

NUMUWAETU

"Telling the Indian People's News" Pyramid Lake Paiute Tribal Newspaper

NAWAHANA

Volume 9, Issue 2 www.plpt.nsn.us 2015 | 2nd Quarter

TRIBAL CHAIRMAN INTRODUCTION: VINTON HAWLEY

HOW MU KOOYOOE TUKADDU?

I wanted to take this time to introduce myself to the readers of the NUMU WAETU NAWAHAHA. NU Vinton Hawley ME NANEA'A, KOOYOOE TUKADDU NU! My people know me as Vinnie, I am the NUMU POENABE (Chairman) of the Pyramid Lake Paiute Tribe. I am of NUMU, TEWA and HOPI descent, I grew up in Nixon next door to my Hoobe'e who was very influential on my life and showed me "old ways" in our time together. I live my life this way.

Before filling the position as the Chairman of the Tribe I was the Cultural, Language and NAGPRA Coordinator for the Fallon Paiute Shoshone Tribe, and prior to having that position I was employed with the Hopi Tribe, Indian Health Service for 3 years where I was also the Chief Union Steward which provides me with the knowledge of arbitrary process. Over the years I have primarily worked with youth and elders in several capacities. As the Chairman of the Pyramid Lake Paiute Tribe there are numerous roles to balance and a busy schedule to maintain.

KOOYOOE TUKADDU NUMU...

A few years ago, the tribe established an Executive Team that consists of the Tribal Chairman; Executive Officer, Della John; Programs Officer, Randall Hunter; Business Officer, Ben John and Comptroller, Eric Lawrence. Each position

What's Inside Management Team: Program Officer; Executive 2 Officer: Business Officer Enrollment; Enterprises; Roads 3 Environmental-Wetlands, Brownsfield, Air Quality; Community Library Environmental-Water Quality / Public Notice 5 Grants/Contracts; Museum 6 PLHA; Parks & Recreation/Summer Day Camp Health Clinic 8-9 Transportation Planning; Realty 10 11 Transit Schedule Victim Services Program 12-14 Tax: TERO 14 Tribal Historic Preservation; Tribal Court; VAAN 15 Social Services: Food Bank, General Assistance, 16-18 Elder Abuse 19 Sumunumu Water Resources; Consolidated Higher Education 20 Native Act of 2015 21 22 Personals 23 NV Food Bank—Summer Meals for Kids **Upcoming Events** 24-26 PLPT Tribal Directory (06/23/2015) 27

is responsible for administrative, department, business and financial functions. We are working to improve tribal operations, membership services, business opportunities, and external communications. The team meets on a regular basis and reports directly to Tribal Council.

VANDALISM

Unfortunately there has been numerous break-ins and vandalism in Wadsworth and Nixon. Domestic Violence was broken into. Social Services windows were busted, and the Wadsworth Community Center was vandalized. Each break- in or act or vandalism means the program has to recover and in doing so may take away services that could have helped a person in need or in an emergent situation. The greenhouse Wadsworth was vandalized the produce that was to be grown for our tribal members was ruined. Those out there who are committing this vandalism may not be aware the damage they are doing has an adverse effect on our people.

PROMOTIONS/ GRADUATIONS

CONGRATULATIONS CLASS OF 2015! On behalf of the Pyramid Lake Tribe and Tribal Council I would like to wish the best of luck to all of our students who were promoted to the "Big School" and to the Tribes Junior and High School graduates. We encourage you all to continue your education and to seek out and accomplish your dreams.

LAKE DAYS

With the Summer months here, the Pyramid Lake Paiute Tribe welcomes visitors, however the tribe would like to remind visitors to purchase a the proper use permits. Permits are sold at the Pyramid Lake Paiute Tribe (finance department), I-80 Smoke Shop, Nixon Store, Crosby Lodge and Cabellas; online at www.plpt.nsn.us; and further, PERMITS purchases are also available at the permit stands during the weekend.

FIREWORKS are sold at I-80 Smoke Shop and the Nixon Store and there are designated beaches for firework use. Cultural areas are closed to visitors and be aware that violators of the closure will be cited.

Have a Happy and Safe 4th of July.

PLPT MEMBERSHIP

We are currently in the process of updating Tribal membership information. I am requesting all Pyramid Lake Tribal Members contact our Enrollment office to update and provide your current mailing address and phone number.

Please send a letter to:

Pyramid Lake Paiute Tribe ATTN: Enrollment Office P.O. Box 256 Nixon, NV 89424



Management Team

PROGRAM OFFICER

Hello Everybody:

One of the Programs officers' main duties is to supervise and give direction to the department heads. This involves guidance in the actual operation of the department and guidance in the various management aspects of the job. Both of these require decision-making, but how does one go about making good decisions? The standard model is to evaluate all of the pertinent information and then decide on the best course of action. This proven method also has another dimension to it; how does the decision-maker interpret the information and what biases are applied to that information?

We all perceive the world differently depending on our upbringing, type of education and present situation. One common denominator we all share is we assume roles in our lives. We are parents, spouses, siblings and other roles in our family lives. In our public lives we could be students, teachers, workers, supervisors, volunteers or countless other roles we assume. The role we are in at any given moment will influence our decisions. For instance, you are deciding on a weekend activity and you like to run. The decision you make as a runner would be to participate in a marathon, but your children want to attend a basketball tournament. You would probably go to the basketball tournament; as the parental role will usually supersede all other roles.

The trouble we can get into as decisionmakers is when one role is in conflict with another. Suppose one of your relatives participates in a Powwow and you are asked to judge the category they are competing in. Your role as a judge would be in conflict with your role as a family member. This is a simple example and other role conflicts are more subtle. A person does not have to change location or appearance to switch between roles; it is the thought process that counts. The important aspect is to recognize which role you are in when evaluating information for a decision and recognizing which roles could be in conflict with the roles you presently assume.

Randy Hunter | Program Officer 775-574-1000 ext.



EXECUTIVE OFFICER

One goal of the office has been to assist the Tribal Council with the strategic planning process in order to redefine vision, mission, establish initiatives and priorities. A Council retreat was organized and held to discuss Tribal Council roles and responsibilities, the overall Tribal strategic plan and the 2011 economic development plan.

Another goal is has been to determine the role and responsibilities of the Executive Team. Chain of command and authorities identified. The Executive Team strategic plan discussions were held and follow up identified, the team is following the same process required of the department heads. The Team strives to meet on an as needed and weekly basis. The team held employee activities to strengthen employee morale.

The office worked with individual Tribal department heads to develop their program strategic grants management plans and SWOT program analysis. The office reviewed budget modifications to submitted to Finance and provided internal control functions as required. A wage comparability study was completed for one program and presented to the personnel committee for recommendation to the Tribal Council. TERO functions were implemented. Based off of the new OMB super circular, Tribal policies and procedures (finance, procurement, records management and property) were reviewed and recommendations were forwarded to the next level for adoption. Since January 2015, the office assisted families and processed nine burial plans.

Della John | Executive Officer 775-574-1000 ext.

BUSINESS OFFICER

The Office of the Tribal Business Officer has been tasked with promoting economic development for the Pyramid Lake Paiute Reservation which in turn will raise the standard of living for the Pyramid Lake Paiute people.

Currently, the Business Officer is reviewing several proposals for their potential for providing much needed revenue to the Tribe and training and employment to tribal members, thus improving the economic health of the Tribe and human capital of the membership. The Tribe has taken the initial steps of improving both the communication and transportation infrastructures for the Pyramid Lake Paiute Reservation which are critical to the overall economic development of the reservation. By leveraging these infrastructure improvements the Office of the Tribal Business Office can promote the development of industry and business on the reservation, ultimately providing much needed stability and sustainability to the reservation economy. Additionally, the Business Officer will work to establish collaboration between local governments, private and not-for-profit sectors, as well as the local reservation communities to enhance sustainable competitiveness, increase growth and ensure growth is inclusive of all involved.

If you have any questions concerning economic development on the Pyramid Lake Paiute Reservation do not hesitate to contact my office.

Benjamin John | Tribal Business Officer p:775-574-1000 ext. 1102 e: bjohn@plpt.nsn.us



One simple call to 811 gets underground utility-owned lines marked for FREE.

Whether you're a homeowner or professional excavator, every digging job requires a call — even small projects — so be sure to:

- · Call 811 at least two days before starting any digging project
- Wait for the site to be marked
- Respect the marks
- Dig with care

Not calling can be life threatening and costly. You can harm yourself or others, disrupt natural gas service to an entire neighborhood, and potentially be responsible for injuries, repair costs, and criminal penalties.

Natural gas lines can be buried anywhere. If you ever suspect a natural gas leak, call **911** and Southwest Gas at **1-877-860-6020** immediately, whether you're our customer or not.

For more information about natural gas pipeline safety, visit swgas.com/safety or call 1-877-860-6020.





Learning Center

Nixon Center 195 W Pyramid Lake Road (775) 574-1031

> **Wadsworth Center** 380 Pyramid St. (775) 575-2774

Changes at Little Warriors Daycare

A new director has been selected for the Child Care program. Constance Athayde, Jicarilla Apache, has been selected to lead the dedicated staff of the Nixon and Wadsworth Daycare Centers. Constance has begun working with the staff on developing systems of accountability for the services provided to our children.

As part of the on-going changes, the Child Care program is inviting Daycare parents and interested community members to a Meet-and-Greet at the Nixon Center June 27, 2015 at 10:30AM. There will be refreshments and childcare provided. Parents from Wadsworth that would like to attend the meeting but have need of transportation may contact Bernie at the Wadsworth Center.

Roads

The Roads Maintenance program is BIA funds. We receive no funds from the Tribe. Our goals are to provide safe roads for the public. To reach our goals we perform grading of earth roads, shoulder work, repairing drainage and repairing or replacing damage or worn signs. These services are provided throughout the year.

For more information or to report services needed, please contact:

Roy Dunn, Roads Supervisor or Daon Bilinsky, Roads Specialist PLPT—(775) 574-1000



The Office of Tribal Enrollment is open from 8:00 am to 4:30 pm, closing for lunch between 12:00 pm. to 12:30 pm. Monday through Friday. Please call ahead of time to ensure that staff is available to process your requests.

Enrollment Services forms now available online at the Pyramid Lake Paiute Tribe website:

- ▶ Card Replacement Request Form
- ▶ Document Request Form
- ▶ Enrolled Member Address Update Form
- ▶ Name Change Request Form

Please be sure to sign and date the form before mailing or faxing to the Enrollment Office.

You can also call the Enrollment office and request that the forms be mailed to you.

Tribal ID Cards/Roll Numbers: All tribal members are urged to keep their membership card with them at all times and to know their roll number. Sorry we cannot give out enrollment numbers over the phone.

Enrollment Applications

For Membership Applications please call, mail, fax or email your name and the address you wish the application to be sent to.

The following documents are <u>required</u>:

- Original Application and Family Tree
- Original Birth Certificate
- Social Security Card (or copy)

Affidavit of Paternity (if needed)

The enrollment process is generally a two month process. Please make sure to include all necessary documents.

We welcome the following new members of the Tribe!

March 2015 – Aiyana Hennessy Castrellon, Tessanne Marie Hicks, Taleah Ehrin Lindsey, Emily June Martin, Vincent Irwin Mix and Lawrence Bradley William

April 2015– Carmen Armel Tobey and Julianna Jeanette Tobey

February 2012 – Kailani Hummingbird Comesflying, Lelee Evan Strawbuck, Haidyn Bayne Wells and Eva Myrtle Yellow Hair

All of these applicants have met the requirements for eligibility under Ordinance III (*First Revision*) and are direct lineal descendants of a Base Enrollee.

Please remember to update your address with the Enrollment Office!

All enrolled members are encouraged to maintain a current mailing address with the Tribe. You can call, fax or email the Enrollment Office and request an enrolled member address update form be sent to you or you may submit a written letter to update your mailing address. Address update forms are also available on the Tribal website. Sorry we cannot update or change records based on phone calls.

Enterprises: I-80 Smokeshop & Nixon Stores

Operation A Hours

New summer hours for the stores are in effect. Be sure to check the front doors around major holidays for any extended hours or early closing.

- ➤ The Nixon Store is open from 7am-8pm; 7 days a week.
- ▶ I-80 Smoke Shop is open 6am-8pm; Sunday –Thursday, and 6am-9pm; Friday -Saturday.

Fireworks

Just in time for summer, fireworks are available for sale and use on the Pyramid Lake Indian Reservation in designated areas. BIG fireworks are now available for sale exclusively at the I-80 Smoke Shop and The Nixon Store. Be on the lookout for

our 20% off weekends throughout the summer months. If you happen to be at a Reno Aces game, don't forget to pick up a program. We have a 25% off one item coupon in it. For more information please call (775)-575-2181.

As a friendly reminder, fireworks can only be purchased by customers over the age of 18 years, with proof of government issued identification. Designated fireworks areas include: Indian Head Beach, Rawhide Beach, Blockhouse Beach, and Warren Flats ONLY; the use of fireworks is prohibited in all other

areas on the reservation. Shoot times are from DUSK-MIDNIGHT. Due to the severe drought conditions this year, please use them with EXTREME CAUTION to avoid fires. Please remember to pick up all debris after setting off fireworks and utilize the trash bins.

Burning Man

We are currently taking applications for store clerks. This year we will be running 24 hours during peak times for the Burning Man event

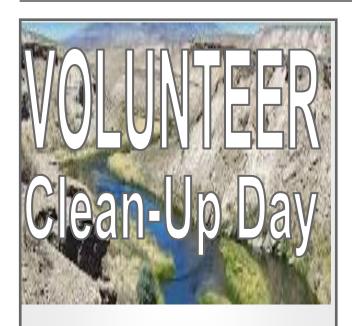
and will need extra help in both store locations. You can pick up applications in either store, or at the Tribal Administration building. Deadline for Burning Man Clerk applications will be July 31, 2015 at 430pm.

If you are looking at setting up a booth at either of our locations for

this event, the vendor fee is \$25.00. You will need to have your Tax Seller Permit and Identification Card with you when you come in. Acceptable forms of payment are cash, debit card, and credit card.

If you have any questions, comments, or concerns please do not hesitate to contact myself (vwilliams@plpt.nsn.us) or the Store Manager (Timothy Wadsworth; twadsworth@plpt.nsn.us) at I-80 Smoke Shop (775) 575-2181 or The Nixon Store (775) 574-0467.

Environmental



Where: **Dead Ox Wetlands**

Thursday, July 9th When:

Time: 10 am—2 pm

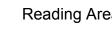
Potluck Lunch to follow

COMMUNITY LIBRARY

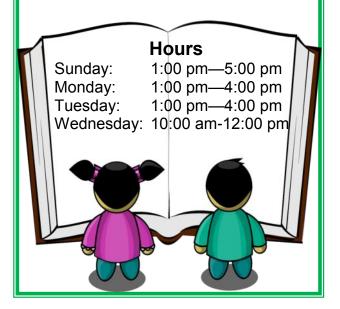
Located in Modular 102 next to the Nixon Gym

What's available:

- Computer and printer use
- **Books and Magazines**
- T.V. and DVD's
- Children's Reading Area







COMMUNITY MEETING!!!

PLPT Natural Resources Department Brownfields Program Update

What are Brownfields?

"Brownfields are real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of a hazardous substance, pollutant, or contaminant"

> -U.S. Environmental Protection Agency

When: Saturday, June 27, 2015

Sutcliffe Community Bldg. Sutcliffe, NV

10:00 a.m.-11:00 a.m.

Tribal Chambers Nixon, NV

11:30 a.m.- 12:30 p.m.

New Wadsworth Community Bldg. Wadsworth, NV

1:00 p.m.- 2:00 p.m.

Snacks and light refreshments will be provided.

The Tribal Response (Brownfields) Program is funded by a grant from the U.S. Environmental Protection Agency



Any questions please contact Brownfields Coordinator: La Reina Jim (775) 574-0101 ext.10 OR ljim@plpt.nsn.us



Summer Months and Health Risks Due to Exposure to Air Pollution

The primary form of air pollution in the summer months to be concerned with is ground-level ozone.

Ed Avol, a professor of preventive medicine at the Keck School of Medicine at USC says, "During the summer months you get longer days, more sunlight, more ultraviolet radiation, more stability in the atmosphere -and so you get stagnant air. That is, the air doesn't move; it sort of just sits and cooks. You have the emissions that come from stationary sources like power plants and boilers, and/or mobile sources like cars, trucks, planes, trains, and ships.

With the sunlight, you get chemistry going on, so new compounds are formed that weren't there before" like ground-level ozone.

You are probably asking yourself, "Isn't ozone good?" Yes and No. It depends on where it is located in the earth's atmosphere. According to the U. S. Environmental Protection Agency (EPA) "Good" ozone occurs naturally in the stratosphere and forms a layer that protects life on earth from the sun's harmful rays or ultraviolet radiation. In the earth's lower atmosphere, or troposphere, ground-level ozone considered "bad". Ozone is the most prevalent chemical found in photochemical air pollution, or smog.

During the warmer months, people tend to increase their exposure to air pollution because more people are outside more often - participating in outdoor activities and enjoying the weather.

Health Effects of Ozone

People with lung disease, children, older adults, and people who are active outdoors may be particularly sensitive to ozone.

Breathing ozone can trigger a variety of health problems including chest pain, coughing, throat irritation, and congestion. It can worsen bronchitis, emphysema, and asthma. Ground level ozone also can reduce lung function and inflame the linings of the lungs. Repeated exposure may permanently scar lung tissue (Washoe County Air Quality).

Take Action

You can reduce your exposure to poor air quality by doing less intense activities like walking instead or running, taking a shorter run, or rescheduling you run for a time when the air quality is better (usually early in the morning before the temperature rises).

Know your AQI (air quality index) forecast by looking it up on www.airnow.gov. Plan your day accordingly.

Tanda Roberts, Air Quality Special



INVITATION TO COMMENT TO PROPOSED CHANGES TO THE 2008 PYRAMID LAKE PAIUTE TRIBE WATER QUALITY CONTROL PLAN AND PUBLIC NOTIFICATION OF PUBLIC HEARING

Lead Agency: Pyramid Lake Paiute Tribe of Nevada; 208 Capitol Hill, Nixon, NV 89424; Vinton Hawley, Tribal Chairman. (775) 574-1000.

Project Description: The Pyramid Lake Paiute Tribe (PLPT) is a sovereign nation located thirty-five miles northeast of Reno, NV. In May 1990, the PLPT received Treatment in a similar manner As States (TAS) under section 106 of the Clean Water Act (CWA) from the U.S. Environmental Protection Agency (USEPA) Region IX Administrator; on January 30th, 2007, the PLPT received TAS Program Authority under CWA Section 303 Water Quality Standards and Section 401 Certification from the USEPA Region IX Administrator; on September 19th, 2008, the Pyramid Lake Paiute Tribal Council approved the Pyramid Lake Paiute Tribal Water Quality Control Plan (WQCP); and on October 3rd, 2008, the USEPA Region IX Administrator approved the PLPT's WQCP. The WQCP addresses issues such beneficial uses. as, Antidegradation, water quality criteria, water quality monitoring, and implementation plans in accordance with the Tribe's Water Quality Ordinance. On May 20, 2015, the Pyramid Lake Paiute Tribal Council approved to post the document titled, "Pyramid Lake Paiute Tribe-Proposed Changes Water Quality Control Plan," for public comment.

With the help of qualified consultants and input from the public, proposed changes to the 2008 WQCP have been prepared by the Lead Agency. The document titled, "Pyramid Lake Paiute Tribe-Proposed Changes Water Quality Control Plan" is available for public examination on the PLPT website: http://www.plpt.nsn.us. Or upon request in writing through the Tribal office listed below.

All interested agencies, groups, and persons are invited to submit written comments for consideration by the Lead Agency. The Lead Agency will only consider comments on the proposed changes described in the document titled, "Pyramid Lake Paiute Tribe-Proposed Changes Water Quality Control Plan." Such written comments should be received by 4:30pm at the offices of the Lead Agency on or before August 21, 2015 (no postmarks will be accepted).

A public hearing to accept verbal comments has been scheduled for Thursday, August 6, 2015 at 6:00pm in the Tribal Chambers at 208 Capitol Hill, Nixon, NV 89424.

Technical questions regarding the WQCP or public review process should be directed to Brian Wadsworth, Water Quality Manager, or Donna Noel, Natural Resources Director. Please mail questions or comments to the Pyramid Lake Paiute Tribe, ATTN: Tribal Secretary; P.O. Box 256, Nixon, NV 89424.





NOTICE OF PUBLIC HEARING

PROPOSED CHANGES TO WATER QUALITY CONTROL PLAN

Pyramid Lake Paiute Tribe

Natural Resources Department

Thursday, August 6th, 2015
Tribal Chambers
208 Capitol Hill
Nixon, NV 89424
6:00 pm - 8:00 pm

Dinner will be served at 5:30 pm

The Natural Resources Department is holding a public hearing to accept verbal comments on the proposed changes to the 2008 Pyramid Lake Paiute Tribe Water Control Plan.

For more information, please contact:

Brian Wadsworth, Water Quality Manager

Phone: (775) 574-0101, ext. 13

E-mail: BWadsworth@plpt.nsn.us

Funding provided by the U.S. Environmental Protection Agency-Region IX

Clean Water Act 106 Water Pollution Control Program

DATE POSTED: 06/19/2015

Grants/Contracts

Indian Land Tenure Foundation

The Tribal Historic Preservation Office (THPO) will receive \$40,000 to document and evaluate Black Warrior Peak's eligibility as a Traditional Cultural Property and to prepare documentation for inclusion in the National Register of Historic Places, while also producing a manual on the process.

State of Nevada, Division of Tourism (NCOT)

The Tribal Economic Development Department received \$2,400 for Website maintenance associated with

www.pyramidlake.us and SacredVisionsPowwow.com. A cash match of \$2,400 will be provided by the department. Funds will be used to keep the websites updated, track and monitor all statistics through google analytics, sizing photography, calendar and event updates, website testing and analyzing information relating to visitor viewing habits.

Nevada Department of Health & Human Services, Aging and Disability Services Division (ADSD)

Social Services will receive \$50,000 to expand its services to the elderly. It will bring on a full-time Adult and Elder Care Coordinator to address safety and wellbeing for elders by attending and assisting to their basic needs at home.

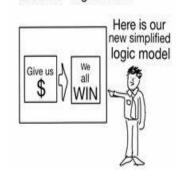
Nevada Department of Health & Human Services, Division of Child & Family Services

Support to domestic violence victims is expected to expand under a \$23,246 state grant awarded to the Victim Services Program. The grant will support 50% of the salary for a Shelter Advocate and other administrative costs.

Nevada Department of Health and Human Services, Family Violence Prevention

The Victim Services Program received \$22,000 to help Victims of Crime. Funding will be used to assist with operations of the domestic violence shelter and pay for utilities and supplies.

Create a "logic model"



U.S. Department of Health & Human Services -IHS, Special Diabetes Program for Indians (SDPI)

The Diabetes program will receive \$254,482 in federal funds to provide patients with a place to receive

information, services and direction with their diabetes health care plan. The SDPI will provide community events to educate individuals about diabetes and prevention. The program will be contracting for a Personal Trainer, Podiatrist and a Diabetic Educator to better serve the community and patients.

The Grants Department is now seeking a full-time grant writer. If you are interested in the positon please call me at 775-574-1000 or stop by my office or the Human Resources Dept. to fill out an application.

Notice of Intent to File Application

The Pyramid Lake Paiute Tribe has filed a loan/grant application with the USDA-Rural Development Community Facilities programs for the purpose of financing security cameras to meet the present and future needs of the security demands of the Pyramid Lake Tribal complexes. Video surveillance cameras will be installed at the Day Care Centers in Wadsworth and Nixon, Health Clinic, Diabetes Program, Numaga Center, Tribal Administration, Victim Services, Museum, Social Services, Wads. Community Center and Tribal Court. All locations are within the boundaries of the Pyramid Lake Indian Reservation.

The total cost of the project is approximately \$68,816 and the amount of funding requested is approximately \$68,816. This matter will be scheduled for public discussion and comments at the Tribal Council meeting on (July 17, 2015 at 8p.m. in the Tribal Chambers).

Questions concerning the project can be directed to Della John, Executive Officer, at 775-574-1000 x 1125 or Sandra Hicks, Contracts & Grants Administrator 775-574-1000 x 1104.



Kooyooe Tukadu Yadooana

This year is flying by! Summer is here and hopefully you are enjoying the warm weather (keeping cool and hydrated too). Here a re a few words to practice and use during the summer season.

PAIUTE ENGLILSH

Tatza summer Tabedooa sunshine

Yooe warm

Udu'tu hot

Nabagea bathe/swim

Pesa Nawahana (Good News)

Cultural Instructors Wanted

The Museum & Visitors Center is currently looking for individuals to lead and instruct community cultural classes. Arts and crafts to be considered include, but are not limited to: beading, regalia making, weaving, song and dance. We will be holding a series of cultural classes that will run through the end of 2015. Classes will be held tentatively every Saturday for two hours at the Museum. Classes are aimed to teach children, teens, and adults. Cultural class instructors will be compensated with a stipend. If you are interested in sharing your expertise please contact the Museum Director for more information and to discuss class ideas.

*Please note that class schedule is subject to change.

TO STAY INTO THE CENTRE IS

TO

PL Housing Authority

The new construction project known as 'NV4-18' is progressing slowly. The preliminary planning started in 2014 by identifying development dollars within the Indian Housing Plan (IHP). Each year, through 20011, funds have been set aside for In FY14, the new construction. assessment environmental started. Contact was made with the various federal agencies, I.H.S., BIA, and our own tribal government for their comments, regarding building of these new homes. NvEnergy and NDot were also involved during the preliminary timeframe. The Board approved sites in Sutcliffe as potential construction sites to build on. MSE in July 2014, was hired to provide civil engineering services for the sites. The Board of Commissioners (BOC) designated the Sutcliffe area for the new construction. The Sutcliffe site will have 20 home sites developed. Actual construction will

consist of 8 units with the potential to build an additional 2 units depending on the construction cost. MSE reports the architectural plans for all the standard units are 96% complete, including floor plans, exterior elevations, building sections, foundation plans, floor framing plans and roof framing plans

for each model. The structural detailing is currently being completed for each of the four models. The electrical and mechanical design/build plans for all standard units are 100% complete. The accessible unit design for the models to comply with federal accessibility requirement is currently being worked on. Work is on-going on the boilerplate and technical specifications.

The NV4-18 Potential Homebuyers have been approved by the BOC based on the Homeownership Waiting List (HWL). The established eligibility criteria to participate in the homebuyer program is the head of household is an enrolled member of the Pyramid Lake Paiute Tribe, a family

composition of 2 or more, income eligible, and with no tribal debts. Participant meetings have been ongoing and will continue up to the move-in date.

We are pleased to announce that the BIA Housing Improvement Program (HIP) renovation project for

homeowner Ross O'Neil has been completed. BIA HIP applications are being accepted through July 17, 2015 @ 4:30 pm for the next program year. For more information, please call the Development Dept. @574.1026.

The FY2016 Indian Housing Plan (IHP) is being developed. Activities include the continued administration of the '37 units (units currently under management – homeownership and low rental), renovation projects, site improvement projects, and new construction. There will be community meetings held to discuss Housing's future plans. Your participation is welcomed.

irks & Recreation

Greetings from the Parks and Recreation Department. Summer is here! The P & R Program will be offering a Summer Day Camp for students completing Kindergarten through 6th Grade. The program will run for 4 weeks, Monday through Thursday from 8:30 a.m. t0 12:30 p.m. The program will begin on July 6th and end on July 30th. At this time NO TRANSPORTATION will be provided, this may change once we begin and see the amount of students we will be serving. The program will be located at the Nixon Gym. Breakfast and lunch will be served. There will be cultural, educational and fun enrichment activities. Field trips are planned. Applications can be picked up and dropped off at the Tribal Office at the receptionist desk or you can register on the first day of Day Camp. Call Janet Davis, Coordinator at 384-4350 for more information.

Special thanks to the collaboration of several of our Tribal Program that have collaborated with us to provide a camp for our youth: JOM Program, Diabetes Program, Sumunumu Program, Environmental Department and the Pyramid Lake Housing Authority. Thank you.

We have had two church groups come to provide Camps for our youth. The first camp is almost complete, it is a Basketball Camp. Several students took advantage of enjoying

the camp. Thanks to the group from Miami, OK. The next camp will be the Tae Kwon Do camp to take place the week of June 24-26th at the Nixon Gym. Come and join in on the fun.

The Parks and Recreation Department has been busy planning for the two groups and getting ready for Summer Day Camp. We have also formed an UNITY youth group for the teenagers and are planning a meeting in the near future. We welcome volunteers to any and all of our activities. If you should have any questions or concerns please feel free to contact the Coordinator at 384-4350.

HAVE A SAFE AND FUN SUMMER!

Pyramid Lake Summer Day Camp

Pyramid Lake Parks and Recreation through the Collaboration with other Tribal Programs

Nixon Gym ~ July 6—July 30, 2015

<u>Information</u>

- There will be NO transportation provided
- For students completing grades Kindergarten through 6th Grade
- Monday through Thursday
- Program will run 8:30 am—12:30 pm
- Breakfast and Lunch will be provided
- → Cost is Free!

The Pyramid Lake Summer Day
Camp is sponsored in collaboration
with the following Tribal programs:
Pyramid Lake Tribal Health Clinic—
Diabetes, Youth Suicide Prevention,
Sumunumu, JOM, Environmental
and the Housing Authority



To sign up and more information:

- Call Janet @ 384-4350
- Application available at the Tribal Office
- Or sign up at the first day of Camp July 6th at 8:30 am.

Tribal Health Clinic

"Promoting wellness and providing quality health care."



705 Highway 446 P.O. Box 227 Nixon, NV 89424 775-574-1018 775-574-1028 (Fax)

APPOINTMENTS 775-574-1018

MONDAY—FRIDAY 8am—12noon & 1pm—4:30pm

Wednesday: 8am—12noon

- Arrive 15 minutes prior to appointment.
- Bring insurance information to each appointment.
- Walk-ins will be triaged by Nursing Staff, scheduled according to need.
- Call to cancel appointments.

SERVICES

- * Family Practice Medicine
- * Laboratory
- * Pharmacy
- * Dental
- * Optometry
- Radiology
- * Podiatry
- * Patient Referrals
- Health Benefits (Medicaid, Medicare)
- * CHRs (Community Health Representatives)
- * Diabetes Prevention
- * Substance Abuse (Sumunumu)
- * Individual and Family Counseling

<See individual departmental brochures for specific services. Available on the website>



REMSA NURSE LINE - Available 24 Hours—Free

775-858-1000

Stroke has a new indicator!

Blood Clots/Stroke - They Now Have a Fourth Indicator, the Tongue:

During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) ...she said she had just tripped over a brick because of her new shoes.

They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening.

Jane's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 PM Jane passed away.) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

It only takes a minute to read this.

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

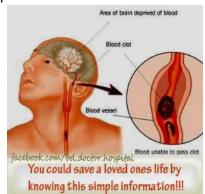
>> RECOGNIZING A STROKE<<

Remember the '3' steps, STR. Read and Learn!

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

- S *Ask the individual to SMILE.
- T *Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently) (i.e. Chicken Soup)
- R *Ask him or her to RAISE BOTH ARMS.



If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

New Sign of a Stroke ------ Stick out Your Tongue NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his tongue. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.

Jane F. Cundy, D. D., CMN, RCC, CBC The Business Connection Services

AFTER HOUR - EMERGENCY CARE

Patients seeking emergency, after Clinic hours and weekend health care through area emergency and urgent care facilities; have 72 hours to notify the Clinic Purchased Referred Care Department or IHS Schurz Service Unit, elders and the disabled have a 30 days.

To avoid financial responsibility follow the Health Clinic and Service Unit directions.

Clinic-Contract Health 775-574-1018

IHS Schurz Service Unit 775-773-2345

IHS Toll Free 1-800-843-5790

ADVANCE DIRECTIVE

- Living Will
- Health Care-Durable Power of Attorney

An important part of life planning is to make your wishes for medical care explicit, so your instructions ca be carried out, especially when you are not able to communicate them.

Advance Directive

An Advance Directive is generally a written statement, which you complete in advance of serious illness, about how you want medical decisions made. The two most common forms of Advance Directive are:

- A Living Will
- A Durable Power of Attorney for Health Care

An Advance Directive allows you state your choices for health care or to name someone to make those choices for you, if you become unable to make decisions about your medical treatment. You can say "yes" to treatment you want, or say "no" to treatment you do not want.

Living Will

A Living Will, which is also known in Nevada as a "Declaration", directs a physician to withhold or withdraw lifesustaining treatment. A Living Will **only** goes into effect under the following conditions:

- You must have an incurable and irreversible condition that without the administration of life-sustaining treatment will result in death within a relatively short time; and
- 2. You are not able to communicate your desires, such as being in a coma.

Will I receive pain medication or food and water?

Nevada law specifically provides that the execution of a Living Will does not affect the responsibility of your doctor to provide treatment for your comfort or alleviation of pain.

With respect to food and water, you may state in your Living Will that you **do not** want food and water withdrawn or withheld.

Frequently Asked Questions?

Do I have to have a Living Will and a Durable Power of Attorney? No, it is entirely up to you.

Do I need both a Living Will and a Durable Power of Attorney?

No, you can have one or both. A Living Will is your personal statement regarding life-sustaining treatment, a Durable Power of Attorney covers other medical decisions.

Can I change my mind?

Yes, both can be revoked, orally or in writing, writing is preferred, if you are able to do so.

What if I am hospitalized in another State?

The law is unclear. If you spend a lot of time in another State, you may wish to have an Advance Directive that meets the laws in both States.

What should I do with documents?

- 1. Make sure someone, family or a close friend knows that you have a Living Will and/or a Durable Power of Attorney, and where it can be located.
- 2. For a Durable Power of Attorney, you proxy or agent should have a copy.
- 3. Your physician or Clinic can include a copy in your medical record.
- 4. Keep a small card in your wallet or purse that states you have an Advance Directive, where it is located, and who your proxy or agent is.
- 5. You may file your document with the Nevada Secretary of State Office, Lock Box Program, available 24-7.

Durable Power of Attorney For Health Care

In Nevada, a Durable Power of Attorney for Health Care is signed, dated, and witnessed paper, naming another person, such as a husband, wife, daughter, son, or close friend, as the "agent" or "proxy" to make medical decisions for you, if you should become unable to make them for yourself.

You can include instructions about any treatment you want or wish to avoid, such as:

- Life prolonging procedures.
- Artificially supplied nutrition, hydration, feeding tube.
- Surgery or other invasive procedures
- Cardiopulmonary resuscitation-CPR
- Mechanical ventilator/respirator.

The Durable Power of Attorney for Health Care will be in effect whenever you are unable to make decisions.

The medical problem does not have to be terminal or incurable.

Should you choose not to do an Advance Directive, you should make your medical desires known to your family.

Health Clinic Staff is available to:

- Assist with information.
- Assist with documents.
- Include documents in your patient record.
- Provide Notary Service.

Pyramid Lake Tribal Health Clinic P.O. Box 227 705 Highway 446 Nixon, NV 89424 775-574-1018 775-574-1114 (Fax)

PATIENT BILL OF RIGHTS

The Pyramid Lake Tribal Health Clinic is YOUR Clinic. As such, you are guaranteed specific rights while a patient, but along with this, as a patient, you have certain responsibilities. We view the doctorpatient relationship as a partnership, with each party having responsibilities.

The Patient Bill of Rights is posted throughout the Health Clinic and you are also welcomed to request a personal copy.

TREATMENT OF MINORS

We consider it a privilege to treat your entire family, and take special safeguards in the treatment of children; including background checks for our employees.

We require the parents or legal guardians accompany children receiving care at the Health Clinic, except when there is an emergency.

Parental notes that designate an alternate person, may be accepted following initial exams and treatment planning.

PATIENT EDUCATION

Patient education is an important component of the Health Clinic services, designed to encourage and empower patients to improve their health status through changes in behavior and lifestyle.

Patient education emphasizes wellness through health promotion and disease prevention.

Patient education occurs through one to one exchanges, instruction, group interactions, and community outreach.

Transportation Planning

The Transportation Planning Department was established in May of 2009 to provide technical management on road construction and other transportation related projects. Since that time we have been continually active in creating and progressing through projects targeted by the Tribes Priority list for roads and byways. The department also takes the role of liaison for the Pyramid Lake Paiute Tribe when working with the BIA Transportation Department and the Federal Highway Administration as well as other transportation related entities.

Currently, there are several projects that we would like to update the community on regarding completed projects, continued construction and future projects.

The Wadsworth Bi-pass Project

The Wadsworth Bi-pass Project is designed to redirect traffic from highway 447 by creating a direct path to the I-80 Corridor. The project will also open up an area of dodge flats for industrial development and will greatly reduce the volume of traffic running through the heart of the Wadsworth community. This bi-pass will reduce the traffic through the Natchez School zone and surrounding community homes reducing the likelihood of accident hazards and vehicle emissions in this community. The Wadsworth bi-pass project is still in progress and has reached the 100% design stage through our Summit Engineering partnership with Corporation. The department has taken into consideration all the work that has been done so far on the project and submitted a new grant proposal for the 2015 Transportation Investment Generating Economic Recovery or "TIGER" grant to fund the construction of the project. These funds are highly competitive but the department has done well in the past and feels confident that we will rank up there with the most innovative shovel ready projects competing this year for TIGER grant funds.

The Pelican Point Project

The Pelican Point Project is another of the Tribes priorities for improvement and is one of the busiest beaches and currently, the only open docking area for boats on Pyramid Lake. The project began construction in the summer of 2014 and included plans for 0.3 miles of access roads and parking spaces for Trucks/boat trailers as well as RV/Camper slips and day use parking. To date the parking lot for boaters and entry/exit roads are complete and being used by our lake guests. The RV/Camper slips and parking for the summer users was put on hold for the winter months, however, we anticipate getting the project back up to full speed by mid-June, 2015 and hope to be done with construction well before the new fishing season. project will create a win/win situation for both the Tribe and our guests in revenue, jobs, environmental protection of the lake and safe parking and roadways. We hope you will take the time to go out to take a look at the project in progress.

The Wadsworth Community Center

The Wadsworth Community Center is complete! The work on the access road and parking area began officially on September 4, 2013. Many Tribal programs and members have used the beautiful facility for several months now. It is a welcome addition to the Wadsworth community. The Transportation Planning Department completed widening/paving of the access road and parking lot as well as sidewalks, curbs, gutters, manhole, waterline extension, sewer line extensions, power and natural gas extensions. This project had been in the planning stage for many years and we are glad to have been part of seeing the project through to completion.

New Transit System

The Pyramid Lake Paiute Tribal Transit is fully operational and ready to serve the Pyramid Lake Tribal communities. Access to shopping, work opportunities and entertainment has long been an issue for those members without transportation. The opening of the new bus line will alleviate some of these hardships by offering affordable options for transportation to key areas in Reno, Sparks and the Fernley area (see routes and departure schedules).

Attached is a new and updated bus schedule. Brochure Schedules will be available on the bus, or you can pick them up at the tribal office. (See Page 7 for Schedule)

The times on the schedule are DEPARTURE TIMES, so be there a little early, to catch the PLPTT on time. Remember, this is a new program and we are working diligently to work out the kinks in scheduling and routes to make it the most efficient system it can be for our members. Have patients with our growth and remember to call us if you have any suggestions or questions we can help you with. Our number is (775) 574-2410. We will do our best to assist you.

Tribal Safety Plan

One of our newest projects, the Tribal Safety Project is one of our more current ventures. The goal of the grant for this project is to create a Transportation Safety Plan which will be designed as a method of data collection, education and planning for safer roadways as well as our water ways. The goal is to have a comprehensive method to help reduce crashes, increase occupant protection, and deter alcohol/drug impaired driving and other hazardous driver behaviors. We will be working with a consulting company called "Traffic Works LLC" based in Reno, Nevada. Traffic Works, LLC is a Traffic Engineering and Transportation Planning consulting firm providing services to public agencies and private sector clients throughout Nevada and California. To date we have conducted a project "kick off" meeting with all of the tribal program stakeholders who regularly use our roadways to transport clients or goods on the reservation. At some point in the process we will be conducting public meetings to get your input on the process and to hear how we can make our roadways safer and our users more aware of traffic safety issues.

It is our vision as a department to assist the Tribal community through the planning and growth of transportation services in the Pyramid Lake Tribal Communities. Safety and innovation in this vision are priorities we strive to meet with every project.



Realty

The Pyramid Lake Tribal Realty would like to extend an invitation to all community members to come on down to enjoy the park at Big Bend. We



picnic tables by each area. You do not need to get prior approval to use these Bring your family, all your bbg supplies and enjoy. Also this goes for the park down by the Pyramid Lake Marina in

This is part of our Pyramid Lake Paiute Tribal lands and are for your enjoyment. Remember this is a family park and there is no alcohol allowed. The only thing we ask is that you pick up after yourselves and dispose of your trash properly. If you are going to have a large event, please contact our department to reserve the park and complete the necessary paperwork.

Please spread the word to all Powwow goers.... our department provides the Big Bend Park areas for tent camping during the Sacred Visions Pow-wow for FREE!! If you have any questions or would like to refer your family or friends from out of town, our phone number is (775) 575-2185.





PLPTT Office Phone Number: 775-574-2410

Email: transit@plpt.nsn.us Website: www.plpt.nsn.us

Fee Schedule:

Nixon/Sutcliffe/Wadsworth/Fernley Bus (One-Way)

- Adults \$1.00
- Elders (60 years and up)/Students with School ID/Children ages 6-17 \$.50

Wadsworth/Reno Bus (One-Way)

- Adults \$1.00
- Elders (60 years and up)/Students with School ID/Children ages 6-17 \$.50

Monthly Pass (Unlimited)

- Adults \$45.00
- Elders (60 years and up)/Students with School ID/Children ages 6-17 \$22.50
- Fees for Monthly Passes are paid to the Finance Department at the Tribal Building. Please take the receipt to the Transit Office to receive the pass. Contact the Transit Office for further details.
- ♦ Children ages 14 –17 must have a PLPTT ID badge to ride the bus alone. Please contact the Transit Office for further details.
- Children 5 years and younger are free.
- Scheduled times and locations may vary pending weather, unforeseen circumstances, and necessary schedule changes.
- Buses are monitored by cameras.
- Buses may run 5-10 minutes behind pending heavy traffic.

PICK UP / DROP OFF LOCATIONS

- * Walmart—Front between the 2 large doors
- * Scolari's—Back parking lot (next to the laundromat.)
- * Sutcliffe Community Park and Ranger Station
- Sparks CitiStation (Centennial Plaza) Across from Bay M on A Street.
- * Wild Island/Legends—Back parking lot of the Olive Garden.
 June 8-Aug 28 an added pick up/drop off location will be across the street from the Coconut Bowl. Please be waiting at this stop 10 minutes earlier than scheduled time
- * ITCN/Welfare DWSS Sparks—By Subway

Bus Routes are Monday—Friday

Transit Department will not be in service for Tribal Holidays

BOLD times are drop off only.

Connection times between the Nixon/Wadsworth bus and Wadsworth/Reno bus are highlighted in YELLOW.

Transit Schedule

Times	Nixon/Wads/Sutcliffe/Fernley	Wadsworth/Reno
5:20 AM	Nixon Gym	
5:30 AM		
5:45 AM	Wadsworth Community Building	Wadsworth Community Building
6:00 AM		
6:15 AM	Walmart	
6:30 AM	No. of the Control of	Sparks CitiCenter (Centennial Plaza)
	Wadsworth Community Building	Sparks cidecitics (certerimar raza)
191-191-191-191-191-191-191-191-191-191		*** I C D III. *
7:00 AM		*Wadsworth Community Building*
	Wadsworth Community Building	Wadsworth Community Building
7:30 AM	Marine and the second s	
	Nixon Tribal Offices	
7:55 AM	Nixon Health Clinic	ITCN/Welfare DWSS Sparks
8:00 AM		
8:15 AM		Sparks CitiCenter (Centennial Plaza)
8:30 AM	Sutcliffe	
8:45 AM		
9:00 AM	Nixon Health Clinic	
	Nixon Gym	*Wadsworth Community Building*
9:15 AM		The state of the s
-	Nixon Gym	
9:30 AM		
	Wadsworth Community Building	Wadsworth Community Building
10:15 AM		
10:30 AM	Walmart	
10:45 AM	Scolari's	Wild Island/Legends
11:00 AM	Sumunumu/Frontier Fun Center	ITCN/Welfare DWSS Sparks
11:15 AM	Wadsworth Community Building	Sparks CitiCenter (Centennial Plaza)
11:30 AM		i i
	* Nixon Tribal Offices*	
	Nixon Gym	Wadsworth Community Building
12:15 PM		wadsworth community building
12:13 PM		

12:30 PM		*Nixon Tribal Office*
	Nixon Health Clinic	
ACRES AS A COUNTY OF THE PARTY OF	Nixon Gym	
1:15 PM		
1:30 PM	Wadsworth Community Building	Wadsworth Community Building
1:45 PM		
2:00 PM	Walmart	
2:15 PM	Sumunumu/Frontier Fun Center	Wild Island/Legends
	Wadsworth Community Building	ITCN/Welfare DWSS Sparks
2:45 PM		Sparks CitiCenter (Centennial Plaza)
-	Wadsworth Community Building	Spains cidecine (centennial riaza)
-	Walmart Consequents Building	*****
to the second se	Wadsworth Community Building	*Wadsworth Community Building*
3:45 PM		
U POSTANIA VICTORIA	Nixon Gym	Wadsworth Community Building
4:15 PM		
4:20 PM	Sutcliffe	
4:30 PM		
4:45 PM	Nixon Health Clinic/Tribal Offices	
5:00 PM		Wild Island/Legends
	Wadsworth Community Building	ITCN/Welfare DWSS Sparks
5:30 PM		Sparks CitiCenter (Centennial Plaza)
	Wadsworth Community Building	Spanie Siderical (Schooling)
	Walmart	
6:15 PM		
	Wadsworth Community Building	Wadsworth Community Building
6:45 PM		
7:00 PM	*Nixon Gym*	*Nixon Gym*

MUST HAVE EXACT CHANGE—DRIVERS DO NOT CARRY CASH

The first Wednesday of every month, the Wadsworth/Reno Bus will NOT be in service due to vehicle maintenance



tim Services Program

CONFLICT RESOLUTION IN HEALTHY RELATIONSHIPS

Sexual Assault Support Services Program

THERE IS CONFLICT IN ALL RELATIONSHIPS.
AND BY "CONFLICT" I SPECIFICALLY MEAN
VERBAL DISAGREEMENTS AND ARGUMENTS.
PEOPLE DISAGREE AND THAT IS NOT
NECESSARILY A BAD THING. IN FACT, YOU
HAVE THE RIGHT TO A DIFFERENT OPINION
FROM YOUR SPOUSE OR PARTNER.

IN A HEALTHY RELATIONSHIP, COMMUNICATION IS THE KEY. WHEN YOU COMMUNICATE EFFECTIVELY, YOU UNDERSTAND YOUR PARTNER BETTER AND IT MAKES YOUR RELATIONSHIP STRONGER. WHEN YOU CAN RESOLVE CONFLICTS SUCCESSFULLY, YOU ARE DEVELOPING A HEALTHY, MATURE RELATIONSHIP. WHILE CONFLICT IS NORMAL, IT CAN BE A SIGN THAT PARTS OF YOUR RELATIONSHIP AREN'T WORKING. IF YOUR CONFLICT IS BASED ON WHICH MOVIE TO SEE, WHAT FRIENDS TO HANG OUT WITH OR WHO SHOULD DO THE DISHES, THEN USE THE TIPS BELOW TO HELP RESOLVE THESE ARGUMENTS IN A HEALTHY WAY:

Set Boundaries: EVERYONE DESERVES TO BE TREATED WITH RESPECT- EVEN DURING AN ARGUMENT. IF YOUR PARTNER CURSES AT YOU, CALLS YOU NAMES OR RIDICULES YOU, TELL THEM TO STOP. IF THEY DON'T, WALK AWAY AND TELL THEM YOU DON'T WANT TO CONTINUE ARGUING RIGHT NOW.

Find the Real Issue: Typically,
ARGUMENTS HAPPEN WHEN ONE'S
PARTNERS NEEDS ARE NOT BEING MET. TRY
TO GET TO THE HEART OF THE MATTER. IF
YOUR PARTNER SEEMS NEEDY, MAYBE THEY
ARE JUST FEELING INSECURE AND NEED
YOUR ENCOURAGEMENT. IF YOU ARE ANGRY
THAT YOUR PARTNER ISN'T TAKING OUT THE
TRASH, MAYBE YOUR REALLY UPSET
BECAUSE YOU FEEL LIKE YOU DO ALL THE
WORK AROUND THE HOUSE. LEARN TO TALK
ABOUT WHAT THE REAL ISSUE IS SO YOU
CAN AVOID CONSTANT FIGHTING.

Agree to Disagree: If you and your Partner can't resolve an issue, sometimes it's best to drop it. You can't agree on everything. Focus on what matters. If the issue is too important for you to drop and you can't agree to disagree, then maybe you're not really compatible.

Compromise When Possible: Easy to SAY BUT HARD TO DO, COMPROMISING IS A MAJOR PART OF CONFLICT RESOLUTION AND ANY SUCCESSFUL RELATIONSHIP. SO YOUR

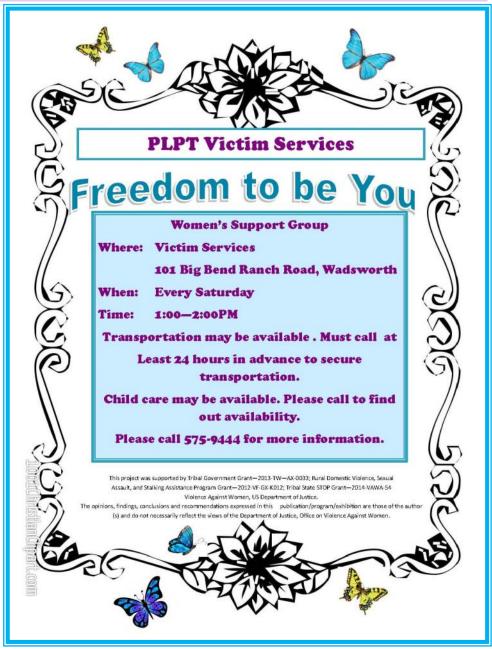
PARTNER WANTS CHINESE FOOD AND YOU WANT MEXICAN? COMPROMISE AND GET CHINESE FOOD TONIGHT, BUT MEXICAN THE NEXT TIME YOU EAT OUT. FIND A MIDDLE GROUND THAT CAN ALLOW BOTH OF YOU TO FEEL SATISFIED WITH THE OUTCOME.

Consider Everything: Is this issue really important? Does it change how the two of you feel about each other? Are you compromising your beliefs or morals? If yes, it is important that you really stress your position. If not, then maybe this is a time for compromise. Also, consider your partners arguments. Why are they upset? What does the issue look like from their point of view? Is it unusual for your partner to get this upset? Does your partner usually compromise? Are you being inconsiderate?

Still arguing? If you try these tips but still argue constantly, consider reevaluating your relationship. You both deserve a healthy relationship without so much conflict.

This project is supported by the tribal sexual assault support services program grant # 2012-KT-AX-0007 violence against women, us department of justice. The opinions, findings, conclusions and recommendations expressed in this publication/ program/ exhibition are those of the author and do not necessarily reflect the views of the department of justice. Office in violence against women.









VSP WORKSHOPS

July 22, 2015- Tips for Friends/ Family of Sexual Assault Survivors August 26, 2015- Self care for Secondary Survivors September 23, 2015- Tips on How to Use Calming/ Grounding Techniques

Workshops begin from 5:00-6:30 pm

WHEN
July 22, 2015
August 26, 2015
September 23, 2015
WHERE

Pyramid Lake Victim Services Office

101 Big Bend Ranch Road Wadsworth, Nevada 89442

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ALL SECONDARY VICTIMS ARE WELCOME.

A secondary victim is any social contact of a sexual violence victim such as family members, friends, first responders affected by a victimization.

These workshops give you tips on how to help a victim of sexual violence as well as tips for self-care and how to ground yourself in a crisis.

For any additional information, questions, comments or concerns please call VSP Program and ask for Kim Lowery or Kathleen Eyre.

[775] 575-9444

Monday-Friday 8-4:30

BENEFITING

The Pyramid Lake Tribal Community Members and Tribal Administration. IF YOU ARE READING THIS BECAUSE YOU HAVE BEEN RAPED OR SEXUALLY ASSAULTED, WE WANT YOU TO KNOW: The community failed in its role and responsibility to keep you safe * Nothing you did or did not do caused what happened to you * No matter what, you did not deserve it YOU ARE NOT TO BLAME!

Pyramid Lake Sexual Assault Support Services



Words for Friends and Family Members

If someone you care about is raped you may have a range of reactions: shock, anger, rage, sadness, fear and/or anxiety. It is not unusual for women or men who have been raped to go from shock to denial-the reality is too harsh. You may have those same feelings too

It is extremely important to know that your first response to your loved one that has been raped will impact how fast they will be able to heal. Sometimes it is difficult to find words, to know what to say. Sometimes people will walk away because they feel awkward-leaving their loved one often feeling shunned and shamed. First, know that just your being there counts. Second, saying you are sorry this had happened to them and that you know that it's not their fault are helpful. It's not unusual for people who have been raped to need to be told repeatedly that no matter what, it's not their fault. Always ask first if they want a hug or any other physical contact. Some will find safety and comfort in hugs, while others are not ready yet to be even a little vulnerable for a while. Asking for permission to touch shows respect and honors the victim's right to decide about their body and life.

Listening without judgement is very important and it can be emotionally difficult. You may be feeling disbelief, rage, shock. Just listen. Find someone you can talk to yourself. Taking care of yourself is vital. The path of healing from sexual violence is long. For you to be there for your loved one means you need to be as balanced as possible emotionally, physically, mentally and spiritually.

The most immediate need for victims who have been raped is to feel safe. For some victims that may take hours, for others it may take years. Ask the victim what they need to feel safe. It may mean leaving lights on 24/7, sleeping in small enclosed spaces, bells on all the doors and windows, not going outside or only with certain people. Whatever it takes is ok until some healing has taken place.

You do not have to be a professional to take this on. You only need to have compassion, patience and the ability to just listen and be there. Healing takes a long time and the victim needs to have the reassurances that everything they are feeling and going through is ok. There is no right and wrong to heal, it is whatever fits best with each individual. Everybody reacts differently and that is ok also.

Take some time and learn and study what effects sexual violence does to its victim. Pyramid lake Victim Services Sexual Assault Support Services offers resources and upcoming workshops on what you can do to help someone as well as how to take care of yourself and the victim during this troubling time.



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Annual Report

The Tax Commission's Annual Report will be coming out in July. The annual report contains information regarding tax revenue and reports from those departments that are funded with tax revenues in the prior year.

2015 Burning Man Permit

Information on Burning Man Seller permits will not be available until August. The Tribal Departments have to decide on any new requirements or issues before the permits are available.

Services Provided

The Tax Department provides many services such as:

- Notary Services (no charge)
- Pyramid Lake Spousal Exemption Cards
- Applications for a Seller's Permit (<u>Not a Business License Permit</u>)
- Pyramid Lake Tribal Member Tax Exemption on deliveries made to the Reservation (except vehicles)
- DMV-Vehicle Tax Exemption Form(s)
- Pyramid Lake Souvenir License Plates

Notary Services

When you are requesting notary services, photo identification is required. A Notary must verify the identity of a document signer in an attempt to defer fraud or identity theft. Identification is required even if we know the person. It's important that you DO NOT sign the document until you are in the presence of the Notary.

IRS Income Tax

The year is almost $\frac{1}{2}$ over, now is the time to check with your employer to see if you have enough taxes withheld from your wages. You can change your W-4 and adjust the amount to meet your obligation and not end up owing when filing next year's IRS return.

TRIBAL EMPLOYMENT RIGHTS OFFICE

TERO provides Native Americans the opportunity for employment with contractors doing work on the reservation. A 2.5% TERO

fee is applied to contracts amounting to \$50,000 and over.. The fee can be used to support TERO office functions and create capacity within the Native Tribal Workforce. The Native workers

sign up with TERO identifying their work skills and a Native Tribal Workforce Listing by Trade is forwarded to the contractors who create the opportunity for employment with their company (application/interview). It is important for the Native Tribal Workforce to keep their contact information up to date and current. Per the ordinance, contractor work cannot proceed unless there is a signed TERO Compliance plan in place between the contractor and the Tribe. This applies to all constructions projects on the reservation, whether funded by the Tribe or outside agencies.

So far in 2015, the TERO fee has supported free to Native Americans or Tribal employees: two OSHA 10 classes, one MSHA class, one First Aid/CPR/Defib class and one Food Handler's Certification Class. The classes

For a DMV Tax Exemption form you will need to provide: (NV tribal member only)

- Name of registered owner
- Year, make and model of vehicle
- ◆ License Plate Number
- ♦ Vehicle Identification Number (VIN)
- ◆ Physical and Mailing Address on the reservation
- ♦ Tribal Enrollment Card

The DMV mails vehicle registration notices on postcards that DO NOT include the complete Vehicle Identification Number (VIN) which is required for a tax exemption form. Please have the whole VIN number available when bringing in or calling in your request. The Tax Department may have the VIN on file if you requested an exemption form for the same vehicle in prior years.

If the Tax Staff happens to be out of the office the Receptionist or Tribal Secretary can get the required information from you and the form will be available the following business day. Or you can call in the information and we will either mail the form to you or hold for pickup.

Please don't wait until the last minute to request a form; it is your responsibility to get the form before the expiration date. Allow time as we might not be available.

The DMV will no longer accept tax exempt forms by fax.



Your vehicle must be registered at your reservation address in order to receive the Governmental Services exemption form. DMV is cracking down on using an exempt form if the registered vehicle address is located off the reservation and imposing fines of up to \$1,000. The Governmental Service Tax is a property tax and is only exempt to Nevada tribal members living on a Reservation.

have been held in the new Wadsworth community Building at 551 Eighth Street. The OSHA 10 classes provide federal certifications that are good in NV for five years and then a refresher class is needed to keep the certification. The CPR and Food Handlers

certifications are good for two years and then need to be renewed. The benefit of earning the federal certification is that the certificate is good anywhere in the United States.

TERO is also hosting the current Indianpreneurship Workshops (start your own business) which are a two day a week, evening class for a period of five weeks. So far in 2015, the TERO funds have been used to purchase certified instructor hours and purchase the materials and supplies needed to negotiate contractor compliance plans, maintain the Native Tribal Workforce listing, and organizing the training sessions. TERO provides the contractors going out to bid with the contractor language to insert into their requests for bid or proposal packages.

These trainings are free to Native Americans. Please sign-up at the Tribal office to participate.

If you have any questions, or need more information please do not hesitate to contact Della John at 775-574-1000.

Tribal Historic Preservation

Historic Preservation Office recipient of two grants

Funds to further historic preservation

By Betty Aleck

The Tribal Historic Preservation Office is the recipient of two grants which will further the objectives of the office and the Cultural Resources Committee to preserve sacred and religious sites and to record historic and archaeological sites.

Most recently the tribal historic preservation office received notification from the Nevada Humanities and the Indian Land Tenure Foundation (ILTF) of the grants.

ILTF award of \$40,000 and will allow the Tribal Historic Preservation Office to initiate an ethnographic study to have Black Warrior (mountain) evaluated as a Traditional Cultural

Property (TCP) for inclusion in the National Register of Historic Places. Funds will be used to hire an ethnographer who will conduct oral history interviews with tribal elders about Black Warrior.

The peak, revered by PLPT and has served for centuries as a sacred site where healers and spiritual people sought strength, renewal and medicine. The mountain is located on both private and Bureau of Land Management property.

Money will also be used to hire an archaeological firm to survey prayer sites at the mountain and to survey historic trails, campsites and to identify plants used for

medicinal purposes.

The survey will play a contributing part in obtaining the overall TCP designation. The PLPT Cultural Resources Committee has sought to have Black Warrior designated at a TCP because it is a sacred place used by spiritual people and medicine people for centuries.

The THPO will be issuing information about the ethnographic study to the public once the project is underway. All archaeological and ethnographic information that identifies prayer sites and plants used for medicinal purposes were remain confidential.

The Tribal Historic Preservation Office also received a \$3,900 grant from the Nevada Humanities for the Mud Lake Historical Research Project, Phase II Archaeological Survey.

Phase I of the project examined sources of historical information about the Mud Lake Massacre which happened on March 14, 1865. The project was initiated due to discrepancies and irreconcilable statements found in the written records by the U.S. Army about the events that occurred on that day. Captain Almond Wells led 29 members of Company D, First Battalion Cavalry Nevada Volunteers to a Paiute village where approximately 30 tribal people camping. While Wells wrote in his official report that his officers killed 29 Indian men, with one escaping; Sarah Winnemucca wrote in her book, Life Among the Paiutes: Their Wrongs and Claims, that women, children and elders were killed, including three of her relatives. She indicated in her book that her father, Chief Winnemucca, when on a hunting excursion with tribal men along the Carson River in the Dayton Valley area.

The end result according to a correspondent with the <u>Territorial Enterprise</u>, "was a 10-mile moving battle." He states further that "...the battlefield is a horrible sight to view this morning. Some of the Indians are shot and cut all to pieces."

The PLPT Tribal Historic Preservation Officer has been working with Dr. Clint Cole of Kautz Environmental Inc., who has spent months researching period newspapers, contemporary maps, agency documents, military records and has over 200 sources of information. Kautz Environmental was selected for the project after a formal bidding process took place.

Dr. Cole indicated that historical accounts suggest that the Mud Lake Massacre was also a catalyst for conflicts escalating to the violent Bannock War of 1878.

Phase II will examine possible locations of the massacre and a formal survey will be initiated.

The CRC and THPO are seeking family stories about the Mud Lake Massacre, one area that is absent is the oral histories from tribal people. CRC members emphasize the tribal point of view is essential to the telling of this particular event in tribal history.

For more information about Black Warrior TCP Project or the Mud Lake Historical Research Project call the THPO at 574-2404.

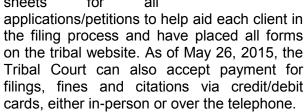


Tribal Court

I would like to formally introduce myself to the Pyramid Lake Paiute Reservation. My name is Anthony Asetamy and I come from the Kiowa and Comanche Tribes of Oklahoma. My Kiowa name is "Thay-gyah-bonemaw" which means "Everyone will notice/see him". I received a Bachelor of Science in Criminal Justice from Wichita State University, with a minor in Native American Studies. Postgraduation, I began to further my education in law with the intention of attending Law school but was unable to do so, however, in the near future, I will be attending University of Nevada-Reno to obtain a master's degree in Justice Management.

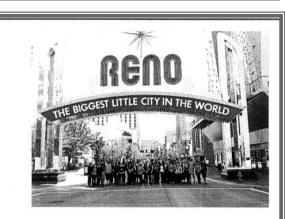
I have worked for the Pyramid Lake Tribal Court since October 2011 and became the official Court Administrator in October 2014. I will ensure that the court runs smoothly, effectively, and without bias towards/for anyone or any one family. As with any tribal court, we have had some ups and downs in the past and it is my objective to ensure every client that it doesn't matter who you are, what status you have here on the reservation or where you work, you will be treated with the same equality, fairness, respect and customer service as everyone else.

Currently, I am actively seeking out funding sources to assist the Pyramid Lake Paiute Tribe in a new or contract detention facility for juveniles. I have also drafted new informational/instruction sheets for all



For the past month, I have been working with maintenance ensure the safety of the Court employees and clients by remodeling the entrance of the Court to allow for a bigger waiting area, additional offices within the Courthouse and another entrance to the Courtroom. Hopefully, this will be completed as soon as possible so we may continue to provide exemplary service to the membership.

With each new edition of the NUMUWAETU NAWAHANA, I will be submitting new articles and information to educate all on the processes and laws that govern the Pyramid Lake Tribal Court.



Victim Assistance Academy of Nevada (VAAN)

Class of 2014

NEWS FLASH!!!!NEWS FLASH!!!!NEWSFLASH!!!!!

Deadline for 2015 Victim Assistance Academy of Nevada applications has been extended to June 10, 2015!

For agencies in the process of hiring potential VAAN 2015 Candidates after the application deadline please contact:

Ben Felix at 775- 775-336-0295 (Northern Nevada) Elynne Greene at 702-828-3266 (Southern Nevada)

2015 VAAN

August 10-14, 2015

Silver Legacy Hotel in Reno, Nevada

For Applications & details visit:

http://vaan.nv.gov

Social Services

The Pyramid Lake Social services clients in the following programs:

- Child welfare: Assistance for children in foster homes,
- senior Adult and services: Provides a variety of services for this category of clients.
- Burial Assistance: Funding for burial needs up to \$2500.00. -ELIGIBILITY IS A NECESSITY.
- General Assistance: PLS serves those who are eligible for this monetary plan; and at this time we have not received funding.
- Food Pantry and Mobile Pantry on the lst, 3rd, and 4th Tuesday of the month; as well assisting with the

commodity program.

We also do adoptions, adoption studies, Minor children In Need of Service (MINOC cases and always work towards reunification of the family.)

We have a need to increase staffing for the adult/senior category and have received a grant to assist and we will be adding an additional staff person.

lf have you any or needs, questions please contact the **PYRAMID LAKE SOCIAL SERVICES** (775) 574-1047



Every household is eligible to receive Food bank, the only requirement is filling out a short form.

We would like to thank all our volunteers, Tribal employees and community members who come out and unload the truck, pack boxes and help those that are unable to carry the boxes to their cars. It's those volunteers that have made this program a success. Also to those programs that have gone out of their way to deliver to those homebound community members who otherwise may go without.

Please keep in mind that the Mobile Pantry is on a time schedule, if you are late you will lose out.

Also remember to bring your own bags, bags and boxes are not always available for your use. We cannot purchase bags for your use as it will take away funds to purchase food items.

The Tribe along with a sponsor and the Food

Pyramid Lake Food Bank News

Bank of Northern Nevada have been in partnership since February 2012 providing the Community Lake Pyramid and surrounding area with supplemental groceries. The Social Service Program and volunteers work hard every month to insure that the Food Panty and Mobile Pantry run efficiently and effectively. We currently have 276 households registered to receive services, we average 120 households two time a month. From January through May we have been able to serve 1032 households.

Children under the age of 18 = 25% served and Adults over the age of 60 = 25% served.

Excess from the Food Panty has been donated to our local Child Care Centers and the Numaga Senior Center. Fresh fruits and vegetable have been going to the Food Pantry in Fernley so that it does not go to waste.

General Assistance Program

Our Program provides assistance to an average of 40 to 50 households per month. To be eligible for General Assistance, you must be:

- A member of a Federally Recognized Tribe,
- Live in our Service area (Wadsworth, Nixon, Sutcliffe, or Fernley),
- Provide a valid Nevada ID or Tribal ID for all household members,
- Proof of Residency
- 1. If you have quit or been terminated from employment, you must wait 60 days from the date of separation to be eligible for General Assistance.
- 2. If you are applying as a family, you are entitled to a Supplemental payment, but will be referred to Nevada Division of Welfare and Supportive Services to apply for TANF.
- 3. If you have been terminated or suspended from TANF for non-compliance or any other resource program, you are not eligible for GA until you have completed their suspension period.

One of the requirements for employable clients is to complete 20 hours of Mandatory Community Service to be completed under the supervision of one of our Tribal Departments. We recently met with our Human Services Department regarding Community Service. One of the suggestions was to allow workers into the office environment and other department to create a pool of eligible workers. This would be gaining skills in an office setting or other department skills. I am excited for this opportunity for our clients and look forward to placing GA recipients in Office and department settings. Another suggestion was to increase Community Service hours to 10 or more hours weekly instead of 20 hours a month. This would allow for more training time for employment readiness. Please keep in mind these changes are not immediate and recipients will be informed of changes when policies have been set in place.

For GA, you may pick up an application at the Pyramid Lake Social Services office. Please call for an appointment.

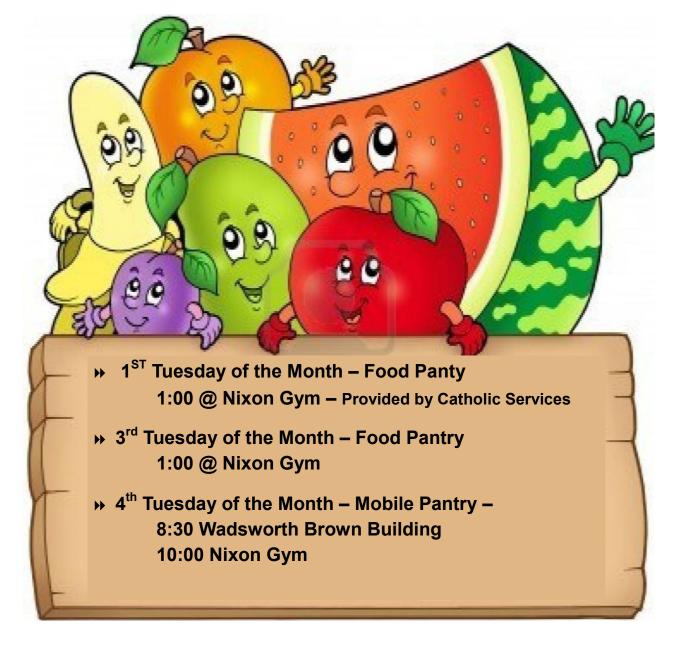
Native Workforce Development

I will be including enrolling in the Native Workforce Development program in your ISP's. For our clients considered full time students, I encourage you to make an appointment with the ITCN's Native Workforce Development program. They will assist in paying for GED's and other necessities for employment. Although I refer most clients to take advantage of the Pyramid Lake TERO trainings, the NWD also provides trainings and may be sooner accessible for clients.

TANF/SNAP/Medicaid

I am still assisting with TANF/SNAP/Medicaid applications. Feel free to call for an appointment.

(Continued on page 18)



Social Services (con't)

REPORTING ELDER OR VULNERABLE ADULT ABUSE: When and how?

By Paula J Wright, PLSS Associate

Elder abuse is an invisible crime that victimizes our tribal people. Respecting our elders is often a term spoken in general terms; however, respecting our elders goes beyond word only. Action for elder protection is the first step forward in.

WHAT IS ELDER ABUSE?

Pyramid Lake Social Services receives alerts of elders experiencing abuse in our tribal communities. It is our purpose to provide protection from crimes committed against the elderly. According to the National Center on Elder Abuse, elder abuse refers to intentional or negligent acts by a caregiver or "trusted" individual that causes (or potentially causes) harm to a vulnerable elder. Most common categories of abuse are:

- ♦ NEGLECT
- ♦ PHYSICAL ABUSE
- EMOTIONAL or PSYCHOLOGICAL ABUSE OR NEGLECT (including verbal abuse and threats)
- ♦ SEXUAL ABUSE
- ♦ ABANDONMENT
- ♦ FINANCIAL ABUSE
- ♦ SELF-NEGLECT

WHO IS AT RISK FOR ABUSE, NEGLECT, AND EXPLOITATION?

- Elder abuse can happen to anyone: a loved one, a neighbor.
- Elder abuse affects seniors across all socio-economic groups, cultures, and races.
- Elder abuse can occur anywhere:
 - In domestic settings; or
 - In nursing homes, assisted living facilities, and other institutional settings
- Based on available information, women and "older" elders (80 years old and older) are more likely to be victimized, and mistreatment is most often perpetrated by the victim's own family members.
- Some common risk factors"
 - The victim has dementia or handicapped
 - The perpetrator and /or the victim has mental health or substance abuse issues;
 - Social isolation
 - Poor physical health, which increases vulnerability and thereby may increase risk.

HOW BIG IS THE PROBLEM?

- In Washoe County allegations and cases closed between 7-1-13 to 6-30-14:
 - ➤ Abuse, neglect, self-neglect, exploitation, isolation: 1,273 elders, 45 involved with law enforcement
 - > Elder abuse by gender: 411 male, 605 female, 1,016 total
 - Elder abuse by race: Native American/Alaskan Natives, 16; 1 involved with law enforcement
 - > Elder abuse by age group:

60-65	66-70	71-75	76-80	81-85	86 +	
2	5	1	3	9	0	

Elder abuse by Suspect in Washoe County: Law enforcement involved, total 33 (Nevada Aging and Disability Services Division, statistics 2013-2012)

Self	Spouse/ significant other	Child	Other relative	Friend/ Neighbor	Service Provider	Other	total
510	111	224	89	42	113	103	1,192

- On the Pyramid Lake Paiute Indian Reservation 2013-2015:
- Financial exploitation: using elder's monetary resource for own use, withholding money for personal use, gambling, using bank/ debit cards without authorization.
- Resource exploitation: use or occupation of elder's residence, property, utility services, food

- Unreasonable imposition on an elder's time resource, such as leaving children or other person in the care of the elder for extended periods of time in which the elder cannot adequately care for such children or other persons.
- Isolation
- Neglect: failure to provide basic needs, activities for daily living, ignoring elder safety, and taking elder to casinos and/or forcing them to wait in the car for extended periods of time.
- > Physical abuse: over-medication.

WHY DOES ELDER ABUSE REMAIN SUCH AN "INVISIBLE" PROBLEM?

- Like other forms of interpersonal violence, elder abuse usually happens behind closed doors.
- Many victims are reluctant to report abuse because they may:
 - > Feel ashamed and embarrassed, particularly if a family member is the abuser;
 - Be afraid that the abuser will get "in trouble;"
 - Worry that they will be forced to live in a nursing home, and this sometimes happen;
 - Feel guilty or somehow to blame;
 - > Be in denial that the abuse in occurring, or unaware that what they are experiencing is abuse or neglect;
 - > Be afraid that if they report, the abuse will get worse.
- Some victims are unable to speak out due to dementia or other impairments, and may not be believed when they

WHAT IS NEEDED TO ADDRESS THE PROBLEM?

- PUBLIC AWARENESS is needed to create change that:
 - > Increases the identification and reporting abuse by the public (tribal membership), professionals, and victims themselves.
 - Provides older victims a safe environment to speak out and tell their stories.
 - Begins long-term prevention by raising awareness among students and young people.
- ❖ ENHANCED SERVICES for victims:
 - > To help prevent abuse, more services to reduce isolation should be available to those at risk for abuse.
 - To intervene more effectively, elder shelters, and other support service, such as in-home and in-home medical attention, should be established and targeted to at-risk seniors to lessen the risk of abuse or to remove the senior from dangerous situations. (However, to remove the perpetrator from the elder's residence reduces distress and anxiety).
 - Adequate services should be targeted to victims in order to protect their well-being and assets, and to prevent further harm.

REPORTING ELDER ABUSE

Sadly, is common when someone has knowledge of elder abuse, they are reluctant to report for fear of discovery or "causing trouble." According to the Pyramid Lake Law and Order Code (§3.9.114) "a person in good faith reports suspected abuse or neglect as defined by this chapter is immune from any civil or criminal statute based upon that person's report even if the report results in an unsubstantiated report."

Call:

- Pyramid Lake Police Dispatch to report concerns, 775-574-0444
- Pyramid Lake Police Department 574-1014
- Pyramid Lake Social Services 574-1047

It is important to write a formal police statement to begin an investigation. It is advisable to provide this information within the first twelve hours. Information required: victim's name, perpetrator, date, time, place, witness.

Citations:

- National Center on Elder Abuse/NCEA: <u>www.ncea.aoa.gov</u>, Program in Geriatric Medicine, 101 The City Drive South, 200 Building, Orange, California 92868
- State of Nevada Aging and Disability Services Division, Carson City, Nevada: <u>www.adsd.nv.gov</u>
- Pyramid Lake Paiute Tribe Law and Order Code. Chapter 9 Tribal Elder and Vulnerable Adult Protection.

Symptoms or Indicators of Abuse in Vulnerable Adult and Elders:

Vulnerable Adults often times exhibit; fear, anxiety, agitation; anger; isolation; withdrawal; depression; non-responsiveness, resignation, ambivalence; contradictory statements, implausible stories; hesitation to talk openly; or confusion or disorientation.

PHYSICAL SIGNS

- Injury that has not been care for properly;
- Injury that is inconsistent with the explanation of cause;
- Pain when touched:
- Cuts, puncture wounds, burns, bruises, welts;
- Dehydration or malnutrition without illnessrelated cause:
- Poor skin color;
- Sunken eyes or cheeks;
- Inappropriate administration of medication;
- Soiled clothing or bed;
- Lack of necessities such as food, water, or utilities;
- Forced isolation.
- Unsanitary living conditions: dirt, bugs, soiled bedding, clothes.
- Being left dirty or unbathed.
- Unsuitable clothing or covering for weather.
- Unsafe living conditions (no heat or running water; faulty electrical wiring, other fire hazards).

EMOTIONAL

- Threatening, belittling, or controlling caregiver behavior that you witness.
- Behavior from the elder or vulnerable adult that mimics dementia, such as rocking, sucking, or
- Mumbling to oneself.

SEXUAL

- Bruises around breasts or genitals.
- Unexplained venereal disease or genital infections.
- Unexplained vaginal or anal bleeding.
- Torn, stained, or bloody underclothing.

ENVIRONMENTAL SIGNS

- Accumulation, hoarding;
- Inadequate shelter:
- Drug paraphernalia;
- Inadequate or spoiled food;
- Offensive odors;
- Multiple prescription bottles from multiple doctors or pharmacies;
- Inadequate sanitation for pets; or
- Vermin infestation.
- Unusual weight loss, malnutrition, dehydration.
- Untreated physical problems, such as bed
- Desertion of an elder or vulnerable adult in a public place.

FINANCIAL SIGNS

- Frequent expensive gifts from vulnerable adult to caregiver;
- Vulnerable adult's personal belongings, papers, credit/debit cards missing;
- Numerous unpaid bills;
- A recent will when vulnerable adult seems incapable of writing will;
- Signing over deeds to property;
- Caregiver's name added to bank account;
- Vulnerable adult is unaware of monthly income or expenditures.
- Vulnerable adult signs on loan;
- Frequent checks made out to "Cash;"
- Unusual activity in bank account; frivolous spending.
- Irregularities on tax return;

without authorization.

- Vulnerable adult unaware of reason for appointment with banker or attorney; Caregiver's refusal to spend money on
- vulnerable adult: or Signatures on checks or legal documents
- that does not resemble elder's handwriting. A "friend" opening a second bank account

- **HEALTH CARE FRAUD**
- Duplicate billings for the same medical service or device.
- Evidence of overmedication or under medication.
- Evidence of inadequate care when bills are paid in full.
- Problems with care facility;
- Poorly trained, poorly paid, or insufficient staff.
- Overcrowding.
- Inadequate responses to questions about care.

ABUSER TRAITS

- Prevents vulnerable adult from speaking to or seeing visitors;
- Anger, indifference, aggressive behavior toward vulnerable adult;
- History of substance abuse, mental illness, criminal behavior or family violence;
- Lack of affection toward vulnerable adult;
- Flirtation or coyness as possible indicator of inappropriate sexual relationship;
- Conflicting accounts of incidents;
- Speaks of vulnerable adult as a burden; or
- Believes vulnerable adult could do more self-care than actually capable of.
- Parking vehicle away from accessible entrances.
- Often ignores vulnerable adult's safety, i.e., providing assistance when exiting vehicles.
- Keeps vulnerable adult away from home for an inordinate time.
- Controls and possesses bank credit/debit cards.
- Restricts telephone use.

(Bureau of Indian Affairs, Adult Protective Services Handbook: A Guide for Protecting Vulnerable Adult and Elder Indians from Abuse, Neglect, and Exploitation. July 2013.) Provided by Pyramid Lake Social Services

(Continued from page 16)

Hoopa TCCC

I would like to congratulate Allison Lowery on completion with her first year at TCCC training. I am happy to say that she has signed up again for a second year. She has had a lot of disaster relief/rescue training and has gained skills in working with the community. Her latest achievement was completing her Certification in CERT Training on June 18, 2015.

Application are available at the Pyramid Lake Social Services Department. (775) 574-1047



Sumunumu/Resource Center | 460 West Main Street Suite 101 Fernley, Nevada | Phone: 775-980-6507

Sumunumu staff:

- Judy Kroshus, MAED, LADC Director & GAIN Certified
- Kathy Wright, NACADC Counselor
- Richard Klain, CADC Counselor & GAIN Certified
- Diana Mitchell, Prevention Coordinator & GAIN Administrator
- Adrian Tom, Interim GLS Director & Prevention Coordinator
- Martina Moss CADC-Intern Fallon Paiute Shoshone Tribe, Through the MOU with FPST "Mending the Circle Grant"
- Peggy Lorge, Tutor, Retired Teacher PLHS & UNR

Process:

- Funding Meth Suicide Prevention Initiative (MSPI)
- Process 1 ½ year to find location
- Need for Continuing funding as of September 1, 2015

Sumunumu main focus

Substance Abuse Protective Factors

- Strong and positive family bonds
- Parental monitoring of children's activities and peers
- Clear rules of conduct that are consistently enforced within the family
- Involvement of parents in the lives of their children
- Success in school performance; strong bonds with institutions, such as school and religious organizations; and adoption of conventional norms about drug use

Suicide Protective Factors

 Effective clinical care for mental, physical and substance use disorders

- Easy access to a variety of clinical interventions and support for help seeking
- Restricted access to highly lethal means of suicide
- Strong connections to family and community support
- Support through ongoing medical and mental health care relationships
- Skills in problem solving, conflict resolution and nonviolent handling of disputes
- Cultural and religious beliefs that discourage suicide and support selfpreservation

Resource Center services provided:

- 6 public computers
- GED prep
- Tutor
- A+ program for High School students
- Fax
- Substance Abuse Counseling
- Native Flix
- Alcohol Anonymous & Suicide Prevention materials(at no cost)
- Student and Client Transportation

Sumunumu/Resource Collaborations:

- Pyramid Lake Museum
- Johnson O'Malley
- Parks and Recreation
- Social Service
- Pyramid Lake Tribal Court/Lyon County Probation
- Pyramid Lake Jr. & Sr. High School
- Fernley High School
- Reed High School
- Head Start Program

- Natchez Elementary School
- Numaga Elders
- Pyramid Lake Transportation Program
- Diabetes Program
- PL Victim Services
- Fallon Paiute/Shoshone Tribe "Mending the Circle Grant"

Activities:

Pyramid Lake Paiute Veterans Association: Nevada Day Parade, Carson City



Art workshops provide at the Resource Center April – March 2015



Sumunumu/Resource Center: Feedback form

What has been your experience at the Resource Center?

It has been very helpful. My experience has been excellent, Resources, it has been very helpful, My experience has been excellent, very helpful tutors are very helpful and everyone has a good attitude and are friendly, Pleasure with a smile, very helpful experienced help anything with all areas of computers. Great! Help me with what I needed to get done.

How long have been coming to Resource Center and how did you hear about the center? (1) About a month, 5 months, 2 months, 2nd week-computer & fax, 2/10/15

What would you like to share about your experiences at the Resource Center? It is a very positive environment. Positive results by have the computer and fax available, how helpful everybody is, very positive environment, I have positive results by having the computer & fax available, just that I really think I can pass my GED with all the help I've been getting, just it's a great place to get help and the only place close that will. (Male 45)

What new skill have you learned? Please explain. Computer Skills, none I have skills, I've learned to how to do algebra, Diana & Martina have been exceptional with their help.

Have you had any problems at Resource Center? Explain.

No, none, good team work... (Female 54), none,

Would you recommend this program to others?

Yes, everybody, absolutely, yes, oh yeah nice people

Comments:

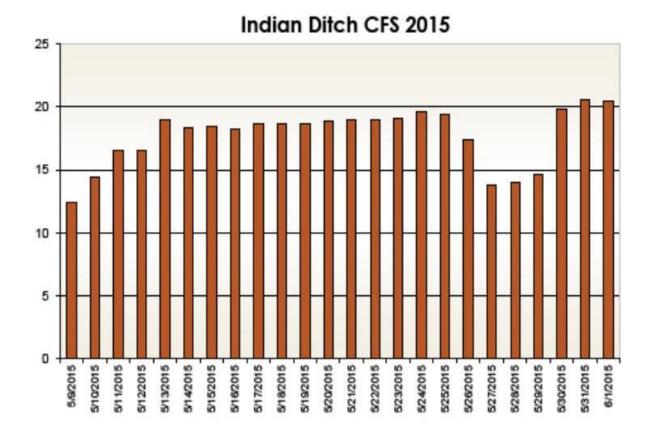
- It is convenient having the resources available that so close to Wadsworth.
 Great environment, nice & friendly staff.
- Very positive experiences, full of help and hospitality going and above and beyond the call. I have been coming to the Resource Center since a couple of weeks after it opened. I heard about it through the Lyon county Human services office while I was on a job search. Keep the wonderful job you all are doing! You are

- very important and needed in our communities. Thank you for all that you have done. You're greatly appreciated.
- The Tutors are all very helpful and everyone has a good attitude and are friendly.
- I've been coming to the Resource Center for about one week from my mom and dad, my experience has been good here. My new skill I learned is reading. It's been years since I picked up a book. Keep up the good work and I hope you guys get to stay open.
- My experiences has been very positive, most helpful. Since January 2015 seen a flyer. Through Sumunumu, my son was able to travel to Gathering of Nations with the PLHS. I have updated current resume, continue to job search. Only problem at center was computer "glitches", resolved by I.T.
- Suggestions future programs / presentations/resources available, parenting classes, male mentoring, Legal aid/advise, etc., Tax Help,
- Glad you're here. Much needed



The department of water resources update. As of today (6/19) Indian Ditch is currently 53 days and 34% water used. Proctor Ditch is 53 days and 27.4% water used. Herman Ditch is 53 days and 19.8%. Olinghouse Pump #1 is 53 days and 45.4% of water used. Olinghouse Pump #3 is 53 days and 6.5% water used. Due to the drop in the Truckee River level Fellnagle is unable to lift any water into its diversion.

Stampede Reservoir has been monitored all year and since April 15, 2015 the start of the irrigation season. Stampede Reservoir's elevation level started out at 5867.49 (4/15) and has since declined to 5861.33. Which is normal since this is where the tribe's Ag water is currently stored.



Consolidated Higher Education Congratulations to our College through education

Graduates,

Just want to congratulate all those students that walked this past year and this June. Many have called our Higher Education Office and thanked the tribe for all the support they received.

The truth be told, it honestly felt good to hear them tell about their personal struggles and hardships, not to say anything negative, but they told stories of what they had to experience and how it made them grow, not just as students but the transformation of the realization of being an adult... They expressed their gratitude in receiving financial assistance from the Tribe and the Higher Education Program and from the Higher Education Committee for all their support ...

They talked about how it felt to have finally finished this part of their young lives... Some are looking forward to go even higher in their pursuit higher education.... What was also nice was the "Thank You...."

All this writer can say is well done and GOD Bless you...

The Consolidated Higher Education Program;

Mission Statement

The purpose of the PLPT Consolidated Higher Education Program is to provide continued educational support to our tribal membership, to assist in providing educational opportunity for professional and personal growth and to meet the overall success of the Pyramid Lake Paiute Tribe.

Vision Statement

The vision of the PLPT, Consolidated Higher Education Program is to assist in the education process of our most important asset, our tribal people. It is

education through that our tribal membership can enhance a better way of life not only for themselves but also for the Pyramid Lake Paiute Tribe/People.

The Consolidated Higher Education Program services are available to all who has come through its doors. It has been the continued commitment of this office to assist student with technology, guidance, funding support, or just an ear to listen our students.

We have seen an increase of our tribal membership moving towards education with the hope in achieving a college degree, or an Adult Vocational Training Certification.

In the upcoming months, we will be reaching out to the youth; ages 12 through 18 year old middle school and high schools students. You may be wondering why? Well its during this period we need to begin letting parents and students know how important it is for them understand how grade (GPA) plays an important role while they are in school.

We are attempting to build a program in which we can track student success and achievement s which will help them achieve personal goals. But we can't do this without the help of our student's parents. As a former Head Start, Teacher; the motto was and has always been, "The Parents are the first educators of their child's life."

We need you the Parents Help to make this possible. We are planning workshops for Parents and Student to ask question and answers on subjects that can and will help your student to become successful. All information will be forthcoming..... God Bless

Anthony Sampson **Consolidated Higher Education Program Coordinator** asampson@plpt.nsn.us



The Five W's Of Life

Who you are is what makes you special. Do not change for anyone.

What lies ahead will always be a mystery. Do not be afraid to explore.

When life pushes you over, you push back harder.

Where there are choices to make, make the one you wont regret.

Why things happen will never be certain. Take it in stride and move forward.

Bipartisan Bill to Empower Native Communities & Expand Cultural Tourism Opportunities Introduced in Senate Today National Tourism Industry Applauds the Introduction of the NATIVE Act of 2015

Washington D.C. (June 16, 2015) - Today, the U.S. Travel Association (USTA) and the American Indian Alaska Native Tourism Association (AIANTA) praised the Senate leadership for the introduction of the Native American Tourism and Improving Visitor Experience (NATIVE) Act of 2015. The bipartisan legislation was introduced today by U.S. Senators Brian Schatz (D-Hawai'i), co-chair of the Senate Tourism Caucus, and John Thune (R-S.D.), chairman of the Senate Commerce, Science, and Transportation Committee. U.S. Senators Jon Tester (D-Mont.), Lisa Murkowski (R-Alaska), Tom Udall (D-N.M.), Dean Heller (R-Nev.), Al Franken (D-Minn.), and Mike Rounds (R-S.D.) are original cosponsors of the NATIVE Act.

"AIANTA strongly supports the goals of the NATIVE Act and we look forward to Congressional hearings and working with members of the House of Representatives to advance this important policy initiative," AIANTA Board President Sherry L. Rupert said today in a statement. "Tourism can help many tribes and Native communities become more self-sufficient, create jobs and businesses, and protect tribal heritage assets while sharing tribal culture with domestic and global audiences. The potential of Native tourism remains a largely untapped national tourism resource and holds great potential for increasing domestic travelers as well as international visitors."

Rupert also serves as the Executive Director of the State of Nevada Indian Commission, and sits on the prestigious U.S. Department of Commerce Travel and Tourism Advisory Board (US TTAB).

"The NATIVE Act will help highlight the diverse options that are available to travelers to and within the U.S., which can only help spur travel activity and the powerful economic benefits that come with it," said U.S. Travel Association President and CEO Roger Dow. "People already think of traveling the U.S. for shopping, theme parks and natural wonders like our coastlines and mountain ranges, but this will boost understanding of our incredibly rich native history as well. This will be of particular benefit to international travelers, who spend \$4,300 per trip to the U.S. on average and are a big part of why travel is one of the most effective job creators of any sector of the economy.

For the official news release from Senator Schatz and Senator Thune, visit **Press Release - NATIVE Act.**

The NATIVE Act received a unanimous endorsement from AIANTA's entire Board of Directors, representing six regions across the U.S.

"The NATIVE Act will help to advance tourism's potential to improve the lives of remote and well-known tribes in Alaska, while also supporting all of the work that AIANTA does to expand Indian Country tourism," said Rachel Moreno, AIANTA Board of Directors Vice President and Alaska Regional Representative, Sitka Tribe of Alaska.

"We are thrilled with Senator Schatz' introduction of this bill," said Rowena Akana, AIANTA Board of Directors Pacific Regional Representative, Native Hawaiian. "The NATIVE Act will offer new tourism opportunities for Native Hawaiians, previously unavailable," added Akana.

Other AIANTA Board members in support of the NATIVE Act include Mario Fulmer, Alaska Representative, Regional Huna Totem Corporation; Rowena Yeahquo, Pacific Regional Representative, Kiowa/Comanche; Jackie Yellowtail, Plains Regional Representative, Crow Tribal member; William D. Lowe, Plains Regional Representative, Muscogee Creek Nation; Ernie Stevens III, Midwest Regional Representative, Oneida Tribe of Wisconsin; Aimee Awonohopay, Midwest Regional Representative, St. Croix Chippewa Indians of Wisconsin and Lora Ann Chaisson, Eastern Regional Representative, United Houma Nation.

About AIANTA

The American Indian Alaska Native Tourism Association (AIANTA) is a 501(c)(3) national nonprofit association of Native American tribes and tribal businesses that was incorporated in 2002 to advance Indian Country tourism. The association is made up of member tribes from six regions: Alaska, Eastern, Midwest, Pacific, Plains and the Southwest. AIANTA's mission is to define, introduce, grow and sustain American Indian, Alaska Native and Native Hawaiian tourism that honors traditions and values.

The purpose of AIANTA is to provide our constituents with the voice and tools needed to advance tourism while helping tribes, tribal organizations and tribal members create infrastructure and capacity through technical assistance, training and educational resources.

Nevada Tourism grants \$1.1 million to rural areas for tourism promotion

CARSON CITY — The Nevada Commission on Tourism (NCOT) has awarded \$1.1 million in grants to rural Nevada tourism organizations for marketing efforts, Lt. Gov. Mark Hutchison announced Wednesday.

"Providing matching funds for marketing rural communities, creating special events and developing updated technology is an important partnership between NCOT and rural Nevada," Hutchison, NCOT chairman, said. "Ensuring the funding is used most efficiently and on measureable, revenue-generating initiatives makes this long-running program among the most successful grants platforms in the state."

NCOT awarded 176 grants to publicize projects designed to increase overnight stays in rural Nevada, including a new Off-Highway Vehicle (OFV) festival in the Moapa Valley, familiarization tours along the U.S. 50 corridor for travel writers and familiarization tours of the Reno-Tahoe area for Brazilian tour operators. NCOT advises the Nevada Division of Tourism — popularly known as TravelNevada — which is part of the Nevada Department of Tourism and Cultural Affairs (NDTCA).

"With this latest batch of grant requests, Nevada's rural tourism industry demonstrated creativity and resourcefulness," Claudia Vecchio, NDTCA director,

said. "Among the funded projects are opportunities to bring travel writers and tour operators into Nevada's rural areas — places those people might not have visited had these projects not been planned."

Among the funded projects:

- → A \$12,000 award was given to the Boys & Girls Club of Mason Valley to market tourism-drawing events Night in the Country music festival, the We Dig Mining concert and other events.
- A \$15,000 award was given to Cowboy Country Territory, a group that promotes most of northern Nevada, to create a promotional video of the Western States Ranch Rodeo Association (WSRRA) finals in Winnemucca. The WSRRA preserves the American cowboy culture with 50 ranch rodeos in 11 states including Nevada, which has WSRRA-sanctioned ranch rodeos in 11 cities culminating in the finals in Winnemucca.
- A \$5,000 grant was awarded to Indian Territory, a group that promotes tribal tourism, to publicize Nevada tribal tourism offerings and gain knowledge of tribal tourism trends at the American Indian Alaska Native Tourism Association (AIANTA) conference in Colorado.
- ➤ An \$8,000 award was given to the Moapa Valley Revitalization Project to market a biannual offhighway vehicle festival centered around the Logandale Trails System.
- ➤ A \$6,500 award was given to Pony Express Territory, a group that promotes tourism along the U.S. 50 corridor, to support three different familiarization tours for Society of American Travel

- Writers (SATW) members. SATW will host its national conference in Las Vegas this fall, an event that includes several familiarization tours showcasing the state's rural areas to travel writers.
- A \$10,000 grant was awarded to Reno-Tahoe Territory, a regional tourism promotion group, to cover transportation costs associated with a familiarization tour for Brazilian tour operators this fall. Brazil is one of the fastest-growing travel markets to the United States, according to the U.S. Travel Association.

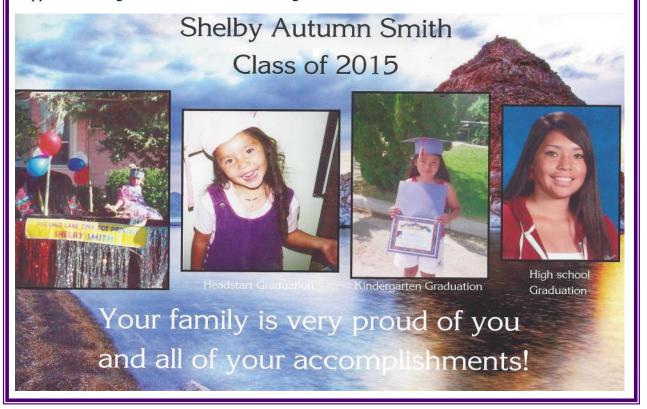
Grant awardees must provide a 50-50 match in funds or volunteer hours. TravelNevada reimburses the applicants after the projects are completed and labor and funding details have been provided. This recent disbursement is the first for fiscal year 2016; a second disbursement will take place later this year.

Funding for the Rural Grants Program does not come from the state's general fund. TravelNevada receives three-eighths of 1 percent of room tax revenue as its operations budget. A portion of those funds are used to offer the Rural Grants Program, which helps nonprofit groups and government agencies in rural Nevada enhance visitation from overnight stays.

The Nevada Commission on Tourism (NCOT) is a 15-member commission that advises the Nevada Division of Tourism, which is part of the Nevada Department of Tourism and Cultural Affairs. NCOT is responsible for promoting and marketing Nevada as a travel destination to domestic and international travelers. For more, visit www.TravelNevada.biz.

Shalby Autumn Smith is the daughter of Maureen Smith, of the Fallon Paiute Shoshone Tribe, and Craig Smith of the Pyramid Lake Paiute Tribe. She has a younger brother named Nick. Shelby has attended Churchill County schools from Kindergarten throughout high school. She will graduate from Churchill County High School on May 29, 2015. Shelby is a member of the National Honor Society and was active in junior high and high school sports. She played volleyball, basketball and was a member of the cross country team. Shelby also received Academic Awards in her Junior and Senior year for maintaining a 3.5 grade point average or higher, for four semesters. Throughout high school she also worked a part-time job for Churchill County. Shelby plans to continue her education and is planning on attending University of Nevada - Reno this fall. She will be studying Criminal Justice, to become a juvenile probation officer. On May 19th, Shelby received the following scholarships which will help cover the cost of tuition and books while attending UNR: UNR Native American Alumni Chapter Scholarship, William David McCormick Jr. Memorial Scholarship, UNR Pack Pride Scholarship, Kara Kelly-Borgognone Scholarship, and the Fred C. Siemon Masonic Memorial Scholarship.

Shelby would like to thank The Creator, her family, friends, teachers, and community for the love, support and recognition she has received throughout school."



Syenna Wolch has graduated from high school with a diploma. Syenna is the granddaughter of Rebecca Bliss and Leo Smith, and daughter of Ginger Welch and Lee Smith. She is a Pyramid Lake Paiute tribal member. She has attended Churchill County High School for the past 4 years. She is in Advanced Choir. She was a cheerleader for the basketball team. She played softball and her position was 2nd base. She did volunteer work for Farmer's Appreciation Day. Her hobbies/interests include experimenting with hair/make-up and fashion. She also enjoys movies and music. In August she will be attending Milan Cosmetology Institute where she will be training to be a professional cosmetologist/manicurist/esthetician and will also learn how to run her own salon business.

Your family is so very proud of you! We will be here to support you always! You have flourished into a



Syenna Welch Class of 2015



woman! You're so awesome! Always keep Jesus close to your heart and you will have many blessings. We pray for more success and happiness in your future! Stay strong and much love my princess!!! Love, MOM, Joe, LeeJay, Keith, Gram Flo, Papa

beautiful young

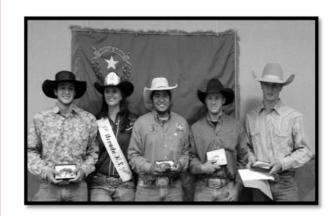
Jay Guerrero Qualifies to Compete at World's Largest Rodeo

Jay Guerrero a Junior at Edward C Reed High School and a member of the Pyramid Lake Paiute Tribe has earned a position on the Nevada state National High School rodeo team and will be traveling with fellow teammates to Rock Springs, WY., in July to compete at the 67th annual National High School Finals Rodeo (NHSFR). Jay will be competing in Steer Wrestling & Saddle Bronc (4th in the state in both events).

Before heading to Nationals Jay will be competing in the Silver State International Rodeo in Winnemucca which allows 5th – 15th place state contestants to compete. Jay will be competing in Tie down roping & Team Roping with heading partner Garrett Weltzin from Fernley (5th in the state in both these events).

Jay competed with all his heart at the Nevada State Finals, with a badly stretched out MCL to his knee he struggled but being consistent throughout the year and earning points all year long helped him. Jay would like to thank his sponsors that helped him compete as an "Independent" L-M , Circle P Rodeo Co., KH Construction.

At State, Jay was honored with receiving a Scholarship/donation from Raintree Construction (Rockwell family) Spring Creek, NV. Jay would also like to thank his family, friends and rodeo families for their support throughout the year. Good Luck Jay, remember the advice given by the Rockwell family, "Hard work pays off. Keep your head up when you fail, your nose down when you win, YOU are a blessing!"



2015 Nevada State High School Rodeo National Qualifiers in Saddle Bronc



2015 Nevada State High School Rodeo National Qualifiers in Steer Wrestling

Free Summer Meals for Kids

years. Meals must be eaten on site. This program meets local health department approval. These summer meals are sponsored by various community organizations. Contact the Food Bank of Northern Nevada for more information 775-331-3663. There are no meals served Friday, July 3rd.



Comidas Gratis Para Los N

y jóvenes entre las edades 1-18 años. Las comidas deben ser consumidas en el lugar. Este programa es aprobado por el departamento de salud local. Estas comidas de verano son patrocinadas por varias organizaciones comunitarias. Para mas información, llame el Banco de Comida del Norte de Nevada 775-331-3663. No se servirá comida el viernes, 03 de Julio.

Date

Fecha

RENO-SOUTH OF I-80 (Continued)

6/15-8/6

Mon-Fri

6/15-8/7

Mon-Fri

6/15-8/6

Mon-Fri

6/15-8/7

Mon-Fri (Continued On Reverse)

-NORTH OF I-80

RENO-

Lugar

800 Robinhood Drive-Reno

Robinhood Park

(off Lakeside near Moana)

Rosewood Park Apts

Wilkinson Park

Yori Park

Lake Park

Rohoboth Holy Temple

700C Smithridge Dr—Reno

A.4500 Mira Loma Dr-Reno

1299 East Taylor—Reno

2800 Yori Way—Reno

(Donald W. Reynolds Facility)

2680 E. 9th Street-Reno **Boys & Girls Club**

(William N. Pennington Facility)

2095 Cannan Street-Reno

1301 Valley Road—Reno

1062 Coleman Ave-Reno Lemelson Elementary

2001 Soaring Eagle—Reno

Community Gardens Apartments

Evelyn Mount NE Comm Center

1300 Foster Dr-Reno

Boys & Girls Club

B.4650 Sierra Madre Dr-Reno

Breakfast

Desayuno

8:30-9:30

8:30-9:30

8:30-9:00

8:30-9:00

Lunch

Almuerzo

12:00-12:15

12:55-1:10

Near Pool

A.1:25-1:35

B.1:40-1:50

11:30-11:45

1:15-1:45

12:00-1:00

12:00-1:00

12:20-12:35

12:00-12:30

1:05-1:15

12:00-12:30

Site Lugar	Date Fecha	Breakfast Desayuno	Lunch Almuerzo
RENO	SOUTH OF	I-80	
Children's Cabinet 777 Sinclair St—Reno	6/15-8/6 Mon-Fri	15.5.5	12:20-12:30
Corbett Elementary School 1901 Villanova Drive—Reno	6/15-8/6 Mon-Fri	***	11:55-12:10
Dodson Elementary School 4355 Houston Dr—Reno	6/15-8/6 Mon-Fri		11:15-11:25
Idlewild Park 2055 Idlewild Dr—Reno	6/15-8/7 Mon-Fri		12:30-12:45
Jamaica Park 1000 Jamaica Avenue—Reno	6/15-8/6 Mon-Fri	1000	11:35-11:50
Liston Park 1635 Yori Avenue—Reno	6/15-8/6 Mon-Fri		12:50-1:05
Mira Loma Park 3000 S McCarran—Reno	6/15-8/6 Mon-Fri		1:55-2:10
Neil Road Recreation Center at Ribera Park 3905 Neil Road—Reno	6/15-8/7 Mon-Fri	8:30-9:00	12:00-12:45
New Journey Christian Fellowship 164 Hubbard Way Suite C—Reno	6/15-8/7 Mon-Fri		11:30-12:30
Plumas Gym 475 Monroe Street—Reno	6/15-8/7 Mon-Fri	28.6.5	11:30-11:45
Project Solution 1090 Bresson Avenue—Reno	6/15-8/7 Mon-Fri	8:30-9:30	12:00-1:00
Rattlesnake Mtn. Skate Park 2682 S McCarran—Reno	6/15-8/6 Mon-Fri		2:15-2:25

2015 SLIN	ANAED	FOOD	CITEC	SPONSORED	DV.



All sites welcome ALL neighborhood children ages 1 – 18 years. Children do not need to be enrolled in any program at the meal site.

This institution is an equal opportunity provider and employer. Esta institucíon es

Site Lugar	Date Fecha	Breakfast Desayuno	Lunch Almuerzo
	RTH OF I-80 (
Northwest Park	6/15-8/6		4.25.4.40
245 Apollo Way—Reno	Mon-Fri		1:25-1:40
Pat Baker Park	6/15-8/7		14.00.14.45
1910 Bishop—Reno	Mon-Fri		11:00-11:15
Sage Street Park	6/15-8/6		1:10-1:25
790 Sage Street—Reno	Mon-Fri		1:10-1:25
Silver Terrace & Cenn Pk Apts	6/15-8/6		12:45-1:00
1611 Wedekind Rd—Reno	Mon-Fri		12:45-1:00
Teglia Paradise Park	6/15-8/6	2020	1:35-1:50
2745 Elementary Drive—Reno	Mon-Fri	5.5.5	1.55-1.50
Warner Elementary	6/15-8/6		1:50-2:00
3075 Heights Dr—Reno	Mon-Fri		1.50-2.00
	SPARKS		-
Aimone Park	6/15-8/6	Constitution	11:30-11:45
55 Queen Way—Sparks	Mon-Fri		11:30-11:45
Ardmore Park	6/15-8/6		11:30-11:45
1200 12th Street—Sparks	Mon-Fri		11:30-11:43
Burgess Park	6/15-8/6		1:35-1:50
1605 Pyramid Way—Sparks	Mon-Fri		1:35-1:50
Church Park	6/15-8/6		1:15-1:25
1804 1st St—Sparks	Mon-Fri		1.15-1.25
Deer Park	6/15-8/6		2:05-2:20
1700 Prater Way—Sparks	Mon-Fri		2.03-2.20
Longford Park	6/15-8/6		12:55-1:10
1855 Boise Dr—Sparks	Mon-Fri	0.707.700 1	12.55-1.10
Northern Nevada Sports & Rec	6/15-8/7		12:05-12:20
850 Baring Blvd—Sparks	Mon-Fri	020000000	12.03 12.20
Oppio Park	6/15-8/6		11:55-12:10
2355 18th Street—Sparks	Mon-Fri		11.55 12.10
Poulakidas Park	6/15-8/6		2:00-2:15
530 4th Street—Sparks	Mon-Fri	AND DESCRIPTION OF THE PROPERTY OF THE PROPERT	2.30 2.13
Rock Park	6/15-8/6		2:00-2:15
1300 S Rock—Sparks	Mon-Fri	(00015565575	2.30 2.13
Shelly Park	6/15-8/6	1222	12:25-12:40
2901 N Truckee Lane—Sparks	Mon-Fri		22.20 22.70
Van Meter Park	6/15-8/6		11:40-11:55
2301 Fargo Way —Sparks	Mon-Fri		
Willow Creek Park	6/15-8/6		11:15-11:30
1250 E Prater Way—Sparks	Mon-Fri	515 A 20 M 51 M 5	1

Site Lugar	Date Fecha	Breakfast Desayuno	Lunch Almuerzo
	ALLEYS & ST	EAD	
Dorothy McAlinden Park	6/15-8/6	2000000	2:15-2:30
12000 Mt. Charleston—Stead	Mon-Fri		2:15-2:30
Essex Manor	6/15-8/6		10:45-11:00
7760 Carlyle Drive—Reno	Mon-Fri	55.5	10.43-11.00
Lemmon Valley Park	6/15-8/7	8:30-9:00	12:10-12:30
325 W Patrician—Lemmon Valley	Mon-Fri	8.30-9.00	12.10-12.30
North Valleys High School	6/15-8/6		11:40-12:00
1470 E Golden Valley Rd—Reno	Mon-Fri		11.40-12.00
North Valleys Water Splash Park	6/15-8/7	8:30-9:00	1:00-1:15
8085 Silver Lake Road—Reno	Mon-Fri	8.50-5.00	1.00-1.13
North Valleys Regional Park-Upper	6/15-8/6		12:45-12:55
8085 Silver Lake Road—Reno	Mon-Fri	(727),510 (4)	12.45-12.55
Park @ Peavine Estates	6/15-8/6		1:55-2:05
11800 Green Mountain St—Stead	Mon-Fri		1.55-2.05
Skyline Mobile Home Park	6/15-8/6		11:10-11:25
7900 N Virginia St—Reno	Mon-Fri		11.10-11.25
Stead Elementary School	6/15-8/6		1:30-1:45
10580 Stead Blvd —Stead	Mon-Fri		1.50-1.45
Stead Manor	6/15-8/6	0.20	2:35-2:50
14290 Mt Charleston—Stead	Mon-Fri		2.55-2.50
SI	JN VALLEY		
Allen Elementary School	6/15-8/6		1:45-2:00
5155 McGuffey Road—Sun Valley	Mon-Fri		1.43-2.00
Bennett Elementary School	6/15-8/6		12:25-12:40
5900 Sidehill Street—Sun Valley	Mon-Fri		12.25-12.40
Boulder Creek Apartments	6/15-8/6		2:15-2:30
4005 Moorpark—Sun Valley	Mon-Fri	5.5.5	2:15-2:50
Gepford Park	6/15-8/6	222	1:15-1:30
5300 Leon Drive—Sun Valley	Mon-Fri	5.55	1.15-1.50
Palmer Elementary School	6/15-8/6		12:00-12:15
5890 Klondike Drive—Sun Valley	Mon-Fri		12:00-12:15
Sun Valley Community Park	6/15-8/6	0022444	12.45.1.65
115 W 6th Avenue—Sun Valley	Mon-Fri		12:45-1:00
	FERNLEY		
Boys & Girls Club			
(Fernley Intermediate School)	6/1-8/7 Mon-Fri	8:00-9:00	12:00-1:00
320 Highway 95A South—Fernley	IVION-FIT		

Special thanks to the Walmart Foundation and Food Research & Action Center for their support of the Food Bank of Northern Nevada's summer food program.

Events

Legendary Washoe Artists part of exhibition at Nevada Museum of Art this fall.

The exhibition titled Washoe Legends, featuring illustrations by BillyHawk Enos, Kevin Jones, Charles Munroe, and Mauricio Sanduval.

On view from August 22, 2015-January 10, 2016 in the Museum's Theater Gallery on Floor One. Admission is free to attend this particular gallery at the museum.

On view at the same time as another major exhibition: A Visual History. The exhibition records the art history of Lake Tahoe, Donner Pass, and the surrounding Sierra for the first time. The largest survey of this region ever undertaken by a museum, the exhibition will feature nearly 400 objects and fill two entire floors at the Nevada Museum of Art-over 15,000 square feet! The exhibit includes over 75 historic and contemporary Washoe Baskets. Admission to the exhibition: Tahoe A Visual History (including the basket exhibition) follows:

\$10/general.

\$8/students & seniors.

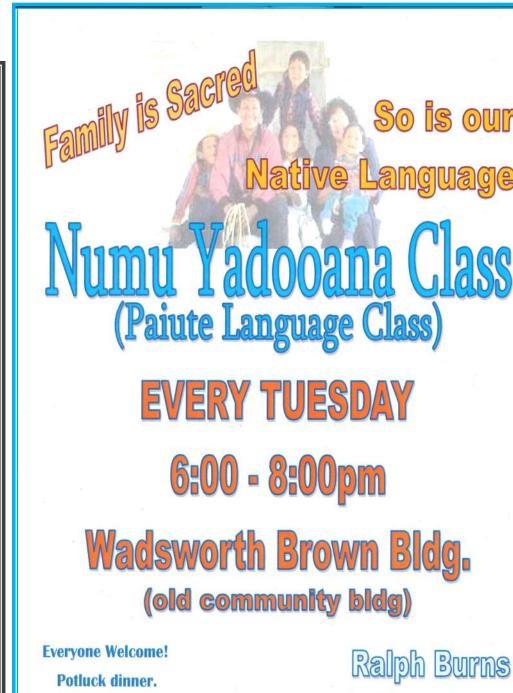
\$1 kids 6 to 12 yrs.

Free/children under 5

OPENING RECEPTION: Mark your calendars, AUGUST 22, 2015

ENTERTAINMENT BY: Steve Martin's bluegrass inspired Americana band, the Steep Canyon Rangers





Learn phrases to use in your home.

Great way to spend time with your family!

For More Information Contact: Denise @ 775-575-2434

Northern Nevada HOPES to Host Gerlach Rural Health Fair on July 8

(Reno, Nev.) June 1, 2015 - Northern Nevada HOPES and Washoe County Senior Services are bringing medical resources to rural Nevada.

The Gerlach Rural Health Fair is a free, all ages event. It will be held at the Gerlach Community Center at 410 Cottonwood St. Gerlach, NV 89412 on July 8 from 11 a.m. to 3 p.m.

Accessing healthcare services in Gerlach can be challenging for residents. There are no medical resources in Nevada's rural communities and the closest emergency care facilities are often hours away.

"People living in Nevada's rural communities have to travel a long way to access health and wellness services," Trudy Italiano, RN, HOPES' Seniors' Supportive Nurse, said. "So we are bringing the healthcare resources to them."

The Health Fair is designed to bring healthcare information and resources to rural residents. The event is meant to connect people who live in isolated communities with healthcare services they might not be aware of and help them better manage their health and wellness.

The Fair will feature senior services, meals on wheels, immunizations for adults and children, food distribution, insurance enrollment assistance including Medicare specialists, breast care and cancer prevention information, a blood pressure clinic, medication safety management, emergency

preparedness, veteran services, foot care services, rapid and free HIV and hepatitis C testing, rural housing assistance and Indian services.

St. Vincent's will bring a 28-foot refrigerated truck to distribute food to attendees.

A "Feed A Senior" raffle will be held to benefit seniors in the Gerlach rural community. The grand prize for the raffle is two VIP concert tickets for any Boomtown concert of the winner's choice, among other prizes.

Organizations present at the event include Northern Nevada HOPES, Washoe County Senior Services, Immunize Nevada, KIDS to SENIORS Korner, Access to Healthcare, Sanford Center for Aging, Northern Nevada Center for Independent Living, NV Rural Housing Authority, Indian Health Services, Crisis Call Center, Miners Nurse Group, Happy Feet 2, American Red Cross, Seniors in Service, For Kids Foundation and Nevada Department of Veterans Services, and St. Vincent's Food Pantry.

Northern Nevada HOPES is a nonprofit community health center located in downtown Reno, Nevada that provides integrated medical care and wellness services to individuals with and



Teacher

without health insurance. Founded in 1997, HOPES began as a comprehensive HIV care center and in 2012 expanded into a primary medical care center. HOPES provides services on a sliding fee scale including primary care, chronic disease management, behavioral health counseling, case management, nutrition counseling, an on-site pharmacy, transportation, HIV and hepatitis C testing, and community outreach and education. HOPES' welcoming and innovative one-stop-shop healthcare model improves access to care for thousands of individuals and families in our community.

Contact: Clint Demeritt | Northern Nevada HOPES | 467 Ralston St | Reno, NV 89503 | O: (775) 997-7575 | cdemeritt@nnhopes.org | nnhopes.org



Documents You Will Need To Enroll Your Child:

-Head Start Application

-Copy of your Childs Birth Certificate

Current Immunization Record Family Income (Paystubs, Public Assistance)

FREE Services include:

- School Readiness Skills
- Services for children with Special Needs
- · Health and Nutrition Services
- . Free Nutritional Meals
- · Parent Engagement Opportunities

Serving the Communities of:

Elko -775.738.3631 Fallon-775.423.6351 Lovelock-775.273.4911 775.532.8724 Ft. McDermitt Moapa 702.865.2753 Nixon 775.574.1032 775.757.3036 Owyhee Wadsworth 775.575.7910 **Walker River** 775.773.2583

Yerington 775.463.7857

Now Accepting Applications! Space is limited. Available Slots Fill up Quickly.





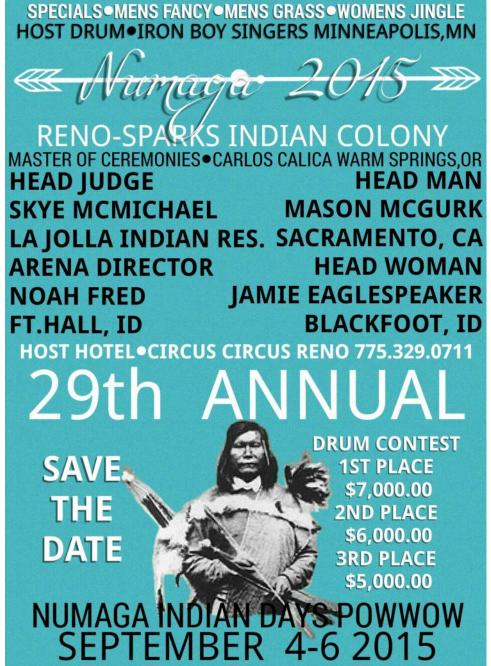
Inter-Tribal Council of Nevada Head Start 680 Greenbrae Drive Suite 265 Sparks NV 89431 P.O. Box 7440 Reno NV 89510





DRUG FREE EVENT. Committee not responsible for short funded travelers, theft, damages, or injuries No weapons, firearms or fireworks permitted.





Natchez Elementary School

If you haven't enrolled for the school year 2015-2016 you **need to register online**, you may contact the school for your Infinite campus username and password. All incoming Kindergarten students please make sure to check with the Secretary that you have turned in all required paperwork, Birth Certificate, Immunizations, and social security number, besides registering online there is also paperwork for incoming Kinder students. **DON'T wait till the last minute...REMEMBER the wait last year???**

(Tentative Schedule)

August 2015

5:30 p.m. Title I Annual Meeting & Back to School Night (backpack giveaway)

10th First Day of School 1 – 6th Grade

Week of 10th Kindergarten Testing (by appointment call office to schedule)

12th EARLY OUT dismiss @ 1:45 p.m.

17th First day of Kindergarten- Title I "Welcome to Kindergarten Breakfast"

19th EARLY OUT dismiss @ 1:45 p.m.

25th 6 p.m. WATCHD.O.G.S Pizza Night: Dads, uncles, grandpa's, male guardian's your INVITED!

26th EARLY OUT dismiss @ 1:45 P.M.

September 2015

PARENTS: Make sure to be checking INFINITE CAMPUS weekly to see how your student is doing in class.

2nd EARLY OUT Dismiss @ 1:45 p.m.

4th COUNT DAY – MANDATORY attendance *by ALL students,* please try and schedule any appointments in the afternoon or after 10 a.m. On-time attendance will earn students a "free" snack pass for Movie Night. Thank you.

7th LABOR DAY – NO School

9th EARLY OUT Dismiss @ 1:45 p.m.

11th NAM Family Movie Night on the Lawn @ dusk.

15th 5:30 p.m. NAM Kick off dinner and NAM Princess talent and Speeches

16th EARLY OUT Dismiss @ 1:45 p.m.

21st RAFFLE DONATIONS DUE to school- 1 item/Natchez Family & Staff member

23rd EARLY OUT Dismiss @ 1:45 p.m.

25th 9 a.m. NAM FUN RUN

12 NOON Social Powwow

30th EARLY OUT Dismiss @ 1:45 p.m.

OCTOBER 2015

PARENTS: Make sure to be checking INFINITE CAMPUS weekly to see how

your student is doing in class.

October 5-9 CONFERENCE WEEK Please make sure to schedule a time with

your child's teacher

October 26-29 FALL BREAK – NO SCHOOL
October 30 NEVADA DAY – NO SCHOOL



Ends Thursday July 30th
14 Total Sessions!

Tuesdays & Thursdays 10:00am - 2:00pm

Provided by Nevada Urban Indians J.O.M Program

Activities include:

Educational Field Trips to: Physical & Cultural Activities:

University of Nevada, Reno Hand Drumming
Truckee Meadows Community College Round Dancing

Western Nevada College Intro Pow-Wow Dancing
Lake Tahoe Intro Pow-Wow Drumming

Pyramid Lake Beading

Turtoring Services Traditional Hand Games

Applications can be picked up at Nevada Urban Indians or sent via email Limited to the first 12 children that sign up, Ages 6 - 17 years old!

For more information, contact:
Jonathan Lowery - Indian Education Advisor
775 788-7600 ext. 120
Email: jlowery@nevadaurbanindians.org



"Relp is Just a Breath Away" Classes will be conduct by Ms. Kathy Randolph and/or Ms. Kathleen McKnight Certified Practitioners of the Yoga Center in Reno



The Pyramid Lake Tribal Clinic/CHR Program conducts "Mini Yoga Classes" on Wednesdays and the 3rd Saturday of the month.

These classes will be suitable for everyone from infants, children to seniors with emphasis on safety, proper alignment, posture, breathing, stretching, and relaxation.

Part of this program offered is a Therapeutic Program for Infants and Children with Special Needs. "Yoga for the Special Child". If you have an interest in this program, individual classes are available, please contact Kathy Randolph at (775) 322-4600 for an appointment or to discuss your child(ren) needs. The cost for these individual classes are covered by this program.

Yoga classes will be held the following times are open to everyone.

Come join the Kathy's and learn the benefits of Yoga for everyone.

Yoga mats and water will be available.

Every Wednesday (approx. 30 minute classes)

9:00 AM - 10:15 AM Nixon Gym—July Only (Summer Day Camp)

10:30 AM - 11:45 AM Nixon Day Care

12:15 PM - 12:45 PM PLPT_Admin

1:00 PM - 1:30 PM Clinic

2:00 PM - 2:45 PM Wadsworth Day Care

Dates and times subject to change. Updated 06/15/2015

3rd Saturday of

Every Month

New Wadsworth

Community Center

Family Time:

9:00-10:00 AM

Open to Everyone

10:00-11:00 AM

PYRAMID LAKE PAIUTE TRIBE DIRECTORY





Administration Building (775) 574-1000

	The second secon	(Samples of the Control of the Contr	Marine State of Company and the
Last Name	First Name	EXT	Position/Title
BLACK	Lori	1100	Front Desk
BORDREAUX	Renee	1109	Accounts Payable
CONFERENCE	ROOM	1126	Conference Room
VACANT		1112	Accounting Technician
FRAZIER	Richard	1113	Information Svc. Assistant
FRAZIER	Vernelda	1121	Tax Administrator
GARCIA	Johnnie	1106	Transportation Manager
GARCIA	Sandy	1105	Payroll
GARDNER	Greg	1117	Technology Services
HAWLEY	Lesley	1120	HR Manager
HAWLEY	Vinton	1122	Tribal Chairman
HICKS	Sandra	1104	Contracts/Grants
HUNTER	Randall	1114	Programs Officer
JOHN	Benjamin	1102	Business Officer
JOHN	Della	1125	Executive Officer
JOHNSON	Kami	1111	GL Accountant
LAWRENCE	Eric	1110	Comptroller
MANDELL	Lynelle	1118	Accounting Clerk
MENDES	Sherry	1107	Transportation Admin Asst
MITCHELL	Randa	1128	Accounts Receivable
GUEVARA	Felicitas	1119	HR Assistant
QUERTA	Alicia	1123	Tax Specialist
SHAW	Joanne	1115	Enrollment Officer
WRIGHT	Pam	1124	Grants Acctg. Specialist
VACANT		1101	Tribal Secretary
WADSWORTH	Gina	1127	Tax Office Manager

Nixon Phone Numbers

Nixon Phone Numbers						
Location	Phone #	Location	Phone #			
Cultural Center	574-1088	Marble Bluff	574-0187			
Background Invest.	560-3879	Nixon Daycare	574-1031			
Diabetes Program	574-0117	Nixon Head Start	574-1032			
Emergency Resp.	560-4417	Nixon Post Office	574-1033			
Health Dept. (Clinic)	574-1018	Nixon Store	574-0467			
Higher Education	574-0300	Numaga Center	574-1064			
High School	574-1016	Numana Hatchery	574-0290			
Housing Authority	574-1026	Social Services	574-1047			
JOM	574-0441	Sumunumu	574-1111			
Library	574-0301	THPO (Betty Aleck)	574-2404			
Maintenance	574-1035	Transit Dept.	574-2410			
		Tribal Court	574-1094			

Sutcliffe Phone Numbers

Location	Phone #	
PLF - Admin.	476-0500	
PLF - Hatchery	476-0510	
PLF - Lake Ops.	476-0559	
PLF - Maintenance	476-0720	
Ranger Station	476-1155	

Wadsworth Phone Numbers

Location	Phone #
Community Bldg.	575-7290
I-80 Smokeshop	575-2181
Incubation (PLF)	575-0283
Natchez Elementary	575-1883
Realty Office	575-2185
Victim Services	575-9444
Wads. Daycare	575-2774
Wads. Head Start	575-7910

NATURAL RESOURCES - 574-0101/1050

Last Name	First Name	EXT.	Position/Title
AKAKA-SMITH	Bonnie	17	Environmental Manager
ALBRIGHT	Susie	23	Water Resource Technician
BRADY-MARTINEZ	Brandon	11	Environmental Technician
CONFERENCE	ROOM	26	Conference Room
HENRY	Brenda	16	Env Assistant Temp
VACANT		21	Water Resources Director
VACANT		14	Water/Sewer Operator II
INGRAHAM	Eric	14	PUD Manager
MIL	LaReina	10	Tribal Response Coordinator
MORGAN	Kameron	19	WQ Standards Specialist
NOEL	Donna	15	Natural Resources Director
PAUL	Gene	20	Water Resource Technician
QUINTERO	Randall	24	Water/Sewer Operator
ROBERTS	Tanda	18	Air Quality Specialist
WADSWORTH	Brian	13	Water Quality Manager

TRIBAL FAX NUMBERS (all communities)

Location	FAX#	Location	FAX#
Administration	574-1008	PL High School	574-1037
Contract Health	574-1074	PL Police Dept.	574-1006
Contract/Grants	574-1082	PL Store	476-0554
Cultural Center	574-1090	Rangers	476-1161
Finance	574-1073	Social Services	574-1052
Fisheries	476-0558	Tax Department	574-1007
Higher Education	574-0302	Tribal Clinic	574-1028
Housing Authority	574-1044	Tribal Court	574-1096
Human Resources	574-1086	Tribal Chairman	574-1054
I-80 Smokeshop	575-4893	Victim Services	575-9446
Natchez School	575-1888		

TRIBAL POLICE

Location	Phone #	
Nixon Station	574-1014	
Dispatch Center	574-0444	
EMERGENCIES	9-1-1	

Updated: 6/23/2015



Rest is not idleness, and to lie sometimes on the grass on a summer day listening to the murmur of water, or watching the clouds float across the sky, is hardly a waste of time.

- John Lubbock

Letters to the Editor

The Pyramid Lake Paiute Tribal Newspaper welcomes your "Letters to the Editor."

- Letters must be 200 words or less. Letters are subject to editing for conformance to the 200 word limit, as well as for libel and taste
- Letters must carry a full, legible and signed name of its author. The newspaper staff does not withhold names of letter authors. Pseudonyms are not allowed.
- Each author is allowed one published letter per newspaper issue.
- To be published, all letters must have a permanent address and/or a daytime telephone number for verification. This information will not be published.
- Letters addressed to specific parties other than the Pyramid Lake Paiute Tribal newspaper, to readers, letters from other publications, form letters that do not contain original writing content by the signatory or personal complaints outside the public domain are not published.
- Letters are published in the order which they are received. Promptness of publication depends on the volume of letters received and space availability.

MAIL LETTERS TO:

Letter to the Editor
PYRAMID LAKE PAIUTE TRIBE
P O Box 256
Nixon, NV 89424



2015 Newspaper Submittal for Paper 3rd Quarter DEADLINE: September 18th —12:00 pm

Please complete this form and submit with your article.

BE SURE TO:

- Include your name, phone # and address.
- Personals may submit a hard copy of article. Hand written Personals ONLY must be printed legibly.
- Mailed articles must be saved on CD in Publisher or Word format. Please DO NOT send in .pdf format.
- Articles can be submitted via e-mail to Igleyva@plpt.nsn.us. Make sure contact info is available for any problems.
- Pictures should be submitted in black & white. (Dark backgrounds do not scan well).
- Digital pictures must be taken with a high resolution for a good quality picture in a .jpg format
- REMEMBER: Pictures represent the quality of the picture submitted.

DATE:	NEWSPAPER MONTH:
NAME:	
PHONE:	DEPARTMENT:
TITLE OF ARTICLE:	
ITEMS TO BE RETURNED: YES or NO	
IF YES, ADDRESS:	

ADVERTISING RATES

Advertising space will be provided to any business, organization or individual at the following rates:

\$100/full page \$75/half page \$50/quarter page \$25/eighth page \$10/business card

All advertisements must be camera ready and cannot be returned. Each advertisement must be paid in full by the deadline date for publishing.

DEADLINES FOR THE YEAR 2015 (Tentative Dates, subject to change): Friday @ 12:00 pm 3rd Qtr—Sept. 18th 4th Qtr—Dec 18th

This schedule will allow us to get the newspaper prepared, edited, and printed and ready for bulk mailing the first week of each month. Articles should be emailed directly to news4plpaper@yahoo.com. If email is not available, mail to the Tribal Secretary address listed below, must be received by the due date.

Thank you for contributing your articles for our Newspaper this past year. Please continue to contribute to our Newspaper and let the community know about your program activities or upcoming events. Please submit by email, when possible, in Microsoft Word or Publisher format.

CONTACT: PYRAMID LAKE PAIUTE TRIBE—NEWSPAPER ADVERTISEMENT

P O Box 256, Nixon, NV 89424-0256 PH: (775) 574-1000; FX: (775) 574-1008

CHANGE OF ADDRESS				
Name:				
Old Mailing:				
New Mailing:				
I confirm that this is my current address:				
Print Name:	_Signature:	_Date:`		



Numuwaetu Nawahana

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