



NUMUWAETU NAWAHANA

"Telling the Indian People's News" Pyramid Lake Paiute Tribal Newspaper

Volume 8, Issue 2

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2014 | 2nd Quarter

PYRAMID LAKE 2014 SUMMER SEASON ADVISORY

Pelican Point Boat Launch Advisory

NIXON, NV, 06/27/14: As the 4th of July holiday weekend and summer months approach, the Pyramid Lake Paiute Tribe would like to inform visitors that under a TIGER grant, the Tribe is performing road and parking lot construction improvements at the Pelican Point Boat launch and camping area starting June 26, 2014 to October 24, 2014.

During this time, the Tribe is going to maintain boat launch access and parking availability for as long as possible or until the boat launch and parking area is under actual construction. Camping in this area may be limited for the duration of the project. Please be aware that heavy equipment will be in this area.

During this project period, the Pyramid Lake Paiute Tribe will strive to keep everyone safe and greatly appreciates the public's understanding of this temporary construction to improve the Pelican Point area.

Drought Conditions Advisory

The Tribe would like to remind all watercraft users to use caution while on Pyramid Lake this summer. With the extreme drought conditions experienced throughout the region over the past several years, the lake level at Pyramid Lake has dropped below normal. All watercraft users are to be mindful of obstacles and exposed rock along the

shores of the lake. Water safety equipment is critical; Don't Leave Home Without It.

Laws & Regulations

The Pyramid Lake Paiute Tribe invites the public and their families to come out and enjoy the upcoming summer at the Pyramid Lake. In an effort to protect the environment of Pyramid Lake and ensure that all visitors have a safe and enjoyable time, the following are reminders of some of the regulations that are in effect:



- Campfires of up to 3 feet in height are permitted but the burning of wood pallets and trash is strictly prohibited.
- Dogs are welcome on the beach as long as they are secure and on leashes at all times.
- The use of ATV's and off-highway vehicles is prohibited.
- NO glass bottles or containers are allowed on the beaches.
- NO dumping of trash, RV waste or gray water.
- NO fireworks except at designated shoot locations.
- Don't drink and drive.
- Alcohol is not allowed on North Nets (Long Beach) or Marina Beach in Sutcliffe.
- Observe the "CLOSED AREAS" in Needles, Marble Bluff and the Pyramid areas.
- Secure your campsites and coolers from wildlife.
- Be considerate of others in campsites and in the water.

The Pyramid Lake Paiute Tribe would like to remind visitors that day use and overnight permits are required for each vehicle. Additional, the Tribe reminds

FOR IMMEDIATE RELEASE

2:00 PM, PDT, 06/27/2014

Primary Contact: Elwood Lowery, Tribal Chairman
Pyramid Lake Paiute Tribe | Phone: (775) 574-1000

visitors to place their permits on the dashboard so that they are visible through the windshield of their vehicles. Pyramid

Lake is the property of and managed by the Pyramid Lake Paiute Tribe. The Tribe would like to remind all visitors to the lake that day use, camping, and other permits are required for all

non-tribal members to access the lake. Proceeds from permits help support programs that protect public safety and the unique eco-system of Pyramid Lake year-round.

"Pack In Pack Out"

The Pyramid Lake Paiute Tribe has instituted a "Pack in Pack Out" policy for visitors to Pyramid Lake this summer. The Tribe wishes that people who visit the lake to know that it is the intention of the Tribe to continue with the attraction of our lake and world renowned fishery. The Tribe believes that it is a privilege to use the resources at Pyramid Lake and that it is not a right. Please be respectful of the lake and the resources and all visitors are urged to "pack out what you pack in."

Emergency Contact Numbers

All Emergencies: 911
Washoe County Dispatch: 775-575-0444
PL Ranger Station: 775-476-1155
Marine Distress: Channel 16

THE PYRAMID LAKE PAIUTE TRIBE WOULD LIKE TO WISH ALL VISITORS TO HAVE A SAFE AND ENJOYABLE SUMMER AT PYRAMID LAKE

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PUBLIC MEETINGS

The Pyramid Lake Paiute Tribe's next informational meetings regarding **TROA** are on the following dates:

- August 2, 2014 – Nixon
- October 18, 2014 – Wadsworth
- January 24, 2015 – Nixon
- April 25, 2015 – Nixon

9:00 am to 12:00 pm

**Nixon: Tribal Chambers
Wadsworth: New Community Ctr.**

Pyramid Lake Paiute Tribe
PO Box 256 | Nixon, NV 89424 | (775) 574-1000
Donna Noel—Water Resources (775) 574-0101 ext. 27



WADSWORTH COMMUNITY CENTER

This building project was conceived in 2006 and it was to provide a community building for youth and community activities in the Wadsworth area. Originally the project was to encompass approximately 10,000 sq. ft. and include a large central area/gym, restrooms/locker rooms, office/meeting rooms and kitchen. This project would instill pride in the community with a sense of bringing the people together. The structure could also provide a gathering place in a time of emergency. The original project size was reduced because funding was not available for the larger size project. The Tribe received

a \$495,000 HUD Economic Development Initiative Grant in 2006 for construction of a community center building.

The new building is approximately 2,974 square feet with a kitchen, large meeting area, smaller conference room and bathrooms. The building is located at 551 8th street, Wadsworth, Nevada which is near the intersection of 8th Street and State Route 447.

Currently, work is complete on the building structure and interior. The community building area now includes sidewalks, curb & gutter and pavement for the street and parking lot. The grand opening for the new community

center building was held on May 7, 2014. The community was invited to tour the new building and enjoy cake with beverages after the ribbon cutting.

We will continue to pursue funding for the other buildings projected in the conceptual plan. The conceptual plans consist of three other buildings including a gym, a library/learning center and another building.

Johnnie Garcia
Wadsworth Community Center
Planning Committee



TRANSPORTATION PLANNING

The Tribal Transportation Planning office was established to provide technical management on road construction from design phase through final acceptance. The Department acts as liaison between the Tribe and other Transportation related agencies to coordinate roads planning and construction activities. The Transportation Planning Office has been in existence from May 2009 and is located at the Tribal Administration Building and funded through BIA transportation department funding.

Transportation Planning Department Projects: Wadsworth Bypass Road Construction, Pelican Point Construction, Pyramid Lake Transit, Wadsworth Community Center Parking Lot with Access Road and a Tribal Safety Project (New).

WADSWORTH BYPASS ROAD

The Wadsworth Bypass Road project is still in progress. This bypass road provides a primary route circumnavigating the town center which would keep non-local traffic out of the school/neighborhood area. The total length of realignment beginning at State Route 427 at the south end proceeding to connect with existing State Route 447 at the north end is 2.68 miles. By relocating this road approximately 4,000 ft. to the west, we would achieve an increased level of safety by providing that traffic; especially semi-trucks with trailers would not run through the school zone.

The Tribal Transportation Planning department continues to meet with Nevada Department of Transportation, BIA, and Summit Engineering to proceed with the design portion of this project. Summit Engineering is working to ensure that the plans meet Federal specifications and will be acceptable to NDOT. The design project consisting of the Plans, Specifications and Estimates (PS&E'S) currently stands more than 90% complete.

We have applied for the 2014 - Transportation Investment Generating Economic Recovery or "TIGER Discretionary Grant" - to fund the construction of Wadsworth Bypass Road.

We are continuing to work on this project with Nevada Department of Transportation, Bureau of Indian Affairs and Summit Engineering to complete the Environmental Requirements and Right of Way for the design package.

PELICAN POINT PROJECT

The Pelican Point Road Construction Project is located off of State Route 445 approximately three miles north of Sutcliffe, Nevada. The new intersection will be relocated approximately 800 feet south of the existing intersection. Improvements will include 0.3 miles of paved access road, paved parking for approximately 127 vehicle/trailer combinations, 40 day use sites with parking for 90 additional vehicles and an associated 2,400 feet of connector roadways.

This project will also include improved access road and parking areas at Pelican Point. The Pyramid Lake Paiute Tribe was selected to receive a "TIGER Discretionary Grant of \$2.94 million dollars for the project.

Transportation Planning has been working to start the construction of the Pelican Point Project during the spring of 2014. We have worked with Federal Highway Administration (FHWA) and the Bureau of Indian Affairs, Transportation to get this project going.

After working with Tribal staff, Tribal Departments and the Tribal Council, we are set to begin construction during the week of June 23, 2014. Mobilization of the construction equipment and crew were accomplished during this time. The project work will continue through the summer of 2014 and is scheduled to be complete at the end of October 2014.

PYRAMID LAKE TRANSIT PROJECT

We have recently been awarded \$300,000 to fund start-up costs for a new Transit System for the Tribe. We are now communicating with Federal Transit Administration to access the funding to start this project. New staff to be hired will include a Transit Manager and Drivers when the project is underway. We now have the Transit

Manager position posted and hope to have the job filled in the near future.

WADSWORTH COMMUNITY CENTER PARKING AREA AND ACCESS ROAD PROJECT

The project PLIR 102 (2) is to widen/pave and drain the access road & pave the parking lot area with concrete sidewalks included.

The project work including sidewalks, curb & gutter, manhole, water line extensions, sewer line extensions, power and natural gas extensions were completed. Advanced Asphalt paved the project on April 7th and April 8th and striped on April 30, 2014.

The drainage area for the community center complex is planned to be west of the new community center building. We ask that this area be kept free from dumping any type of material in the future because it is needed for the retention basin to drain water from the projected building complex.

TRIBAL SAFETY PROJECT

We have applied for and were selected to receive a \$12,500 safety grant. This project will be to develop a safety plan for the Pyramid Lake Tribal Transportation system. The safety plan will be similar to the BIA transportation safety plan. By implementing a Tribal Safety Plan, we hope to meet the BIA VISION STATEMENT: All transportation users arrive safely at their destinations and GOAL: to prevent and reduce the number of people killed and injured in transportation related crashes. Some key components of the plan are to be Data Collection, Run off the Road Crashes, Occupant Protection, Alcohol/Drug Impaired Driving and Other Driver Behavior and Awareness. Transportation planning is continuing to work on this project.

The Transportation Planning Staff will continue to work to improve the Transportation system of the Pyramid Lake Paiute Tribe.

Johnnie M. Garcia, Transportation Planner

THE PYRAMID LAKE MUSEUM

Pesa Nawahana (Good News) at the Pyramid Lake Museum

Staff at the Museum are excited that summer has arrived! We look forward to working with the Tribe's Annual Summer Youth Employment Program. This year we welcome Mariah New Moon to the Museum. Over the next 6 weeks Mariah will be assisting with the front desk/gift shop area as well as working on digitizing the records for the Museum's book collections. Please stop by to welcome her.

We would like to thank the Pyramid Lake High School and the Pyramid Lake Tribal Health Clinic Suicide Prevention Office for their collaboration on a mural project being painted at the Museum. Adrian Tom of the GLS Tribal Youth Suicide Prevention Grant: Kwetso'ina Numu – People of Life Project has been working with the PLHS students to create a mural that incorporates a sense of place, traditional knowledge, and science. Thank you to everyone involved for make the space beautiful! The Museum is seeking funding to purchase picnic style seating and hopes to be able to build a shade structure in the future. Every year we receive hundreds of groups that visit the Museum; the mural area will serve as a place to gather for lunch and learn.

ANNOUNCEMENT

The Museum is reestablishing an advisory board. The Pyramid Lake Paiute Tribe is currently recruiting for (5) vacancies on the Pyramid Lake Museum Board. Please be advised that appointments on the Museum Board is on a voluntary bases due to budgetary constraints. If you are interested in serving on the PLPT Museum Board, please complete a Committee/Board Participation application form and return it to the:

Pyramid Lake Paiute Tribe
ATTN: Executive Secretary
P.O Box 256
Nixon, NV 89424

Closes:
Friday, August 27, 2014
at 4:30 p.m.

Find us on Facebook to stay updated on what's happening at the Museum
<https://www.facebook.com/pages/Pyramid-Lake-Paiute-Museum-Visitor-Center/267772703356723>

Pyramid Lake Paiute Tribe
P.O. Box 256 | Nixon, Nevada 89424
Telephone: (775) 574-1000
Fax: (775) 574-1008

ANNOUNCEMENT

The Pyramid Lake Paiute Tribe is currently recruiting for five (5) vacancies on the

MUSEUM BOARD

If you are interested in serving on the PLPT Museum Board, please complete a Committee/Board Participation application form and return it to the:

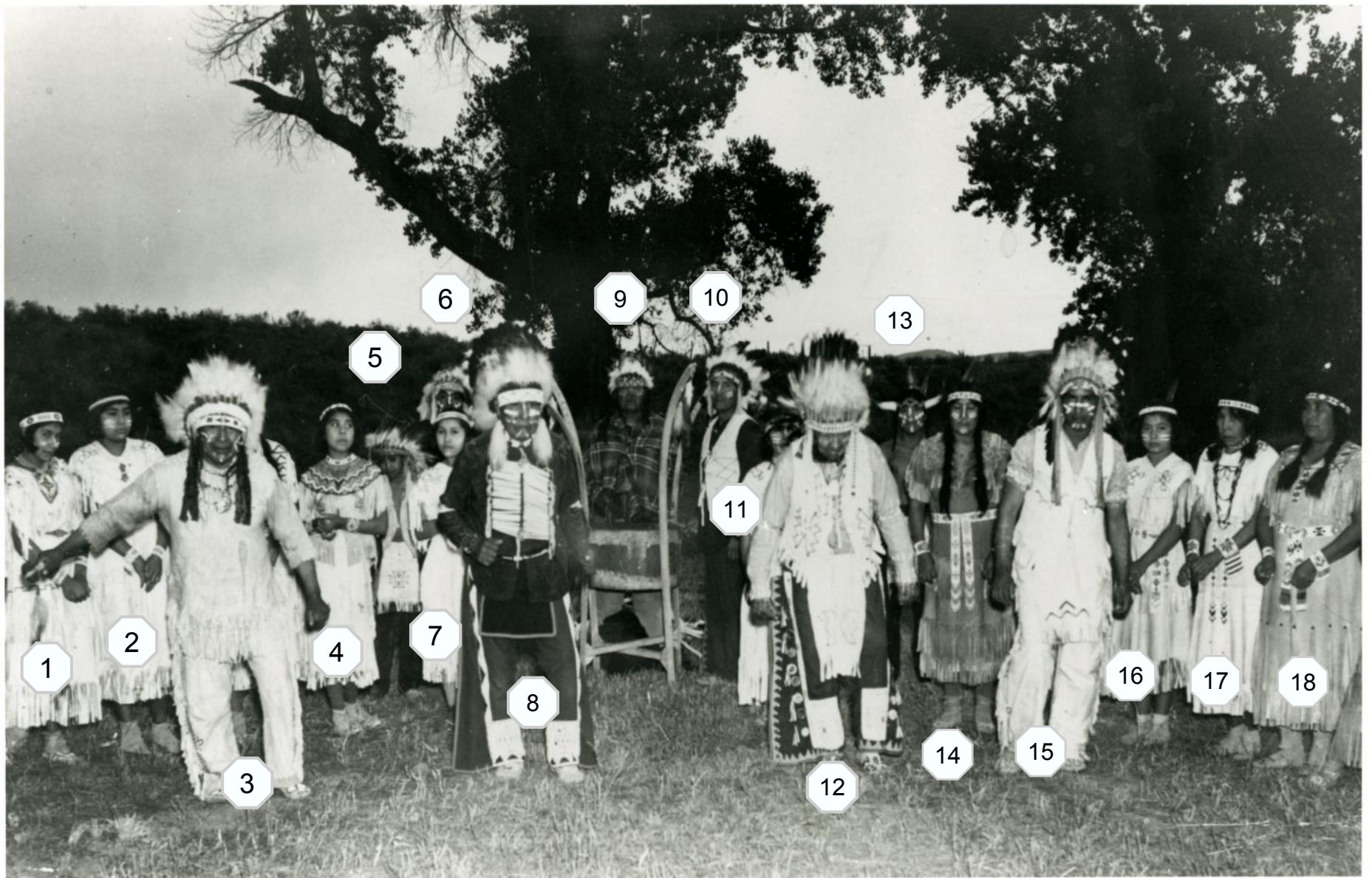
PYRAMID LAKE PAIUTE TRIBE
ATTN: Executive Secretary
P.O. Box 256 | Nixon, NV 89424

CLOSES:
Monday, July 28, 2014 at 4:30 p.m.

Posted: 06/27/2014

Haga Umu? (Who are they?)

We are asking for community help in identifying individuals in the photo and/or any information about the photo. If you have any information please come up to the Museum to visit and take a closer look at the photograph.



Dance Picture (From Left to Right)

- (1) Dorothy Lowery (2) Lonni Smith? (3) Frank John (4) Bernita Winnemucca (5) unknown (6) unknown (7) Nadine Sampson (8) Mark Jones (9) Tripp Wadsworth (10) Harrison Frazier (11) unknown (12) Johnny Smith (13) Manuel Tobey (14) Clara Lowery (15) Roy Smith (16) Margaret Mandel (17) Nellie Calico (18) Lena Mauwee?

PYRAMID LAKE FIRE RESCUE

ANNOUNCES THE LAUNCH OF A NEW SERVICE TO HELP THOSE IN NEED AT PYRAMID LAKE

On February 27, 2014 the Pyramid Lake Fire Rescue Department was granted a permit by the state of Nevada to operate a basic life support/intermediate life support (BLS/ILS) ambulance service for the residents of Pyramid Lake and the guests it serves. This is an exciting time for us said Don Pelt Emergency Response Coordinator as we can now offer in most cases a faster and more personalized customer service based Emergency Medical and Transport service to tribal members. Pelt said we are working closely with the clinic to extend care both in the clinic and out in the field.

As part of our EMS program the Tribal Council approved resolution number PL 62 – 13 along with ordinance number 54 in the Law and Order Code that says the Pyramid Lake Fire Rescue/EMS will provide EMS care and transport area hospitals for tribal members of Pyramid Lake without cost to them personally. Pyramid Lake Fire Rescue/EMS will still bill Indian Health Services, Medicare, Medicaid, private health insurance companies and auto insurances for EMS services but if you are an enrolled tribal member or eligible for Enrollment you will not be billed for the balance as we will only accept what is given to us by the insurance



carrier.

It is important to note that we will ask for your Pyramid Lake Enrollment number and any insurance that you may have at the time of transport. These numbers are not given out to anyone other than third party billing company and are used solely for the purpose of recovering costs incurred for EMS services on the reservation. Don Pelt said if you receive a bill for EMS services or any fire related services please don't get upset instead please contact him at **775-560-4417** and he will make every effort to work it out so that you are not billed again. The challenge may just be a simple case of at the time you were sick you were unable to give us your enrollment number.

Pyramid Lake Fire Rescue/EMS is also billing out services for fire related incidents such as car fires, house fires, hazardous material leaks, and most notably boat rescues. As the tribe does not have an established property tax base on the reservation it became necessary to look for new ways of creating a revenue stream to recover costs that are incurred by the program for rescuing people or putting out fires. Once again the same ordinance applies for tribal members for these services. Pelt said that what we are trying to do is target insurances companies to reimburse the tribe for our services and not have the individual tribal members taking on that cost themselves. Our goal is not to place an unnecessary cost burden upon the residents of Pyramid Lake but to continue offering quality fire and EMS services to all the residents and guests at Pyramid Lake, 24 hours a day 7 days a week. Pelt said like everything else costs are going up and budgets are going down or remaining the same so this gives us an opportunity to become more self-sufficient within the Tribe and gain the opportunity for additional training and equipment for the public safety personnel to perform their duties and protect the people of Pyramid Lake.

Pelt concluded by saying that he is proud of the fact that Pyramid Lake Fire Rescue/EMS is now one of only two EMS services offered in Indian Country in Nevada.

PL Police Department Patch Re-Design



PATCHES MUST BE SUBMITTED BY WEDNESDAY, JULY 16TH.

The Best 5 designs will be voted on at the Sacred Visions Pow-Wow July 18-20.

- Pyramid Lake Police Department is encouraging everyone of all ages to submit a patch design that best represents our Tribe, our People, and our Department.
- The patch must be no wider than 4 inches and no longer than 5 inches. Must include **“Pyramid Lake Police” and “Public Safety Services”**.
- Please submit entries to the Police Department at 200 S. Hollywood in Nixon, NV 89424. Or e-mail them to mdecker@plpt.nsn.us If you have any questions, please feel free to contact us at 775-574-1014.
- Designs are due Wednesday, July 16th.
- Top 5 designs submitted will be displayed and voted on at the Police Department booth during the Sacred Visions Pow-Wow July 18-20.



PLPT—NEW PHONE SYSTEM

Last year, the Tribal office experienced a phone system equipment failure and took steps to replace it with a ShoreTel system. The old phone system was expensive with regard to paying for long distance service. The new system should save the Tribe money in the long run. The phone numbers remain the same, but the extensions have changed. The change over was scheduled to phase in as work schedule and funding was available. The phase in included the Tribal office and Museum Visitor Center first, then Social Services, and the Health Clinic. The next phase includes the Parks & Recreation office and the modulars. After that the schedule may include the Judicial Services and Law Enforcement offices.

PYRAMID LAKE PAIUTE TRIBE

205 Capitol Hill | PO Box 256 | Nixon, NV 89424
 Phone: (775) 574-1000 | Fax: (775) 1008 | Website: www.plpt.nsn.us

Administration Building (775) 574-1000

Last Name	First Name	EXT	Position/Title
BLACK	Lori	1100	Front Desk
BORDREAU	Renee	1109	Accounts Payable
CONFERENCE	ROOM	1126	Conference Room
DARROUGH	Cassie	1112	Accounting Technician
ELY-MENDES	Sherry	1102	Programs Officer
FRAZIER	Kathleen	1110	Interim Comptroller
FRAZIER	Vernelda	1121	Tax Administrator
GARCIA	Johnnie	1106	Transportation Manager
GARCIA	Sandy	1105	Payroll
GARDNER	Greg	1117	Technology Services
GUERRERO	Billie Jean	1120	HR Manager
HICKS	Sandra	1104	Contracts/Grants
JOHN	Della	1125	Executive Officer
LOWERY	Elwood	1122	Tribal Chairman
MANDELL	Lynelle	1118	Accounting Clerk
MITCHELL	Randa	1128	Accounts Receivable
PACHECO	Sharon	1119	HR Assistant
QUERTA	Alicia	1123	Tax Specialist
SHAW	Joanne	1115	Enrollment Officer
SMITH	Carol	1101	Executive Secretary
TALL BULL	Christopher	1107	Transportation Secretary
WADSWORTH	Gina	1127	Tax Office Manager
WADSWORTH	Steven	1113	Information Assistant
WATERMAN	Heidi	1111	Interim Acctg. Supervisor
WILLIAMS	Nikki	1116	Grants Writer
WRIGHT	Pamela	1124	Grants Spec (On-Call)

Nixon Phone Numbers

Location	Phone #	Location	Phone #
Cultural Center	574-1088	Marble Bluff	574-0187
Background Invest.	574-0441	Nixon Daycare	574-1031
Diabetes Program	574-0117	Nixon Head Start	574-1032
Emergency Resp.	560-4417	Nixon Post Office	574-1033
Health Dept.	574-1018	Nixon Store	574-0467
Higher Education	574-0300	Numaga Center	574-1064
High School	574-1016	Numana Hatchery	574-0290
Housing Authority	574-1026	Social Services	574-1047
Library	574-0301	Sumunumu	574-1111
Maintenance	574-1035	Tribal Court	574-1094



Sutcliffe Phone Numbers

Location	Phone #
PLF - Admin.	476-0500
PLF - Hatchery	476-0510
PLF - Lake Ops.	476-0559
PLF - Maintenance	476-0720
Ranger Station	476-1155

Wadsworth Phone Numbers

Location	Phone #
Community Bldg.	575-7290
I-80 Smokeshop	575-2181
Incubation (PLF)	575-2253
Natchez Elementary	575-1883
Realty Office	575-2185
Victim Services	575-9444
Wads. Daycare	575-2774
Wads. Head Start	575-7910



TRIBAL POLICE

Location	Phone #
Nixon Station	574-1014
Dispatch Center	574-0444

EMERGENCIES: Dial 9-1-1

NATURAL RESOURCES - 574-0101/1050

Last Name	First Name	EXT.	Position/Title
ALBRIGHT	Susie	23	Water Resource Technician
BRADY-MARTINEZ	Brandon	11	Environmental Technician
VACANT		15	Environmental Director
CONFERENCE	ROOM	26	Conference Room
HARRY	Beverly	17	Enviro. Manager
VACANT		21	Water Resources Director
INGRAHAM	Eric	14	Water/Sewer Operator II
JOHN	Benjamin	24	PUD Manager
MORGAN	Kameron	19	WQ Standards Specialist
NOEL	Donna	27	WR Director (Interim)
PAUL	Gene	20	Water Resource Assistant
QUINTERO	Randall	28	Water/Sewer Operator
ROBERTS	Tanda	25	Wetlands Specialist
SMITH	Bonnie	16	Interim Enviro. Director
WADSWORTH	Brian	13	Water Quality Manager

FAX NUMBERS

Location	FAX #	Location	FAX #
Administration	574-1008	Natchez School	575-1888
Children's' Cabinet	574-0302	PL High School	574-1037
Contract Health	574-1074	PL Police Dept.	574-1006
Contract/Grants	574-1082	PL Store	476-0554
Cultural Center	574-1090	Rangers	476-1161
Finance	574-1073	Social Services	574-1052
Fisheries	476-0558	Tax Department	574-1007
Higher Education	574-0302	Tribal Clinic	574-1028
Housing Authority	574-1044	Tribal Court	574-1096
Human Resources	574-1086	Tribal Chairman	574-1054
I-80 Smokeshop	575-4893	Victim Services	575-9446
Museum	574-1090	Water Resources	574-1025



Updated: 6/27/2014

ANNOUNCEMENT OF CANDIDACY FOR TRIBAL CHAIRMAN

Greetings Everyone,

My name is Brian Wadsworth, and my mother is Berneys Wadsworth and my father is William Wadsworth, Sr. I would like to officially announce my candidacy for Tribal Chairman in the Pyramid Lake Paiute Tribal Elections coming up in December 2014.

I would like to take this time to address the Tribal membership. I grew up in Wadsworth with my family, and I graduated from Edward C. Reed High School with an Honors Diploma. After high school, I attended Florida State University in Tallahassee, FL to study music. After two years at Florida State University, I decided to transfer to the University of Nevada, Reno where I graduated with a Bachelors of Science in Business Administration with a major in International Business. Most recently, I have been accepted into the Gonzaga University Masters of Business Administration (MBA) in American Indian Entrepreneurship Program.

I have had the honor of serving on the Tribal Council for the past year and a half, and I have been working for the Tribe since 2012 (first as the Human Resources Assistant, and currently as the Water Quality Manager). I have also had the opportunity to serve as Chairman of the Pyramid Lake Jr./Sr. High School since 2014.

The Tribe is need of a strong leader that will lead the Tribe in protection of its sovereignty, economic development business ventures, protection of all the Tribe's natural resources,

protection and promotion of the Tribe's rich culture, adequate management of the Tribal Administration, and most importantly, ensure the protection of the Tribal membership. I feel my strong educational background and work experience and Tribal leadership experience will make me the ideal candidate for Tribal Chairman.

During my term as Tribal Chairman I would like to focus on the following objectives:

- Proper management of the Tribal Administration, and ensuring the Tribal Government is serving the needs to the Tribal community
- Protection of Tribal water rights and other natural resources on our Reservation
- Development and advancement of Economic Development opportunities for the Tribe and the Tribal membership
- Actively work with the outside agencies and municipalities to promote the protection of ALL the Tribe's natural resources and rights
- Attend community events to ensure the needs of the Tribal membership are being met, especially our Tribal elders and Tribal youth!
- Protection of the Paiute language, through language classes and more cultural events on the Reservation
- Attendance at the various Tribal Boards, Tribal Committees, and Tribal Commissions meetings to ensure all policies and regulations are adhered to

In the past, I have seen/heard candidates for various elected positions talk negatively about

other candidates and their families, and I want to make it very clear that I am planning on running a clean and positive campaign. I do not feel it is right for a candidate to win, because they were able to say/write the meanest things about others. I want to be elected for my positive qualifications and the positive growth and development I can bring to the Tribe and the Tribal membership. I have also seen past candidates for office make "campaign promises" to get elected-I ask those candidates how have they lived up to those promises. I do not want to make empty promises to the Tribal membership in order to get elected.

However, I will make this promise to the Tribal membership:

As your Tribal Chairman, I will lead this Tribe into a more positive light and will be here to serve the needs of the Tribe and the Tribal membership.

I understand the hard work and dedication and long hours it will take to be a successful Tribal Chairman, and I feel I am the one for the job. This is not a decision I am taking lightly, and I feel I am up for the challenge in leading our Tribe to the greatness and prosperity we all deserve. I would like to thank you for taking the time to read my letter.

Regards,

Brian Wadsworth
Candidate for Tribal Chairman

Great Basin Native Artists

Dear Native Artist,

Hello, my name is Melissa Melero and I am a professional artist working and living on the RSIC Hungry Valley reservation in Sparks, NV, and a member of the Fallon Paiute-Shoshone Tribe. Ben Aleck (Pyramid Lake Paiute), other local Native artists and I have noticed a demand to see original Native fine artwork and also a current interest in exhibiting local Native art in the area. We decided to put together a group called.

Great Basin Native Artists.

GBNA is a group that meets monthly in the Reno, Pyramid Lake, and Fallon areas and a website resource directory for all Native American working artists residing/or originally from the Nevada and the eastern Sierra Nevada mountain range. This collective group of artists wanted to be available to the public in one resource center and available to each other for professional support by providing a:

- Great Basin Native Artists website Directory and Image Gallery online
- exhibiting opportunities as a group for local, national, and international Native exhibitions
- art business workshops for professional and emerging artists
- forum for Native artists and interested

community members to connect

- Online presence for rural Native artists

If you are interested in becoming a part of this group or being listed on the website directory with your own artist page, please contact me at 775-424-3159 or gbnativeartists@gmail.com.

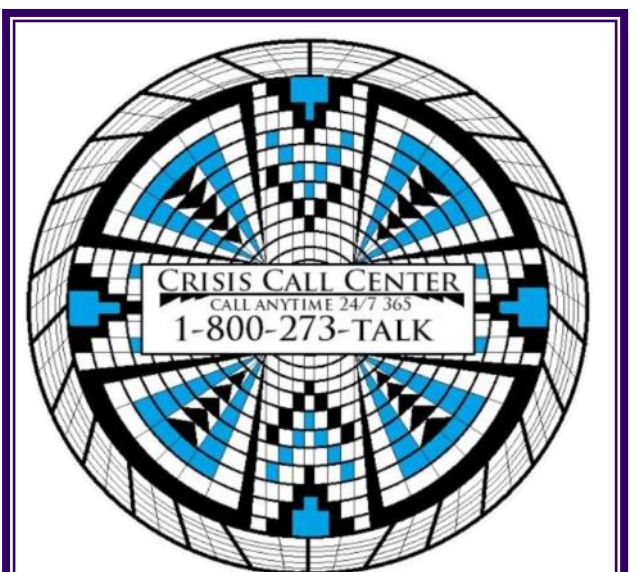
To create your own page on the GBNA website, we will need **5 or more images** (ex. you, your art, inspirations), a short description (**artist statement**) of who you are, where you are from, and description of your art medium, and **preferred contact information**. We are looking for all kinds of artists to list on the website (visual artists, traditional artists, digital media artists, performance artists, literary artists, etc.). Please pass this information on to any artists you know of in the area or online.

Thank you and we hope to hear from you soon!

Respectfully,
Melissa Melero
85 Morning Dawn Lane
Sparks, NV 89441
775-424-3159

gbnativeartists@gmail.com

<http://www.greatbasinnativeartists.com>



**If you feel you are in crisis,
whether or not you are thinking
about suicide, please call the
Lifeline:**

YOU ARE NOT ALONE! People have called the lifeline for help with substance abuse, economic worries, relationship and family problems, sexual orientation, illness, getting over abuse, depression, mental and physical illness, and even loneliness.

**OR Text LISTEN
to 839863**

***Standard text messaging rates apply**

PARKS & RECREATION: DAY CAMP

* This year the Tribal Parks & Recreation will be holding a Summer Day Camp in a combined effort to offer more services for our children. The camp will begin on June 30th and run until August 1st. Each day begins at 8:30 am and ends at 12:30 pm.

* Tribal programs involved in the camp include Johnson O'Malley Program, Garret Lee Smith Prevention, Sumunumu, Behavioral Health, Museum, Environmental, Fisheries and Parks & Recreation. With the support of various other tribal programs the effort will enhance the learning for our children. Thank you!

* Transportation will not be provided as of yet, this may change, but for now families are responsible for child drop off and pick up.

* Free youth lunch will be provided by the Boys & girls Club daily.

* A daily schedule will be followed. JOM will be scheduling field trips

Schedule: 8:00 AM – 9:00 AM Check in Snacks @ Parish Hall
 9:00 AM – 10:00 AM First Rotation
 10:00 AM – 11:00 AM 2nd Rotation
 11:00 Am – 12:00 PM 3rd Rotation
 12:00 PM – 12:30 PM Lunch @ Parish Hall
 12:30 PM Dismissal



Registration Forms available at the Tribal Office Front Desk

Contact: Janet Davis 775-384-4350
 or Karen Shaw for more information 775-574-1000



Johnson O'Malley - 2014 Summer Day Camp Schedule

First Session: June 30-July 10 Applications are available
Second Session: July 14-July 24 at the
Third Session: July 28-August 7 Johnson O'Malley's Office



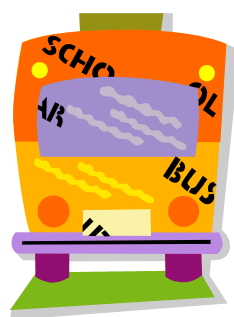
Natchez Elementary School

If you haven't enrolled for the school year 2014-2015 you **need to register online**, you may contact the school for your Infinite campus username and password. All incoming Kindergarten students please make sure to check with Cindy that you have turned in all required paperwork, Birth Certificate, Immunizations, and social security number, besides registering online there is also paperwork for incoming Kinder students.

(Tentative Schedule)

August 2014

- 11th First Day of School 1 – 6th Grade
- Week of 11th Kindergarten Testing (by appointment)
- 13th EARLY OUT dismiss @ 1:45 p.m.
- 18th First day of Kindergarten- Title I "Welcome to Kindergarten Breakfast"
- 19th Title I Annual Meeting – Back to School Night 6 p.m.
- 20th EARLY OUT dismiss @ 1:45 p.m.
- 27th EARLY OUT dismiss @ 1:45 P.M.



September 5 is COUNT DAY – MANDATORY attendance by ALL students, please try and schedule any appointments in the afternoon or after 10 a.m. Thank you.

- October 6 – 10 FALL BREAK – NO SCHOOL
- October 24, 27-30 CONFERENCE WEEK Please make sure to schedule a time with your child's teacher
- October 31 NEVADA DAY – NO SCHOOL

Washoe County School District Balance Calendar Break Periods and Holidays 2014—2015

First Day of School	August 11
Labor Day	September 1
Fall Break	October 6-10
Nevada Day	October 31
Veteran's Day	November 11
Thanksgiving Break	November 26-28
Winter Break	December 22-January 9
Martin Luther King Day	January 19
President's Day	February 16
Spring Break	March 30-April 10
Memorial Day	May 25
Last Day of School	June 12

First nine weeks ends Oct. 15	42 days
Second nine weeks ends Dec. 18	41 days
Third nine weeks ends Mar. 20	48 days
Fourth nine weeks ends Jun. 12	<u>49 days</u>
Total:	180 days



HUMAN RESOURCES

Current Open Positions as of 06/27/2014

PROBATION OFFICER **JA 14-25**
Pyramid Lake Paiute Tribe-Nixon, NV
 Perform specific supervision and court services with parole and probation caseload, such as managing casework, conducting investigations, writing presentence recommendations, supervising parolees and probationers, coordinating drug testing, and field work. Make referrals to available community resources. Prepare reports, records and other supporting documentation. Maintain the security and order during court sessions.
\$16.61 – 17.46 per hour, Regular, Full-time, Class Code 306, Grade 18, Step 1-3 DOE
OPEN UNTIL FILLED

GENERAL LEDGER ACCOUNTANT **Re-Post JA 14-21**
Pyramid Lake Finance Department-Nixon, NV
 Performs accounting work related to the operation and maintenance of computerized and network financial accounting; reconciles general ledger accounts through multifaceted adjusted journal entries.
\$41,995.20 - \$44,116.80 per annum; Regular, Full-Time, Exempt Class Code 425, Grade 22, Step 1-3 DOE
OPEN UNTIL FILLED

TRIBAL COMPTROLLER **JA 14-48**
Pyramid Lake Tribal Administration, Nixon, Nevada
 Under the direction of the Tribal Chairman, supervises assigned staff, performs professional accounting and fiscal analysis in the review and preparation, maintenance, and verification of the Tribe's fiscal and accounting records. Communicates with Tribal directors and staff regarding fiscal and compliance matters. Performs related work as required.
\$59,092.80 – 62,088.00 per annum; Full-Time/Exempt Status Class: 607 Code Grade 29, Steps 1-3 DOE
CLOSES: 07/07/2014

SUICIDE PREVENTION DIRECTOR **JA 14-50**
Pyramid Lake Tribal Health Center, Nixon, Nevada
 Responsible for the day to day management of the grant to ensure that the completed time line for all activities are developed and kept updated, recorded, and delivered to the appropriate reporting agency. As the primary federal contact for the project, the Suicide Prevention Director will work closely with Substance Abuse and Mental Health Services Administration (SAMHSA) on reporting and continuation purposes. Also, works closely with the Steering Committee.
48,609.60 – 51,064.00 Per Annum; Full-time, Exempt Class Code 405, Grade 25, Step 1-3 DOE
CLOSES: 06/30/2014

ENVIRONMENTAL CONSERVATION TECHNICIAN
Pyramid Lake Environmental Department, Nixon, Nevada
 Performs a variety of labor intensive duties within the Environmental Department to monitor and manage Tribal environmental resources for invasive weeds and pests. Assigned to work in different areas within the program, including rangelands, canyonlands, highlands, wetlands, and riparian areas within the Pyramid Lake Indian Reservation.
\$11.81 – \$12.41 per hour; Seasonal, Temporary, Full Time (40 hrs. week) Class Code 148, Grade 11, Step 1-3 DOE
CLOSES: 07/11/2014

ROADS MAINTENANCE WORKER **JA 14-55**
Pyramid Lake Paiute Tribe, Nixon, Nevada
 Performs skilled work in the operation of a variety of heavy trucks and equipment used in providing road maintenance services to preserve, maintain, upkeep and restore roads, right of ways, and related structures in usable and safe condition. Performs related work as assigned.
\$11.81 – 12.41 per hour; DOE; Full Time, 40 hours per week; Class Code 126, Grade 11, Step 1-3 Non-Exempt
CLOSES: 07/11/2014

TRANSIT MANAGER **JA 14-53**
Pyramid Lake Paiute Tribe, Nixon, Nevada
 For transit coordination and oversight activities for the Pyramid Lake Transit Authority. Monitors the performance of service providers, develops and implements short and long term transit plans, and coordinates demand/fixed-route service. Compiles and prepares information to support transportation grants, and prepares statistical information to monitor service performance. Supervises program personnel and projects in accordance with tribal policies and procedures.
\$44,096.00 - \$46,321.60 per annum; Exempt; Full-time Class Code 521, Grade 23/Step 1-3 DOE
Open Until Filled

ENVIRONMENTAL DIRECTOR **JA 14-52**
Pyramid Lake Environmental Department, Nixon, NV
 Under the direct supervision of the Chairman, performs specific objectives and work plan activities under established environmental grants. Performs highly responsible management duties in the planning and administration of environmental protection programs and activities. Studies environmental needs to establish and develop regulations that safeguard the Pyramid Lake Paiute Tribe environment. Environment area of responsibility includes air, water, soil, preliminary environmental assessment and hazmat.
\$39,998.40 - \$42,016.00 per annum; Regular Full-time(40 hrs./week) Exempt, Class Code 519, Grade 21, Step 1-3 DOE
CLOSES: 07/17/2014

FACILITIES MANAGER **JA 14-51**
Pyramid Lake Paiute Tribe-Nixon, NV
 Plans, organizes and provides supervision and oversight for daily maintenance operations and activities of the Pyramid Lake Paiute Tribe, including streets, buildings, grounds, public facilities, and vehicles; supervises and evaluates the work of maintenance employees and outside contractors; inspects and troubleshoots maintenance work; prepares and administers operations budgets; and performs related work as required.
\$34,548.80 - \$36,316.80 per annum; Exempt; Full-time Class Code 510, Grade 18, Step 1-3 DOE
CLOSES: 07/17/2014

ACCOUNTING TECHNICIAN **JA 14-45**
Pyramid Lake Paiute Finance Department, Nixon, Nevada
 Responsible for preparation, maintenance and record keeping of a variety of complex financial documents for accounting of all transactions within the Finance Department.
\$13.02 – 13.68 per hour, Regular 16-24 hours per week; Class Code 316, Grade 13 / Step 1- 3 DOE
CLOSES: 07/01/2014

The Pyramid Lake Paiute Tribe is a drug-free work place. Applicants will be required to undergo drug testing prior to employment and will be subject to further drug and alcohol testing throughout their period of employment. In addition, the Tribe implements a Background Investigation Program in which all employees are subject to a background investigation and favorable suitability determination as a condition of employment.

Preference in filling vacancies is given to qualified Indian candidates in accordance with the Indian Preference Act (Title 25, U.S. Code, Section 472 and 473). However, the Pyramid Lake Paiute Tribe is an Equal Opportunity Employer and all qualified applicants will be considered in accordance with the provisions of Section 703 (l) of Title VII of the Civil Rights Act of 1964, amended in 1991.

PYRAMID LAKE HOUSING AUTHORITY
 P.O. Box 210
 Nixon, Nevada 89424
 775-574-1026

PUBLIC NOTICE

The Pyramid Lake Housing Authority has surplus computers and cameras available. Any department interested, please contact the Finance Manager, Terry Mason, between 8:00 AM and 4:30 PM.

Pyramid Lake Fisheries

Hours of Operations

Monday—Thursday

7:00 am—5:00 pm

CLOSED FRIDAYS.

Admin: 476-0500

Hatchery: 476-0510

Lake Ops: 476-0559

Maintenance: 476-0720



Pyramid Lake Paiute Tribe
P.O. Box 256
Nixon, Nevada 89424
Telephone: (775) 574-1000
Fax: (775) 574-1008

ANNOUNCEMENTS

The Pyramid Lake Paiute Tribe is currently recruiting for:

One (1) vacancy on the **ELECTION BOARD**

CLOSING DATE:

Wednesday, July 23, 2014
at 4:30 p.m.

Re-Posted: 06/23/2014

One (1) vacancy on the: **TAX COMMISSION**

CLOSING DATE:

Monday, July 28, 2014
at 4:30 p.m.

Preference shall be given to individuals who have prior experience in tax related matters, including but not limited to administrative experience, experience in property valuation, and knowledge of Tribal or other governmental tax structures.

Posted: 06/27/2014

Five (5) vacancies on the **MUSEUM BOARD**

CLOSING DATE:

Monday, July 28, 2014
at 4:30 p.m.

Posted: 06/27/2014

All interested persons must be an enrolled member of the Pyramid Lake Paiute Tribe.

If you are interested in serving on any of these Committee/Boards, please complete a Committee/Board Participation application form and return by the closing date to the:

PYRAMID LAKE PAIUTE TRIBE
ATTN: Executive Secretary
P.O. Box 256
Nixon, NV 89424

Enrollment Services Update

Enrollment Services has moved! Now located next to the Tax Department

The Office of Enrollment Services is open Monday through Friday during normal work hours closing for lunch between 12:00 and 12:30pm. Please call ahead of time to ensure that staff is available to process your requests.

The Enrollment Office will be closed July 29, 30, 31st for training.

Application Processing

All applications must be submitted with the following documentation

- ◆ Original birth certificate or certified copy
- ◆ Social security card or a copy

The Enrollment Committee meets on the third Tuesday of every month to review all new applications submitted.

All applications approved by the Enrollment Committee will be presented at the first Tribal Council meeting of the following month. Membership approval letters and cards for the new members will be issued the week following Tribal Council approval.

Types of Membership Offered

Regular Membership:

The Pyramid Lake Paiute Tribes regular membership is based on *direct decendancy*. Direct decendancy means there can be no break in the line of progression on the person's family tree, there must be a direct tie to the Base Roll.

Adoptive Membership:

Requires a ¼ blood quantum or more of Pyramid Lake Paiute blood and must receive the endorsement of the Tribal Council by an affirmative 2/3 vote of its members.

Honorary Membership:

A person not meeting the requirements Regular or Adoptive membership may be eligible for Honorary Membership by resolution of the Tribal Council.

Adoptive or Honorary membership shall not entitle any such person to Tribal privileges, resources, property, voting power, or the right to hold a political office in the Tribe.

Address Updates: All enrolled members are encouraged to keep their mailing addresses current with the Enrollment Office. Enrolled Member Address Update Forms are available for download on the Tribal website or by calling the Enrollment office. Sorry address changes cannot be accepted over the phone.

Tribal ID Cards/Roll Numbers: All tribal members are urged to keep their membership card with them at all times and to know their roll number. It is also recommended that a list of your children's roll number be kept. *Roll numbers cannot be verified over the phone.*

Enrollment Services forms now available online:

- Card Replacement Request Form
- Document Request Form
- Enrolled Member Address Update Form
- Name Change Request Form

Please be sure to sign and date the form before mailing to the Enrollment Office.

We welcome the following new members of the Tribe

New Members March:

Kamren Stone Eben, Rylee Edward Eben, Laniya Mae Hooper, Vanessa Nina Rose Hooper, Jace Eugene Saulque

New Members April:

Faivon Amari Blindman, Benjamin Maurice Eben, Ashton Lynn Kindrick, Aniyus Michael-Juan Marquez

No New Members in May

If you have any questions or concerns regarding membership issues, please contact the Tribal Enrollment Office 775.574.1000, Ext. 1115; or you may email your comments to: plenrollment@plpt.nsn.us.

NOTICE

Pyramid Lake High School is providing GED Prep after school

From 3:45 to 6:00 pm ~ Monday—Thursday

Classes have started, plan to attend now.

No classes on school holidays

Funded by MSPI, Pyramid Lake Tribal Health Clinic

VICTIM SERVICES PROGRAM (CON'T)

Sex Trafficking Rampant in Indian Country; Pimps on Prowl for Native Girls *Indian Country Today* – news article [Terri Hansen](#) 1/17/12

Is sexual trafficking happening in your city? What about on your remote reservation? The short answer is, “Yes, right under your nose.”

Klamath tribal member and Portland, Oregon resident Jeri Sundvall-Williams’s horrific sexual slavery ended 22 years ago, and it took an attack from a male customer, who stabbed her multiple times, to give her the courage to break free. “The light went on that I didn’t want to die,” Sundvall-Williams says. “Prostituted women have low self-esteem. They don’t feel their worth. My worth was in my two children. I couldn’t leave them without a mother.”

Prostitution becomes a trafficking crime when the victim is a minor, or at any age if controlled by force, fraud or coercion. Sundvall-Williams says she had to walk up and down Portland’s 82nd Avenue, a thoroughfare running through several residential neighborhoods, each night to bring home \$300 or face a beating by her pimp.

The life of a trafficking victim typically involves starvation, confinement, beatings, gang rape and forced drug use. They must also contend with addiction, broken bones, concussions, burns, vaginal and anal tears, sexually transmitted diseases (STDs), sterility, miscarriages, forced abortions and even contagious diseases like tuberculosis, hepatitis, malaria and pneumonia. Psychological damage includes mind-body separation, disassociated ego states, shame, grief, fear, distrust, hatred of men, self-hatred, suicide and suicidal thoughts, post-traumatic stress disorder, acute anxiety, depression, insomnia, physical hyper alertness and self-loathing. Some victims suffer from traumatic bonding, a form of coercive control in which the perpetrator instills fear as well as gratitude for being allowed to live.

Intertwined with sexual trafficking are sexual abuse, drug and alcohol abuse and poverty. In a law review, Sarah Deer, a [Muscogee \(Creek\) Nation](#) citizen and professor at the William Mitchell School of Law in St. Paul, Minnesota wrote that many women and girls are coerced into sex work—on and off reservations—by drug dealers to pay for their drugs.

This type of sexual violence targets [Native](#) women and girls due to the culture of silence in every community, the widespread poverty, and the legacy of appalling sexual violence committed by white men against Native women, says Deer. The U.S. government acknowledges that the rates of sexual abuse and rape committed against Native women and girls are higher than those for the general population.

Sundvall-Williams, who escaped the street life, is trying to help Portland women trapped in the sex-trafficking industry.

One of the few opportunities a trafficked woman has for escape is when her pimp allows her to enter a medical facility for treatment of injuries, pregnancy or STDs. Hospitals and clinics can intervene—as they do for victims of domestic violence—though many lack the proper training to do so.

At the “Native Women: Protecting, Shielding, and Safeguarding Our Sisters, Mothers and

Daughters” Senate Committee on Indian Affairs oversight hearing this past July, Senator Daniel Akaka (D-Hawaii) declared that women are finally starting to talk about the traffickers who prey on them in urban and reservation communities. Deer testified that the Tribal Law and Order Act of 2010 authored by then-U.S. Senator Bryan Dorgan, “failed to specifically address prostitution or sex trafficking as forms of violence against women.” Dorgan, who chaired the Senate Committee on Indian Affairs, stated the bill was a response to the “crisis” in law enforcement on many Indian reservations, where the rates for most violent crimes far exceed the national average.

Portland—which has the ninth-largest Native American population in the country and is close to numerous reservations—has been repeatedly called one of the country’s most livable cities. But that city’s prestige took a hit when journalist Dan Rather renamed it “Pornland” in a report last year on his HDNet news program *Dan Rather Reports*. “Eighty-year-old men paying a premium to violate teenage girls, sometimes supplied by former drug gangs now into child sex trafficking big time? You’ve got to be kidding. Nope,” Rather said. “That’s happening and a lot more along the same lines.”

The long stretch of Interstate-5 that runs from below Los Angeles and up to British Columbia is a hotbed of sexual trafficking, especially during big events, such as the 2010 Winter Olympics in Vancouver. Pimps also send prostituted girls and women to the truck stops that dot the freeways, where the girls are known as “lot lizards.” They also work the comfort rest stations along I-5 during the early-morning hours, when pimps and johns know the state police are less likely to be on patrol.

Portland is fertile ground for pilot projects that help law enforcement break free of a pattern of arresting underage prostituted women and prosecuting them as criminals in order to go after the pimp. Much of the impetus for that change came from the Oregon Human Trafficking Task Force (OHTTF) established in 2005 with funding from the U.S. Department of Health and Human Services. Portland is finally starting to treat victims like victims instead of the bad guys, but the system has to evolve further and faster to catch up to these kids, says Keith Bickford, OHTTF director and Multnomah County deputy sheriff. “The juvenile system was so far behind. Portland needed a lot of help, but it isn’t the only city to need that. The police still need arrest powers to get some of these girls and boys off the streets,” Bickford says. “If all the signs lead to sexual trafficking, [those arrested] go directly into dependency and are given help.”

A huge problem in Portland, and nationally, says Bickford, has been a lack of safe housing to shelter victims from their pimp while they

Senator Akaka says women are finally talking about predators. Daniel Akaka went through the legal and personal-recovery process. “When I took over the director’s position in 2007, we didn’t have any beds,” he says. According to the Oregonians Against Trafficking Humans website “realistically, however, only 30 adequately equipped beds exist

Kim Lowery, Sexual Assault Advocate, and Kathleen Eyre, Counselor, recently attended training at the Minnesota Indian Women’s Sexual Assault Coalition (MIWSAC) in Minnesota. Topics included: sexual assault, human trafficking in Indian Country, roles of an advocate and social and systems changes.

Unfortunately, due to the rise of social ills in our country, there is an increase of human trafficking.

in the entire nation to meet the rehabilitation needs of children who’ve been caught in the web of sex trafficking.” Until November 2011, not one of those beds was in Oregon. Bickford says Janus Youth Programs, a Portland youth homeless program, set up seven beds to rescue trafficked minors in November.


The National Runaway Switchboard (NRS) claims that one out of every three teens who are either kicked out of their homes or run away are lured into prostitution within 48 hours of being on the street. NRS says pimps prowl the streets looking for kids lugging an extra-heavy backpack, and recruit children as young as 11 or 12 into prostitution. “Survival sex” is traded for a place to stay. Most prostitutes begin before they’re 18, and Bickford notes that coming of legal age, “doesn’t mean you suddenly have good reasoning skills.”

Pimps sometimes seek out American Indians because they can masquerade them as an exotic ethnicity—such as Polynesian, Asian or Native. A pimp will train his victims to tell people he’s her boyfriend. “You have to understand—especially with how young the girls are—that this is the first love of their life,” Sundvall-Williams explains. “He tells them they are beautiful. He tells them he loves them. She thinks, Oh I love him, I can’t turn him in.” A convicted pimp told *The New York Times* in 2009, “With the young girls, you promise them heaven, they’ll follow you to hell.”

Portland Mayor Sam Adams says his city is getting better at exposing and fighting sexual trafficking, but he reports that it’s a hard battle to quantify. When he’d go biking down 82nd Avenue, Adams once saw a thriving sex trade, with girls walking the city streets and escort businesses marketing them. A blitz of the area by police pushed much of that activity underground and online. Willamette University College of Law’s 2010 reports *Modern Slavery in Our Midst: A Human Rights Report on Ending Human Trafficking in Oregon*, states that Oregon’s lax trafficking laws, permissive state constitution’s free-speech protections for commercial sex enterprises, high percentages of youth in foster care and homeless and runaway kids, migrant workers, and hard-to-monitor rural farming and forestry operations makes it a magnet for human trafficking. In some ways, it is the invisible crime.

The invisibility of victims is another problem, says Tawna Sanchez, family services director at Portland’s Native American Youth and Family Center. “Native American families don’t like to admit their daughter is in the sex trade, and there are so many reasons girls and women don’t come forward.” When Sundvall-Williams gives public talks, she says that Native women “thank me for being brave enough to talk about it because most women suffer in silence due to their fear of judgment from others. It’s a really big problem in the community here.”

VICTIM SERVICES PROGRAM




*Womens Circle
Craft Night*

1st Wednesday of the Month

Where: Pyramid Lake Victim Services Office
101 Big Bend Ranch Road

Everyone is welcome,
bring a friend...
or two.



Potluck
Bring your favorite
dish.

Shawl making and beading.

All materials will be supplied by the
Victim Services program

"Shawls are very symbolic to Native people. The fringe is said to represent the tears of Indian women crying for the pain and suffering the people have endured for generations; yet it also represents strength, beauty, and solidarity."

PLPT VICTIM SERVICES UPCOMING EVENTS:

EVERY MONTH - STARTING AUGUST 2014

Each group is from 5:00 – 6:30

JULY 2014

2nd Weds:
VSP
Advisory
Committee

1st Weds:
Craft Night

2nd Weds:
VSP
Advisory
Committee

3rd Weds:
Teen DV
Group

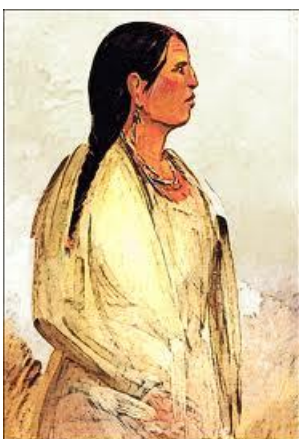
4th Weds:
Collaterally Affected by
Sexual Assault Group

Freedom To Be You

Women's Educational Support Group

When: Every Saturday (Group Repeat)
Where: PLPT Victim Services Program
Time: 1:00 - 2:00PM
Call: 775-575-9444 for more information or to RSVP

=====
Transportation Available
Child care is available on site during group session



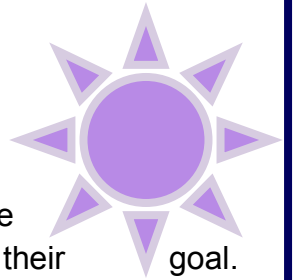
**Support & Respect
Each Other's Journey**



The support group will offer
Education, skits, guest speakers, movie clips, video
songs and other visual/hands-on material relevant to
each topic

Pyramid Lake Paiute Tribe VICTIM SERVICES PROGRAM

We provide support services to help those who want to stop violence and are determined to reach their goal.



"If you can conceive it, and your heart can believe it, we know you can achieve it."

We provide the following services:

- ♥ Emergency Shelter, food, clothing
- ♥ Transportation
- ♥ Transitional Housing
- ♥ Peer Counseling
- ♥ Referrals
- ♥ Hospital Accompaniment/Advocacy
- ♥ Assistance in filling compensation/claims
- ♥ Court Accompaniment/advocacy
- ♥ Assistance with TPO/TRO

Assistance for the following is available:

- Victims of Domestic violence
- Adult Victims of Sexual Violence
- Elder Abuse
- Survivor of Homicide Victims
- Attempted Murder/Kidnapping/ Assault/Battery/Deadly Weapon
- Victims of Hate Violence
- Victims of Drug/Alcohol
- Related Violence or Abuse
- Victims of AIDS
- Victims of DUI/DWI
- Victims of Physical/Sexual/ Emotional Abuse/Neglect/ Abandonment

**Pyramid Lake Paiute Tribe
Victim Services Program
PO Box 430
101 Big Bend Ranch Road
Wadsworth, NV 89442
(775) 575-9444**

THE PYRAMID LAKE SANATORIUM

Report of User Consultation and Annotated List of Resources: Paula J. Wright - April 24, 2014

Note: This presentation is a part of the final series in completion of the University of Nevada-Reno Extended Studies' Library Science Program course title, Bibliography and General Reference. The Pyramid Lake Sanatorium research has provided the tools to research other historical buildings on the Pyramid Lake Paiute Reservation.

A community member of the Pyramid Lake Paiute Indian Reservation expressed an interest in historical information of the central building on Capitol Hill in Nixon, Nevada. She said, "I have always wondered about the white building next door to the Tribal Offices, because I get the creeps whenever I must enter that building. In the evenings, I don't dare look at the windows as I drive by. I only



know that it served as a community school at one time."

Photo by: Paula Wright

The building in question was constructed during the early nineteenth century perhaps designed by Frederick DeLongchamps who was Nevada's most prolific architects of the time period. Mr. DeLongchamps was known for giving his clients exactly what they needed. His designs remained considerate of those who would have used his building. His work employed the neoclassical design. (James, 2010) Neoclassical style in architecture called for the use of a rectangular footprint to serve as the front elevation included a ceremonial entrance with its characteristic full-height entry porch. (James and Harmon, 2011). Mr. DeLongchamps is on record for the architectural design of the St. Mary's Parish Hall in Nixon, Nevada. In 1931, the astylistic (having no columns) one story building has gabled roof with exposed rafters; lower from gable projection; three over six double hung windows, and semi circular wood door. (Architectural Records, Knowledge Center). This building continues to stand beside the St. Mary's Episcopal Mission on Church Street. Another building, the Rock Building resembles the characteristic DeLongchamps design. The original design was for the Farm Agent's residence which overlooks the southern view of the Truckee River. This information was provided by Gloria French in 2013. (French, 2013).

The Pyramid Lake Sanatorium provided medical treatment for Native American people who were stricken with Tuberculosis and other contagions. The TB epidemic had adversely affected the Pyramid Lake Paiute Reservation approximately in 1925. Hundreds of Native American people from the surrounding locality came to the Pyramid Lake Sanatorium, an institution for invalids and convalescents, for relief.

According to Charles Joseph Kappler, the Commissioner of Indian Affairs during the

nineteenth century, \$948,000 was appropriated for Indian Affairs in 1927 for the sole purpose "relief and care of destitute Indians not otherwise provided for, and for the prevention and treatment of tuberculosis, trachoma, smallpox, and other contagious and infectious diseases. Provided, that this appropriation may be used also for general medical and surgical treatment of Indians, including the maintenance and operation of general hospitals." The Pyramid Lake Sanatorium was awarded \$24,000 for the



maintenance of the sanatoria, including for all other expenses for their proper conduct and management. (Kappler, 1927). Soon thereafter, the United States provided an additional \$42,000 for construction and equipment of employees' quarters in Nixon to house the medical staff and other vital employees. (Kappler, 1941). During this time period, various government buildings were erected in Nixon. A Lorenzo D. Creel photograph dated c. 1906 by a local Paiute elder, identified as the school and other buildings on the image identification number UNRS-P2710-0230.

The image is directly facing south during the winter indicating mountain snow. This image validates the supporting information discovered the governmental reports from Commission Charles J. Kappler.

Unfortunately those who sought relief and treatment had succumbed to life threatening illnesses. Those who died were transferred to local morgue in Nixon and prepped for quick burial. One local Nixon resident, a Paiute man, maintained an informal ledger to document the countless individuals who died and various important events occurring in Nixon. Peterson Pancho's Vital Statistics record indicates the deceased in relation to a notable person. For example, he wrote, "Mr. Johnnie Wright he died April 28, 1943 Wednesday, or, Brady Calico's little girl died December 10, 1933, (another) little girl died January 29, 1935, and little boy died December 14, 1933." (Pancho, 1945). Over eighty unnumbered pages illustrate the numerous Paiute people who most likely were treated in the Pyramid Lake Sanatorium. Often the deceased were buried within twenty-four hours. According to local elders, the sanatorium was equipped with a make-shift mortuary.

The Interior Department Appropriations Bill for 1933 allotted continued funding in the amount of \$35,000 for the Pyramid Lake Sanatorium. It is duly noted the Pyramid Lake Sanatorium received "the same as last year for support. The electric plant at

Pyramid Lake Sanatorium is old and worn out, necessitating frequent and costly repairs. It does not have sufficient capacity to permit proper operation of the X-ray" and other necessary electrical functions. Power line and equipment for Pyramid Lake Sanatorium became a federal line item. (United States, 1932).

By 1935, the Pyramid Lake Sanatorium was due for closure as the result enormous maintenance of the facility. The Interior Department Appropriation Bill of 1935 cites the "Fort Bidwell Hospital will require additional funds due to the transfer of sixteen tuberculosis patients from Pyramid Lake Sanatorium. These patients will keep Fort Bidwell Hospital filled to capacity and it is necessary that additional personnel be provided properly to care for them. There is now two nurses, two attendants, a cook, and a laborer. At least one additional nurse and attendant are required at the total cost of \$1,620.00 and \$960.00." (United States, 1934).

Consequently the Pyramid Lake Sanatorium closed. The sixteen tuberculosis patients were transferred to the Fort Bidwell Hospital. "We ask for an increase of \$8,000.00 to take care of those patients." (United States, 1934).

In retrospect, it is not known the exact year when the sanatorium building vacated. The Nixon Day School closed the dilapidated school building and moved to the Sanatorium to become Natchez School. The Pyramid Lake Paiute Tribe and the Washoe County School District Trustees came to a conclusive agreement that Natchez School will be

NIXON'S SCHOOL is modern in all respects. Indian children graduated from here go to Fernley High School or to the larger Indian school in Stewart



housed in the old Pyramid Lake Sanatorium building. This building and teacher housing were "top-of-the-line" facilities with forced air heating and indoor plumbing. By 1956, Natchez (Nixon) School was equipped to serve forty-five children and provided three employment positions for local tribal members: two cooks and one school bus driver.

A news writer from the Nevada State Journal presented a human interest story entitled, "Nixon Lying On The Shores Of Pyramid Lake Has An Interesting Life of Its Own." was published on Sunday, August 5, 1956 newspaper. The full-page feature provided photographs highlighted the irrigation system, the St. Mary's Episcopal Church, Abe and Sue's Trading Post and gas station, Natchez School, and a local resident's home. The writer written a factual article to encourage visitors to drive out to Pyramid Lake and stop for refreshment at the

(Continued on page 13)

The Pyramid Lake Sanatorium

(Continued from page 12)

local business. Abe and Sue's Trading Post had a café counter where one could enjoy coffee or a lunch meal, purchase food goods, and purchase handicrafts of buckskin and beadwork made by local craft people. The following photograph shows the stately building which was once the Sanatorium.

Natchez School in Nixon closed its doors in Nixon in 1973 and moved to the new school building located in Wadsworth.

Various tribal departments have used the building throughout the years since 1973. It served the tribal government headquarters, the Numaga Senior Center, Nixon High School, and reverted back to the tribe in 1996 for office space. Today, the Natural Resources Departments are located here. Throughout the years unexplained disturbances manifest. It is believed among Nixon residents and those who work in the building experience unexplained paranormal phenomenon (whispered voices and closing doors). This is accepted and not to be disturbed.

USER'S FEEDBACK:

"After asking you for information on the Sanatorium located next to the Tribal offices I wondered what type of information if any would be available on the building. The report I received was quite an eye opener, the information is detailed and quite interesting. The story of the building going from a Sanatorium (which I never knew) to a school and finally to the Natural Resources Department is a history that I did not expect, I simply thought it had always been a school and office building.

I loved the personal touches of the man who kept an informational ledger and the photo of the building as it originally looked. I now understand the paranormal aspects of the building and can finally enter the building without the unexplained feelings which is quite a relief.

Thank You for the report it is great and one that I will keep to share with my son and family."

EVALUATION:

When I received this inquiry, I was concerned that I would be unable to locate proper material to support the information for this inquiry. I had previous knowledge about the Pyramid Lake Sanatorium as my grandmother and elders told stories of this place. Very few of this generation remain with first-hand knowledge, therefore the oral history of this building has since diminished.

I searched Google Scholar which subsequently directed me to Google Books. My search keywords were reduced down to Pyramid Lake Agency, then keywords Pyramid Lake Sanatorium. Correct spelling of sanatorium was critical. My error was "sanitarium." Locating the Charles Joseph Kappler reports was exciting to finally locate thus clarifying information.

On April 4, 2014, I visited the Mathewson IGT Knowledge Center's Special Collections Department and found the Collections Librarian to be very helpful. After I shared the call number for the requested material, the information was retrieved from MARS to be delivered promptly. This opportunity allowed me to view the Lorenzo Creel photograph catalog and the Garreth Hughes Correspondence. This information was interesting, but not helpful to my specific need. I immediately went to the Nevada Historical Society and located the Sunday, August 5, 1956 human interest story feature about Nixon, Nevada. My only regret is I did not have an opportunity to travel to Carson City to search the Nevada State Library and Archives. After a family member initially read this report, she suggested I investigate other historical aspects of this region.

On April 14, 2014, I entered the old building from an open back door. This door served as a service entrance where the original pressed tin tiles span across the ceiling is reminiscent of days past. From the antique kitchen cabinets to the dry pantry are remnants of the old Natchez School triggered memories. But when artifacts of the Pyramid Lake Sanatorium were discovered, those items are treated with upmost respect and left alone.

In completing this User Consultation assignment, I gained a deeper respect and

knowledge for the historical building that continues to remain a major focal point in Nixon, Nevada.

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Information about Pyramid Lake Algae (August 21, 2013)

Algae blooms at Pyramid Lake have traditionally been observed

from August to September, and are commonly referred to as "the lake turning over." the Tribe has engaged several researchers over the year to study the algae, with a recent effort underway by the Desert Research Institute of Reno, Nevada. It is expected that these findings may support the Tribe's goal to better understand the dynamics involved with algae blooms at Pyramid Lake.



At this time, there is no scientific information available stating the conditions at Pyramid Lake are of concern to the safety of our visitors. In recent years, it has been observed that some individuals may be sensitive to the algae. For general public safety, the Tribe is offering a common-sense approach to encountering algae blooms at Pyramid Lake:

- Avoid using water at beaches which are densely covered with algae blooms.
- Upwind areas tend to be freer from algae concentrations: seek cleaner water.
- Avoid skin contact with algae blooms.
- Limit time spend in areas smelling of decayed algae.
- Keep your dogs from swimming in algae.
- At the end of your visit to Pyramid Lake, wash clean with soap and water.

Do you have questions or concerns?

Please contact the Environmental Department at the number below: (775) 574-0101 ext. 16 or 17.



GLS Tribal Youth Suicide Prevention Grant: Kwetso'ina Numu – People of Life Project



**Pyramid Lake Tribal Health Clinic |
Suicide Prevention Office**
705 Hwy 446 – P.O. Box 227
Nixon, NV 89424-0227
Direct: (775)574-1111 ext. 241
Email: GLSpyramidlakeproject@gmail.com

LOCAL RESOURCES

For 24/7 crisis intervention assistance you may contact the following:

- Veterans Crisis Line: 1-800-273-8255 (Press 1)
- Suicide Prevention Hotline: 1-800-273-8255
- Or Text "listen" to 839863

For crisis intervention assistance Monday – Friday/8-4:30pm you may contact your local Health Clinic and Behavioral Health Department:

- Pyramid Lake Tribal Health Clinic: 775-574-1018
- Reno Sparks Indian Health Clinic: 775-329-5162

Groups:

- The Solace Tree - For group times and more information please call (775) 324-7723.
- The Survivors of Suicide Loss Support Group - For meeting times, location, and further information, please contact Janett at 775-784-8085.

LOCAL ONLINE RESOURCES

Crisis Call Center:

http://www.crisiscallcenter.org/crisisservices_sp.html

Nevada Office of Suicide Prevention:

<http://dhhs.nv.gov/SuicidePrevention.htm>

TRIBAL ONLINE RESOURCES

WeRNative: <http://www.wernative.org/>

IHS Behavioral Health:

<http://www.ihs.gov/behavioral/index.cfm>

CRISIS HOTLINES

Crisis Call Hotline: 1-800-273-TALK (8255)
Crisis Call Text Messaging: Text "listen" to 839863
Veterans Hotline: 1-800-273-8255 (Press 1)

NATIONAL ONLINE RESOURCES

National Suicide Prevention Hotline:

<http://www.suicidepreventionlifeline.org/>

SPRC – Suicide Prevention Resource Center:

<http://www.sprc.org/>

Center for Disease Control and Prevention:

<http://www.cdc.gov/ViolencePrevention/suicide/index.html>

ReachOut:

<http://us.reachout.com/wecanhelpus/>

Statistics on Suicide:

<http://www.oas.samhsa.gov/suicide.cfm#Suicide>

Action Alliance for Suicide Prevention:

<http://actionallianceforsuicideprevention.org/>

National Council for Suicide Prevention:

<http://www.ncsponline.org/>

SAMHSA:

<http://www.samhsa.gov/>

SOCIAL MEDIA

Please take the time to visit our social media sites which are designed and dedicated to bringing a message of future, hope, and life to the people of Pyramid Lake and surrounding area Tribes.

Facebook: <https://www.facebook.com/pages/Kwetsoina-Numu/549012458459382>

YouTube: <https://www.youtube.com/user/GLSPyramidLake>

2014 NIXON DISTRIBUTION DATES

PROCESSING		DISTRIBUTION	
July	3 rd	July	7 th
July	31 st	August	4 th
September	4 th	September	8 th
October	2 nd	October	6 th
October	30 th	November	3 rd
December	4 th	December	8 th

Processing from: 9:00 am—11:00 am Tribal Offices	Distribution from: 9:30 am—1:30 pm With Senior Deliveries First Nixon Gym
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NEVADA TOURISM APPROVES NEARLY \$1 MILLION IN GRANTS FOR RURAL NEVADA

FOR IMMEDIATE RELEASE

Thursday, June 19, 2014

Contact: Bethany Drysdale

775-687-0647 or bdrysdale@travelnevada.com

CARSON CITY — The Nevada Commission on Tourism (NCOT) has awarded \$985,146 in grant funding for projects throughout rural Nevada designed to increase travel to those areas, Lt. Gov. Brian Krolicki announced Wednesday at the commission's quarterly meeting. Among the unique proposals approved by the Commission are a social media "selfie" scavenger hunt contest in the state's central/southern region as well as a project to promote the ParaLong Drive World golf tournament in Mesquite for golfers with disabilities.

"Nevada has so many hidden treasures in lesser-known areas of our state," Krolicki, NCOT chairman, said. "The tourism professionals in rural Nevada work very hard to find creative, new and interesting ways to bring visitors to these extraordinary areas. The Commission is very pleased to be a partner with these local and regional tourism agencies in finding ways to increase visitors and economic activity to rural Nevada."

NCOT's longstanding Rural Grants Program helps rural communities and also generates room tax revenue for the state. Grant recipients must provide a 50-50 match in funds or the equivalent in volunteer hours and use the money to maximize their marketing outreach which will bring more travelers to Nevada's rural areas.

"We're impressed with the creativity and resourcefulness displayed in the grant applications," Claudia Vecchio, Nevada Department of Tourism and Cultural Affairs director, said. "Many of the requests were for social media projects or for projects that will augment social media — these are very savvy decisions, as today's travelers increasingly turn to

social media to research and plan their vacations."

NCOT, a division of the Nevada Department of Tourism and Cultural Affairs, receives three-eighths of 1 percent of room tax revenue as its operation budget. A portion of those funds are used to offer the Rural Grants Program, which helps nonprofit groups and government agencies in rural Nevada enhance visitation from overnight stays. Funding for the grants does not come from the state's General Fund.

A total of 148 grants were awarded in this current cycle of grants. A second cycle will be awarded in December.

Among the funded projects:

- ⇒ \$6,700 was awarded to Nevada Silver Trails, a nonprofit that promotes central/southern Nevada, to develop and promote a social media "selfie"/scavenger hunt contest that incorporates the group's website and plays on the trend of taking self-portraits.
- ⇒ A \$10,000 grant to the Winnemucca Convention & Visitors Authority to create high-definition videos of the popular Ranch Hand Rodeo and other points of interest in the area to be used in advertising and other presentations
- ⇒ The City of Mesquite was awarded a \$5,000 grant to promote the ParaLong Drive Worlds golf tournament in Mesquite, a top event for golfers with disabilities. This follows up on the success Mesquite has had with several similar competitions.
- ⇒ A 12,000 grant was given to Nevada's Indian Territory, a nonprofit group that promotes tribal tourism, to update brochures for the Stewart Indian School, a former Indian boarding school in Carson City. The brochure, which includes a map of a walking trail connected to an audio tour that utilizes personal cell phones, has



Sherry L. Rupert, Chairperson

Nevada Indian Territory
5366 Snyder Ave.

Carson City, NV 89701

Office: 775.687.8333

Fax: 775.687.8330

Website: www.NevadaIndianTerritory.com

been instrumental in promoting the history of the school.

- ⇒ Ventana Sierra, Inc., a Reno nonprofit group, received a \$7,000 grant to promote the Great Carson City Lit Fest in the summer of 2015. Authors scheduled to appear at the event include Daniel Handler, also known as children's book author Lemony Snicket; M.T. Anderson, children's and young adult book author; and Stephen Chbosky, author of "The Perks of Being a Wallflower."
- ⇒ The Great Basin Heritage Partnership, also a non-profit, will use its \$8,000 grant to update, print and distribute brochures depicting the significant archeological, historical and cultural features found in the Great Basin National Heritage Area, including the Great Basin National Park.
- ⇒ A \$3,933 grant was approved to design and print the 20-page Lower Walker River Bird Guide and Checklist. The nonprofit Great Basin Bird Observatory, which supports birds and bird habitat throughout Nevada, is behind the birding guide, which will include such information as visitor amenities.

For more information and a breakdown of all grants visit <http://bit.ly/URGt6Q>.

The Nevada Commission on Tourism (NCOT) is part of the Nevada Department of Tourism and Cultural Affairs. NCOT is responsible for promoting and marketing Nevada as a travel destination to domestic and international travelers. Operating within a performance-based budget structure, NCOT is funded solely by a percentage of lodging tax paid by overnight guests throughout the state. For more, visit www.TravelNevada.biz.



Launching June 18, the statewide tourism campaign invites Nevadans to share their adventures at TravelNevada.com for a chance to win a Reno/Tahoe getaway and hot air balloon ride.

Tweet this: Submit a Discover Your #Nevada adventure at TravelNevada.com for a chance to win a hot air balloon ride @renoballoon in #Reno! <http://bit.ly/1zSV6i>

DISCOVER YOUR NEVADA CAMPAIGN KICKS OFF WITH A CALL FOR FAVORITE NEVADA ADVENTURES

FOR IMMEDIATE RELEASE: Monday, June 16, 2014

CONTACT: Bethany Drysdale,

bdrysdale@TravelNevada.com

Nevada Commission on Tourism, 775-687-0647

www.TravelNevada.com

CARSON CITY, Nev. — The Nevada Commission on Tourism (NCOT) along with Gov. Brian Sandoval today encouraged Nevadans to "Discover Your Nevada" through a summer travel campaign designed to educate residents about the state's unique treasures and, ultimately, plan a Nevada getaway.

The 2014 campaign aims to boost awareness of Nevada's statewide treasures through enhancing consumer engagement and asking Nevadans to share their favorite adventures for several popular types of Nevada experiences. Helping spur interest in the state, notable Nevadans — including Gov. Sandoval, Lt. Gov. Brian Krolicki, rock band The Killers and former Lt. Gov. Lorraine Hunt Bono — will offer their own favorite locations and trips.

"Nevadans know what makes this state so special," Sandoval said. "Whether it's a trek through one of our many amazing state parks, an iconic special event or fascinating historical site, those places and experiences are the basis for remarkable Nevada adventures. I invite everyone to share their adventures at TravelNevada.com and show what makes Nevada such a wonderful place to explore."

This year's campaign focuses on travelers and their adventures at a location, rather than the location itself. Those who share their adventures — a short written piece, photo and/or YouTube video — on DiscoverYourNevada.com will be entered into a drawing for a Reno/Tahoe getaway, including a hot air balloon ride at the Great Reno Balloon Race in September.

"Travelers today have so many ways to plan and book vacations, including online trip planning," Krolicki, NCOT chairman, said. "NCOT's newly updated website is wonderful and easy-to-use and includes a wealth of information about all the awesome adventures to be had in Nevada. One of

the best features of this new site is a place where travelers and fans can share their own adventures and make recommendations to others who are planning to book a Nevada visit."

To enter the contest, visit DiscoverYourNevada.com and click on "Submit Your Adventure." Submissions can include tales of a memorable visit to a location, reasons why others should consider visiting a favorite place or other insights about the best time to visit a place. The more outrageous and interesting the better! Submissions are accepted June 18 through July 9.

From July 14 through July 18, people will be able to vote for their favorite adventures from those submitted. The writer of the winning adventure will get a sky-high celebration aboard a hot air balloon. Writers of the top 10 adventures will receive a Nevada adventure-themed swag bag. The top adventures and the noted locations will be showcased on DiscoverYourNevada.com.

The Nevada Commission on Tourism (NCOT) is part of the Nevada Department of Tourism and Cultural Affairs. NCOT is responsible for promoting and marketing Nevada as a travel destination to domestic and international travelers. Operating within a performance-based budget structure, NCOT is funded solely by a percentage of lodging tax paid by overnight guests throughout the state. For more, visit TravelNevada.com.

PYRAMID LAKE TRIBAL HEALTH CLINIC

Clinic's New Phone System

The Health Clinic now has a new phone system. We are excited with the new transition and hope that it will better allow us to work more effectively at the clinic. The following are some tips that can help when accessing the clinic and pharmacy directly.

- You must call the clinic at phone number 574-1018 and dial 0 to speak with an operator. All other phone numbers used previously are no longer valid.
- Remember to call **574-1018**.
- Most extension numbers are the same with a 1 before the old extension.
- If in doubt and you do not want to wait for the prompts dial 0 to speak with Angey or staff directly
- **Optometry** direct number is **574-2627**
- **Diabetes** direct number is **574-1117**

For PHARMACY:

In the pharmacy we are excited about the phone system because we hope that it will better allow us work with patients who are in the clinic while at the same time handling requests and questions that come to us via the telephone. The following are some tips that can help you use the new phone system.

You can now directly call the pharmacy at **775 574 2600**.

- After you call us at **775 574 2600** to leave a refill request you can immediately press **2** (you don't have to listen to the whole message). We are now asking patients to leave refill requests on the answering machine so that we can better help patients who are in the clinic.
 - You can call in refill requests **24 hours a day 7 days a week**. The new phone system will create a log of each message we receive.
 - To speak to a staff member you can immediately press **3** (you don't have to listen to the whole message)
- You can still reach the pharmacy from the main number 775 574 1018
- From the main number press **2** to reach the pharmacy (you don't even have to listen to the whole message, as soon as the message starts playing press 2 to reach the pharmacy)
 - Once you press 2 from the main phone number to leave a **refill request you can immediately press 2** (you don't have to listen to the whole message). We are now asking patients to leave refill requests on the answering machine so that we can better help patients who are in the clinic.
 - To speak to a staff member you can immediately press **3** (you don't have to listen to the whole message)

Thank you for your patients in this transition!

COMMENT BOX

- Suggestions
- Concerns
- Staff Recognition
- ETC.

Note: Complaints must be in writing, ask for forms from the Front Desk








Comments are reviewed by the
Clinic Risk Committee.
THANK YOU.

What is the REMSA Nurse Health Line?

When you have a medical problem or question, now you have the option in Washoe County to speak to a registered nurse simply by calling

775-858-1000

Nurses who have special training and experience can answer your call 24-hours a day, 7-days a week.

-  24 Hours a Day
-  Free For Everyone
-  Registered Nurses



REMSA offers a Nurse Health Line should you need medical advice, especially after the Health Clinic is closed or on weekends.

This service does not replace 911 for emergencies.

PUBLIC NOTICE:

FROM THE PYRAMID LAKE TRIBAL HEALTH CLINIC

- ◆ ARRIVE 15 MINUTES PRIOR TO APPOINTMENT TIME.
- ◆ PATIENTS ARRIVING AFTER APPOINTMENT TIME WILL BE SEEN AS A WALK-IN OR RESCHEDULED FOR THE NEXT AVAILABLE APPOINTMENT.
- ◆ WALK-INS WILL BE SEEN AS SCHEDULING ALLOWS.
- ◆ ALL PATIENTS ARE ASKED TO MAKE APPOINTMENTS FOR MINIMAL WAIT TIMES AND ASSIST WITH PROVIDER PREFERENCE.

PLTHC: BUSINESS OFFICE

Special points of interest:



- Affordable Care Act Special Enrollment
- Purchased Referred Care (PCR) formerly known as CHS
- Reporting Emergencies

Reporting Emergencies

NOTIFY PLTHC facility within 72 hours of receiving Emergency Care or Hospitalization . For Elders or Disabled you have 30 days.



Notification does not assure authorization of payment. However, if you do not notify Contract Health Care within 72 hours you will be responsible for the bill.

Remember...

Doctors and other health care professionals (nurse, clerks, etc.) cannot authorize payment of services received outside of an I.H.S. or tribal facility. Only the Contract Health services (CHS) Electronic Signature Official can authorize payment.

For reporting emergencies please contact:

**Purchased Referred/Care Dept.
at (775)574-1018
Extensions 249 Athena Lamebull
or 208 Sarah Johnson**

IF YOU HAVE AN EMERGENCY MAKE SURE YOU PRESENT THE FOLLOWING

Make sure you have your ID and Insurance Cards.

If you do not have insurance, please inform the Admitting Clerk to submit claims to:

Indian Health Service
Schurz Service Unit
Drawer A
Schurz, Nevada 89427

If you do not have an alternate resource please contact Pyramid Lake Tribal Health Clinic Health Benefits Representatives to apply.

Take a list of all your medications and health issues.

Affordable Care Act Enrollment



For most individuals, the open enrollment period for the ACA closed March 31, 2014. However, there is a special monthly enrollment period for tribal members and shareholders of Alaska Native regional and village cooperation's.

Individuals may apply for Medicaid and CHIP at any time there is no open enrollment period.

Purchased Referred/Care Formerly known as Contract Health Service

Contract Health Service name changed to **Purchased/Referred Care**, the name better describes the purpose of the program funding, which is for both purchased care and referral care outside of the Indian Health Service or tribal clinics. The name change will not otherwise change the program, and all current policies, practices, and improvements will continue.

PURCHASED REFERRED CARE/CHSDA

Purchased Referred Care Department formerly known as Contract Health Service manages primary and specialty health care that are not available at the tribal health facility. This includes hospital care, physician services, outpatient care, laboratory, dental, radiology, pharmacy and transportation services.

The PRC program is not an entitlement program and/or an insurance.

In order to budget the PRC resources so that as many services as possible can be utilized, the IHS uses a medical priority system. The IHS is the Payor of Last Resort, which requires patients to exhaust all health care resources available to exhaust all health care resources available to them from private insurance, state health programs, and other federal programs before IHS can pay through the PRC program.

ELIGIBILITY

1. Must reside in the Contract Health Service Delivery Area (CHSDA) of the Pyramid Lake Paiute Tribe.
 - PLPT members and/or eligible American Indian/Alaskan Natives that reside on the Pyramid Lake Reservation Sutcliffe, Nixon, Wadsworth or one of the surrounding areas of Empire and Fernley.
 - Maintain close and economic and social ties with the tribe.

- Descendant of a Nevada tribe
2. Proof of Residency to include (utility bill, letter from landlord, etc.)
 3. CDIB or Tribal Enrollment Card
 4. Identification (Current Driver's License or State Photo ID, Social Security, Birth Certificate.
 5. Insurance Cards (Medicare, Medicaid, RR Retirement, Private, etc.)

If you were recently utilizing another tribal health facility or outside facility it is important to:

1. Complete a Release of Information and have your medical records sent to Pyramid Lake Tribal Health Clinic.
2. You must establish care with the Pyramid Lake Tribal Health Clinic and be referred from the facility by one of our providers. Please call (775)574-1000 to schedule and appointment.
3. Apply for Alternate Resources as PRC/CHS may not authorize referrals and/or will deny until you have applied for all available alternate resources that you may qualify for such as (private insurance, Nevada Insurance Exchange, Nevada Medicaid/Expansion, etc.) We have two Health Benefits on staff that will be available to help you in this process.

PLTHC: DIABETES WELLNESS PROGRAM

Diabetes and Exercising

Studies have shown that exercise can be as effective as some medications when it comes to beating type 2 diabetes. "Even a little activity can help hugely," says Tim Church, MD, PhD, director of preventive medicine research at the Pennington Biomedical Research Center in Baton Rouge, LA. During exercise, glucose gets driven out of the bloodstream and into the muscles for fuel. The more muscle you have, the more excess blood sugar it can store, explains Sheri Colberg-Ochs, PhD, professor of exercise science at Old Dominion University. Plus there's the weight loss that comes with a fitter lifestyle: Dropping pounds improves your insulin response, further lowering glucose levels. (Find out more ways looking better can improve your health!)

While most types of exercise can help, researchers now have a sense of what has the most impact. Here, our proven, three-pronged approach to conquering diabetes.

The Plan: Practice Interval Training

How Much?:

At least once a week for 30 minutes

Any type of aerobic activity helps cells sop up sugar, but intervals (alternating high-intensity bursts with low/moderate-intensity recovery) may net the biggest payoff in the least time. One study found that as few as 10 minutes of intense interval training per workout is enough to lower glucose levels by 13% for up to 24 hours in people with type 2 diabetes.

(**Search:** More benefits of interval training) In addition, experts say, you should do up to 90 more minutes of moderate activity a week.

Make it work for you: Intervals don't have to entail all-out sprints to do your blood sugar good. Just challenge yourself for a minute or two. It can be as simple as powering up your walking speed for a block. "Picking up the pace even briefly can help with blood sugar control," says Dr. Colberg-Ochs.

12 Ways to Never Get Diabetes

Speed Your Results

The beauty of interval training is that you can do it with virtually any type of aerobic exercise, whether outside (walking or running), indoors (on a bike, stair-climber, treadmill, or elliptical), or in the water (swimming or aqua aerobics). (**Video:** Burn 100 calories right now) Just use your intensity level as a guide. During low-intensity activity, talking should be relatively easy; at a medium pace, you'll be slightly breathless while trying to converse; at the high end, saying more than a few words should be a challenge.

TIME	ACTIVITY	INTENSITY
5 min	Warm-Up	Low
10 min	Intervals x 5	60 sec High, 60 sec Medium/Low
10 min	Steady Pace	Medium
5 min	Cool-Down	Low

Diabetes Shoe Voucher Program



All patients of the Pyramid Diabetes Wellness Program are required to see the podiatrist one time a year. Additionally, all diabetes patients are eligible to receive a shoe voucher for \$100 when referred by the provider.

The procedure is as follows:

- ▶ Make an appointment to see Dr. Giles, DPM that comes to the Pyramid Lake Tribal Health Clinic 2 times a month.
- ▶ Dr. Giles will forward the Diabetes Wellness Program a referral form with the patients name on it approved for the shoe voucher.
- ▶ The Diabetes Wellness Program will fill out a purchase order request with the preferred store and the patient's name that will receive it for \$100. At this time, the preferred stores includes; The Walking Company, Specialty Footwear and Red Wing Shoe Store.
- ▶ The purchase orders are for up to \$100 and anything over that amount the patient will have to pay out of their own pocket.
- ▶ The selected shoe store will forward the purchase order and the receipt to the Pyramid Lake Diabetes Program. We then forward these items to the Pyramid Lake Tribal Finance Department.

Are you at risk of Type 2 Diabetes?

Diabetes is a condition in which your body cannot make enough insulin to turn the food you eat into energy. In pre-diabetes, a person's blood glucose is higher than normal but not high enough to be called diabetes. It has been shown that with proper treatment, people with pre-diabetes may be able **to prevent or delay diabetes.**

Risk Factors for Pre-Diabetes and Diabetes (especially Type 2)

- ▶ Overweight (especially excess fat around the waist)
- ▶ Family History
- ▶ High Blood Pressure
- ▶ Low HDL (good) cholesterol and high triglycerides
- ▶ History of gestational diabetes (diabetes during pregnancy)
- ▶ High risk ethnic groups (Native American, African American, Latinos, Asian American and Pacific Islander)

Some Tips for Managing Your Type 2 Diabetes

It is important to keep your blood sugar controlled, because when too much sugar stays in your blood for a long time, it can damage your vessels and nerves.

Much of the food we eat is turned into sugar in the blood for our bodies to use as energy. A hormone produced in the pancreas called

PLEASE READ
Your **HEALTH** is
IMPORTANT to us.

PLEASE TURN YOUR Cell Phones OFF!

NO Text and Talking Allowed during your consultations with the Clinic Staff (Nurses, Physicians, Counselors, Pharmacists, etc.)

♦ Why You May Ask?
 ♦ This is a distraction to you and the Clinic Staff.
 ♦ During this consultation your **FOCUS** should be on what the Clinic Staff has to discuss with you regarding the care for yourself, the care of your child(ren), or any other person that may be in your care.

insulin helps sugar get into the cells in our body. If your body doesn't make enough insulin or if the insulin doesn't work the way it should, blood sugar can't get into your cells and instead stays in your blood raising your blood sugar level.

Three ways to help manage your Type 2 Diabetes are:

- Using your medications exactly as your doctor prescribes
- Making smart food choices-manage your portions
- Being physically active

What does a portion look like?

- ✓ 1 teaspoon oil = The tip of your thumb
- ✓ 1 tablespoon salad dressing = Your whole thumb
- ✓ 2 tablespoons peanut butter = A Ping-Pong ball
- ✓ 1 to 2 ounces nuts = Your cupped hand
- ✓ 1 1/2 ounces cheese = A 9-volt battery
- ✓ 1/2 cup cottage cheese = A tennis ball
- ✓ 1 cup cereal = A baseball
- ✓ 1 small baked potato = A computer mouse
- ✓ 3-ounce serving of meat, fish or poultry = A cassette tape

Did you know.....You only need a little bit of cinnamon—as little as a quarter teaspoon a day—to reap blood sugar rewards? Just don't overdo it – highly unlikely with a typical diet but loading up via supplements could be toxic. Another cinnamon bonus: When you add it to high-glycemic-index foods, it can

Saturday Clinic

Pyramid Lake Tribal Health Clinic

July 26, 2014

- ✓ Nurse Visits
 - ✓ Immunizations
 - ✓ Chiropractor
 - ✓ Optometry Tech
- 8:00 am—4:30 pm
- Call for your appointment today.
- Pick out, Pick-up glasses
Need glasses repaired and make appointments

- ✓ Podiatry
- ✓ Behavior Health
- ✓ Dental (Adults and Children)



SORRY NO TRANSPORTATION AVAILABLE

Announcing the Reno Sparks Indian Colony Farmer's Market

Do you have a delicious fruit tree... do you make a wonderful jam... do you have some crafts you'd like to sell?



We are putting out the call for food and craft vendors (RSIC and non-RSIC) for the new RSIC Farmer's Market.

It will take place in the RSTHC Parking lot on
Sunday, September 7th and Sunday, October 5th from 2-7PM.

Vendors will be required to complete an application AND obtain a RSIC Business License with the fee waived for the 1st year*.
Temporary Food Handler's Cards are required and the holder must be present for booths preparing food.

Applications are due by:
Friday August 8th for September's
Friday September 5th for October's

We are accepting applications for the following vendors:

- Crafts
 - Fresh Produce (including meats and eggs)
 - Temporary Food Stands
 - Cottage Food Operations: Cottage Food Operations is a person who prepares certain food items in their private home for direct sale.
- | Items that <u>can</u> be sold: | Items that <u>cannot</u> be sold: |
|---|--|
| ✓ Whole Fruits & vegetables | X Prepared fruit & Vegetables |
| ✓ Nuts and nut mixes | X Jerkies |
| ✓ Candies | X Fruit juice |
| ✓ Jams, jellies and preserves | X Salsa |
| ✓ Vinegar and flavored vinegar | X Fruit butters |
| ✓ Dry herbs and seasoning mixes | X Canned vegetables |
| ✓ Dried fruit | X Baked goods with whip cream |
| ✓ Cereals, trail mixes and granola | X Baked goods with custard fillings |
| ✓ Popcorn and popcorn balls | X Baked goods with cream cheese icing or filling |
| ✓ Baked good that do not require time or temperature control for safety | |

Application & Info: Rocky Batastini or Stacy Briscoe at 329-5162
Business License: Tax Department 329-2936

* Preference will be given to growers of NA/AN descent.

Sacred Visions Royalty Pageant

Community Dinner @ 5:30 pm
Food Donation Appreciated

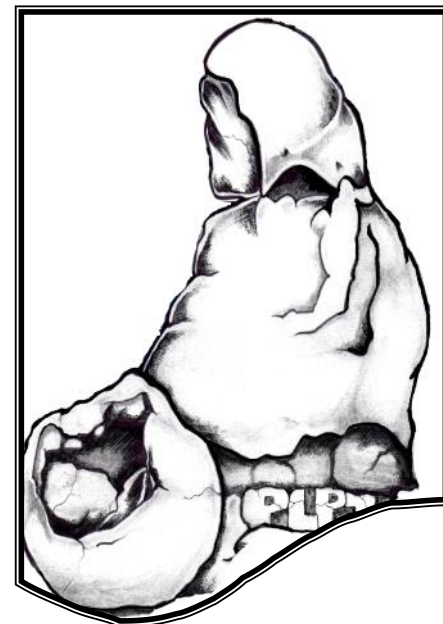
JULY 17, 2014

**Big Bend Ranch,
Wadsworth, NV**

MC: Elmer Atlookin

Special Guests: Round Valley Feather Dancers-Round Valley, CA
Dalasohya Hopi Eagle Dancers-Hotevilla, AZ (Anaheim, CA)

Questions or Concerns Contact : Collette Auguh (775) 842-2007



S U M U N U M U

Pyramid Lake Tribal Health Center

Spring ~ April , 2014

Women's Wellness Day April 26, 2014

The Women's Wellness Day April 26, 2014 was developed with the goal of making a "head to heart" connection. Through culture, wellness, and knowledge, each participant makes a journey to awareness and potential positive behavior change. In turn, Women will be better equipped to make healthier choices to ultimately be a positive and contributing member to her family, community and the tribe as a whole. This environment is a safe place to grow and explore.

During the Women's Wellness Day, 70 women from Teenager to Elders participated in this one day event, women from as far away as Elko and McDermitt communities as well as pyramid lake women representing Sutcliffe and Nixon and Wadsworth communities, including Reno/Sparks Indian Colony, Hungry Valley, Yerington,

Carson City Fallon Paiute Shoshone Tribe & Victim Services and P L Victim Services program.

Highlight of the event were the 2 presenters Theda New Breast and Cecelia Fire Thunder from Native Wellness institute.

Topics: Honoring life, Digital stories, Managing Stress, Relationships, Personal commitment to being healthy well women. Women's Wellness Day was sponsored by Sumunumu and Garrett Lee Smith Youth Suicide prevention Project.



Cecelia Fire Thunder and Theda New Breast

Sisterhood Walk

Remember the affirmations and what you felt.

- | | |
|-----------------------------|----------------------------|
| Share your happiness | Pray out loud |
| Miracles do happen be ready | It is okay to ask for help |
| Tears cleanse the soul | Show your love |
| Hug more | Say I love you more |
| Count your blessings daily | Love yourself first |
| You are loved | Be Happy |
| Accept yourself | Live out loud |
| Value yourself | Believe in hope |
| Trust yourself | It is ok to cry |
| Bless yourself | Be happy where you are |
| Love yourself | God lives in you as you. |
| Forgive yourself | See the beauty around you |
| Express yourself | Goodness comes from within |
| Be kind. | Honor your faith |
| Value all life | Remember to laugh |
| Remember your funny stories | Be yourself |
| Share your life story | Be confident |
| Don't be afraid | You are lovable |



Resources

Pyramid Lake Tribal Health Center
775-574-1018

Sumunumu
775-574-1018

Garrett Lee Smith GLS
775-574-1111

Crisis Call Number
1-800-273-8255



Special Thanks!
Iggy Dunn ~ Fern Walker
Joyce McCauley ~
Numaga program



Diabetes and Alcohol Consumption

If you have diabetes, you need to be careful with alcohol. Alcohol can affect how well you control your blood sugar (glucose) level. It can also increase risks to your health. Before choosing to drink alcohol, discuss it with your healthcare provider (HCP). He or she can help you decide whether you can drink safely. This sheet tells you more about risks of drinking alcohol. It also gives you tips for staying safe when you drink.

Here are some of the ways alcohol can affect your health if you have diabetes:

- **It can make certain health problems worse.** Alcohol may worsen disease of the liver, kidney, or pancreas. It may also make nerve or eye damage more likely. If you have any of these health problems, your HCP will likely advise you not to drink alcohol.
- **It can increase your risk for low blood sugar (hypoglycemia).** The liver helps prevent low blood sugar by releasing extra glucose into the blood. Alcohol in the blood keeps the liver from doing this. Low blood sugar is more likely if you drink alcohol on an empty stomach or during or right after exercise. It is also more likely if you take insulin or

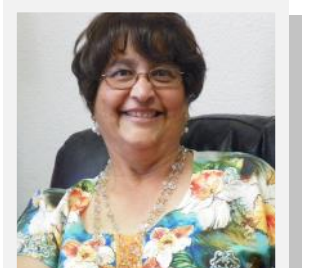
medications that help lower blood sugar. Also, alcohol may affect your ability to tell whether you have symptoms of low blood sugar. This may keep you from getting needed treatment.

- **It can increase your risk for high blood sugar (hyperglycemia).** Many alcoholic drinks contain carbohydrates (carbs). These include beers, sweeter wines, and drinks mixed with fruit juices or sugar. Carbs raise blood sugar levels higher and faster than other kinds of foods. Drinking may throw off your ability to monitor your carbs.
- **It can affect how well you manage your weight.** Alcohol is high in calories and has no nutrition. If you are on a meal plan to help control your weight, you will need to count alcohol as part of your daily calorie intake. A standard drink is usually counted as 90 calories or two fat exchanges. In addition, alcohol can cause you to feel hungrier than normal. This makes you more likely to overeat, which can affect your weight and blood sugar level.

Content provided by: 

Introduction

Mayris Turner has been hired as the Family Counselor for the Pyramid Lake Tribal Health Clinic. The family counselor provides services to adults and children needing assistance with personal and family development.



Mayris Turner, MSC

Mayris Turner earned her Associate of Arts degrees from Western Nevada College: AA's in: Applied Science, General Studies, and Criminal Justice, she completed her Bachelors of General Studies degree from University of Nevada Reno in 1998. She received her graduate degree in Elementary Education from Sierra Nevada College in 2002. She obtained her Masters of Counseling/school counseling and Human Services degree from University of Phoenix in 2007.

Upcoming Events

Sacred Visions Pow wow
Pyramid Lake AA Campout
PLTHC Health Fair

Fernley/Wadsworth AA Meetings

- Sunday** 6:00 PM Grapevine Meeting (O-WA)
[10 North Center Street - Fernley Community Center](#)
 - Monday** 12:00 PM .Beginners Big Book (O-BB-NS)
07:30 PM Keep It Simple (O-BB-WA)
[10 North Center Street - Fernley Community Center](#)
 - Tuesday** 6:00 PM Step Study Meeting (O)
Big Bend Ranch Old Highway 40
 - Wednesday** 7:30 PM Keep It Simple (O-D-WA)
[10 North Center Street - Fernley Community Center](#)
(First Wed CL & Last Wed BDM)
 - Thursday** 7:30 PM Men's Meeting (C-D-MS)
875 Freemont St Calvary Chapel
 - Thursday** 7:30 PM Women's Miracle Meeting (C-D-WO)
[4102 Alt HWY 50](#), Restoration Church
Across from the Fernley Golf Community
 - Friday** 12:00 PM Living Sober (O-D)
[10 North Center Street Fernley Community Center](#)
 - Friday** 8-9 PM. Road to Recovery (O-D)
Parish Hall-Wadsworth Nevada
 - Saturday** 4:00 PM Stairway To Heaven (O-D)
875 Freemont St Calvary Chapel
- Codes: O-open meetings, BB-big book, WA-Wheelchair,
D-discussion, MS-men stag, Closed

Alateen Meeting list

- Monday:** Ages 13-20 | 7:00 pm
Alateen Changes, Triangle Club
635 So. Wells Ave. Reno NV
- Tuesday:** 11:00 am | Alateen, Incline High School
499 Village Rd. Incline Village, NV 89450
- Tuesday:** Ages 9-10 | Kids in Super Serenity,
Triangle Club, 635 So. Wells Ave.
Reno NV
- Sunday:** 4:00 pm | Alateen Northwest,
933 West Moana Lane, Reno NV

<http://recoveryspeakers.com>

This new website is the result of nearly seven years of hard work digitizing old recordings and adding new ones to our database. The current library contains thousands of recovery talks, and we're adding more daily! This service is completely FREE and we encourage you to pass the link on to anyone who might benefit from this service.

Thoughts from the Women's Wellness Day

- "I needed this day for me"
- "Wonderful Speakers"
- "Lots of Hugs Today"
- "WOW!"
- "Wonderful Prayers"
- "Thank you!"
- "I still hear the words the women told me"
- "Thank you for allowing me to come"
- "Sisterhood walk was powerful"
- "Thank you for the blessings"
- "Made a commitment to do more for myself"
- "I was able to see my cousin I haven't seen in such a long time!"



MELLENDEZ INDUCTED INTO HALL OF FAME

AD, coach, athlete, recognized by Nevada Interscholastic Activities Association

In April, Randy Melendez received the highest individual honor bestowed by the Nevada Interscholastic Activities Association.

Melendez, a Paiute Indian who grew up on the Reno-Sparks Indian Colony, was inducted into the NIAA Class of 2014 Hall of Fame.

"As a young Native American it was always my dream to play high school sports, to go to college, to participate in collegiate athletics, and to one day become a teacher and a coach," Melendez said. "My dreams definitely came true."

According to Dr. Jerry Hughes, former Executive Director of the NIAA and the founder of the Hall of Fame, the purpose of this prestigious group is recognize and honor those outstanding individuals who have had a significant and positive impact on the lives of Nevada's young people.

With five different categories for nomination, the goal of the Hall of Fame is to recognize exceptional educators through their involvement in high school sports as an administrator, athlete, coach, contributor, or official.

Certainly, this award is befitting of Melendez who has served in several of these capacities. He has been an athlete, a coach and an administrator.

"I never enjoyed myself more than when I was interacting with our students on a daily basis," Melendez said. "Other than the board meetings, I loved everything about education."

Though his contributions to high school athletics started in 1967 at Wooster High, today, Melendez name is synonymous with Pyramid Lake High. However, Melendez's love of sports started nearly 55-years ago, largely due to his family ties and his Colony childhood.

"I am lucky that my brothers Arlan and Steve were older and into sports," Melendez said. "They dragged me with them and we would play basketball with an iron hoop or grab a football and play behind someone's house."

Melendez said growing up as the youngest of three boys, had its advantages.

"It made me tough," Melendez said. "I was their tackling dummy."

Melendez owns fond memories of playing football in a pasture near 2nd Street and the Truckee River. He said that part of the strategy when playing in such conditions was not just avoiding the cows, but to avoid what the cows left behind.

"When I was little, we were kids that did without," Melendez said. "We didn't have a gym, there were no clinics, no education programs, no recreation departments, and no HUD (Housing and Urban Development) homes."

Regardless of their meager means, Melendez credits his father for getting him into organized sports and his mother for making him aware of possibilities beyond the reservation.

"My dad got me into Little League and Pop Warner," Melendez said, "and I just flourished."

And once exposed to sports, Melendez made them his personal priority.

"As a sixth grader, I used to sneak into the games at Wooster High School," Melendez said. "I would squeeze onto the crowded stage and watch the team run in--the cheerleaders and the band were so exciting--that fueled my fire, because I knew that I wanted to part of that."

And certainly, Melendez became part of it; earning all-conference and all-state honors in football, basketball and track. He was even named the WHS Player of the Year for basketball in 1971.

"There were not many Indian role models for



me to look up to," Melendez said. "There were no Indian coaches, no Indian teachers, and certainly, no Indian administrators."

In fact, for Melendez, coming from a different ethnic and cultural background made him work even harder.

"My coaches were two Italian guys," Melendez said. "They had tans and dark features like me and I gravitated to them."

In 1971, one of those coaches, John Lagarza, radically changed the course of Melendez's life and indirectly, the lives of hundreds of more students.

After practice during Melendez's senior year, Lagarza asked him if he had ever considered becoming a teacher so that he could coach one day.

"At first, I could not believe that someone had that kind of faith in me; that my coach thought that I could be a teacher and a coach," Melendez said. "But then the light went off and I thought, 'I could do this,' but I knew I had to go to college."

His college path took him to Utah State University and then to the University of Nevada-Reno.

Prior to college, Melendez had developed into a stand out track star which seemed to be a family trait.

"Arlan was a good runner and eventually ran at UNR," Melendez said. "I think we got it from our mother who was a good runner, too."

At Utah State University, Melendez was part of the Aggies track team, but the drastically different environment, especially the remote location and the intolerance of the small town, took its toll.

"I quit after two years, moved back home and worked in a warehouse," Melendez said. "I hated it and I knew I had to get back to college."

In 1980, Melendez earned a bachelor's degree from UNR and his teaching career began at PLHS.

His first job offered a unique challenge. At that time, PLHS was an emergency school for Native students from the reservation. However, not long after Melendez was hired, the admissions policies were changed and the Nixon, Nev., school was operated by the Pyramid Lake Paiute Tribe as a Bureau of Indian Education school.

"I am thankful to Pyramid Lake because they gave me my first opportunity," Melendez said.

He spent a total of 23-years coaching

basketball at PLHS and a total of 24 years teaching and administration on campus. Under his guidance, this tribally operated school blossomed into a Class IA athletic powerhouse and a model for student achievement.

"As an educator, your job is to inspire and make students realize their potential," Melendez said. "I realized early on that something I could say could change things around for a kid because that is what had happened to me."

In addition, Melendez completely turned around staff morale and student achievement at PLHS.

"It makes me feel like that the career path I chose was the right one," Melendez said. "What I will always remember the most about the students of PLHS is the great, untapped potential they all have. Our goal was to bring it out."

At his core, Melendez is pure teacher, but his passion is coaching. "Coaching helped me in the classroom," Melendez said. "The kids respected me as a coach and that transferred to me having success as a teacher."

While at PLHS, Melendez led the boys' basketball team to four state championships, 1987, 1989, 2000 and 2004 and the girls' basketball team to a state title in 1982. Most notably, Melendez was named the NIAA small-school enrollment division Coach of the Year a remarkable 10 times.

In 2000, Melendez was named the Nevada Athletic Directors Association's Class IA Athletic Director of the year.

Though there are too many to count, some more of Melendez's career highlights included: coaching the PLHS boys team that stopped Virginia City's state-record 93-game winning streak in 1987, earning a state championship title with a perfect 21-0 record in 1987, and coaching in the Kiwanis all-star game on three occasions.

All told, Melendez served as the PLHS athletic director for 25 years. He and his wife, Catherine, have been married for more than forty-years. They raised three children and now enjoy five grandchildren and one great-grand child. He is the son of Sally and Don Melendez who still reside on the RSIC.

To be eligible for nomination to the NIAA Hall of Fame, a person must have served for at least 25 years and must be retired from their area of work.

The NIAA is the governing body of high school athletics and activities for 107 member schools in Nevada.

Despite official career retirement, in 2014, Melendez serves as a volunteer coach for the Wooster girls' freshmen basketball team. Melendez was also inducted into the WHS Hall of Fame in 1986.



SILVERLAND MIDDLE SCHOOL

On Monday, May 19, 2014 Silverland Middle School held a dinner for approximately 35 7th & 8th grade students who achieved a 4.0 grade point average during the 2013-2014 school year. 7th grader Calista Cruz of Wadsworth was one of the students honored for this achievement.



Calista was active in many school activities which included the 7th grade choir, band and drama club. She was also selected for the regional honor choir and performed with other honor choir members in a concert in Fallon. Singing is her passion and she was selected to sing the Star Spangled Banner at the Reno Aces ballgame on July 7.

Silverland Principal Mr. Cross and Calista Cruz

Calista is the daughter of Shannon Mandell of Wadsworth.

Congratulations, we are very proud of you. Keep up the great work.



4.0 Dinner at Silverland Middle School

The Silverland Middle School 7th and 8th grade bands and choirs performed a couple of concerts this past school year. There were several Pyramid Lake Tribal members who performed.

7th Grade Band – Calista Cruz, Naveah Ledesma, Kilee Skenadore



7th Grade Silverland Middle School Band

7th Grade Choir – Calista Cruz, Jessica Robertson, Kylee George, and Makenzee Arellano were in the honor choir and regional honor choir.



7th and 8th Grade Choir

still got clutter?

Sell it at the next
H.V. Community Yard Sale

Aug 30 & Sept 1 ~ Sat & Sun Mornings



Please call or email me by July 9 and let me know; your address, items for sale, any treasures, and time frame so I can add you to flyer listing. You may still sale and notify me but I cannot guarantee updating listing. I will be posting ads on various public websites and notices for you as a courtesy.

Don't have time to sell ~ DONATE your items to RSIC youth sport teams or youth individuals, contact me for more information
(Youth teams or Youth individuals contact me to receive the donations)

Tree 775-848-4341 or trebill265@yahoo.com

Let's make this a biggie as it is Numaga Pow-wow weekend ☺
hummm...where your treasures will end up

Note ~ sadly Hoarding is NOT a Hobby ☺

Local Students Quality to Compete at World's Largest Rodeo

Chance Guerrero, a 2014 graduate with and Honors Diploma at Edward C Reed High School and his brother, Jay Guerrero a Sophomore both members of the Pyramid Lake Paiute Tribe have earned a position on the Nevada state National High School rodeo team and will be traveling with fellow teammates to Rock Springs, WY., July 13-19 to compete at the 66th annual National High School Finals Rodeo (NHSFR). Chance will be competing in Steer Wrestling (1st in the state); Saddle Bronc (3rd in the state) and Team Roping with Partner Dominic Ceresola (3rd in the state), Jay will be competing in Steer wrestling (2nd in the state). Before heading to Nationals both cowboys will be competing in the Silver State International Rodeo in Winnemucca which allows 5th – 15th place state contestants to compete. Chance will be competing in Tie down roping (14th in the state) and (Jay will be competing in Calf Roping & Saddle Bronc (5th in the state both events) and team roping with partner Kaleb Logan (10 in the state). Chance and Jay both had a good State Finals their consistency and hard work paid off, for the year end Chance was named 2014 All Around Cowboy for the state of Nevada and also Steer wrestling Champion, earning a saddle for both events. The boys would like to thank their family, friends and rodeo families for their support throughout the year.



Chance Guerrero
2014 All Around Cowboy & Champion Steer wrestler
NV State HS Finals, Ely, NV



Jay Guerrero
2014 All Around Cowboy
Battle Mountain
High School Rodeo

Hallelujah Tae Kwon Do Group has visited Pyramid Lake for over 10+ years and provided a Tae Kwon Do Camp for our youth. Through Tae (foot), Kwon (hand), Do (art), Master Jason, the group leader, says it helps the youth focus and gives them the self-confidence to be strong physically, mental and spiritually. The Tae Kwon Do Group provides activities for the youth, such as art projects, singing, games and Tae Kwon Do teachings. This year a group of us pulled together to organize to provide a dinner of Indian Tacos and cultural presentation for Master Jason and his group, to show our appreciation and thank them for all they have done and provided for our youth and to share our culture with them.

I want to thank everyone for their donations to make the tacos; all the paper goods, bread makers; PLPT-Tribal Council, Gus Mix and Alan Mandell; and of course we can't forget the helpers, from cutting up the veggies, helping serve and cleaning up the mess.



Della John
Debbie Barlese
Paula Wright
Rosemary Joe
Sandy Dunn
Duane Dunn
Monica Atlookan
Diana Mitchell

Karen Hernandez
Becky Moore
Athena Lamebull
Angey Dunn
Janet Davis
Karen Shaw
Dehan Domingues
Khira Shaw

Tami Harrison
Karole McQueen
Jakoby Stump
Calista Cruz
Natalie Leyva
Amayla Christensen
And especially those I may
have missed!

As always it shows that when we pull together we will succeed!. We were able to provide a nice dinner, and have a good time with our guests and friends. Thank You. LG



Thank you to Charlie John, Leon Kinerson, and Jim Burnett for singing for our dancers, Little Miss Natchez Princess—Dejalyn Gopher, Sacred Visions Tiny Top Princess-Kimora Harrison, Sage Able, and Natalie Leyva, during our Culture Presentation for the Hallelujah Tae Kwon Do Group on Thursday, June 26th.



FREE EVENT!

NATIVE WELLNESS
Institute

NATIVE VETERANS SUMMIT
Gathering of Warriors II
July 10 - 11, 2014
Grand Ronde, Oregon

Hosted by

THE CONFEDERATED TRIBES
OF GRAND RONDE

www.NativeWellness.com

A VOICE IN THE COMMUNITY

Crimes against the elderly and the vulnerable person is unacceptable.

By Paula Wright

Some who were fortunate to be raised by a cherished grandparent could not consider to inflict pain and hardship upon them. This concept was never implanted in our spirit. We were taught to be kind, respectful, and to provide them with the best life had to offer. Elders are valuable resources as they are our custodians of tribal history, culture and tradition, and they are the best hope to pass on tribal history, culture and tradition to youth and adults of the Tribe. (Warm Springs Tribal Code, p. 13).

When my aunt was living, I could hardly wait to hear what she was going to share. Her favorite childhood story was about her and her cousins swimming in the Truckee River to spy on the old Indian Doctor who was known to possess curing power to which he credited "water babies." According to her, the old man swam and sang a song and went under the water. He never came up. But later they saw him at the store smoking cigarettes.

"Elder abuse can be physical or mental abuse of a senior, isolating a senior from having contact with other people or stealing their property


through various means. It also includes a caregiver who does not provide proper care to a frail senior or a senior who is not taking proper care of themselves." (<http://www.nvseniorlegalguide.org/abuse/html>). No elder deserves any form of maltreatment. According to the Pyramid Lake Tribal Law and Order code, "elder abuse is defined as infliction of pain, injury, or mental anguish; or deprivation of food, shelter, clothing, or services which are necessary to maintain the physical or mental health of a person sixty years of age or older."

Individuals who are employed as service workers are mandated (bound) by law to report all suspected abuse affecting young and old. It is our responsibility – with or without pay to report. "Other **mandated reporters** include any person who maintains or is employed by an agency to provide personal care services in the home, any employee of a law enforcement agency, physicians, dentists, medical examiners, nurses, athletic trainers, ambulance drivers, social workers, and generally anyone who examines, attends or treats an older person who appears to have been abused, neglected, exploited or isolated. Financial institution employees are also required to report any suspected financial abuse of an elder as well." (<http://www.nvseniorlegalguide.org/abuse/html>).

ELDER EXPLOITATION is defined in the Pyramid Lake Tribal Law and Order Code as "any Indian who shall take advantage of a person sixty years of age or older by wrongfully use of that person or his money or property shall be guilty of elder exploitation..." As of the year 2000, the Social Security Administration has required the American elderly population to utilize Direct Deposit in their banking institution or choose to receive their monthly benefit on a debit card. Elder exploitation has become rampant, even in our communities as another person other than the elder controlling and/or using the funds for their personal gain.

This also includes consumer scams by accessing personal telephone numbers. Scammers will entice their victim with promises of grand prizes, cars, more money if the victim will consent to sending hundreds of dollars in a electronic money transfer or to a anonymous post office box address. When scammers become unrelenting and forceful to take money, it is time to alert law authorities or simply change telephone number.

These crimes occur on our home reservation. The most difficult step to take to protect your loved one or a neighbor is to report elder abuse or exploitation to your local law enforcement, a social worker, or your county elder protective services agency. Don't look the other way.



**6th Annual
Sacred Visions
Competition Pow-Wow**

"TE NANUMU MAGODYUKU"

"Bringing the People Home"

July 18 - 20, 2014

*Big Bend Ranch, Wadsworth, NV
Pyramid Lake Paiute Tribe*

HOST DRUM

Cree Confederation

Edmonton, Alberta Canada

**MC - Anthony Bluehorse
Tulalip, Washington**

**AD - Carlos Calica
Warm Springs, OR**

GRAND ENTRY

Friday 7pm

Saturday Noon & 7pm

Sunday Noon

All Events open to Public

FREE Admission

FREE Camping

Crowning of Royalty - Friday

Fun Run/Walk - Saturday

Host Hotel:

**Comfort Suites, Fernley
(775) 980-6514**

****CATEGORIES****

Golden Age

****Senior Men & Women**

Adult Men & Women

Teen Boys & Girls

Junior Boys & Girls

Tiny Tots

Feast on Saturday

Native Arts & Crafts

Food Vendors

For more information contact:

William Wadsworth

(775)575-7063

email: sacredvisions09@clearwire.net

facebook: [sacredvisionspowwow](https://www.facebook.com/sacredvisionspowwow)

**** SPECIALS ****

Jingle Iron Woman Special

Traditional Buckskin Special

Teen Girls Fancy Special

Hand Drum Contest

Drum Contest

Hand Game Tournament

Horse Shoe Tournament

Vendor Contacts:

Angey Dunn (775) 412-8624

angeyfaye@yahoo.com

Royalty Contacts:

Collette Auguh (775) 842-2007

colletteauguh@yahoo.com

**Sacred Visions Powwow Committee, Veterans & Warriors Organization
MSPI/GLS & Sumunumu Programs**

Sacred Visions Powwow Committee P.O. Box 897 Wadsworth, NV 89442
Drug & Alcohol Free Event. Committee not responsible for short funded travelers, theft, damages or injuries.
No weapons, firearms or fireworks permitted. **Sr Categories subject to change.

N U M A G A

POWWOW

28th Annual

AUGUST 29-31, 2014
Hungry Valley, Nevada



Host Drum
YOUNG SPIRIT
Frog Lake, Alberta Canada

SPECIAL EVENTS
Drum Contest
Spotlight Special

ACTIVITIES
Numaga Princess Contest
Annette Henry (775) 762-9522
3Nations Wellness Center
3Mile Walk/Run
Rocky Batastini (775) 329-5162

VENDORS
Ramona Darrough (775) 842-1385

ADDITIONAL INFO
Elliot Ramirez (775) 250-7013
Jamie Stump (775) 830-3323

Master of Ceremonies
CARLOS CALICA
Warm Springs, Oregon

Arena Director
TOM PHILLIPS JR.
Wadsworth, Nevada

GRAND ENTRY
Friday.....7pm
Saturday.....12pm & 7pm
Sunday.....12pm

ALL CONTESTS START FRIDAY
POINT SYSTEM WILL BE USED

MAP DIRECTIONS



ALCOHOL AND DRUG FREE EVENT

SPONSORED BY:
Reno-Sparks Indian Colony & Hungry Valley Community



RSIC & Committee is **NOT** responsible for short funded travelers, theft, lost items, pets accidents, breakups divorces, injuries, etc.

Letters to the Editor

The Pyramid Lake Paiute Tribal Newspaper welcomes your "Letters to the Editor."

- ◆ Letters must be 200 words or less. Letters are subject to editing for conformance to the 200 word limit, as well as for libel and taste.
- ◆ Letters must carry a full, legible and signed name of its author. The newspaper staff does not withhold names of letter authors. Pseudonyms are not allowed.
- ◆ Each author is allowed one published letter per newspaper issue.
- ◆ To be published, all letters must have a permanent address and/or a daytime telephone number for verification. **This information will not be published.**
- ◆ Letters addressed to specific parties other than the Pyramid Lake Paiute Tribal newspaper, to readers, letters from other publications, form letters that do not contain original writing content by the signatory or personal complaints outside the public domain are not published.
- ◆ Letters are published in the order which they are received. Promptness of publication depends on the volume of letters received and space availability.

MAIL LETTERS TO:

Letter to the Editor
 PYRAMID LAKE PAIUTE TRIBE
 P O Box 256
 Nixon, NV 89424



2014 Newspaper Submittal for Paper 3rd Quarter DEADLINE: Sept. 19th-12:00 pm

Please complete **this form** and submit with your article.

BE SURE TO:

- Include your name, phone # and address.
- Personals may submit a hard copy of article. Hand written Personals ONLY must be printed legibly.
- **Mailed articles must be saved on CD** in Publisher or Word format. Please DO NOT send in .pdf format.
- **Articles can be submitted via e-mail to lgleyva@plpt.nsn.us**. Make sure contact info is available for any problems.
- Pictures should be submitted in black & white. (Dark backgrounds do not scan well).
- Digital pictures must be taken with a high resolution for a good quality picture in a .jpg format
- REMEMBER: Pictures represent the quality of the picture submitted.

DATE: _____ NEWSPAPER MONTH: _____
 NAME: _____
 PHONE: _____ DEPARTMENT: _____
 TITLE OF ARTICLE: _____
 ITEMS TO BE RETURNED: YES or NO
 IF YES, ADDRESS: _____

ADVERTISING RATES

Advertising space will be provided to any business, organization or individual at the following rates:

\$100/full page \$75/half page \$50/quarter page \$25/eighth page \$10/business card

All advertisements must be camera ready and cannot be returned. Each advertisement must be paid in full by the deadline date for publishing.

DEADLINES FOR THE YEAR 2014 (Tentative Dates, subject to change): Friday @ 12:00 pm

~~1st Qtr—Mar 21st~~ ~~2nd Qtr—Jun 20th~~ 3rd Qtr—Sept. 19th 4th Qtr—Dec 19th

This schedule will allow us to get the newspaper prepared, edited, and printed and ready for bulk mailing the first week of each month. Articles should be emailed directly to news4plpaper@yahoo.com. If email is not available, mail to the Tribal Secretary address listed below, must be received by the due date.

Thank you for contributing your articles for our Newspaper this past year. Please continue to contribute to our Newspaper and let the community know about your program activities or upcoming events. Please submit by email, when possible, in Microsoft Word or Publisher format.

CONTACT: PYRAMID LAKE PAIUTE TRIBE—NEWSPAPER ADVERTISEMENT
 P O Box 256, Nixon, NV 89424-0256 PH: (775) 574-1000; FX: (775) 574-1008

CHANGE OF ADDRESS

Name: _____
 Old Mailing: _____
 New Mailing: _____
 I confirm that this is my current address:
 Print Name: _____ Signature: _____ Date: _____



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