



NUMUWAETU

"Telling the Indian People's News" Pyramid Lake Paiute Tribal Newspaper

NAWAHANA

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2015 | 1st Quarter

Government officials visit Pyramid Lake

Government officials visit Pyramid Lake on September 22, 2015. Lisa Mensah, Undersecretary for Rural Development and Sarah Adler, USDA Rural Development State Director visited the Pyramid Lake Tribe to tour the New Wadsworth Community Center, Tribal Health Clinic and see in person the Pyramid Lake Transit System in service.

Vice Chairman, Alan Mandell gave a warm welcome to our distinguished guest and thanked them for taking the time to see all the new developments that have come to fruition through careful planning and generous funding through the various USDA Rural Development grants and loan programs.

The Wadsworth Community Center kitchen appliances were funded through a Community Facilities loan as well as a USDA grant. A team of representatives converged on the



Community Center at 2:15pm and stayed for a meet and greet with staff and Pyramid Lake officials while touring the facility and checking out the new transit system buses.

Johnnie Garcia, Transportation Planning Department Planner was recognized for his tireless efforts to organize the committee who worked on ensuring the Wadsworth Community Center was built as well as his direct work as Transportation Planner to secure funding and project planning for the new Pyramid Lake Transit System. The Transit System was made possible through funds from the USDA's Community Transportation Association of America (CTAA) funds Federal Transit Administration (FTA) as well as BIA Transportation funds.

Additionally, during this meeting the Undersecretary made a brief presentation to Mark Thompson, Indian Dispute Resolution Services Inc. out of Sacramento announcing



additional Rural Business Development Grant funding for his company to continue his efforts to bring Indian entrepreneurship trainings to Tribes throughout Nevada as well as family literacy services. Several students of the most recent entrepreneurship classes were there to share their experiences with the trainings and give support to Mr. Thompson's continued efforts.

Classes have happened here on the Pyramid Lake Reservation from 2012-2015 and will continue to be part of the continuing education courses facilitated by Della John, Executive Officer of the Pyramid Lake Paiute Tribe.

Overall this special visit was very rewarding and informative.

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DECEMBER 2015 DISTRIBUTION

For All 10/02/15 APPROVED Eligible Members of the Pyramid Lake Paiute Tribe.

CHECK PICK-UP DATES:

- Friday—December 11th
- Saturday—December 12th

TIME: 8:00 am to 4:00 pm

LOCATION: PLPT Tribal Chambers
208 Capitol Hill, Nixon
Nevada

VERIFICATION PROCESS:

1. You **MUST** show a valid ID.
2. Sign for your check

PICKING UP CHECKS FOR FAMILY MEMBERS:

1. Any Tribal member who is unable to pick up their own check, **MUST** call the Tribal Offices by **December 9th** and inform the **Tribal Secretary** of who will be picking up their check.
2. Complete a form designating who will be picking up their check. (Forms available at the Tribal office or call to have one mailed to you) or prepare a signed letter designating who will pickup your check.
3. The designated person **must** have this form or a signed & dated letter with them in order to pick up your check.

ALL UNCOLLECTED CHECKS WILL BE MAILED ON MONDAY, DECEMBER 14, 2015.

Any questions or you need more information, please call the PLPT at 775-574-1000.

DEPARTMENTS

PROGRAM OFFICER

Randall Hunter

Values in decision making

Last issue we talked about the roles people assume when making decisions and how people assume different roles at different times, depending on the situation. Another factor in the decision making process is a person's values. What are values? The Oxford College Dictionary defines Values as "a person's principles of standards of behavior; one's judgement of what is important in life". Your values define your character and are in every aspect of your life, they impact your personal and work behaviors, your decision making processes, your relationships, and the direction you take in life. For instance, one of your values might be *teamwork* so you would find activities or work where you could interact with others. On the other hand, you might value *solitude* so you find activities or work that you could do by yourself. When our activities or decisions do not match our values is when most of us become conflicted or unsatisfied. We can become bored when working alone or doing solitary activities when we actually value teamwork or being around other people.



So it is important to understand which values are important to us and to make decisions based on those values.

"A person's identity and personality is 'held together', you could say, by their values and beliefs. And we know your personal values and decision making are intimately connected. Knowing how to make decisions that satisfy your personal values means that your sense of self is strengthened by every decision. As opposed to making decisions that somehow weaken or fragment who you are."

David Mc Dermott

"We are a continuum. Just as we reach back to our ancestors for our fundamental values, so we, as guardians of that legacy, must reach ahead to our children and their children. And we do so with a sense of sacredness in that reaching."

Paul Tsongas

TAX

Before we know it...tax filing season will be upon us!

The Pyramid Lake Tax Department DOES NOT keep any tax payer information. Be prepared to provide all information that will be requested from you.

Listed below are tips for you to consider:

- Please wait until you have received ALL forms and paperwork before coming in.
- If you receive unemployment, request to have taxes withheld.
- IRS receives copies of all income and they will find out anything you leave out.
- File your return the same way every year, switching how you file sends a red flag to IRS.
- Have your employer withhold at least 10% of your pay, if it's a lower amount you may end up paying. We highly recommend you check with your employer. By increasing your federal tax withholding, you may stop owing taxes year after year.
- Form 8332 must be signed by the custodial parent if you claim a child that is not yours.
- If you claim a child for Head of Household purposes, they must be related to you by blood. You cannot claim your child who is over the age of 24 for Head of Household filing status unless he/she is a student. You can claim the child but not for Head of Household status.

When you come in to do next year's filing you must disclose any action against you or we will not prepare the return for you. You must be able to prove you pay over 50% support for any dependents you claim. We are not allowed to put in information that can't be substantiated. If the IRS keeps all or part of your return, we are not responsible, as the IRS keeps outstanding student loans, child support and any amount owed from previous years which includes any earned income credit that you received and were not entitled to.

Spousal Exemption Cards: The Pyramid Lake Tax Commission has issued a directive that all Pyramid Lake Spouse Exemption Cards contain an expiration date. Letters were sent to all current holders of the cards. If you did not receive a letter, chances are we don't have your current address. If you still have your spouse card please be warned that the card will no longer be valid and may not be accepted by Tribal Enterprises.

Vehicle Exempt Form: The Tax Department staff are the only individuals who can issue tax exempt forms and all data is kept in the Department for protection if questioned by DMV. **Please don't wait until the last minute to request a form; it is your responsibility to get the form before the expiration date.** If the Tax staff is out of the office, the Tribal Secretary or Receptionist can take the information from you and we will process the next day.

The DMV will not accept a tax exempt form by fax, therefore tax exempt forms will not be faxed.

You can call in the information and we will either mail the form to you or hold for pickup. You can still stop by the office for the form and wait for it. The following information is needed:

- ◆ Person(s) the Vehicle is registered to (we cannot make it out in just your spouse's name if they are non-Native)
- ◆ Year, Make and Model of Vehicle
- ◆ License Plate Number
- ◆ Vehicle Identification Number (VIN)
- ◆ Amount of the Government Service Tax
- ◆ Physical Address (form requires physical address on reservation)
- ◆ Mailing Address
- ◆ Tribal Enrollment number
- ◆ If you are a Nevada Tribal Member (not Pyramid Lake) a copy of your Enrollment Card must be on file in the office before we can issue the exemption.
- ◆ The vehicle registration address must match a Reservation address.

Forms: When requesting letters of sales tax exemptions, it may take up to a day or two for letters. With the staff's workload, one day or immediate service cannot be guaranteed. Please plan ahead.

Notary Services:

Tax Department staff provide notarial services for the public. Remember that you must have your ID with you and do not sign the paperwork until you are in the office.



PUBLIC NOTICE

**FISHING,
CAMPING, &
BOATING
REGULATIONS**

Pyramid Lake Paiute Tribe

**Approved:
August 19, 2015**

If you would like a copy of the final approved changes, please contact the Pyramid Lake Tribal Offices
@ (775) 574-1000

NUMAGA SR. CENTER

The Numaga Senior Fun Day was held at the Pyramid Lake Marina and an enjoyable time was had by all. Thank you to all who donated time and prizes. This year we honored two of our eldest Veterans. Special thanks to the Burning Man Organization, Stetson Engineering, Great Basin Land and Water for their generous donations. Also to the State of Nevada who made it possible to have the lunch catered. Cudos to Tribal maintenance who put up the tent, Pyramid Lake Health Center for 14 blankets, Sylvia Davis donated a Pendleton Blanket, donors of gift baskets and the Tribal departments who helped make this an enjoyable day for the seniors. There are so many to thank, your assistance is much appreciated.

AND...

The Numaga Senior Center held a chili dog plate and bake sale on 9-11-15. Thank you to all who donated items for the sale which was a huge success and thanks to our customers.

The Senior Advisory Board has decided that we will have money making activities every month. The monies generated will be used for our Senior Fun Day in June 2016. We also use the funds to assist families of enrolled Pyramid Lake Tribal member seniors upon the member's death. We may also use some of the money to purchase prizes for our major parties.

Another major expense is during Memorial Day as the Senior Advisory Board assembles flower vases to be out on all Veteran's graves in the Nixon and Wadsworth cemeteries. It is imperative that all Pyramid Lake seniors donate when we are having any fund raising activities and to donate prizes when birthday bingo is held which is once a month.

The Senior Advisory Board appreciates those consistent donors. We are only helping one another.

Leona Collins, Chairperson
Numaga Senior Advisory Board



When you rise in the morning, give thanks for the light, for your life, for your strength. Give thanks for your food and for the joy of living.

If you see no reason to give thanks, the fault lies in yourself.

Tecumseh

TRIBAL HISTORIC PRESERVATION OFFICE

Ethnography to evaluate Black Warrior as a Traditional Cultural Property is underway. Pictured are Ben Aleck, cultural resources monitor and ethnographer Ginny Bengston, of Applied Cultural Ecology, who will be interviewing elders and tribal people who have stories about Black Warrior.

Ethnographic study underway on Black Warrior Peak



THPO seeking elders to be interviewed

By Betty Aleck

NIXON--An ethnographic study to have Black Warrior Peak listed in the National Register of Historic Places (NRHP) as a Traditional Cultural Property is underway and ethnographer Ginny Bengston of Applied Cultural Ecology, LLC, and Ben Aleck, cultural resources monitor, are setting up interviews with tribal elders and individuals who may have stories about the peak.

The peak was traditionally used by medicine men and spiritual people who were on a vision quest or who sought traditional medicine.

Ms. Bengston and Mr. Aleck will be asking tribal members about the cultural significance of the peak.

"The interviews will help us to get more details about what people know about the peak. It will aid us in writing the nomination," said Ms. Bengston.

Ben Aleck added, "We'd like to get stories about Black Warrior. We will be contacting people who have stories. These may be stories about legends, cultural significance, prayer offering, about plants they collected, and animals."

According to the NRHP a traditional cultural property is defined as being eligible for inclusion because to its association "with cultural practices or beliefs of a living community that (a) are

rooted in that community's history, and (b) are important in maintaining the continuing cultural identity of the community."

The former NAGPRA committee (currently the Cultural Resources Committee) sought to have Black Warrior Peak evaluated as a TCP in 2005, but due to lack of funding the project it was put on the back burner. During that time committee members were meeting with Bureau of Land Management officials all on their own without compensation which made it difficult to travel.

A year ago when the Tribal Historic Preservation Officer, Betty Aleck, presented the Cultural Resources Committee with a list of project that could be initiated in 2014, Black Warrior Peak was at the top of the list. However, the cost of an ethnographic study was too expensive for the National Parks Service THPO grant, so a funding from the Indian Land Tenure Foundation was pursued. In May 2015, THPO was informed that the PLPT was awarded an ILTF grant.

Funds from the grant will also be used for an archaeological survey of the peak and surrounding areas. The information from the ethnographic study and archaeological survey will be used in the TCP nomination process.

Tribal elders and tribal members who have stories about Black Warrior Peak are encouraged to call Ginny Bengston at 775-560-2908 or Betty Aleck, THPO, at 574-2404.

Wadsworth Community Center

The new Wadsworth Community Center with access road and parking lot was completed last year. The planning committee will continue to pursue funding for the other buildings projected in the conceptual plan. The conceptual plans consist of three other buildings including a gym, a library/learning center and another building.

The planning committee is looking to have a master plan and schematic drawings for the gym in the near future. We have put out a request for proposals for the services of an architect/engineering firm to complete this phase of the design.

Johnnie Garcia
Wadsworth Community Center
Planning Committee

MAINTENANCE

Hi, my name is Alonzo Ruiz, I am the Facilities Manager for Tribal Maintenance. In our department, we employ two custodians, and four maintenance workers. We are responsible for maintaining 18+ tribal buildings, elder requests, and tribal vehicle maintenance. Also as Lake Maintenance, we maintain 23 permanent restrooms, numerous trash receptacles and illegal dump sites (along 60 miles of the lake), and two docks.

Currently we are working on many projects such as daycare/headstart facilities and elder requests. Our biggest project at this time is extending the concrete slabs at the Pelican Docks to accommodate the lake water levels. Thank you for your time and have a nice day.

NATURAL RESOURCES

Environmental Manager:

My name is Mervin Wright Jr. and I was recently hired at the beginning of August as the Environmental Manager. I want to take this time and briefly describe several project and programming of the Department. The many projects that the Department has worked on over the years have been completed and some remain open; which I am currently working on completing those and closing the grant. The programming includes invasive noxious weeds, clean air act compliance, Brownfields (Tribal Response Program), and certain water quality activities. The Tribal Water Quality Program is active with its scope of work, and our effort is to support and assist it.

The Department had been assigned the responsibility of managing the livestock grazing management. Specifically, it had been processing the permitting use of the grazing units for tribal livestock owners. The Department is also responsible for assisting the Tribe with the management of the BLM grazing options; White Hills, Pah Rah and Hardscrabble Canyon. The 2005 Comprehensive Resource Management Plan is our planning guide that is the base reference document that tells the management objectives for range conservation management. It is our intent to continue to work close with the Pyramid Lake Cooperative Cattle Association (PLA) until a time when the PLA can effectively manage the range and grazing responsibilities upon itself with obtaining support from our Department as it may be needed.

Another important function of our Department is to address the invasive weed species on the Pyramid Lake Indian Reservation. This program has been operating for over 10 years and it is surprising how resilient some of these plants can be after the extensive treatment for removal and eradication has been to control and remove them. Our effort will continue as we continue to control these invasive weeds in the Truckee River corridor and in areas where it is problematic and concentrated.

If you have any questions about environmental programming and issues related to tribal environmental systems, please contact our office at (775) 574-0101. Thank you.

WATER RESOURCES

The 2015 Irrigation season is at an end for the Nixon district and the Wadsworth district is still active with a few diversions that still have Acre-feet targets left. I would like to reiterate on the season for 2015, in a conservative effort the department was able to calculate and control the water flowing in the ditch. In the past the ditch would just be 'turned on' with little knowledge of what is actually flowing through as far as CFS (Cubic-Foot per Second) and how much AF (Acre-Foot) is being utilized on any given day. As I would like to call it, the department found a buffer zone that we would like the water level to be at.

For example, you can have roughly thirty-one CFS flowing through the ditch on any day and that calculates out to sixty-one AF that is being used. Now if you let that run over a long duration of time your target AF for the year will expire on a more rapid rate. So getting back to the buffer zone, we've managed to keep under twenty-five CFS (25CFS = 50AF). With that being said the actual buffer zone for the Indian ditch is sixteen to twenty-four CFS that will maintain a longer season as the tribe will have a longer season. In the past this type of control was never used until now. Although, when it happens, we have to go over that limit

Environmental: Air Quality

Air Quality in the Winter Months

Factors that affect air quality are:

- Location – local climate
- Pollutants – pollutants being emitted from sources
- Weather – changes in weather patterns

Different areas are exposed to different weather patterns and different levels of air quality. For example, coastal areas are exposed to consistent winds, which help disperse any pollutants. In inland areas, air pollutants can build up when there is little or no wind.

Weather can have a direct effect on air quality at any given location. For example, wind, air temperature, sunshine, and rain can affect the amount of air pollution present.

- Wind speed, atmospheric turbulence/stability, and mixing depth affect the dispersal and dilution of pollutants.
- Higher air temperatures speed up chemical reactions in the air.
- Sunshine makes some pollutants undergo chemical reactions producing ozone.
- Rain washes out water-soluble pollutants and particulate matter.

Wind Speed

Wind carries air pollutants away from their source causing them to disperse. The higher the wind speed, the more contaminants are dispersed and the lower their concentration. However, high wind can also generate dust – an issue in dry windy rural areas such as here on the Pyramid Lake Indian Reservation.

Atmospheric Turbulence/Stability

As the ground heats during the day the air becomes more turbulent. Air turbulences cause polluted air to disperse as it moves away from its

source.

In contrast, stable conditions often occur at night when the air is cooler. Air contaminants released in urban areas at night, such as from fireplaces, are not easily dispersed causing localized air pollution.

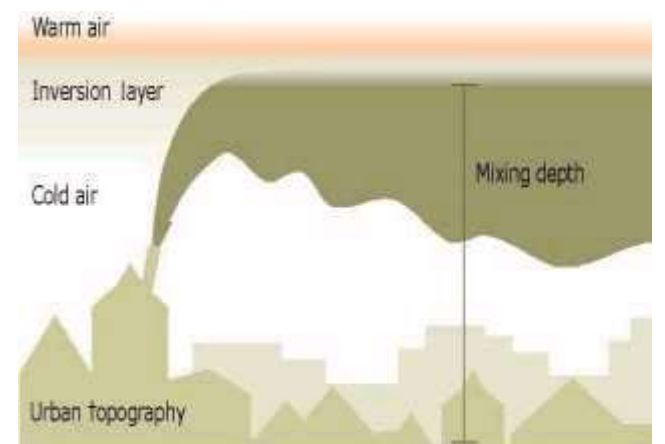
Inversion layers

Air usually cools with increasing height in the atmosphere. However, sometimes an upper air layer is warmer than the lower one. This is called an inversion.

Inversions are important because the upper warmer layer acts like a lid. The inversion layer traps air contaminants underneath. Inversion layers are usually dispersed by wind or by warm air rising as the ground heats up, but if the inversion layer stays in place for a long time pollutants can build up to high levels.

The diagram below shows an inversion layer trapping smoke from a home fire. Air contaminants build up when inversion layers form close to the ground (mixing depth). Inversion layers trap air contaminants which can cause health and nuisance effects.

-Tanda Roberts, Air Quality Specialist



Winter inversion layer trapping smoke from home fires

when the time calls for a higher release of water.

The construction project for the Indian ditch (Nixon) concrete lining is still on as the funding is good for three years. A few minor adjustments were made to the engineering plans as some of the O&M areas still need to be addressed were included into the scope of work. The department wants to ensure the funding available is enough to construct the entire project to benefit all the Nixon ditch users. We are planning & preparing for the project success.

NATURAL RESOURCES (CON'T)

Environmental: Water Quality

Truckee River Bioassessments

The Truckee River and Pyramid Lake are important cultural resources to the Pyramid Lake Paiute Tribe (PLPT) and are essential to the Tribe's economy. With upstream metropolitan areas growing at an exponential rate, concerns of impacts from water pollution stemming from upstream are also increasing.

Each August, the PLPT's Water Quality Program heads out to the lower Truckee River to conduct assessments on the biological health of the system. Known as *Bioassessments*, the surveys detect impairments on aquatic life from stressors such as pollution, sediment, and habitat alteration. Tracking these changes can help the Tribe understand the biological integrity of the river system, as well as track changes in water quality over time and help determine management changes.

The PLPT Water Quality Program monitors 10 sites along the lower Truckee River for the annual bioassessments. New for this year, the program has added two additional monitoring locations, one upstream of the S-S Ranch and the other adjacent to the Paiute Pit gravel

extraction facility, due to the large spatial gaps between the preexisting sites. Throughout four days, the Water Quality Program collected data on temperature, dissolved oxygen, pH, specific conductivity, total dissolved solids, turbidity, nutrients, and macroinvertebrates. See the table below for an in-depth look at each water quality parameter.

Monitoring the lower Truckee River has never been more important than this year, as a result of severe drought. During the assessments, the Water Quality Program observed extreme low-flow conditions, resulting in higher water temperatures, lower dissolved oxygen, and increased concentrations of nutrients and total dissolved solids. Surprisingly, preliminary findings of the macroinvertebrates collected at the monitoring sites, indicate a healthy river system, despite the dismal conditions.

If you are interested in participating in next year's bioassessments, or are interested in any other water quality monitoring activities, please contact Kameron Morgan, Water Quality Standards Specialist, at (775) 574-0101 ext. 19, or at kmorgan@plpt.nsn.us.



Brian Wadsworth, Allison McDade, Jeremiah Sampson, and Brandon Brady-Martinez make their way downstream during the 2015 Truckee River Bioassessments.



Looking upstream near Wadsworth, NV on August 19, 2015.

Parameter	Definition	Importance
Temperature	Measure of heat.	Temperature determines the kinds of organisms that can live in the water.
Dissolved Oxygen	The amount of oxygen present in water.	Dissolved oxygen is needed by aquatic species to breathe.
pH	The measure of how acidic or basic the water is; ranging from 0 (acidic) to 14 (basic). 7 is neutral (water).	Determines the solubility and biological availability of chemical constituents such as nutrients and heavy metals.
Conductivity	Ability for water to carry out the flow of an electrical current.	Pure water consists of water molecules, but pure water isn't found in nature. Water contains dissolved particles, which conduct electricity. Discharges to streams can change the conductivity depending on the discharge's makeup.
Total Dissolved Solids	Measure of inorganic and organic substances dissolved in water. Particles so small that they pass through a fine-practical filter.	Used as an indication of aesthetic characteristic of water and indicator of the presence of broad array of chemical contaminants.
Turbidity	Measure of which water loses its transparency due to the presence of suspended particles. The murkier water appears, the higher the turbidity.	High turbidity increases water temperature, reduces sunlight reaching aquatic plants, clogs gills of fish, and blankets bottom of river and lake with sediment.
Nutrients	Nutrients such as nitrogen and phosphorus, which are essential for plant growth and nourishment.	Overabundance of certain nutrients can cause adverse effects on the river and lake.
Macro-invertebrates	Bugs that live in water that can see by the human naked eye.	Can tell us a lot about water quality. Certain types of bugs can tolerate different stream conditions and levels of pollution. Bugs are an important part of the food chain.



Kameron Morgan, Water Quality Standards Specialist, and Dan Mosely, former Environmental Department Director, conduct habitat assessments near Marble Bluff Dam on August 17, 2015.

UNR's Young Leaders Exchange Program

Hello Everyone,

Brandon Brady here again, I hope everyone enjoyed their summer this year. We have been quite busy here in the Water Quality Department. Recently we have had the privilege of working with the Cultural Center and UNR's Young Leaders Exchange Program. This is a program where students from different countries study for the summer in the United States, visiting different states, learn about different cultures and what issues they may face in society today. The students stayed in many states across the U.S., from Virginia to California and Northern Nevada happened to be one of their stops. They were able to enjoy what Reno and the surrounding areas offered for 2 weeks by visiting different communities while also being hosted by Northern Nevada families. One such community they

visited was our own Nixon and Pyramid Lake. We met them at the Cultural Center where

they were able to look at our Tribe's History and how our ancestors lived in the areas surrounding our Lake. We met students from Algeria and Iraq; let me tell you, they were great kids! They were interested in how our Tribe has dealt with many environmental issues throughout the years and how our culture is trying to survive in today's society.

After explaining how the Tribe has dealt with the many issues it has faced, we were able to ask questions and learn from the students themselves. It was an experience I will not forget anytime soon.

If you have any questions or are curious to see what we are doing in the Water Quality Department, feel free to contact me at

775-574-0101 ext. 11 or brady-martinez@plpt.nsn.us



NATURAL RESOURCES (CON'T)

Recreational Water Safety: Harmful Algae Blooms



Frequently Asked Questions

What is an algae bloom?

Algae are microscopic organisms that grow naturally in oceans and fresh waters. Under certain conditions, some algae can grow to become a large visible mass called a bloom.

What are HABs?

Most algal blooms are not harmful; however, some types of algae can be dangerous and these types are called Harmful Algae Blooms (HABs). Although the name says algae, blue-green algae are actually a type of harmful bacteria called cyanobacteria. HABs are algae blooms that produce toxins which can cause health risks to humans, pets, fish, birds and other animals.

What does an algae bloom look like?

Algae blooms appear as thick foam or scum on the surface of the water. They may be bright green, blue-green, white or brown in color. Unfortunately, whether an algae bloom is toxic cannot be determined visibly. If you encounter areas of thick algae, take precaution by avoiding water contact and keeping away from the water.

What are the risks associated with exposure to HABs?

Skin irritation or rash is the most commonly reported health effect. Other symptoms range from diarrhea, cramps, and vomiting to

fainting, numbness, dizziness, tingling, and paralysis. The most severe reactions occur when large amounts of water are swallowed.

How can I protect myself when I am recreating at a place where a bloom is present?

Stay out of the affected water. Keep children and pets away. Never drink or cook with the affected water. If you come in contact with the affected water, wash yourself thoroughly with a source of water that is known to be safe.

Can I treat algae-affected water to make it safe?

No. Personal water filtration devices purchased in outdoor recreational stores have not been proven to be effective, and boiling water will not remove the toxins.

Is it safe to eat fish exposed to algae blooms?

Fish caught in affected waters pose an unknown health risk. To avoid the possible health risk, do not eat fish caught in affected waters.

Can HABs Affect Animals?

Animals such as dogs, cats, birds, and livestock exposed to HABs may exhibit symptoms and conditions such as:

- ▶ Weakness
- ▶ Staggering
- ▶ Difficulty breathing
- ▶ Liver poisoning
- ▶ Convulsions

If your pet comes into contact with HABs consult a veterinarian right away.

Reporting HABs

To report HABs or a related illness, please contact your local public health authority.

Carson City Health and Human Services Carson City, Lyon County, and Douglas County Residents

Phone: (775) 887-2190



Southern Nevada Health District
Clark County Residents
Phone: (775) 759-0588

Washoe County Health District
Washoe County Residents
Phone: (775) 328-2434

Rural Community Health Services
Residents of Remaining Counties
Phone: (775) 687-5162

Indian Health Services Office of Environmental Health and Engineering
Residents on Tribal Lands
Phone: (775) 784-5327

Contact

For additional information on this publication, contact the Office of Public Health Information and Epidemiology at 775-684-5967

References

Center for Disease Control and Prevention, *Harmful Algal Blooms (HABs)*. (2012, July 24). Retrieved July 10, 2014 from <http://www.cdc.gov/nceh/hsb/hab/default.htm>

Special thanks to the Oregon Health Authority and the Idaho Department of Health and Welfare for providing information and photos.

Funding

This brochure was supported by CDC Cooperative Agreement Number: 3U50CI000900-02S2. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention.

Environmental: Brownsfields Tribal Response Program

-La Reina Jim

Hello all, I have some great news for the Pyramid Lake Brownsfields Tribal Response Program. We received notice that we will be getting funding for the Brownsfields Program for next year! More money means we will be able to continue to address the Brownfield sites within the Pyramid Lake Paiute Reservation.

What are Brownsfields?

"Brownsfields are real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of a hazardous substance, pollutant, or contaminant"



-U.S. Environmental Protection Agency

Along with the great news, I would like to encourage community members to attend the public meetings held each quarter and as needed.

PLPT Brownsfields Tribal Response Program Quarterly Meeting Schedule:

- ◆ 1st Quarter-December 19, 2015
- ◆ 2nd Quarter-March 26, 2016
- ◆ 3rd Quarter-June 25, 2016
- ◆ 4th Quarter-September 24, 2016



COMMUNITY LIBRARY HOURS

SUNDAY	1:00 PM-5:00 PM
MONDAY	1:00 PM-5:00 PM
TUESDAY	10:00 AM-12:00 PM
WEDNESDAY	10:00AM-12:00PM

Located in modular 102
next to Nixon gym.

- ▶ COMPUTER AND PRINTER USE
- ▶ BOOKS AND MAGAZINES
- ▶ T.V. AND DVDS
- ▶ CHILDRENS READING AREA



For questions contact Librarian at
(775) 574-0301

TRANSPORTATION PLANNING

The Tribal Transportation Planning office is working closely with the Tribal government and Administrative staff to ensure that projects are related to our mission of building and improving the transportation systems on the Pyramid Lake Reservation. We are committed to our goal of creating projects and programs that enhance our scenic by-ways as well as create jobs and economic development opportunities with safety as a priority for all citizens of Pyramid Lake.

Here is a brief update on some of the ongoing projects we have in the works right now and some of the features they will have that meet the mission of our program

Pelican Point Project

The Pelican Point project has moved out of the planning phase into construction since early 2014. Due to weather conditions late in the year 2014 the project construction phase was delayed. In June of 2015 construction has gone back into production and to date the project is projected to be completed by September 30, 2015. The Pelican Point Project was funded by the Federal Highway Administration under a Transportation Income Generating Economic Recovery or TIGER grant award coupled with Tribal BIA Transportation grant shares set aside for the Pyramid Lake Tribe. Over the course of the project many transportation related jobs were created and filled by our tribal members and in-direct funding from the grant for administrative costs were generated for the Tribal administration.

The creation of a parking area and RV parking spaces as well as day use parking for the user of our lake has opened the main Pelican Point Beach to swimming, picnicking, fishing and other water sports for more users while removing the potential for hazardous waste left behind by motor vehicles parking on the beach. The completion of this project will protect the lake waters as well as the beaches while promoting a more controlled and safer environment for our guests who frequent this beach.

Wadsworth By-Pass Road

The Wadsworth By-Pass Road project is still in the works. The department has been working with the Nevada Department of Transportation and Summit Engineering to complete the final draft of the Plans for the project in anticipation of funding from the 2016 TIGER grant funds. The TIGER grant funds are highly competitive and will be our biggest pool of funding to take us into the construction phase. Our grants and Contracts department in partnership with our Transportation Planner worked diligently to get the grant application written and submitted and now are awaiting the results of their efforts. The awards for this funding are not announced until late in the year however, if awarded the department will be ready to move into the construction phase.

Tribal Transportation Safety Plan

The Tribal Transportation Safety Plan is in the final phases of completion. The Transportation Safety Plan will be a comprehensive document which will map out the assets and challenges with our transportation systems on the Pyramid Lake Reservation. From the plan we hope to zero in on the areas of improvement that need to happen and who we will need to partner with to complete our mission.

Wadsworth Community Center Parking Area and Access Road Project (Phase II)

PHASE I of this project is PLIR 102 (2) was to widen/pave and drain the access road & pave the parking lot area with concrete sidewalks included, in the recently constructed community center area. This project was completed and after final inspection, was accepted.

PHASE II of this project is to pave, drain and install underground utilities for an additional parking area adjacent to the recently completed PLIR 102(1). This parking area will be for a new building planned to be constructed at the development site. Plans, Specifications and Estimates (PS&E'S) will be developed for this project. We will soon put our Request for Proposals (RFP's) for the

design of this project.

The drainage area for the community center complex is planned to be west of the new community center building. We ask that this area be kept free from dumping any type of material in the future because it is needed for the retention basin to drain water from the projected building complex.

Tribal Bike Path Project

The Tribe has approved a bike path project, to improve approximately 11 miles following the old railroad bed from Popcorn to Sutcliffe. We have a preliminary map of this area approved and will start the new project with advertising for a consultant to design the bike path in the near future. This project will consist of the Plans, Specifications and Estimates (PS&E'S) for right of way, environmental clearance.

Pyramid Tribal Transit Service

The Tribal Transit system is on the move! The numbers of users has steadily increased over the last four months (see below graph). The department staff did a great job of navigating through the Burning Man Traffic to get our riders to and from their destinations safely. The Drop off point in Sparks also went without a hitch with the added event of the Rib Cook-off on Victorian square. The Department has worked hard to ensure that their goal of providing great customer service and a safe ride to and from your destination is met.

Adults	Children 6+	Elders	D/H	Total
931	142	42	1	1116

2015 YTD Total Riders



PELICAN POINT PROJECT UNDER CONSTRUCTION



PARKS AND RECREATION

With the change of weather we are coming into a new season. School has started and students are settling into their school routines. The Parks and Recreation Department is looking forward to the upcoming Youth Basketball Season, UNITY Group for Teens and Fall Break in October.

Sign Ups for Youth Basketball Practice Times for Coaches will be held in the middle of October. Also sign up for Adult Volleyball and Adult Basketball Open Gym will also be held in the middle of October. Persons signing up as the responsible party will need to adhere to the gym guidelines. Please contact Parks and Recreation for more information at 775/384-4350.

Summer Day Camp was held for all students in Grades Kindergarten through 6th Grade in the month of July. Approximately 65 students participated throughout the summer. The Parks and Recreation staff would like to thank the following programs for their participation and contributions:

- JOM Program
- Pyramid Lake High School
- Pyramid Lake Health Clinic
- Pyramid Lake Diabetes Program

- Pyramid Lake Sumunumu Program
- Pyramid Lake Housing Authority
- Pyramid Lake Environmental Program
- Pyramid Lake Environmental Youth Interns
- Grass Roots Group
- Mr. and Mrs. Marsden
- Pyramid Lake Day Care Program
- Truckee Meadows Boys and Girls Club

Programs that participated brought many fun activities to the students by the way of enrichment



activities. We worked alongside the Environmental Interns planting in the hoop houses and worked on environmental lessons. The Diabetes Program taught wellness lessons and worked with students in physical activities. The Sumunumu Program worked with the students on art and bullying lessons. The Housing Authority worked with the students on fire safety. JOM Program worked with cultural activities and lessons throughout the summer. Grass Roots worked on art activities as well as provided lessons. Special thanks to Pyramid Lake High School for providing transportation, the Health Clinic for providing a Yoga Instructor, yoga mats and water, The Environmental program provided t-shirts, Truckee Meadows Boys and Girls Club provided lunch for both the Day Campers and both Daycare programs, Mr. and Mrs. Marsden bought backpacks and school supplies for all the students that attended! Thanks to all and those we may have missed! We had a great summer!

For questions or concerns please feel free to contact the Janet Davis, Coordinator at jddavis@plpt.nsn.us or by calling 775-384-4350. We welcome any suggestions for programming activities or invite all volunteers! Thank you for your continue support of the program!



Dear WCSD Parents, Community Leaders, and Education Advocates,

We have very exciting news about our school district and the graduation data from the Class of 2015 – a new record with the highest graduation rate in District history, as 75 percent of students earned their diplomas. In all, 3,467 students crossed the graduation stage to receive their diplomas.

The latest graduation data shows the District continues to make progress in narrowing achievement gaps among most student groups since 2012, including:

- Graduation rates for our Black/African-American students rose 24 percentage points, from 42 percent to 66 percent.
- Graduation rates for our Latino/Hispanic students rose 14 percentage points, from 53 percent to 67 percent.
- Graduation rates for our Children in Transition rose 16 percentage points, from 37 percent to 53 percent.
- Graduation rates for our children living in poverty rose 12 percentage points, from 53 percent to 65 percent.
- Graduation rates for our Native American/American Indian students rose four percentage points over 2014.
- Graduation rates for students enrolled in special education classes rose two percentage points over 2014.
- All comprehensive high schools now have graduation rates higher than 70 percent, and most schools are posting graduation rates higher than 80 percent.

It's important to remember that each of the students behind these statistics has

a story to tell, and their stories will be more positive because they have their diplomas in hand. Over the past year, we have worked to further narrow achievement gaps for our Native American/American Indian students, and students who are enrolled in special education classes. It takes time to make meaningful changes, and I am confident that those changes are underway and that we are making a real difference for these students.

We are also excited to announce that Rhonda Knight, a member of the Lovelock Paiute Tribe, is our new Indian Education Specialist. Rhonda is Paiute and Navajo, a mother of a high school senior in the class of 2016, and her husband is also an employee of WCSD. Rhonda brings vast experience working with Children in Transition, the Re-Engagement Center, and as a classroom teacher. Her goal is to strengthen the relationship between families and schools, while increasing the academic success and graduation rates of students. She will be working under the Equity and Diversity Department and collaborating with the Office of Communications and Community Engagement.

With appreciation for everything you do.

John Mayer,
President, WCSD Board of Trustees

Traci Davis
WCSD Superintendent

425 East Ninth Street
P.O. Box 30425 | Reno, NV 89520-3425
Phone (775) 348-0200 | (775) 348-0304
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Board of Trustees:
John Mayer, President * Angela Taylor, Vice President * Barbara McLaury, Clerk * Veronica Frenkel * Howard Rosenberg * Lisa Ruggerio * Nick Smith * Traci Davis, Superintendent

Enrollment Services

The Office of Enrollment Services is open Monday through Friday during normal work hours closing for lunch between 12:00 and 12:30pm. Please call ahead of time to ensure that staff is available to process your requests.

- **Address Updates:** All enrolled members are encouraged to keep their mailing addresses current with the Enrollment Office.
- **Tribal ID Cards/Roll Numbers:** All tribal members are urged to keep their membership card with them at all times and to know their roll number. It is also recommended that a list of your children's roll number be kept. *Roll numbers cannot be verified over the phone.*
- **Enrollment Services forms now available online:**
 - Card Replacement Request Form
 - Document Request Form
 - Enrolled Member Address Update Form
 - Name Change Request Form

Please be sure to sign and date the form before mailing to the Enrollment Office.
- **Applications:** Applications for new enrollment are available in the Enrollment office for pick up or can be mailed to you. We are currently working to make the application online.

Approvals

We welcome the following new members of the Tribe:

New Members July:

Khloe Jean Fasthorse, Adrian Raymond Still, Angel James Still, Anthony Michael Hunter Still, Isabel Shara Tobey.

New Members August:

Isis Cristal Castellon, Hailee Jillian Joeleen Cook, Zephaniah David William Cook, Gage Morrison Meek, Skylee Jane Meek, Matthew Lee Ratekin, Michael Karl Tobey.

New Members September:

Anthony J'Shaun Guerrero, Harley Matthew Houston, Ayanna Rose Hunter, Liam James Harrison, Avana Rae Harvey, Layton Steven Kindrick, Anthony George Lara Jr., Kilo Tyson New Moon, Shiah Star New Moon, Sylus Ponca New Moon, Brook Lil'Hawk Poleviyuma, Andrew Jordan Luis Scott-Leon, Riley Pearl Smith, Ryan Joseph Smith, Demetra Marie West, Brayden Tyler John Wiggins, Connor Alexander Wiggins.

All of these individuals have met the criteria for Regular Membership or Adoptive Membership and are the direct lineal descendants of Base Enrollees.

If there are any questions or concerns regarding membership issues, please call the Enrollment Office at 775.574.1000, Ext. 1115, or email: pl enrollment@plpt.nsn.us

On behalf of the Enrollment Committee and staff, we wish our tribal membership a safe and happy Holiday Season.

PYRAMID LAKE SOCIAL SERVICES

ELDER CARE By Paula J Wright, Associate

PYRAMID LAKE TRIBAL ELDERS EMERGENCY ASSISTANCE FUND

Limited resources present troublesome worries of how to repair or replace home necessities and/or worry over how to pay for utility bills. The Pyramid Lake Paiute Tribe can assist for those emergencies one time per calendar year. The purpose of this fund is to assist elders with costs associated with unforeseen health or safety home repair which would result in the elder being without the necessities needed to maintain a healthy home environment for life quality.

Pyramid Lake Paiute elders who are eligible for assistance must be 60 years of age or older and residing on the Pyramid Lake Indian Reservation. Each applicant must apply for assistance from other service providers like the Red Cross, USDA Commodity Food Program, Housing Authority, and Nevada State Aging and Disabilities Services Division. Pyramid Lake Social Services can assist with the ADSD resource to make referral for services. Above all, the elder's family will be presented with the need.

To qualify for this assistance, elders must complete an application which certifies they have exhausted all other avenues of assistance available to them.

The completed Elders Emergency Assistance Application is received by the Tribal Secretary, the individual's tribal enrollment and physical address is verified. The applicant (or designee) will submit the completed application, sign, and attach cost estimates. It is recommended to provide three cost estimates. After verification and needs assessment is complete to ensure all eligibility requirements are met, the Tribal Council Secretary will provide the application to the Tribal Council for action at the next scheduled meeting. If the next meeting is beyond 48 hours of receiving the application, the Tribal Secretary will conduct a Council poll of all Council Members for approval. Applicants will be notified by mail within five days of the Council's decision regarding the outcome of the request.

If the application is approved for assistance, the Tribal Secretary will submit a requisition for payment to the Tribal Finance Department for processing in the approved amount. Depending upon on the amount of cost, the Tribe will pay from 50% to 100% of the repair cost or home enhancement. The Tribe will not pay for items purchased prior to approve of this request.

The Pyramid Lake Paiute Tribe will pay 100% of the cost from \$1 to \$300; 75% of the cost from \$301 to \$500; and 50% of the costs over \$500.

An annual allocation of funds will be approved by the Pyramid Lake Paiute Tribal Council for this program. The fund will be processed by the Tribal Administration. All payments through this program will be issued directly to the vendor.

The Pyramid Lake Tribal Elders Emergency Assistance Fund applications are available in the Tribal Office lobby and in the Social Services office.

PROVIDING A NEW ELDER SERVICE:

Case Management

The Pyramid Lake Social Services received a grant award from the Nevada Aging and Disability Service Division this year to provide additional services to the elderly population on the Pyramid Lake Reservation for case management. The Nevada Aging and Disabilities Service Division will aid the Elder Associate Coordinator in training to refer clients for formal and informal supports according to a service plan.

Based upon person-centered assistance, either in the form of access or care coordination in circumstances where the older person is experiencing diminished quality of life may be improved through the provision of services. Activities in case management include discussion with the client to determine his or her desires and priorities for quality of life, which are used to determine outcome goals for a service plan they develop together to overcome barriers. The case manager will assist with the service plan development, identify options and providers, and follows up with reassessment as required.

Eligible clients are individuals who are sixty (60) years or older who have functional impairments that are barriers to achieving desirable and priorities for a satisfactory quality of life. Barriers are difficulties in Activities of Daily Living (i.e., eating, transferring, ambulating, dressing, bathing, etc.) and Instrumental Activities of Daily Living (i.e., meal preparation, housekeeping, doing laundry, shopping, medication management, using the telephone, accessing transportation, and financial management).

A requirement of the Elder Associate Coordinator is to follow a written screening procedure used to access the appropriateness of the client referrals for



the case management program. The case manager must act as an advocate on behalf of the client and client's family with agencies and service providers.

There are three details that clearly indicate what the case manager will not perform. This staff shall visit clients during regular business hours. Staff shall not operate as the client's legal guardian or executor; and staff shall not investigate suspected elder abuse, but must refer suspected abuse to the appropriate agency within 24 hours.

The Pyramid Lake Social Services was awarded funds through the Older Americans Act, Titles III-B, III-C, III, and III -D, are required to meet all standards and requirements established in the Older Americans Act, subsequent Amendments and Regulations.

The Elder Associate Coordinator position within the Pyramid Lake Social Services position will close on September 28, 2015 at 4:30 p.m.

ABUSE AND NEGLECT

The need for intervention in Indian Country



"Elder abuse continues to grow as a national public concern. Because there are numerous methods of sampling and surveying and several definitions of abuse, the best estimates of elder abuse report that between one to two million elders over the age of 65 have been mistreated by someone upon whom they depend for care or protection. Little is known, however, about the abuse of elders in minority populations.

Silence In The Indian Community

"Mistreatment of an elder might be contrary to the role expectations of a tribal member and could often go unsaid. Elders are valued in American Indian communities and are seen as bodies of wisdom and knowledge. To mistreat an elder would be considered acting against tribal expectations and disrespecting the culture. The elders may also feel deserving of mistreatment because they are not meeting their role expectations as an elder or family member and would become reluctant to mention anything to health care provider, friend, or family member. Reluctance to admit to any abuse or mistreatment by elders could also be caused by the fear of causing

(Continued on page 11)

(Continued from page 10-Social Services)

harm to their caretaker, normally a family member. In an attempt to protect and respect their caretaker or family member, the elders would remain silent.”

(Anisko, B. 2009. Elder Abuse in American Indian Communities. *American Indian Culture and Research Journal*. 33:3. p. 43-51.)

END THE CYCLE. BREAK THE SILENCE.

According to the National Adult Protective Services Resource Center:

- ▶ Elder Abuse is common, lethal, and

expensive.

- ▶ Victims and families lose lifetime savings, often almost overnight, and may suffer physical and other types of abuse related to exploitation.
- ▶ Financial institutions lose significant amounts in deposits; money which is seldom recovered.
- ▶ Abuse seniors are three times more likely to die prematurely.
- ▶ Elder abuse victims are four times likely to go into a nursing home.
- ▶ Elder abuse is vastly underreported. Only one in 23.5 cases reported to any agency; for financial abuse only one in 44 cases are reported, and for neglect it is one in 57.

- ▶ 90% of abusers are family members or trusted others.
- ▶ Over 95% of seniors live in the community and not in facilities.

(United States Dept. of Interior, BIA. July 2013. *Adult Protective Services Handbook: A guide for protecting vulnerable adult and elder Indians from abuse, neglect, and exploitation.* p.7.)

If you suspect vulnerable adult or elder abuse, neglect, or financial exploitation, report to the local law enforcement agency or to Pyramid Lake Social Services. Be prepared to document the incident. Report within 24 hours.

WELCOME HOME Margeline and Ramona Jim.

Our beloved elders returned home from Needles, California on September 1, 2015.

They make their home in Nixon.

Pyramid Lake Jr/Sr High School

Laker Nation! Welcome Back to another school year. So far we are off to a great start! This year we have upped the rigor of our academic offerings, including students who are seeking college credit through a partnership with Western Nevada College. We have also revamped our science curriculum with a physics first approach and added classes such as chemistry and anatomy. Most of our students are participating in athletic and extracurricular activities. Our Athletic teams are doing great, we invite the whole community out to support the Lakers.

Did you know?

- Because Laker students have a longer school day (7:30-3:30), Laker students attend school for as many hours per year as the students who attend school in neighboring school districts. And because there is no school on Friday, instruction is not lost when students travel for athletics, cultural, or school events.
- So far in the 2015-2016 school year Pyramid Lake has a 98% attendance rate among every grade level.
- Pyramid Lake High School has 6 students currently attending Western Nevada College earning dual college credit, with 4 junior students working toward a college degree.
- Our cultural dance troupe performs all over Northern Nevada and has attended Gathering of Nations the last two school years.
- Our High School graduation

rate the last 4 years hovers around the 90% mark, an outstanding accomplishment, especially when compared with the 40-50% Native Graduation Rate in neighboring school districts. Statistically speaking we graduate 9 out of every 10 students every year, starting a school career with Pyramid Lake provides Native Students a much higher statistical chance of graduating.

We want to know!!

We want to be your school of choice! What can Pyramid Lake High School do to be your school of choice?

We want to be of service to the community! What services or programs would you like to see offered to the community at Pyramid Lake High School? Please contact us to give us your feedback!

Make sure to check out our website at www.plhs.us for all the latest information! Also join us on facebook! Stay tuned for upcoming community events!

As always if there is anything I or the Pyramid Lake staff can do to support your students please contact us and let us know. Our number is 775-574-1016. My email is chapins@plhs.us.

Sincerely,
Jake Chapin
Principal Pyramid Lake Jr/Sr High School

HR Section – Recruitment / Employment Position / Categories / Risk Factors

The Pyramid Lake Paiute Tribe requires high standards of integrity and trust so that the interest of the Tribal member is promoted.

Public Law 101-630 requires that positions involving regular contact or control over Indian children are subject to character investigations.

The Background Investigation Program has been established to reduce the potential for abuse of the public trust, to ensure uniformity and fairness for all individuals that are required to have a background investigation and to determine suitability for employment.

The Tribe has established three risk factors and have assigned one of them to each position; Low Risk, Moderate Risk and High Risk. Each position has been reviewed and depending on the potential for impact on the integrity and efficiency of the Tribe or the amount of the program responsibility that position has for that department.

For example, a potential employee may have something in his/her past that would prohibit them from holding a position which has been designated as Moderate Risk, but would be able to hold a position that has been designated Low Risk. The same would be for a High Risk position, a potential employee may not qualify to hold that position, but may qualify for a Moderate Risk or only a Low Risk position and thus would be allowed to apply for one of those positions.

In most cases, a potential employee that may not currently be able to hold a position which has been designated as Moderate or High Risk may in fact be able to hold that position after 36 months. Issues can be downgraded [Converted] due to recency. Downgraded is based on the premise that the less recent the issue, the less serious the concern. Downgrading, hence, reduces the potential for disqualification because of presumed rehabilitation over time.

REMINDER:

Minimum Qualifications to work for the Tribe are: Must possess a valid Nevada Driver's License and be insurable under the Tribe's vehicle insurance policy.

Favorably pass a background investigation to meet risk designation of position selected.

Required Education: High school graduate or GED and additional education and certification relevant to the position applied for.

www.plphumanresources.org

Victim Services Program

New Hours – New Services

775-575-9444

Regular office hours:

Monday – Saturday: 8:00am – 4:30pm

New services and times: see table —>

Statistics:

- ▶ According to PLPT Enrollment, there are a total of 2,561 PLPT Tribal Members: 1,313 females; and 1,248 males.
- ▶ Almost 1 in 2 Native women (657) will experience physical violence and/or stalking by an intimate partner in their lifetime.
- ▶ Statistically, 1 out of 3 females (438) will be sexually assaulted during their lifetime.
- ▶ 34% of women (447) will be raped sometime during their life.
- ▶ 7% of men (88) will experience domestic violence by their partner.

Upcoming Event:

October is Domestic Violence Awareness Month: SAVE THE DATE: October 8, 2015

Victim Services Program will be providing a community awareness event.

Donations:

All old cell phones have the capability of calling 911. We use old cell phones as part of the victim's safety plan. If you have any old cell phones lying around and you would like to get rid of them, please contact us.

Many of our participants leave behind their personal belongings, household items in order to escape from an abusive relationship. If you have any gently used household items, clothing, etc., please

Date	Time	Event
First Wednesday of every month:	5:00 – 6:30pm	Craft Night
Third Wednesday of every month:	4:30 – 6:30pm	Victim Services is open till 6:30pm for counseling (please call for an appointment)
Fourth Wednesday of every month:	5:00 – 6:00pm	Educational workshops on how to help a sexual assault victim
First & third Saturday of every month:	10:00 – 11:00am	Victim of Crime Support Group
Second & Fourth Saturday of every month	3:00 – 4:00pm	Healing through Art
Every Saturday	1:00 – 2:00pm	Women's Educational Support Group

contact us. Donations may be used as a tax write off.

Intimate Partner Violence:

Historically called "domestic violence," "intimate partner violence" describes physical, sexual, or psychological harm by a current or former intimate partner or spouse. This type of violence can occur among heterosexual or same-sex couples.

Violence by an intimate partner is linked to both immediate and long-term health, social, and economic consequences. Factors at all levels — individual, relationship, community, and societal — contribute to intimate partner violence. Preventing intimate partner violence requires reaching a clear understanding of those factors, coordinating resources, and fostering and initiating change in individuals, families, and society.

Types of Intimate Partner Violence

- **Physical violence** is the intentional use of physical force (e.g., shoving, choking, shaking, slapping, punching, burning, or use of a weapon, restraints, or one's size and strength against another person) with the potential for causing

death, disability, injury, or physical harm.

- **Sexual violence** can be divided into three categories: (1) the use of physical force to compel a person to engage in a sexual act unwillingly, whether or not the act is completed; (2) an attempted or completed sexual act involving a person who, because of illness, disability, or the influence of alcohol or other drugs, or because of intimidation or pressure, is unable to understand the nature or condition of the act, decline participation, or communicate unwillingness to engage in the act; and (3) abusive sexual contact.

- **Threats of physical or sexual violence** communicate the intent to cause death, disability, injury, or physical harm through the use of words, gestures, or weapons.

- **Psychological/emotional violence** traumatizes the victim by acts, threats of acts, or coercive tactics (e.g., humiliating the victim, controlling what the victim can and cannot do, withholding information, isolating the victim from friends and family, denying access to money or other basic resources). In most cases, emotional violence has been preceded by acts or threats of physical or sexual violence.

WHY LEARN ABOUT TRIBAL COMMUNITY POLICING?

Most Native people practiced a kind of community policing long before there was a word for it. In many traditional societies, **everyone was invested** in making sure their people stayed safe and healthy, but certain tribal members took **responsibility** for ensuring that everyone followed the tribe's laws.

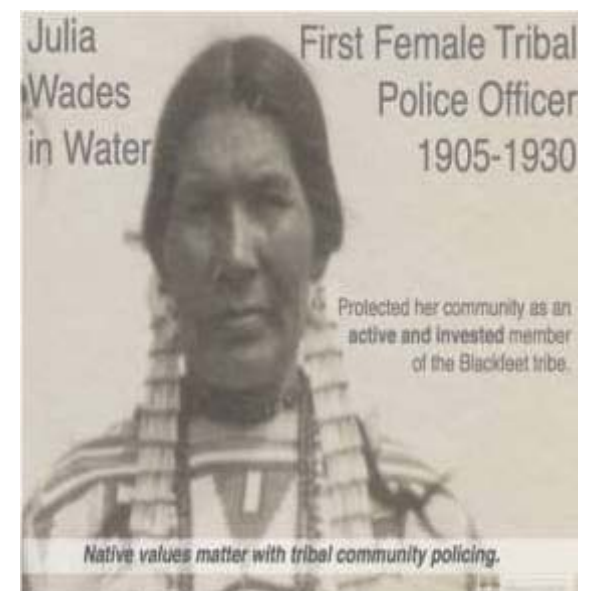
Today, tribal community policing is more complex, but **Native values still matter** when finding ways to work as a community to solve **complex and troubling** issues that threaten our health and safety. ICTI's new training and technical assistance site offers a wealth of resources for tribal law

enforcement as well as professionals working on **multidisciplinary teams** or in partnership with tribal law enforcement.

Register for Courses

Some courses allow guest access, but you will not earn a certificate of completion. For full access to courses, you'll need to take a minute to create an account at our Tribal TTA site.

1. Fill out this online form.
2. You will get an email from the ICTI Training Coordinator at training@tribal-tta.indiancountrytraining.net
3. Click the link in the email, and you're good to go!



TRIBAL HEALTH CLINIC

ANEMIA DURING PREGNANCY -Gil A. Mabunda, M.D.

A patient with anemia during pregnancy can improve her anemic condition by following the preventive measures below:

- ◆ Eat foods rich in iron, such as liver, beef, dried beans, whole-grain breads and cereals, eggs, or dried fruit.
- ◆ Eat foods high in folic acid, such as wheat germ, beans, peanut butter, oatmeal, mushrooms, collards, broccoli, beef liver, and asparagus.
- ◆ Eat foods high in vitamin C, such as citrus fruits and fresh, raw vegetables.
- ◆ Take prenatal vitamin and mineral supplements as prescribed by your doctor.

GRAPE JUICE or GRAPEFRUIT and MEDICATIONS -Gil A. Mabunda, M.D.

Many people like grape juice or grapefruit. It is said that there are some medical benefits from grape juice. For example, grape juice has been touted as containing compounds that reduce hardening of the arteries.

However, grape juice has some bad effects when taken with some common medicines prescribed for common conditions.

Grape fruit or grape juice should be avoided by anyone who is taking the following common medicines:

- Some cholesterol medicines such as: Lovastatin (Mevacor), Simvastatin (Zocor), Atorvastatin (Lipitor)
- Some antihistamines such as: Fexofenadine (Allegra), Terfenadine

(Seldane)

- Some high blood pressure medicines such as Felodipine (Plendil), Verapamil (Calan, Isoptin, Verelan)
- Some pain medications such as, Methadone
- Some heart medications such as, Amiodarone (Cordarone), Disopyramide (Norpace)

The above are some of the medication that when taken by a person who uses grapefruit or grape juice, very serious side effects including fatalities may occur.

It is very important to ask your physician or pharmacist if you have any questions regarding your medications and what you take with them.

**Wherever you live...
Natural gas is your neighbor.**

Natural gas lines can be buried anywhere, even in areas that don't use natural gas, like all-electric or propane neighborhoods. So it's important that EVERYONE knows how to recognize and respond to a natural gas leak, wherever they are.

A leak may be present if you:
SMELL: An odor similar to rotten eggs, even if it's faint or momentary.
HEAR: A hissing or roaring coming from the ground or above-ground piping.
SEE: Dirt or water blowing into the air, unexplained dead or dying grass or vegetation, or standing water continuously bubbling.

If you suspect a leak:

- Leave the area immediately.
- From a safe place, call **911** and Southwest Gas at **1-877-860-6020**, day or night, **whether you're a customer or not.** A Southwest Gas representative will be there as soon as possible.
- Don't smoke or use matches or lighters.
- Don't turn on or off electrical switches, thermostats, or appliance controls; or do anything that could cause a spark.
- Don't start or stop an engine, or use automated doors.



SOUTHWEST GAS

For more information about natural gas safety, visit swgas.com/safety or call 1-877-860-6020.



TRIBAL HEALTH CLINIC (con't)

TIME TO PREPARE FOR FLU SEASON

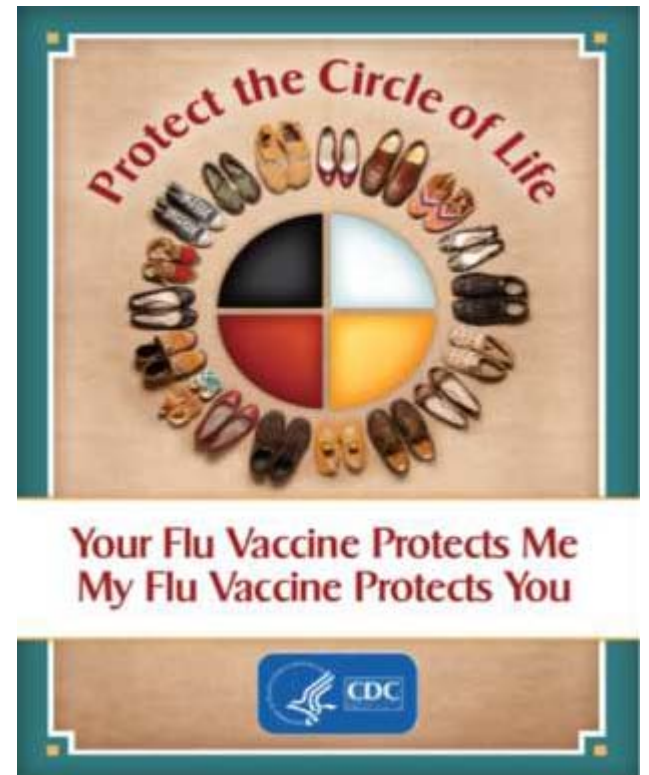
Each year, an epidemic sweeps across the country causing thousands of illnesses and hospitalizations. Some years, this epidemic causes as many as 49,000 deaths while other years it is less severe. What is this epidemic? It is seasonal influenza, a serious disease that disproportionately affects American Indian and Alaska Native people. What can be done to prevent it? Influenza vaccine, though not a perfect tool, remains one of the best ways to prevent influenza infection and influenza-related complications that can lead to serious illness, hospitalization and death. The CDC now recommends that everyone from as young as 6 months of age should be vaccinated every year to protect against influenza. **Last season only 36% of the IHS patient population received an influenza vaccine.** We must do better.

The Indian Health Service and the Pyramid Lake Health Clinic is rolling out a National Influenza Plan with a specific goal of decreasing the number of people who get sick or die from the flu by increasing the number of people who

influenza vaccine coverage. The plan has goals that are based on the Healthy People 2020 goals, calling for influenza vaccine coverage among the general population to reach 70%. Certain groups are considered high priority for getting vaccinated, including children at least 6 months of age, elders, especially those 65 years and over, and people with chronic illness like diabetes, heart disease or lung disease. Healthcare personnel, those who we expect to remain healthy to take care of us if we get sick, are also a high priority group to receive the flu vaccine. The goal for influenza vaccine coverage among healthcare personnel is 90%.

The flu vaccine isn't perfect; it doesn't prevent infection 100% of the time. No vaccine or treatment does that. But it does make the illness milder by boosting the immune system to fight the infection faster and more effectively which means fewer people need to be hospitalized and fewer people will die because of the flu. Getting a flu shot every year doesn't just protect you, it helps protect your loved ones and the whole community.

Protect the Circle of Life. Contact the Pyramid Lake Health Clinic to find out when you can get your Influenza Vaccine. Also be on the lookout for influenza vaccine clinics in the community.



Pyramid Lake Tribal Health Clinic

Contact Info: 775-574-1018

Walk-ins welcome, however, a scheduled visit will decrease wait times.
Schedule of community Flu Clinics will be announced soon.

We expect to
start giving
flu shots starting
October 1st 2015.

Update from the Pharmacy

The Pharmacy Department wants to remind everyone of services that we can provide.

Calling in Refills



The Pharmacy Department can be reached by calling 775 574 2600. Refills for medications can be called in any time day or night, and even on the weekend. Just leave us a

message and we will refill your medications.

We prefer that you leave a message when you need refills. When you leave a message, we can devote our full attention to your request. When we answer phones to take refill requests it prevents us from helping patients who are in the clinic. If you have questions about your medications you can always call and speak with Nick or Dave; however, we prefer if you leave refill requests on our voice mail. When leaving a refill request if you cannot say the name of your medication, you can for example tell us, "refill my allergy medicine".

Disposing of Old Medications and Pill Bottles

If you have old medications you are not using, bring them to the clinic and let us dispose of them for you. Don't leave them lying around your house collecting dust. Don't leave them lying around your house where a small child could get into them. All old medications we receive are sent to a company for safe destruction. If you have empty pill bottles we can dispose of them for you. We send all old empty pill bottles to a company to be melted down and recycled.



Flu Shots

Starting October 1st Flu shots will be available from the pharmacy department without an appointment. The Flu shot is the best way to protect you and your family from getting the flu.

Other Services

The pharmacy also has smoking

cessation patches if you want to stop smoking. Stopping Smoking is one of the best things you can do for your health. It is never too late to quit!

The Pharmacy and Nursing Departments have Plan B emergency contraception available. The medications are available without an appointment, just ask one of the nurses or the pharmacy staff.



The pharmacy has pill boxes back in stock, if you or a friend or family member needs a pill box, stop by the pharmacy to pick one up.

In the near future the pharmacy may be able to fill your monthly medications in pillboxes instead of bottles, stay tuned for more details.

The pharmacy will soon have medications available for people in our community at risk for overdosing. No prescription will be needed, stay tuned for more details.

TRIBAL HEALTH CLINIC (con't)

The past months have been exciting months for the Health Clinic:

- › The Health Clinic received three (3) year accreditation through the Accreditation Association for Ambulatory Health Care, May 19, 2015. The AAAHC certificate of accreditation is a sign that a health care organization meets or exceeds nationally-recognized Standards for safe and quality patient care. The accreditation process is a review of policies, procedures, processes, and outcomes for the facility, patients, providers and staff. Accreditation is an IHS measure, is positive for staff recruitment and retention, and can impact Clinic revenue.
- › The Health Clinic received an Indian Health Service Director's Award for Excellence for Safety and Infection

Control, July 16, 2015. The award recognition highlights staff endeavors to provide a safe and healthy environment for patients, staff and visitors.

- › The Health Clinic received an Indian Health Service Injury Prevention Grant for Elder Fall Prevention, September 1, 2015. The grant will provide fall prevention education, medication assessment and education, individual and group exercise, home assessment and education, and home modifications for lighting, bathroom aides, grab bars, and handicap ramps. The Numaga Senior Center and Tribal Maintenance will partner with the Health Clinic for the success of the grant.



Eight Ways to Coach Boys Into Men

Women's Circle clarifies conflicting, harmful message bombarding boys everyday

Your son, grandson, nephew, younger brother--they all need you to help them grow into healthy young men. Boys are swamped with influences outside of the home - from friends, the neighborhood, television, the internet, music, and the movies to every-thing they see around them. They hear all kinds of messages about what it means to "be a man"--that they have to be tough and in control.

There are numerous conflicting, harmful messages being given to boys about what constitutes "being a man" in a relationship. Boys need your advice on how to behave toward girls. Boys are watching how you and other men relate to women to figure out their own stance towards girls.

So teach boys early and teach them often that there is no place for violence in a relationship. Following are eight ways to coach boys into men.

1. **Teach Early** - It is a medically known fact that children ages of 0-5 do their most learning during this time span. This is when their "life map" is being created. Who they become will show what they have seen, heard, or witnessed as a child.
2. **Be there** - Spend time with your child, even if it is just for an hour or two. Just being with them is crucial. Children want a male presence around them, even if few words are exchanged.
3. **Listen** - Hear what your child has to say. Listen to how he and his friends talk about girls. Ask him if he's ever seen abusive behavior in his friends. Is he worried about any of his friends who are being hurt in their relationships? Are any of his friends hurting anyone else?
4. **Tell Him How** - Teach your child ways to express his anger without using violence. When he gets mad, tell him he can walk it off, talk it out, or take a time out. Try to give him examples of what you might say or do in situations that could turn violent.
5. **Bring it up** - A kid will never approach you and ask for guidance on how to treat women. Try watching television with your child or listening to his music. If you see or hear things that depict violence against women, tell him what you think about it. When it is time for dating, remind him that treating girls with respect is important.
6. **Be a Role Model** - Fathers, coaches and any man who spends time with boys or teens will have the greatest impact when they "walk the walk." Deal with people with respect when you're driving in traffic, talking with customer service reps, in restaurants with waiters, and with your family around the dinner table. He's watching what you say and do and takes his cues from you-- both the good and the bad.
7. **Teach Often** - Help your child work through problems in relationships as they arise. Let him know he can come back and talk to you at anytime. Use every opportunity to reinforce non-violent relationships.
8. **Become a Founding Father** - Show him how important the issue of violence against women and children is to you.

Submitted by Dorothy McCloud, Women's Circle Coordinator, Reno-Sparks Indian Colony (RSIC-The Camp News, August 2015)

Germ Farm



Wash your hands often, use plenty of soap and water, get a good lather, and scrub 'em for 20 seconds.

Help prevent the spread of colds and flu. It's part of the circle of life.

KooYooe Tukadu
Paiute Language Gathering
Theme: "Traditional Foods"

Pesa Tamme Yaa Sumunu
It is good that we are gathered here

Te Naa Tammegoobakwaetu
Our Father who is above us

Tamme Tukakwuna Sootuhika
Bless our food we are going to eat.

Umu Togoohannedu,
Those who Cooked the food,

Umu Yaa Hemma Yoongapetudu
Umu Bono'o Oohoosoo
Those who brought the food bless them also

Yaese Pesa Tuwasoo Umu Mabasaku
And also heal them

No'oko Hee Umu Mannena Pesasoo
Sootunuga
Treat them well in everything they do

Pesatoo Mea
Go in a good way

Poowa Poowa
Blowing Blessing





“Sons of Traditions” Training



“Sons of Tradition” training was facilitated by Sumunumu staff Kathy Wright & Adrian Tom June 30, 2015. “Sons of Tradition Training “ a one day training which adapted for our area from the White bison Inc. Participants were from Wadsworth area. 9 young men and one girl ages 13 to 17 years of age.

Agenda

- The morning began with Opening prayer,
- Talking circle video and 1 hour
- Talking circle activity with all participants. Sharing thoughts; Mind Mapping: including Respect for family, women & community.
- End of the day participants gave a brief statement of what respect meant to them.
- This day ended with closing prayer and song by youth worker Nicolas Cortez.

Fourth of July Sacred Vision Parade Entry 2015



Sacred Visions Royalty Parade float 2014/2015

**Suicide Prevention Week
September 7-12, 2015**

Sumunumu provided awareness ribbons at Tribal office and at Pyramid Lake Tribal Health Center, PL Fisheries, Resource Center and Ranger Station with Turquoise and Purple Ribbons for everyone to wear. Thanks to all who Wrote “LOVE” on your wrist in support of this day.



Take a few minutes to learn the warning signs of suicide. Call 9-1-1 or seek immediate help from a mental health provider when you hear or see any of these behaviors:

- **Someone threatening to hurt or kill him/herself, or talking of wanting to hurt or kill him/herself**
- **Someone looking for ways to kill him/herself by seeking access to firearms, available pills, or other means**
- **Someone talking or writing about death, dying or suicide, when these actions are out of the ordinary for the person**

Seek help by contacting a mental health professional or calling **1-800-273-TALK (8255)** for a referral should you witness, hear, or see anyone exhibiting any one or more of these behaviors:



Hopelessness, Rage, uncontrolled anger, seeking revenge, Acting reckless or engaging in risky activities, seemingly without thinking, Feeling trapped – like there’s no way out, Increased alcohol or drug use, Withdrawing from friends, family and society, Anxiety, agitation, unable to sleep or sleeping all the time, Dramatic mood changes

If you are suicidal or you think someone you know is, we want you to know that **help is available and recovery is possible.** Start by learning the warning signs, and do whatever you can to get yourself or someone you care about to the help they need so that they can return to living a fully functioning life.

Parks and Recreation Summer Program



Summer Day Camp ~ July 8, 2015 to July 29, 2015
Grades K-6th grades

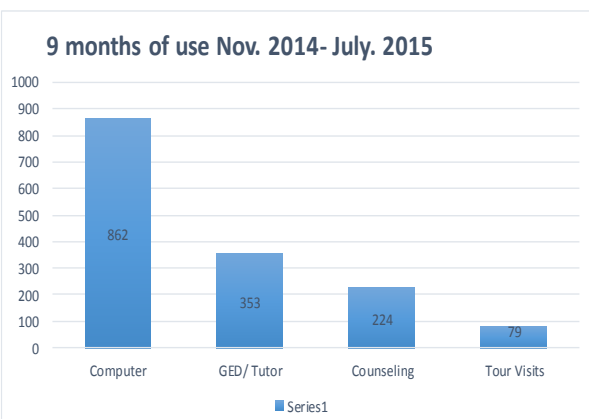
Staff: Prevention Coordinators Diana Mitchell and Adrian Tom. Youth worker Nicholas Cortez
Sumunumu Substance abuse Program provided activities and Presentations for youth and staff.

Sumunumu/Resource Center, is an extension of Pyramid Lake Paiute Tribal Health Center. Sumunumu program would like to share with the community the demographics gathered from November 2014 to July 2015. Sumunumu gathers demographics which include population coming into the Resource center by month as the graph (grey) shows increase of people coming into the Resource Center. The 9 months of use is the amount of computer, GED/Tutor and including Substance abuse counseling, including those who visit and tour the facility.

Monthly Breakdown



9 months of use Nov. 2014- July. 2015



**Fernley/Wadsworth AA Meetings
Updated 09/17/2015**

- Sunday** 6:00 PM Grapevine Meeting (O-WA)
10 N Center St - Fernley Community Ctr
- Monday** 12:00 PM .Beginners Big Book (O-BB-NS)
10 N Center St - Fernley Community Ctr
7:30 PM Keep It Simple (O-BB-WA)
10 N Center St - Fernley Community Ctr
- Tuesday** 6:00 PM Step Study Meeting (O)
Big Bend Ranch Old Highway 40
- Wednesday** 7:30 PM Keep It Simple (O-D-WA)
10 N Center St - Fernley Community Ctr
(First Wed CL & Last Wed BDM)
- Thursday** 7:30 PM Men's Meeting (C-D-MS)
875 Freemont St Calvary Chapel
- Thursday** 7:30 PM Women's Miracle Mtg (C-D-WO)
875 Freemont St Calvary Chapel
- Friday** 12:00 PM Living Sober (O-D)
10 N Center St - Fernley Community Ctr
- Friday** 8-9 PM. Road to Recovery (O-D)
Parish Hall-Wadsworth Nevada
- Saturday** 4:00 PM Stairway To Heaven (O-D)
875 Freemont St Calvary Chapel

Codes: O-open meetings, BB-big book, WA-Wheelchair, D-discussion, MS-men stag, Closed

Alateen Meeting list

- Monday** 7:00 pm Alateen Changes, Triangle Club
635 So. Wells Ave. Reno Nevada
Ages 13-20
- Tuesday** 11:00 Am Alateen, Incline High School
499 Village Rd. Incline Village, NV 89450
- Tuesday** Kids in Super Serenity, Triangle Club,
635 So. Wells Ave. Reno Nevada
Ages 9-10
- Sunday** 4:00 pm Alateen Northwest,
933 West Moana Lane Reno Nevada

New AA Meeting

AA Talking Circle
Place: Gymnasium Trailer,
Nixon, NV, Room 101
When: Tuesdays
Time: 6:00 to 7:00pm
For more info call
775-276-3126

Sacred Visions Pow wow 2015



Bill Keever, Parade Marshal

SUMUNUMU Transport



"The Process"

- ➔ Anyone needing transportation for Sumunumu Appointments.
- ➔ Need to set up 1 Day prior to appointment w/address,date & time.
- ➔ Must call to confirm Transportation 1 hour prior to pick up time.

Set up appointments/ times please call.

Sumunumu Resource Center: (775) 980-6507
 460 W. Main St.
 Fernley NV, 89408

Pyramid Lake Tribal Health Center
 775-574-1018




Sumunumu/Resource Center
 775-980-6507

Pyramid Lake Tribal Police Department
 775-574-1014
 #911
 Dispatch: 574-0444

Crisis Call Number
 1-800-273-8255



Happy Holidays from
 Sumunumu/Resource Center Staff



Parents of Teens

"A Parenting Class"

When:
 Classes Start Thursday Oct.1,2015.
 And every week for 6 weeks.

Time: 6pm - 7pm

Where:
 Sumunumu Resource Center
 460 W. Main St.
 Fernley NV. 89408

Contact: Judy K.
@ (775) 980-6507

Substance Abuse Meetings.

Topics Discussed: Narcotics Abuse, Alcohol Abuse, Anger Management, Etc.

Starts: Tuesday Oct. 6, 2015
 and every Tuesday @ 6pm-7pm.

Where:
 Sumunumu Resource Center
 460 W. Main St.
 Fernley NV. 89408

Contact:
Richard Klain, CADC #144
 Substance Abuse Counselor for Sumunumu
 Phone: (775) 980 - 6507

The **Veteran of the Month Program** enters its third year of recognizing Nevada's veterans for their continued service to their community and other veterans throughout the state.

"Men and women across Nevada who have made a significant contribution will have achieved excellence by going above and beyond the call of duty," stated Governor Sandoval in his presentation. "It will be an opportunity for all of us to shine a bright light on the work veterans continue to do for our nation."

The NDVS is asking for submission of candidates as possible recipients. With nearly 300,000 veterans in the state, we know there are many veterans who quietly go about assisting others in their community. We ask you give these community leaders an opportunity to be recognized for their volunteerism by submitting their name as a candidate for Veteran of the Month.

Regardless of the type of volunteerism a veteran is committed to; whether for the community at large, boys and girls programs or in the assistance of other veterans, their work is important to their community.

Recognition of veteran volunteers will shine a light on their work, help the projects they service and show how Nevada's veterans are committed to building better



communities throughout this great state.

Submit a veteran volunteer in your community today for Nevada's Veteran of the Month.

1. Read the VOM Guidelines.
2. Download and complete VOM Nomination Packet.

Note: The Nomination Packet must also include the nominee's DD-214 Form. For assistance in obtaining a copy of their DD-214 form, please call;

Nevada Department of Veterans Services - VAST at 775-321-4880. **A current photo would also be appreciated.**

Nomination Packets can be mailed to:

Nevada Department of Veterans Services
Attn: Pamela Roberts
6880 S. McCarran Blvd.,
Bldg. A - Suite 2
Reno, NV 89509

Completed Packets can also be scanned and emailed to

Pamela Roberts at robertsp@veterans.nv.gov or faxed to 775-688-1656

VETERAN OF THE MONTH (VOM) NOMINATION GUIDELINES

1. The nominee must be a living resident of Nevada.
2. The nominee must have received an honorable discharge from the U.S. military.
3. Nominees will be selected for significant contributions made at the local, state and/or national level and by excellence achieved through going above and beyond the call of duty, specifically with respect to **OLUNTEER WORK** in support of veterans, military and community.
4. In addition to the Nomination Packet, please provide the following:
 - ◆ A copy of the Veteran's DD-214 (Must be included to be considered)
5. Nominations will be evaluated on the scope and impact of a nominee's achievements and the extent to which the nominee's efforts benefit and provide inspiration to their community and other veterans.
6. Please document significant achievements and accomplishments in the following three areas on the Veteran of the Month Nominee Contributions Sheet:
 - ◆ Volunteer support to Veterans
 - ◆ Volunteer support to Military
 - ◆ Volunteer support to Community
7. Nominations will be reviewed and the recipients will be ultimately chosen by the Veterans Services Commission (VSC). Nominations are accepted at all times throughout the year.
8. For any questions or concerns please contact: Pamela Roberts at 775-688-1653 or robertsp@veterans.nv.gov

PLEASE SEND NOMINATION PACKETS TO:
Nevada Department of Veterans Services
Attention: Pamela Roberts
6880 S. McCarran Blvd., Building A, Suite 2
Reno, NV 89509

VETERAN OF THE MONTH (VOM) NOMINATION FORM

Please read the Nomination Guidelines prior to completing this form.

Along with this completed form, please make sure you include the Veteran's DD-214, and the Veteran of the Month Nominee Contributions Sheet. Nominee must sign at the bottom of this sheet for nomination to be valid.

Nominee _____ Telephone _____

Email Address _____

Home Address _____

Date & Place Birth _____

Year & Location of Nevada Residency _____

Nominator's Name _____ Telephone _____

Email Address _____

Home Address _____

I have read the nomination guidelines and attest that the information included in the Nomination Form and Nominee Contributions Sheet is accurate and true. If selected as a "Veteran of the Month" I agree to attend a public appearance with the Nevada Department of Veterans Services.

Signature of Nominee (required) Date _____

PLEASE SEND NOMINATION PACKETS TO:
Nevada Department of Veterans Services
Attention: Pamela Roberts
6880 S. McCarran Blvd., Building A, Suite 2
Reno, NV 89509

Updated 12/22/14

VETERAN OF THE MONTH (VOM) NOMINEE CONTRIBUTIONS

Nominee: _____

Branch/Length of Service: _____

Nominator: _____

Direct volunteer support to veterans: _____

Volunteer support to the military: _____

Volunteer support to the community: _____

Spotlight on Nevada's 2nd Annual Victims Assistance Academy



Silver State Spotlight – August 24, 2015

Governor Sandoval each week recognizes exceptional achievements, successful programs and initiatives, and a standard of excellence in the work that is being done every day in state government in Nevada. One of the most essential functions of state government is to protect vulnerable citizens, especially those who have been harmed through no fault of their own. For the second year in a row, the Division of Child and Family Services (DCFS) has been instrumental in carrying out this function through its Victims Assistance Academy of Nevada, which provides training, foundational skills, and professional resources for advocates who interact with crime victims and their families.

The 2nd Annual Victims Assistance Academy of Nevada (VAAN) was held August 10-14, and provided more than 30 Nevada advocates with powerful tools to enable them to more effectively assist crime victims. The week-long academy, funded through a U.S. Department of Justice Grant, featured experts in the areas of victims' rights, confidentiality, and sexual and domestic violence, as well as topical seminars covering human trafficking and special classes of victims. The academy was made possible by a remarkable coalition comprised of 15 law enforcement offices, non-profit organizations, and state agencies, each dedicated to providing life-changing assistance to individuals dealing with the physical, emotional, and mental damage associated with suffering as victims of driving under the influence, sexual assault, and physical abuse or neglect. Many of this year's participants work directly and extensively with victims of domestic violence, a problem that continues to be impact far too many Nevadans.

This year's academy focused on a theme of "Weaving a Tapestry of Advocacy in Nevada," and provided information to participants about how to effectively manage the stress and intensity associated with their roles as victim advocates. The conference also highlighted the particular harms that child crime victims suffer, and the special needs that these young victims need after suffering from physical, mental, or sexual abuse. Research shows that children who suffer abuse tend to lead shorter lives and are more likely to end up in prison or struggle with substance abuse. Nevada's

First Lady Kathleen Sandoval personally participated in this session on child victims, and commended academy participants on the frontlines of the state's efforts to intervene on behalf of children who often are too young to know where to turn after experiencing abuse.

VAAN Project Director Dorothy Edwards said that the efforts of the participants, both student advocates as well as policy experts and presenters, were extraordinarily impressive, especially given the difficult subject matter. Dorothy particularly praised Lori Fralick with the Reno Police Department and Elynne Greene with the Las Vegas Metro Police Department, for going above and beyond to manage logistical and planning aspects of the academy. The dedicated team that was responsible for planning and coordinating this conference helped to ensure that participants were provided with a full 40 hours of instruction, which will enable them to better serve and advocate for crime victims across the state. According to Dorothy, this year's academy was so successful that there is already significant interest about next year's conference.

The Governor has made it a strategic priority to promote safe and livable communities in Nevada, and the state, county, and local agencies and non-profit organizations that coordinated the 2nd Annual Victims Assistance Academy have significantly contributed to that important goal. Governor Sandoval applauds each of the organizations that comprised the Steering Committee for their efforts to coordinate this year's academy, as well as each of the participants who attended. Not only have they demonstrated a true commitment to service by expanding their professional skills, but they have also shown that Nevada's community advocates are a passionate and inspiring team working each and every day on behalf of victims who are most in need of advocacy.

Special Thanks to the Following Individuals and Agencies who coordinated this Year's Successful Victims Academy:

Attorney General's Office

Ross Armstrong Elizabeth Greb
Debbie Tanaka

Las Vegas Metropolitan Police Department

Elynne Greene

Nevada Network Against Domestic Violence

Judy Henderson

Advocates to End Domestic Violence

Lisa Lee
Terri Farnsworth

Pyramid Lake Paiute Tribe

Kim Lowery

Clark County District Attorney's Office-Retired

Barbara Aupperle

Rape Crisis Center Las Vegas

Daniele Dreitzer

Crisis Call Center

Ben Felix

Reno Police Department

Karlie Callahan Lori Fralick

Department of Corrections

Julie Dial Traci Dory

University of Nevada, Reno

Jennifer Massie

Division of Child and Family Services

Dorothy Edwards

Victims of Crime Compensation

Rebecca Salazar

Jean Nidetch Women's Center, UNLV

Ashlyn Gray

Winnemucca Domestic Violence Advocates

Paola Gutierrez-Castanedo

Message from the Office of the Governor - 2015



Congratulations to David Dalasohya JR, winning Best of Classification III, Best of Division A, 1ST place at the 94th Annual Santa Fe Indian Market, SWAIA (Southwestern Association for Indian arts) in Santa Fe, NM. August 21-23, 2015. David is a Hopi/Laguna Artist who resides in Nixon, NV.

Museum Presents Major Art Historical Survey of Tahoe

Spanning 200 years, exhibit includes largest ever collection of Washoe baskets

Fine Art — The work of renown Washoe basket weaver Dot-So-La-Lee is a huge feature of the Nevada Museum Art’s recently opened exhibit, *TAHOE: A Visual History*. Along with Dot-So-La-Lee, the *Native Basketry of Lake Tahoe* includes artists: Scees Bryant, Lena Dick and Sarah Mayo. Above, a Dot-So-La-Lee seed gathering basket, circa 1910-14, which is 19x19 inches. The photo was provided by the Nevada Museum of Art. It is a Dot-So-La-Lee or Louisa Keyser, Seed gathering basket, circa 1910–14; of Bronnie and Alan Blaugrund. Collection.

RENO, Nev.—The Nevada Museum of Art has organized the first major art historical survey exhibition of one of American’s most beloved landscapes. **TAHOE: A Visual History** spans over two centuries of cultural and creative production related to the second largest freshwater alpine lake in the United States and features more than 400 artworks by painters, photographers, architects, basket weavers, and sculptors.

TAHOE: A Visual History opened last week and will be on view until Jan. 10. A 488-page book by the same name, co-published with Skira Rizzoli and distributed by Random House, accompanies the exhibit.

Five years in the making, **TAHOE: A Visual History** presents historical paintings, Native baskets, photography, architecture, and contemporary art dedicated to Lake Tahoe, Donner Pass, and the surrounding Sierra Nevada region. Nevada Museum of Art senior curator and deputy director Ann M. Wolfe curated the exhibition. “Many books and museum exhibitions have been devoted to the art of American’s most scenic and iconic landscapes.

Thanks to such scholarship, it is easy to conjure a mental image of the art of Yosemite, Yellow-stone, Niagara Falls, or New York’s Hudson Valley,” Wolfe said. “The same cannot be said for the vicinity of Lake Tahoe.

This exhibition, and accompanying books, surveys the contributions of hundreds of artists who have made work in or about the region.” **TAHOE: A Visual History** combines historically significant cultural and art objects with contemporary works inspired by a shared reverence for the region.

The exhibition is organized thematically, though somewhat chronologically to encourage dialogue among museum-goers while simultaneously



transcribing historical perspective. “Art produced in and about a place helps define its cultural identity,” Wolfe said. “Without knowledge or shared understanding of a region’s art and history, it is impossible to celebrate or critically examine its contributions to the broader culture.” A number of key artworks will punctuate the show, including the largest presentation of baskets by Washoe weaver Dat-So-La-Lee ever displayed in one place. Dat-So-La-Lee is known for her innovative development of the *degikup* basket form that has become synonymous with fine art of Washoe basketry.

Along with Dot-So-La-Lee, the *Native Basketry of Lake Tahoe* includes artists: Scees Bryant, Lena Dick and Sarah Mayo. More than 15 contemporary artists also will be featured.

The Nevada Museum of Art is at 160 West Liberty St., in Reno. It is open Wednesday through Sunday, 10 a.m.—6 p.m., late on Thursdays until 8 p.m. General admission is \$10, students/seniors \$8, children \$1 and free for children under 5. For more information, please call (775) 329-3333.

Washoe Legends

August 22, 2015 - January 10, 2016

Wayne and Miriam Prim Theater Lobby

This theme comprises one section of the museum-wide exhibition, [Tahoe: A Visual History](#). Illustrations by BillyHawk Enos, Kevin Jones, Charles Munroe, and Mauricio Sandoval

The Washoe people have lived in the Lake Tahoe region for countless generations. They shared a common language, ancestral traditions, legends, and a great reverence for the lake.

Cultural preservation, and specifically language preservation, is important to the Washoe people and the Washoe Tribe today. In an effort to revitalize Washoe language and traditions for future generations, the Tribe’s language program—known as the Patalji Me?k’i Head Start Immersion Nest—recently published a series of children’s books with support from the Administration for Native Americans.

Four artists, BillyHawk Enos, Kevin Jones, Charles Munroe, and Mauricio Sandoval, illustrated the legends. The stories were retold and translated by Lisa Enos and Washoe Elder Melba Rakow. This exhibition features the original illustrations.

The books accompanying these original artworks are for sale in the Museum Store. Sales help to support Washoe youth language revitalization programs

The book is entitled *The Wašiw Seasons*, as told by Cošunji. Retold and translated by Lisa Enos and Melba Rakow, published by the Washoe Tribe of Nevada and California, 2014

"Relax!"

"Help is Just a Breath Away"

Classes will be conducted by Ms. Kathy Randolph and/or Ms. Kathleen McKnight
Certified Practitioners of the Yoga Center in Reno

YOGA

FALL SCHEDULE

The Pyramid Lake Tribal Clinic/CHR Program conducts “Mini Yoga Classes” on Wednesdays of each month.

These classes will be suitable for everyone from infants, children to seniors with emphasis on safety, proper alignment, posture, breathing, stretching, and relaxation.

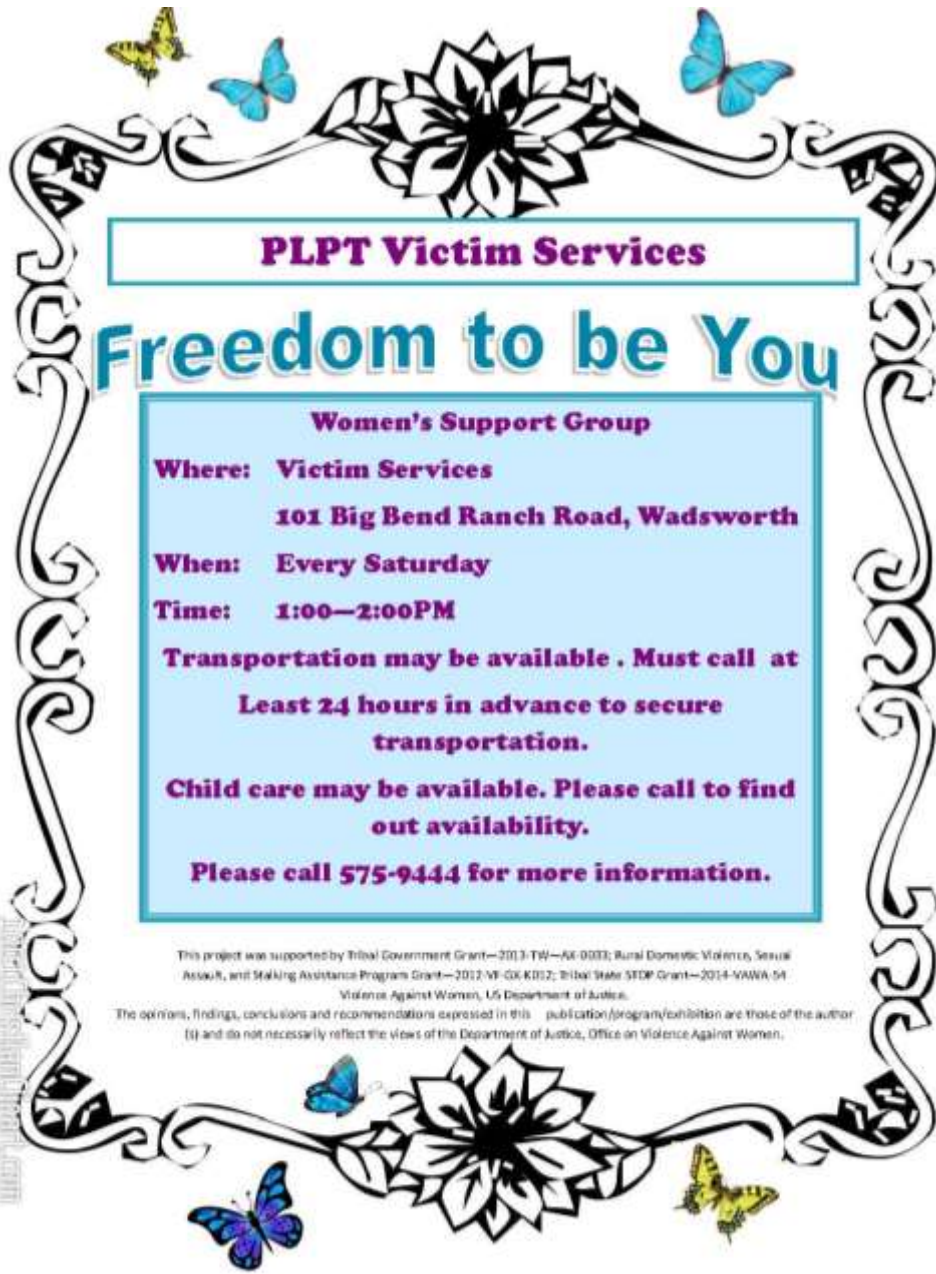
Part of this program offered is a Therapeutic Program for Infants and Children with Special Needs. **“Yoga for the Special Child™”**. If you have an interest in this program, individual classes are available, please contact Kathy Randolph at (775) 322-4600 for an appointment or to discuss your child(ren) needs. The cost for these individual classes are covered by this program.

Every Wednesday’s—Classes are Open to Everyone

9:15 AM	-	9:45 am	Wadsworth HeadStart begins 09/23/15
10:15 AM	-	10:40 AM	Nixon Day Care
10:40 AM	-	11:00 AM	Nixon Day Care—Toddlers
11:00 AM	-	11:30 AM	Nixon Head Start
11:45 AM	-	12:30 PM	PLPT—Administration
12:30 PM	-	1:00 PM	Clinic
2:30 PM	-	3:00 PM	Wadsworth Day Care/Brown Bldg
3:00 PM	-	3:30 PM	Wadsworth Day Care-Toddlers

Updated: 09/23/15—Classes subject to change.

Come join the Kathy’s and learn the benefits of Yoga for everyone.
Yoga mats are available.



PLPT Victim Services

Freedom to be You

Women's Support Group

Where: Victim Services
101 Big Bend Ranch Road, Wadsworth

When: Every Saturday

Time: 1:00—2:00PM

Transportation may be available . Must call at Least 24 hours in advance to secure transportation.

Child care may be available. Please call to find out availability.

Please call 575-9444 for more information.

This project was supported by Tribal Government Grant—2013-TW—AK-003; Rural Domestic Violence, Sexual Assault, and Stalking Assistance Program Grant—2012-VF-GX-K012; Tribal State STDP Grant—2014-YAWA-54 Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions and recommendations expressed in this publication/program/exhibition are those of the author (s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.



Victim Services Program

Healing Through Art

Where: Victim Services Program

When: Second & Fourth Saturday of every month

Time: 3:00—4:00PM

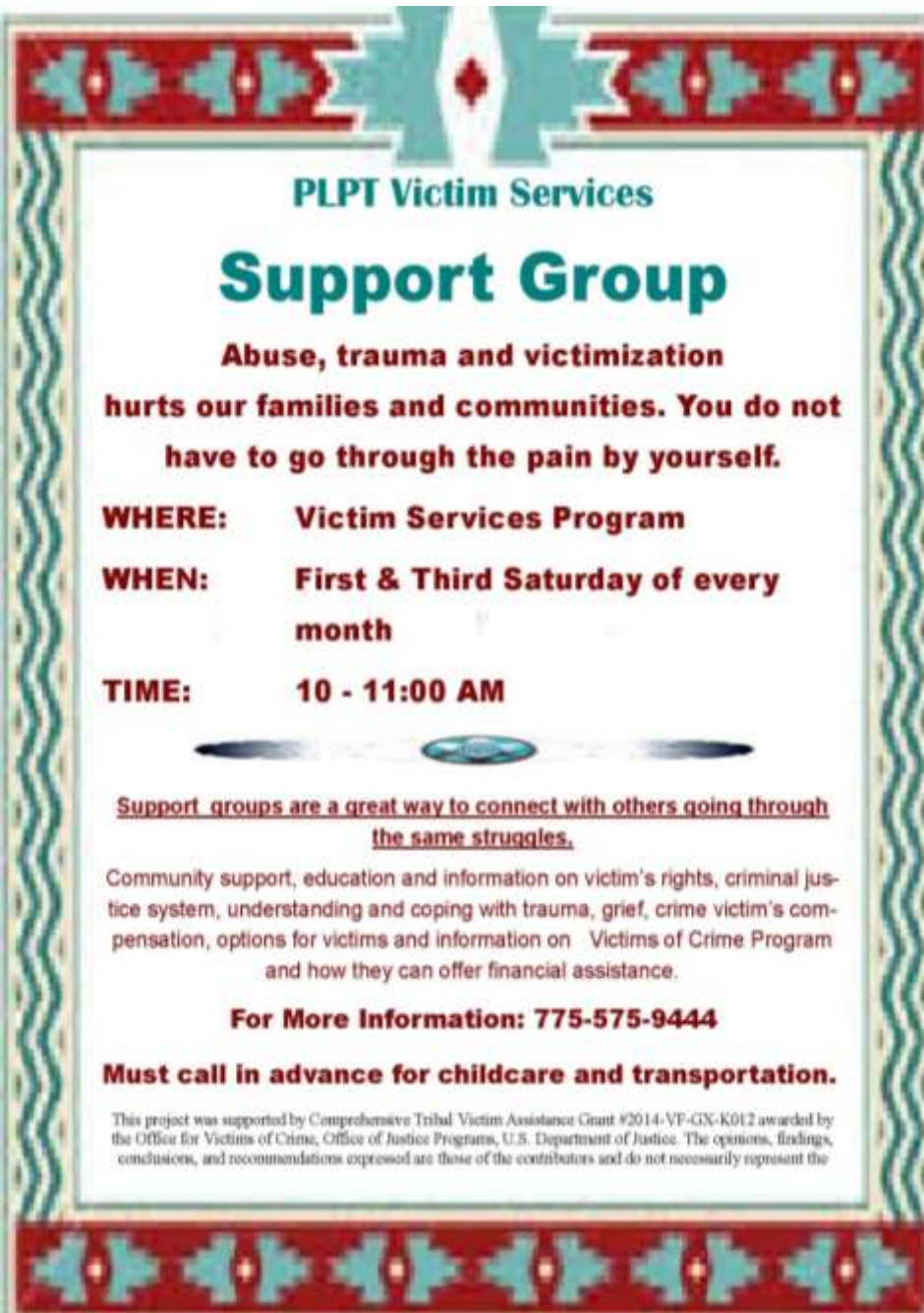
ART & HEALING: Tapping into our creativity to heal mind, body and spirit.

We will explore our creativity through art and cultural activities. You do not have to be artistic to take part in the group.

Transportation and child care is limited. You must call at least 24 hours in advance.

FOR MORE INFORMATION: 775-575-9444

This project was supported by Comprehensive Tribal Victim Assistance Grant #2014-VF-GX-K012 awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, conclusions and recommendations expressed are those of the contributors and do not necessarily represent the official position or policies of the U.S. Department of Justice.



PLPT Victim Services

Support Group

Abuse, trauma and victimization hurts our families and communities. You do not have to go through the pain by yourself.

WHERE: Victim Services Program

WHEN: First & Third Saturday of every month

TIME: 10 - 11:00 AM

Support groups are a great way to connect with others going through the same struggles.

Community support, education and information on victim's rights, criminal justice system, understanding and coping with trauma, grief, crime victim's compensation, options for victims and information on Victims of Crime Program and how they can offer financial assistance.

For More Information: 775-575-9444

Must call in advance for childcare and transportation.

This project was supported by Comprehensive Tribal Victim Assistance Grant #2014-VF-GX-K012 awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed are those of the contributors and do not necessarily represent the



Pyramid Lake Tribal Health Clinic

Health Fair

November 18, 2015

Booths and Fair 1:00pm - 4:00pm

Dinner 4:00 to 6:00

Activities

- Traditional Foods
- Exercise Demos: Yoga Stretching
- Health Presentations.
- Health Careers (PHYSICIANS, LAB TECHS TMCC & UNR)

MAMMOVAN
 8:00 AM TO 3:30 PM
 APPOINTMENTS ONLY: CALL: ANGEY (775) 547-1018

Taking back from yesterday. Moving forward to tomorrow.

Our Traditional Way of Life, "TE KWETSO' INA PEDUKUNO"

- Walking Sogo
- Running Tanomanena
- Pinenut Gathering Tubaku
- Round Dancing Tasego Nuga

USDA Rural Development

Contact: Public Affairs Specialist, Kelly Clark | 1390 S. Curry St. Carson City, NV 89701 | Voice 775.887.1222 x 130

Release No.:033 | Web: <http://www.rd.usda.gov/nv>



USDA Official Announces \$258,140 in Rural Business Development Grants for Nevada

Indian Dispute Resolution Services Receives \$114,487 for "Indian-Preneurship" Training in Tribal Areas

(Wadsworth, Nev.--Sept. 22, 2015)

USDA today announced that four rural Nevada projects have received \$258,140 in Rural Business Development Grants (RBDG) to support emerging business activity. Two of the projects will support Nevada tribal enterprises.

Lisa Mensah, the USDA Under Secretary for Rural Development made the announcement Tuesday in Wadsworth. Meeting with tribal members at the Pyramid Lake Community Center, Mensah applauded the Tribe's economic development efforts, which include participating in the RBDG-funded entrepreneurship training, as well as opening a new transit system in the spring.

"We at USDA Rural Development applaud the Pyramid Lake Paiute Tribe's vision for its economic future," Mensah said. "Entrepreneurship training supports jobs and tribal sovereignty, and the new transit system

connects your communities to nearby metropolitan areas and opportunities."

Mensah announced that Indian Dispute Resolution Service (IDRS) was approved for \$114,487 from the state and national allocation to provide tribal business training. Over the past two years, Pyramid Lake tribal members have participated in the IDRS "Indian-Preneurship" business training program. Tribal members are trained in microenterprise and business plan development, accounting, QuickBooks, financial planning, negotiation, and computer literacy.

In addition, South Fork Band of the Te-Moak Tribe of Western Shoshones will receive \$31,600 for a feasibility and market study to build a travel plaza in Spring Creek, Nev. The Healthy Communities Coalition of Lyon, Storey and Mineral Counties will receive \$52,719 to help develop a new statewide organic

certification program. The Fallon Community Theater received \$59,334 to purchase a digital projector to replace out-of-date equipment.

The RBDG is a competitive grant designed to support targeted technical assistance, training and other activities that support the development or expansion of small and emerging private business in rural areas with fewer than 50 employees and less than \$1 million in gross revenues.

USDA, through its Rural Development mission area, has a national portfolio of more than \$200 billion. These programs are designed to improve the economic stability of rural communities, businesses, residents, farmers and ranchers and improve the quality of life in rural America.

USDA is an equal opportunity provider and employer.

Over 50 Local & Visiting Vendors • Native & Non-Native American

18TH ANNUAL

FALLFEST

CRAFT FAIR

2015

OCTOBER 16TH & 17TH

RENO-SPARKS INDIAN COLONY, GYMNASIUM
34 Reservation Road • Reno, NV (Off 395/580 So. Freeway)
Glendale Ave. or Mill St. exits

DOORS OPEN 10AM to 6PM

Jewelry • Beadwork • Arts & Crafts
Baked Goods • Raffle • Food & Fun!

FREE ADMISSION • FREE TRICK OR TREAT BAGS

INDIAN TACOS WILL BE SOLD


More Info: Ramona Darrough 775.842.1385

PYRAMID LAKE VETERANS & WARRIORS ORGANIZATION

Presents the 3rd Annual

TURKEY SHOOT

October 18, 2015
10 AM-4 PM
NIXON, NV
SHOOTING RANGE
FOLLOW THE SIGNS



FOOD & DRINKS FOR SALE

CATEGORIES

22 RIFLE - ADULT & YOUTH (10-13 yrs)
ARCHERY - MODERN & TRADITIONAL
ADULT & YOUTH (10-13 yrs)

\$5.00 ENTRY FEE
\$2.00 PER BULLET OR ARROW

STAY TO THE END FOR A 50/50 SHOOT OUT! \$10.00 BUY-IN

NO PERSONAL WEAPONS OR AMMUNITION ALLOWED!

RULES:

- The Pyramid Lake Veterans & Warriors Organization will supply all weapons, bows, ammunition & arrows.
- Each shooter limited to 10 shots.
- 1 bulls eye wins 1 turkey, 1 turkey per person. Turkeys will be delivered by PLVWO members a week before Thanksgiving Day.
- Entry fee includes 3 practice bullets or arrows.

This event is a fundraiser to support the Pyramid Lake Veterans & Warriors Organization (PLVWO)
P.O. Box 13 Wadsworth, NV 89442 * PLVWO2008@yahoo.com * (775) 815-5787



Anne Ray Fellowship

One nine-month residential fellowship is available for a Native scholar with a Master's or PhD in the arts, humanities, or social sciences to work on their own writing or curatorial research project. This may include research and writing for a future exhibition at an arts or cultural institution. In addition, the fellow will provide mentorship to the two Anne Ray interns working at the Indian Arts Research Center and help guide their intellectual development while facilitating their engagement with other scholars on the SAR campus. Fellows receive a \$40,000 stipend in addition to housing and office space on the SAR campus. This fellowship is made possible through the generous support of the Anne Ray Charitable Trust.

https://sarweb.org/?resident_scholar_apply

Resident Scholar Application

How to Apply

Please note that we will begin accepting applications on **September 8, 2015**. We apologize for any inconvenience.

All application materials must be submitted through the [online application system](https://scholar.myreviewroom.com/). (https://scholar.myreviewroom.com/). E-mailed, mailed, or faxed application materials, including letters of recommendation, will not be accepted. Supplementary materials will not be considered. In fairness to all applicants, we do not grant on- or off-campus interviews.

Online applications will be accepted from **September 1 through the first Monday in November** each year. Only fully completed applications that adhere to SAR's guidelines and deadlines will be considered.

All proposal components should be in 12-point type with at least 1-inch margins on all sides. Applicants must create an account on the [online application system](https://scholar.myreviewroom.com/). (https://scholar.myreviewroom.com/) before materials can be uploaded for submission.

• All applications must include:

- **An abstract**, not to exceed 150 words, describing the purpose and goals of the project.
- **A proposal**, no more than four double-spaced pages in length, describing the research project, key questions to be addressed, methodologies, and significance. The proposal should also explain what is to be accomplished during the fellowship year and the

status of the applicant's research on the topic.

- **A short bibliography**, not to exceed one single-spaced page, of references cited in the proposal.
- **A curriculum vitae**, not to exceed four single-spaced pages.
- **Three letters of recommendation**, not to exceed two pages in length each. Letters must be requested and submitted through the online application process and uploaded by the application deadline. Applicants are responsible for ensuring that references send their letters on time.
- Additional reference checks may be conducted for finalists.

Additional Requirements for Specific Fellowships:

For Lamon and Anne Ray applicants:

- A brief statement of tribal affiliation.

For Anne Ray applicants:

- A statement describing experience and interest in serving as mentor, not to exceed three double-spaced pages.

For predoctoral applicants:

- A brief letter of nomination from the applicant's degree granting department, written by the department chair certifying that the applicant:
 - (a) Is the department's designated nominee
 - (b) Is in good academic standing
 - (c) Has completed all PhD requirements except completion of the dissertation

The letter should confirm that the candidate has completed data collection and analysis and is ready to focus on writing. This letter must be requested and submitted through the online application process and is in addition to the three required for all applicants, as described above. A department may recommend only one nominee per year. Nominees must have completed all requirements, except for the dissertation, by the application deadline.

Selection Criteria

Fellowships are awarded competitively based on evaluations by a specially convened panel of external reviewers who represent a broad spectrum of intellectual expertise. Composition of the panel changes each year.

The program supports scholars whose work is broad, synthetic, and interdisciplinary and promises to yield significant advances in understanding

human culture, behavior, evolution, or critical contemporary issues. Projects that are narrowly focused geographically and theoretically or that are primarily methodological seldom receive strong consideration. Each year the program supports a mix of social science and humanities oriented scholars.

Preference is given to applicants whose research and analysis are complete and who need time to prepare manuscripts or dissertations. **Applicants for doctoral level fellowships must have their PhD in hand at time of application.**

Applications are evaluated by the following criteria:

- **Proposal Presentation:** Proposals should explain the research topic, key questions to be addressed, and methodologies in a clear and organized manner. Competitive proposals are jargon free.
- **Significance of Project:** Proposals should make a strong case for the intellectual significance of the project. How is the research exciting, innovative, and important in a broad anthropological and humanistic perspective?
- **Appropriateness for SAR:** The proposed project should clearly align with SAR's [Mission](https://sarweb.org/?mission) <https://sarweb.org/?mission>.
- **Quality of Research:** Research questions and goals should clearly align with the project's methodologies and stated outcomes. Expected results should be realistic and achievable and the project should be professionally responsible.
- **Project Completion Timeline:** Data collection for the project should be completed before the fellowship begins so the scholar can reasonably complete his or her writing project within the fellowship term or within one to two years after the fellowship ends.
- **Letters of Recommendation:** Letters of recommendation should be highly enthusiastic and thoughtfully written, with sufficient detail to illustrate why the candidate is outstanding.
- **Publication Record:** The applicant's publication record should be strong relative to his or her discipline and career stage. Competitive applicants are those who have published in well-known, prestigious journals in their field and/or with highly regarded book publishers.

For questions, please call (505) 954-7201 or email scholar@sarsf.org.

Letters to the Editor

The Pyramid Lake Paiute Tribal Newspaper welcomes your "Letters to the Editor."

- ◆ Letters must be 200 words or less. Letters are subject to editing for conformance to the 200 word limit, as well as for libel and taste.
- ◆ Letters must carry a full, legible and signed name of its author. The newspaper staff does not withhold names of letter authors. Pseudonyms are not allowed.
- ◆ Each author is allowed one published letter per newspaper issue.
- ◆ To be published, all letters must have a permanent address and/or a daytime telephone number for verification. **This information will not be published.**
- ◆ Letters addressed to specific parties other than the Pyramid Lake Paiute Tribal newspaper, to readers, letters from other publications, form letters that do not contain original writing content by the signatory or personal complaints outside the public domain are not published.
- ◆ Letters are published in the order which they are received. Promptness of publication depends on the volume of letters received and space availability.

MAIL LETTERS TO:

Letter to the Editor
 PYRAMID LAKE PAIUTE TRIBE
 P O Box 256
 Nixon, NV 89424



2015 Newspaper Submittal for Paper 2nd Quarter DEADLINE: June 19th—12:00 pm

Please complete **this form** and submit with your article.

BE SURE TO:

- Include your name, phone # and address.
- Personals may submit a hard copy of article. Hand written Personals ONLY must be printed legibly.
- **Mailed articles must be saved on CD** in Publisher or Word format. Please DO NOT send in .pdf format.
- **Articles can be submitted via e-mail to lgleyva@plpt.nsn.us.** Make sure contact info is available for any problems.
- Pictures should be submitted in black & white. (Dark backgrounds do not scan well).
- Digital pictures must be taken with a high resolution for a good quality picture in a .jpg format
- REMEMBER: Pictures represent the quality of the picture submitted.

DATE: _____ NEWSPAPER MONTH: _____
 NAME: _____
 PHONE: _____ DEPARTMENT: _____
 TITLE OF ARTICLE: _____
 ITEMS TO BE RETURNED: YES or NO
 IF YES, ADDRESS: _____

ADVERTISING RATES

Advertising space will be provided to any business, organization or individual at the following rates:

\$100/full page \$75/half page \$50/quarter page \$25/eighth page \$10/business card

All advertisements must be camera ready and cannot be returned. Each advertisement must be paid in full by the deadline date for publishing.

DEADLINES FOR THE YEAR 2015 (Tentative Dates, subject to change): Friday @ 12:00 pm

3rd Qtr—Sept. 18th 4th Qtr—Dec 18th

This schedule will allow us to get the newspaper prepared, edited, and printed and ready for bulk mailing the first week of each month. Articles should be emailed directly to news4plpaper@yahoo.com. If email is not available, mail to the Tribal Secretary address listed below, must be received by the due date.

Thank you for contributing your articles for our Newspaper this past year. Please continue to contribute to our Newspaper and let the community know about your program activities or upcoming events. Please submit by email, when possible, in Microsoft Word or Publisher format.

CONTACT: PYRAMID LAKE PAIUTE TRIBE—NEWSPAPER ADVERTISEMENT
 P O Box 256, Nixon, NV 89424-0256 PH: (775) 574-1000; FX: (775) 574-1008

CHANGE OF ADDRESS

Name: _____
 Old Mailing: _____
 New Mailing: _____
 I confirm that this is my current address:
 Print Name: _____ Signature: _____ Date: _____



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