2013



Special appreciation is extended to Cameron Smith for officiating the services and to Echo Sky for the songs.

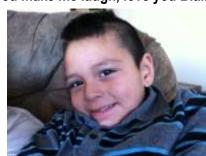
And to all the many friends of "Big V" who came & showed support, the family appreciates everyone. He was truly a one-of-a-kind guy who loved life & people. He will always be in our hearts & thoughts and truly be missed by all.

Thank You

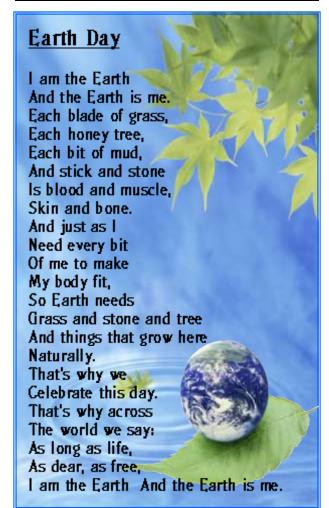
Happy Birthday BLAIN JOSHUA ROSALES

Born on <u>April 28, 2006</u>
To wake up every morning to see your silly faces you make every morning.

You make me laugh, love you Blaino...



LOVE: Mommy, Daddy, and Sister. Oh yea your pups K-nut and Gemma.





TE NANOMO MAGODYOKO

"Bringing the People Home"

Big Bend Ranch, Wadsworth, NV
Pyramid Lake Paiute Tribe

July 19 - 21, 2013

gost Drum Wild Boyz

MC - Alex O' Shepherd Cedar City, Utah AD - Randy Wood St. George, Utah

GRAND ENTRY

Friday 7pm Saturday Noon & 7pm Sunday Noon

CATEGORIES

Golden Age
Senior Men & Women
Adult Men & Women
Teen Boys & Girls
Junior Boys & Girls
Tiny Tots

For More Information Contact: sacredvisions09@clearwire.net

Gordon Dodd - Chairman (775) 560-1551

gordondodd@yahoo.com

Royalty Contact:
Diana Mitchell (775) 870-5889
paiuteldydi@hotmail.com

All Events Open to Public FREE Admission FREE Camping

All Drums Paid wl Exception of Drum Contest Drums

Visit us at SACREDVISIONSPOWWOW.COM or Facebook

Vendor Contact:

Angey Dunn (775) 412-8624 sacredvisions09@clearwire.net

Sacred Visions Pow-Wow Committee P.O. Box 897, Wadsworth, NV 89442 Committee not responsible for short funded travelers, stolen property, or divorces. No weapons or firearms or Fireworks permitted. Drug & Alcohol Free Event.

Santo Domingo Pueblo, New Mexico

SPECIALS

Traditional Paiute Dress Special
TEEN GIRLS All-Around Special
Sacred Visions Parade
Cowboy / Cowgirl Special
Old Style Grass Dance Special
Golden Age Women Special
Parade Plus More TBA....

OTHER EVENTS

Feast on Saturday

Native Arts & Crafts
Food Vendors
Crowning of Royalty - Friday
Fun Run / Walk - Saturday
Drum Contest
Hand Drum Contest
Hand Game Tournament
Horse Shoe Tournament

Host Hotel Comfort Sultes 800 Mesa Drive, Femley (775) 980-6514

Letters to the Editor

The Pyramid Lake Paiute Tribal Newspaper welcomes your "Letters to the Editor."

- Letters must be 200 words or less.
 Letters are subject to editing for conformance to the 200 word limit, as well as for libel and taste.
- Letters must carry a full, legible and signed name of its author. The newspaper staff does not withhold names of letter authors. Pseudonyms are not allowed.
- Each author is allowed one published letter per newspaper issue.
- To be published, all letters must have a permanent address and/or a daytime telephone number for verification. This information will not be published.
- Letters addressed to specific parties other than the Pyramid Lake Paiute Tribal newspaper, to readers, letters from other publications, form letters that do not contain original writing content by the signatory or personal complaints outside the public domain are not published.
- Letters are published in the order which they are received. Promptness of publication depends on the volume of letters received and space availability.

MAIL LETTERS TO:

Letter to the Editor
PYRAMID LAKE PAIUTE TRIBE
P O Box 256
Nixon, NV 89424

2013 Newspaper Submittal for Paper 2nd Quarter (Apr-June) DEADLINE: Friday, June 21, 2013

Please complete this form and submit with your article.

BE SURE TO:

- Include your name, phone # and address.
- Personals may submit a hard copy of article. Hand written Personals ONLY must be printed legibly.
- Mailed articles must be saved on CD in Adobe Acrobat, Publisher, Word or WordPerfect format.
- Articles can be submitted via e-mail to Igleyva@yahoo.com. Make sure contact info is available for any problems.
- Pictures should be submitted in black & white. (Dark backgrounds do not scan well).
- Digital pictures must be taken with a high resolution for a good quality picture in a .jpg format
- REMEMBER: Pictures represent the quality of the picture submitted.
- Submit all information via email or if mailed to the Tribal Secretary by the deadline.

DATE: NAME:	NEWSPAPER MONTH:
PHONE: TITLE OF ARTICLE:	DEPARTMENT:
ITEMS TO BE RETURNED: YES or NO IF YES, ADDRESS:	

ADVERTISING RATES

Advertising space will be provided to any business, organization or individual at the following rates:

\$100/full page \$75/half page \$50/quarter page \$25/eighth page \$10/business card

All advertisements must be camera ready and cannot be returned. Each advertisement must be paid in full by the deadline date for publishing.

This schedule will allow us to get the newspaper prepared, edited, and printed and ready for bulk mailing the first week of each month. Articles should be emailed directly to Igleyva@yahoo.com. If email is not available, mail to the Tribal Secretary address listed below., must be received by the due date.

Thank you for contributing your articles for our Newspaper this past year. Please continue to contribute to our Newspaper and let the community know about your program activities or upcoming events. Please submit by email, when possible, in Microsoft Word or Publisher format.

CONTACT: PYRAMID LAKE PAIUTE TRIBE—NEWSPAPER ADVERTISEMENT

P O Box 256, Nixon, NV 89424-0256 PH: (775) 574-1000; FX: (775) 574-1008

	CHANGE OF ADDRESS	
Name:		
Old Mailing:		
New Mailing:		
I confirm that this is my current address:		
Print Name:	Signature:	Date: `
·		



Numuwaetu Nawahana Pyramid Lake Paiute Tribal Newspaper P.O. Box 256—208 Capitol Hill Drive Nixon, NV 89424-0256 www.plpt.nsn.us PRSRT STD U.S. POSTAGE PAID NIXON, NV PERMIT #2

Spring is Here!

